# SUMMER 2017

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Advisory Council

The mission of the Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is to extend educational experiences to persons over the age of 50 who want to continue their learning experiences in a noncompetitive, high quality, non-credit program that is stimulating, friendly, and informal.

OLLI-RU, a program within the Division of Continuing Studies at Rutgers University is a self-sustaining initiative supported by tuition payments and by endowment funding, including major funding from the Bernard Osher Foundation.

An Advisory Council supports OLLI-RU by recommending policies and procedures that support the growth and development of the organization and its service to the community. **We are seeking new, active Advisory Council members.**

JOIN US!!!

If you wish to join the Advisory Council for a renewable two-year term, please submit a brief statement describing your interests and skills for building OLLI-RU. The Council meets quarterly and we expect each Council member to be active on at least one committee. We have current openings and are looking for individuals to begin their terms in 2018. Let us know if you are interested!!!!! Please submit statements of interest to olliru@docs.rutgers.edu with the subject, “Advisory Council Nominee.”

Council members support the organization through active participation in its committees:

- **Curriculum:** review and evaluate course proposals; review evaluations of existing courses and recommend or reject proposals for new courses
- **Public relations:** publicize OLLI-RU programs and activities throughout the Rutgers community, on social media, in newspapers, on the radio, and online
- **Fundraising:** plan and develop programs to encourage philanthropy
- **Social:** plan and carry out programs to build community, including social events, commemorative activities, events for special interest groups
- **Volunteer:** organize and solicit volunteer resources to support OLLI-RU staff, as needed
- **Nominations:** identify and vet potential Council members, select a slate of Council members for election as officers
- **Other committees:** Opportunities to build the organization, expand resources, improve experiences, and strengthen our academic community.

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**Current OLLI-RU Advisory Council members:**
- Jane Adas
- Sandy Bergelson
- Peter Cancro (Secretary)
- Dave Cayer
- Loretta Dumas
- Betsy Elmehais
- Marcy Feldheim (Vice President)
- Agnes Hirsch Frank
- Carol Goldin (President)
- Richard Quaintance
- Roz Shaw
- Steve Shaw

**Staff**
- Shino John, Associate Vice President for Strategic Growth
- Megan Novak, Senior Program Coordinator
- Caitlyn Swart, Program Coordinator – Highland Park
- Pat Michaels, Registrar, Site Coordinator – Freehold
- John Michaels, Assistant Site Coordinator – Freehold

**Contact Information**
OLLI-RU
176 Ryders Lane
New Brunswick, NJ 08901
Phone: 848-932-OLLI (6554)
Website: olliru.rutgers.edu
ABOUT OLLI-RU

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is for individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP

Tuition for our courses includes membership in OLLI-RU. We are proud to be part of The Bernard Osher Foundation's nationwide network of outstanding continuing education for older adults. Once you have registered for any of our classes, you will receive our publications and priority eligibility for our highly-subscribed travel programs.

COURSE LOCATIONS

Classes meet at: the Reformed Church of Highland Park, 19 South 2nd Avenue, Highland Park (Middlesex County), on the Rutgers–New Brunswick Campus, and at the Western Monmouth Higher Education Center at Brookdale Community College, 3680 Route 9 South, Freehold (Monmouth County). (If using a GPS, enter: US Highway 9 South.) Be sure to read the entire course description for any special information.

Four rooms in Highland Park are not handicapped accessible; all rooms in New Brunswick and Freehold are handicapped accessible. If you require accessibility, please indicate your need on the registration form or contact the OLLI-RU office directly by emailing olliru@docs.rutgers.edu or calling 848-932-6554.

REGISTRATION

The course identification number system is as follows: classes held at Highland Park/New Brunswick begin with “H,” Freehold classes begin with “F.”

Online registration for Highland Park/New Brunswick will begin on April 27, 2017 at 9:00 a.m.; Freehold online registration will begin on April 28, 2017 at 9:00 a.m. Register online at olliru.rutgers.edu.

Paper registration forms (found in the back of the catalog or online at the website above) can be completed and mailed with a check payable to Rutgers University to: OLLI-RU, 176 Ryders Lane, New Brunswick, NJ 08901. A separate check is required for each individual person registering.

Be sure to list alternate courses in the event your first choices are not available or are at capacity. Many classes reach capacity very quickly; listing alternate selections will ensure registration in another class.

Paper registrations will be randomly processed beginning May 1st.
REFUNDS – Please read carefully.

No refunds will be issued for: one day events/seminars, trips, or the George Street Playhouse offerings. For five-week classes, you can withdraw and receive a full refund up until the completion of the first week of classes and requests must be received by the end of the first week of your class. Beyond this time frame, no refunds are given except in the event of an emergency.

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<th>Course Start Dates</th>
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<tr>
<td>5 weeks beginning May 31</td>
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<td>5 weeks beginning June 1</td>
<td>June 8, 2017</td>
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All requests for a refund must be made in writing and received by email or mail. Refunds can only be issued to the individual who paid for the class, in the original form of payment (check or credit card). Email your request to ollirurefunds@docs.rutgers.edu, or complete the Withdrawal/Refund form located in the back of this catalog (or download the form from our website at olliru.rutgers.edu) and mail to: OLLI-RU, 176 Ryders Lane, New Brunswick NJ 08901.

WITHDRAWING/TRANSFERRING FROM A CLASS

All requests to withdraw or change a class must be verified in writing. Email your request to olliregistrations@docs.rutgers.edu or complete the Withdrawal/Refund form found at the back of this catalog or on our website (olliru.rutgers.edu) and mail to: OLLI-RU, 176 Ryders Lane, New Brunswick NJ 08901.

EMERGENCY CLOSINGS

Inclement weather conditions, emergencies, and school closing announcements will be broadcast over WCTC 1450AM and WMGQ 98.3FM. Information is also available on the internet at:

- olliru.rutgers.edu
- rutgers.edu
- magic983.com
- wctcam.com

In the event that academic classes at Rutgers University or Brookdale Community College are cancelled, OLLI-RU classes held there also are cancelled.

MISSED CLASSES

Classes that are cancelled for any reason by OLLI-RU will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting. Students will be notified of the cancellation via email at the earliest possible date. Students who miss a class may not attend the same class in a different location.
### CLASSES AT A GLANCE

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<td>H15 9/11: Why and How It Happened</td>
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<td>Vandana Walia</td>
<td>Michael O’Donnell</td>
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<td>H5 History of Princeton</td>
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<td>William Roufberg</td>
<td>Bruce Tucker</td>
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<td>H6 Microsoft Word</td>
<td>H17 Developing Your Creativity</td>
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<td>Eunice Sarzedas ASBII</td>
<td>Margaretta Greeley</td>
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<td>H7 Mindful Awareness Meditation</td>
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<td>Vasanthi Sunil</td>
<td>Susan London</td>
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<td>1:00 - 3:30 p.m.</td>
<td>1:00 - 3:30 p.m.</td>
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<tr>
<td>H8 Rational Controversy</td>
<td>H19 Gettysburg</td>
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<td>Harvey Singer</td>
<td>William Krause</td>
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<tr>
<td>H9 Rodgers and Hammerstein/ Orient</td>
<td>H20 Life/Legacy of</td>
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<td>Peter Cancro</td>
<td>Langston Hughes</td>
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<td>H10 Star Trek, Season 1</td>
<td>H21 Microsoft Excel</td>
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<tr>
<td>Bruce Tucker</td>
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<td>PSB 205B, 9:30a.m. - noon</td>
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<td>H11 Stress Less, Savor More</td>
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<td>PSB 205A</td>
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<td>Harvey Singer</td>
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<td>H13 Understanding the Qur’an</td>
<td>H24 A Summer of Painting</td>
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<tr>
<td>Mohammad Chaudry</td>
<td>Jeff Cohen</td>
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<tr>
<td>H14 Zen Writing/Ink Painting</td>
<td>H25 Rodgers and Hammerstein/ Orient</td>
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<tr>
<td>John Marron</td>
<td>Peter Cancro</td>
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<tr>
<td>F1 Beginners Mosaics</td>
<td>F10 9/11: Why and How It Happened</td>
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<tr>
<td>Harvey Altman</td>
<td>Michael O’Donnell</td>
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<tr>
<td>F2 Golden Age of Rock and Roll</td>
<td>F11 Horatio Hornblower</td>
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<td>Lawrence Bartolf</td>
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<tr>
<td>F3 The Irish on Film</td>
<td>F12 Immigration in History</td>
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<td>Henry McNally</td>
<td>Nicholas Molnar</td>
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<td>10:00 a.m. - noon</td>
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<td>F4 Our Beautiful Baffling Brain Part 2</td>
<td>F13 Our Beautiful Baffling Brain Part 1</td>
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<tr>
<td>Barbara Bogner</td>
<td>Barbara Bogner</td>
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<td>F5 Rational Controversy</td>
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<td>Harvey Singer</td>
<td>Harvey Singer</td>
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<td>F6 Rodgers and Hammerstein/ Orient</td>
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<td>F7 Songs of the Decades</td>
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<td>F8 Star Trek, Season 1</td>
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#### OLLI-RU SPECIAL OFFERINGS

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<th>#</th>
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<tr>
<td>H1</td>
<td>H1. Compassion Fatigue—Its Effect on Society</td>
<td>Debra McKay</td>
<td>Tuesday, June 27th</td>
<td>10:30 a.m.-12:30 p.m.</td>
<td>Reformed Church, Highland Park</td>
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<td>H2</td>
<td>What Will I Do with the Rest of My Life?</td>
<td>Carol King</td>
<td>Friday, June 23rd</td>
<td>10:30 a.m.-12:30 p.m.</td>
<td>Reformed Church, Highland Park</td>
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<td>H3</td>
<td>Films of the Cold War</td>
<td>Michael Wallach</td>
<td>Tuesdays, 5/30-6/27</td>
<td>1:00 p.m.-3:30 p.m.</td>
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Osher Lifelong Learning Institute at Rutgers University

OLLI-RU Special Offerings

H1. Compassion Fatigue – Its Effects on Society
June 27
Tuesday 10:30 a.m. – 12:30 p.m.
Class Size: Lecture $25.00

Learn about compassion fatigue, the art and skill of caring too much, and the negative side effects it can have on caregivers. Whether you are a professional caregiver/helper, or provide family caregiver/helper tasks, you can begin to feel overloaded and the reactions and symptoms of compassion fatigue are real and serious. Discover the symptoms of this condition, and ways to self-care and heal.

Instructor: Debra McKay

H2. What Will I Do With the Rest of My Life?
June 23
Friday 10:30 a.m. – 12:30 p.m.
Class Size: Seminar $25.00

This seminar deals with the process of adjusting to a major life change such as retirement – what to expect and when, as well as how to make the adjustment and find a new meaning and purpose in life. Topics will include: a willingness to ‘repack your bags’; understand the psychological impact of retirement; and examine one’s attitudes and expectations of retirement.

Instructor: Carol King

H3. Films of the Cold War
5/30 – 6/27
Tuesday 1:00 p.m. – 3:30 p.m. **
Class Size: Presentation $40.00

*443 River Road, Highland Park
**Note day of week

The Soviet Union’s development of nuclear weapons, and its annexation of Eastern Europe triggered the Cold War. This course presents five films reflecting the political and military climate of the most critical decade when the world was just one mistake away from annihilation. Films include: Fail-Safe, The Manchurian Candidate, Ladybug Ladybug, The Bedford Incident, and Seven Days In May.

Instructor: Michael Wallach
All classes are held in the Reformed Church of Highland Park unless otherwise noted.

Room assignments will be posted on the bulletin board on the first day of class.

Class sizes are as follows:

**Seminar:** 12 – 15

**Presentation:** 16 – 35

**Lecture:** 36+

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**Wednesday A.M.**

**H4. Concluding Shakespeare’s Sonnets**

**Wednesday** 10:30 a.m. – noon.

*Class Size: Presentation*

5/31 – 6/28  $40.00

We will read and analyze those sonnets of Shakespeare not covered in the previous two sessions, and conclude our study of what are known as the greatest poems in the English language. For the benefit of newcomers, the more famous sonnets will be done again, in particular those that contain some of the finest thoughts ever expressed on love, beauty, and friendship.

*Instructor: Vandana Walia*

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**H5. The History of Princeton**

**Wednesday** 10:30 a.m. – noon.

*Class Size: Presentation*

5/31 – 6/28  $40.00

Examine the history of Princeton and its famous residents including: Elias Boudinot, Aaron Burr, Grover Cleveland, Woodrow Wilson, Paul Robeson, Albert Einstein, and others. We’ll also discuss Princeton’s role in 1776; it’s institutions; tourist attractions; and famous writers.

*Instructor: William Roufberg*

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**H6. Microsoft Word**

**Wednesday** 10:30 a.m. – noon.

*Class Size: Seminar*

5/31 – 6/28  $42.00**

*Administrative Services II Building, 57 Route 1, New Brunswick*

**Cost includes a non-refundable parking permit fee.

Learn about creating, and editing, a letter, document, table, or flyer. We’ll examine the Word screen and what can be accomplished with all those choices at the top of the screen. You can even learn to customize your choices. You can even learn how to create a resume and cover letter for that new adventure in your life.

*Instructor: Eunice Sarzedas*

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**H7. Mindful Awareness Meditation**

**Wednesday** 10:30 a.m. – noon

*Class Size: Seminar*

5/31 – 6/28  $40.00

Join us for five weeks of meditation sessions and explore the possibilities of living life to its fullest. In these interactive classes you will have an opportunity to learn the basics of mindfulness meditation. Amongst other techniques, you’ll learn new ways to walk, move, and eat – savoring each moment, all done mindfully.

*Instructor: Vasanthi Sunil*

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**H8. Rational Controversy**

**Wednesday** 10:30 a.m. – noon

*Class Size: Presentation*

5/31 – 6/28  $40.00

*This same class is available in the afternoon.*

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. So long as there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics for discussion, but class members can raise any issue.

*Moderator: Harvey Singer*
H9. Rodgers and Hammerstein in the Orient

Wednesday 10:30 a.m. – noon
Class Size: Lecture
5/31 – 6/28 $45.00*

*Note: Price is more than $40 due to additional course materials.

Rodgers and Hammerstein, composers and lyricists, revolutionized the American musical theatre by integrating song and dance with the story of the musical play. Three of their biggest hits were set in the Far East and are the subject of this course: *South Pacific*; *The King and I*; and *Flower Drum Song*. Come listen and enjoy the American musical theatre at its best.

Instructor: Peter Cancro

H10. Star Trek Television – Season 1

Wednesday 9:30 a.m. – noon**
Class Size: Presentation
5/31 – 6/28 $42.00***

*Public Safety Building, 55 Commercial Avenue, New Brunswick

**Note class start time

***Cost includes a non-refundable parking permit fee.

The *Star Trek* television series celebrated its 50th anniversary last year and it continues to be a popular science fiction franchise. Conceived in 1964 by television series creator and writer Gene Roddenberry, the original show ran on NBC for three seasons between 1966 and 1969. *Star Trek* was a ground breaking television series in its treatment of controversial subjects and thought-provoking plot lines during the 1960's period of civil rights and Vietnam. We'll watch ten original television episodes (without commercials) from the first season and explore and discuss them afterwards.

Instructor: Bruce Tucker

H11. Stress Less, Savor More

Wednesday 10:30 a.m. – noon
Class Size: Seminar
5/31 – 6/28 $42.00**

*Public Safety Building, 55 Commercial Avenue, New Brunswick

**Cost includes a non-refundable parking permit fee.

Being emotionally well is more than just handling stress; it also involves being attentive to your thoughts, feelings, and behaviors whether positive or negative. You will learn the following techniques on how to stress less and savor more:

- ways to cope effectively with stress and anxiety, retrain thoughts from negative to positive, and manage anger and find forgiveness;
- stretches and breathing exercises focusing on relieving stress and tension in the body; and
- Meditation including breathing and concentration techniques.

Instructor: Diane Lang

H12. Summer Sketching

Wednesday 10:30 a.m. – noon
Class Size: Seminar
5/31 – 6/28 $40.00

Sketching has been called the shorthand of drawing. Learn how to spot the essence of a subject and put that impression on paper. Explore line, shading, shadow, perspective. Then take what you have learned and apply it to sketches of still lifes, landscapes and even figure drawing.

**Supplies needed:** F Faber/Castelli graphite pencil, 3B Faber/Castelli graphite pencil, 7B Faber/Castelli graphite pencil, Medium pink beveled eraser, and 11”x14” Bienfang or Strathmore drawing pad.

Instructor: Jeff Cohen

H13. Understanding the Qur'an

Wednesday 10:30 a.m. – noon
Class Size: Presentation
5/31 – 6/28 $40.00

Topics to be explored will include: divine revelation and primary source of guidance; collection, organization, and preservation of the Qur'an; translations and commentaries on the Qur'an; main themes of the Qur'an including: people of the book, diversity, jihad, man as individual and in society; and principles of the Shar'iah. The last session of the course will be held at a mosque in Central New Jersey.

Instructor: Mohammad Chaudry
H14. Zen Writing and Ink Painting: Picture Poems for the Present Moment

Wednesday 10:30 a.m. – noon
Class Size: Seminar
5/31 – 6/28 $40.00

We will read ancient and contemporary Zen poetry forms: haiku, senryu, and haibon; trace their origins, and write and recite weekly. We will review, discuss, and make simple ink art, Zen gestures, calligraphy, and nature drawings to accompany the writing. Each student will complete a simple handmade book, create a chop insignia or personal signature seal, and hang a flutter strip picture poem in a tree of their choosing.

Supplies needed: Strathmore or Bienfang 9”x12” pad of watercolor paper, calligraphic pens & brushes, an eye dropper, 6-12 oz. of black sumi ink (Speedball or Yasutomo), a white 1”x2” eraser and a shallow cup.

Instructor: John Marron

Wednesday P.M.

H15. 9/11: Why and How It Happened

Wednesday 1:00 p.m. – 2:30 p.m.
Class Size: Presentation
5/31 – 6/28 $40.00

On September 11, 2001 less than two dozen hijackers, armed only with box cutters, crashed planes into the World Trade Center and the Pentagon. Despite early and adequate warning, the FBI, CIA, and the NSA failed to detect and prevent the attacks. What were the motives for the attacks? How did they succeed? What was the reaction or over-reaction of the Bush administration? All this and more will be discussed and analyzed.

Instructor: Michael O’Donnell

H16. Captain Horatio Hornblower

Wednesday 1:00 p.m. – 3:30 p.m.
Class Size: Presentation
5/31 – 6/28 $42.00**

*Public Safety Building, 55 Commercial Avenue, New Brunswick,

**Cost includes a non-refundable parking permit fee

Horatio Hornblower is one of the most enduring characters of naval fiction. Created by the author C.S. Forrester, he is a heroic figure with strengths and weaknesses that are tested by his life as an officer in the Royal Navy of the Napoleonic period. In this class we will watch and discuss two different depictions of the Hornblower character; one as portrayed by Gregory Peck in the 1951 film, Captain Horatio Hornblower, and the other as portrayed by the Welsh actor Ioan Gruffudd in the A&E network’s production of Hornblower of which we will watch four episodes.

Instructor: Bruce Tucker

H17. Developing Your Creativity

Wednesday 1:00 p.m. – 2:30 p.m.
Class Size: Seminar
5/31 – 6/28 $40.00

Use hands-on art exercises to explore your own innate creativity via both sides of the brain. Understanding how to shift from the logical to creative side of the brain will improve your artistic performance. Overall artistic skills, such as composition, perspective, and color are useful in daily tasks, such as cooking, gardening, photography, decorating, and more.

Supplies Needed: Grumbacher soft vine charcoal; kneaded eraser, and 14”x17” rough newsprint pad

Instructor: Margareta Greeley
H18. Documentary Films – The Creative Spirit

Wednesday 1:00 p.m. – 3:30 p.m.
Class Size: Lecture
5/31 – 6/28 $40.00

Creativity, the use of imagination or original ideas, is not limited to the production of an artistic work. Creativity can also inform the way a person lives. The five biographical documentaries under consideration that deal with creative people are: Monk with a Camera, Bill Cunningham New York, Diana Vreeland: The Eye Has To Travel, Waste Land, and Searching For Sugarman. The final schedule of films will be handed out the first day of class.

Instructor: Susan London

H19. Gettysburg: A Turning Point in American History

Wednesday 1:00 p.m. – 2:30 p.m.
Class Size: Presentation
5/31 – 6/28 $40.00

This course will be an overview of the Battle of Gettysburg which will include discussions of key events, strengths and weaknesses of the involved leaders, as well as the effects on civilians, and lessons in leadership.

Instructor: William Krause

H20. The Incredible Life and Legacy of Paul Robeson

Wednesday 1:00 p.m. – 2:30 p.m.
Class Size: Seminar
5/31 – 6/28 $40.00

New Jersey born, raised, and educated, Paul Robeson, was an extraordinarily intelligent, talented and courageous black man who became world-renowned for numerous reasons. Using information from books, CDs, DVDs and special memorabilia, we will follow his remarkable life. At Rutgers he was valedictorian of his class and an All-American football player, followed by obtaining a law degree from Columbia and a job in a prestigious NYC firm. But, his powerful bass voice led him to a successful career of sold-out performances across the globe. His brilliance as an actor on stage and screen brought additional fame. His ahead-of-its time political activism put him in the cross-hairs of people in power.

Instructor: Lynette Birkins

H21. Microsoft Excel

Wednesday 1:00 p.m. – 2:30 p.m.
Class Size: Seminar
5/31 – 6/21 (4 weeks) $34.00**

Microsoft Excel spreadsheets hold more than a million rows of data and automate number crunching, but they can do so much more—or less. Excel’s simple interface lends itself to uses well beyond those that its designers ever imagined. Need to make a list of your doctors or medications? Want to create a spreadsheet of your friends with their addresses, phone numbers, and email addresses? You can even create a template for grocery shopping. Learn about creating these spreadsheets and even charts.

Instructor: Eunice Sarzedas

H22. Norman Jewison – Director of Social and Political Movies

Wednesday 1:00 p.m. – 3:30 p.m.
Class Size: Presentation
5/31 – 6/28 $42.00**

The Canadian director, Norman Jewison, directed many movies, and said he loved them all because every time he made a film he learned something new. The films that he made that addressed civil rights and social justice are the ones that are dearest to him. The films will be shown in the following order: The Thomas Crown Affair, The Hurricane, And Justice for All, Agnes of God, and The Cincinnati Kid.

Instructors: Roz and Steve Shaw

H23. Rational Controversy*

Wednesday 1:00 p.m. – 2:30 p.m.
Class Size: Presentation
5/31 – 6/28 $40.00

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. For full course description see course # H8.

Moderator: Harvey Singer
H24. A Summer of Painting

Wednesday  1:00 p.m. – 2:30 p.m.  
Class Size: Seminar  
5/31 – 6/28  $40.00

There is no better time to work from life then summer, with its fresh vegetables and fruits, trees and flowers, all exploding with color. Capture the drama and the joy of this glorious season in watercolor, acrylics, or oils. Create works that you will be proud to hang in your home, give away as gifts, or even sell. No experience is necessary; beginners as well as seasoned painters are welcome.

**Watercolor supplies needed:** #1, #4, #8 round watercolor brushes (camel or sable hair), Yarka watercolor set (pan, not tube), Strathmore 9”x12” cold press watercolor pad or Bienfang 9”x12” watercolor pad of ph neutral paper, 2B pencil with eraser.

**Acrylic supplies needed:** Liquitex six pack basics, acrylic synthetic round brushes (#2, #8), 9”x12” pad of canvas paper, plastic or china plate to use as palette, small cup for water, 2B pencil, and eraser.

**Oil supplies needed:** Starter oil set (containing primary colors and black and white), synthetic round brushes (#2, #5, #8), 9”x12” pad of canvas paper, palette or china plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil, and eraser.

**Instructor:** Jeff Cohen
Room assignments will be posted on the bulletin board on the first day of class. Class sizes are as follows:

**Seminar:** 12 – 15
**Presentation:** 16 – 35
**Lecture:** 36+

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**Thursday A.M.**

**F1. Beginners Mosaics**

*Thursday* 10:30 a.m. – noon  
*Class Size: Seminar*  
6/1 – 6/29  
*$70.00*  
*Cost is more than $40 due to additional course materials.*

Students will learn layout and design on a 9”x12” board. We will cover how to cut and grout tiles in a simple design. Everyone will complete his/her project. No artistic ability is required for this fun and relaxing time.

**Instructor:** Harvey Altman

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**F2. The Golden Age of Rock and Roll**

*Thursday* 10:30 a.m. – noon  
*Class Size: Presentation*  
6/1 – 6/29  
*$40.00*

This course is for fans of rock from the 1950s through the early 1970s. We'll examine the works of such icons as Elvis Presley, Chuck Berry, the Beach Boys, as well as various genres such as rockabilly, Motown, and protest rock. We'll also look at the influence of songwriters/producers such as Lieber and Stoller, Paul Simon, and Phil Spector.

**Instructor:** Lawrence Bartolf

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**F3. The Irish on Film**

*Thursday* 10:00 a.m. – noon*  
*Class Size: Presentation*  
6/1 – 6/29  
*$40.00*

Ireland has long been known as a country of gifted writers, boasting four winners of Nobel prizes in literature. Filmmakers have used some of those literary works as inspiration, while others have made use of the same creative instincts to depict the Irish and their way of life in the cinema. Films made about and by the Irish have long been recognized; today the Irish film industry has earned worldwide acclaim. In this short course, we will watch, analyze, and discuss five representative films spanning the 20th century in both theme and era of production. The following movies will be studied: Man of Aran; Portrait of the Artist as a Young Man; The Informer; Into the West; and Some Mother’s Son.

**Instructor:** Henry McNally

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**F4. Our Beautiful Baffling Brain – Part 2**

*Thursday* 10:30 a.m. – noon  
*Class Size: Presentation*  
6/1 – 6/29  
*$40.00*

Take a different exploration through the brain along with the spinal cord. Begin to understand what the “funny bone” is, why you can chew without biting your tongue, why looking at the sun makes some people sneeze, and why people faint when they get bad news. Learn about an epidural, carpal tunnel syndrome, sciatica, concussions, multiple sclerosis, meningitis, and much more. Completing part one is not necessary to enjoy and understand this course.

**Instructor:** Barbara Bogner

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**F5. Rational Controversy*”**

*Thursday* 10:30 a.m. – noon  
*Class Size: Presentation*  
6/1 – 6/29  
*$40.00*

*This same class is available in the afternoon.*

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. For full course description see course # H8.

**Moderator:** Harvey Singer
F6. Rodgers and Hammerstein in the Orient
Thursday  10:30 a.m. – noon
Class Size: Presentation
6/1 – 6/29  $45.00*
*Note: Price is more than $40 due to additional course materials.

Rodgers and Hammerstein, composers and lyricists, revolutionized the American musical theatre by integrating song and dance with the story of the musical play. Three of their biggest hits were set in the Far East and are the subject of this course: *South Pacific; The King and I; and Flower Drum Song. Come listen and enjoy the American musical theatre at its best.

Instructor: Peter Cancro

F7. Songs of the Decades
Thursday  10:30 a.m. – noon
Class Size: Presentation
6/1 – 6/29  $40.00

We will review and explore the most popular songs of each decade starting in the 1910s. The background and history of each song will be reviewed and will be set against the period in which the song was written. Video, audio, and pictures will be used to enhance this trip back to a time past. Students will be encouraged to sing along.

Instructor: John Ench

F8. Star Trek Television – Season 1
Thursday  9:30 a.m. – noon*
Class Size: Presentation
6/1 – 6/29  $40.00
*Note class start time

The *Star Trek* television series celebrated its 50th anniversary last year and it continues to be a popular science fiction franchise. For full course description see course # H10.

Instructor: Bruce Tucker

F9. Summer Sketching
Thursday  10:30 a.m. – noon
Class Size: Seminar
6/1 – 6/29  $40.00

Sketching has been called the shorthand of drawing. Learn how to spot the essence of a subject and put that impression on paper. Explore line, shading, shadow, perspective. Then take what you have learned and apply it to sketches of still lifes, landscapes and even figure drawing.

**Supplies needed:** F Faber/Castelli graphite pencil, 3B Faber/Castelli graphite pencil, 7B Faber/Castelli graphite pencil, Medium pink beveled eraser, 11"x14" Bienfang or Strathmore drawing pad.

Instructor: Jeff Cohen

Thursday P.M.

F10. 9/11: Why and How It Happened
Thursday  1:00 p.m. – 2:30 p.m.
Class Size: Presentation
6/1 – 6/29  $40.00

On September 11, 2001 less than two dozen hijackers, armed only with box cutters, crashed planes into the World Trade Center and the Pentagon. For full course description see course # H15.

Instructor: Michael O'Donnell

F11. Captain Horatio Hornblower
Thursday  1:00 p.m. – 3:30 p.m.
Class Size: Presentation
6/1 – 6/29  $40.00

Horatio Hornblower is one of the most enduring characters of naval fiction. Created by the author C.S. Forrester, he is a heroic figure with strengths and weaknesses that are tested by his life as an officer in the Royal Navy of the Napoleonic period. For full course description see course # H16.

Instructor: Bruce Tucker
F12. Immigration in Historical Context

Thursday 1:00 p.m. – 2:30 p.m.
Class Size: Seminar
6/1 – 6/29 $40.00

This course will put issues of migration, immigration, and restriction in a historical perspective. During our sessions, we will put current debates in historical perspective by comparing them with how immigration and restriction occurred in previous historical eras. Topics will include: Chinese exclusion, immigration restriction after World War I, refugee policy in the United States and Canada, the Immigration Act of 1965, and current laws related to immigration, restriction, and refugees. The most recent scholarship from experts in the field will be used to further the understanding of these topics. Lectures will provide historical context for students, and participants will be regularly working with primary source texts, such as immigration laws and other documents from these periods, in small groups.

Instructor: Nicholas Molnar

F13. Our Beautiful Baffling Brain – Part 1

Thursday 1:00 p.m. – 2:30 p.m.
Class Size: Presentation
6/1 – 6/29 $40.00

Take an exploration through your brain and begin to understand normal experiences such as déjà vu, hiccupping, why men and women speak “different languages,” why some foods bring back memories, why you don’t feel clothes on your body, and how you “get bad vibes” from a person. Learn how selected drugs affect the brain and how changes in the brain result in certain disorders and diseases such as Alzheimer’s and Parkinson’s disease.

Instructor: Barbara Bogner

F14. Rational Controversy*

Thursday 1:00 p.m. – 2:30 p.m.
Class Size: Presentation
6/1 – 6/29 $40.00

*This same class is available in the morning.

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. For full course description see course # H8.

Moderator: Harvey Singer

F15. Short Narrative Films

Thursday 1:00 p.m. – 2:30 p.m.
Class Size: Presentation
6/1 – 6/29 $40.00

Short narrative films (5-20 minutes long) combine literary and fictional elements. Using contemporary short films from all over the world, we will study how this unique art form combines the basics of traditional story-telling—plot, dialogue, action, character—with the visual strategies unique to the camera—images, jump cuts, close-ups, sequences. Viewing complete short films enables us to see the overall structure as well as the components of a movie without the complications and distractions of feature films. As complete films, they provide an immediacy for understanding and discussion. As these are short films, more than one will be shown during class. The films are either in English or with English subtitles and present an incredible variety.

Instructor: Thomas Friedmann

F16. A Summer of Painting

Thursday 1:00 p.m. – 2:30 p.m.
Class Size: Presentation
6/1 – 6/29 $40.00

There is no better time to work from life then summer, with its fresh vegetables and fruits, trees and flowers, all exploding with color. Capture the drama and the joy of this glorious season in watercolor, acrylics, or oils. Create works that you will be proud to hang in your home, give away as gifts, or even sell. No experience is necessary; beginners as well as seasoned painters are welcome.

Watercolor supplies needed: #1, #4, #8 round watercolor brushes (camel or sable hair), Yarka watercolor set (pan, not tube), Strathmore 9”x12” cold press watercolor pad or Bienfang 9”x12” watercolor pad of ph neutral paper, 2B pencil with eraser.

Acrylic supplies needed: Liquitex six pack basics, acrylic synthetic round brushes (#2, #8), 9”x12” pad of canvas paper, plastic or china plate to use as palette, small cup for water, 2B pencil, and eraser.

Oil supplies needed: Starter oil set (containing primary colors and black and white), synthetic round brushes (#2, #5, #8), 9”x12” pad of canvas paper, palette or china plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil, and eraser.

Instructor: Jeff Cohen
## ART
- Beginners Mosaics (F) ........................................... 11
- Developing Your Creativity (H) ................................. 8
- Summer Sketching (H, F) ........................................... 7, 12
- Summer Painting (H, F) ........................................... 10, 13
- Zen Writing and Ink Painting (H) ............................... 8

## CURRENT AFFAIRS
- Rational Controversy (H, F) ........................................ 6, 9, 11, 13

## FILMS
- Captain Horatio Hornblower (H, F) ............................ 8, 12
- Cold War Films (H) .................................................. 5
- Documentary Films (H) ............................................. 9
- Irish Films (F) .......................................................... 11
- Norman Jewison, Director (H) .................................... 9
- Short Narrative Films (F) .......................................... 13

## HISTORY
- 9/11: Why/How It Happened (H, F) ........................... 8, 12
- Gettysburg (H) .......................................................... 9
- History of Princeton (H) .............................................. 6
- Immigration in History (F) ......................................... 13
- Life/Legacy of Paul Robeson (H) ................................ 9

## COMPUTER
- Microsoft Excel (H) .................................................. 9
- Microsoft Word (H) .................................................... 6

## HUMAN STUDIES
- Beautiful Baffling Brain (F) ....................................... 11, 13
- Compassion Fatigue (H) ............................................. 5
- What Will I Do With My Life? (H) ............................... 5
- Stress Less Savor More (H) ......................................... 7

## LITERATURE
- Shakespeare’s Sonnets (H) ........................................ 6

## PERFORMING ARTS
- Golden Age of Rock and Roll (F) ............................... 11
- Rodgers and Hammerstein (H, F) ............................... 7, 12
- Songs of the Decades (F) ............................................ 12
- Star Trek (H, F) ......................................................... 7, 12

## RECREATION
- Mindful Awareness Meditation (H) ............................ 6

## RELIGION
- Understanding the Qur’an (H) ................................... 7

## HUMAN STUDIES

Harvey Altman (11) studied at the Fashion Institute of Technology. He is an award-winning mosaic artist. He is also an avid painter who likes to share his knowledge and passion of mosaic art.

Lawrence Bartolf (11), a former history teacher of more than 30 years, he has participated over the years in numerous seminars in the study of alternate history at Kean University and the University of Southern California among others.

Lynette Birkins (9) has earned a master’s degree and professional diploma from Teachers College, Columbia University. She enjoyed 36 years as a teacher and district coordinator at Scotch Plains-Fanwood Public Schools.

Barbara Bogner (11, 13) is a retired associate professor of biology who taught Human anatomy and physiology full time at Middlesex County College for 24 years. She has degrees from SUNY Stony Brook and Villanova University.

Peter Cancro (7, 12) is a retired English teacher with a passion for opera and the visual arts.

Mohammad Chaudry (7) graduated from the London School of Economics and earned a Ph. D. in economics from Tufts University. He taught at Rutgers University and has co-authored a college level textbook on Islam and Muslims.

Jeff Cohen (7, 10, 12, 13) is a painter and sculptor who received a bachelor of arts in fine arts from Upsala College in East Orange. He is a commissioner at the Barron Art Center in Woodbridge, N. J.

John Ench (12) is a jazz collector and has worked at WBGO 88.3, the jazz station in Newark. He has more than 10,000 songs in his iPod to call upon to illustrate a point.

Thomas Friedmann (13), Professor Emeritus of English at Onondaga of SUNY, he taught basic and advanced scriptwriting at Syracuse University’s Film Program (VPA) 1982-2016 and has written scripts for produced short films and feature length dramatic documentary.

Margareta Greeley (8), is an adjunct professor at Rutgers University Graduate School of Education. She is also a painter and sculptor whose works are displayed locally and internationally.

Carol King (5) is a retired college professor. Her encore career was as Director of the Next Step retirement program for the Princeton Senior Resource Center. Carol is a Certified Retirement Coach.

William Krause (9) is a retired municipal chief of police. He studied the Battle of Gettysburg for 30 years.
Diane Lang (7) holds a master’s degree and is a therapist and life coach. She is an adjunct professor at Montclair State University and the author of Creating Balance and Finding Happiness.

Susan London (9) has a doctorate from Teachers College, Columbia University, and is a retired Associate Professor of Psychology from Touro College. She’s been teaching film at OLLI-RU for many years.

John Marron (8), a graduate of Johns Hopkins writing seminars, is the author of Blips and Oiyeau. He is a prize-winning Zen artist, and a creative writing teacher for 35 years.

Debra McKay (5) is a certified professional life coach and positive psychology coach, as well as a certificated compassion fatigue educator.

Henry McNally (11) is a semi-retired educator who has taught Irish history both at the college level and in continuing education programs. He has degrees from Fordham University, William Paterson University, and University College in Galway, Ireland.

Nicholas Molnar (13) is the Digital Humanities Officer for the Immigration and Ethnic History Society and author of American Mestizos, the Philippines, and the Malleability of Race, 1898-1961.

Michael O’Donnell (8,12) is a retired teacher and librarian with a masters of art in American history from New York University. He has taught history courses at OLLI-RU since 2003.

William Roufberg (6), a retired chairperson and supervisor at Princeton High School, author and lecturer, has taught for OLLI-RU for many years.

Eunice Sarzedas (6,9), has taught computer literacy, Excel Expert Certification, Java Programming, and Business Information Systems. She has a Master of Science in marketing and computer science, as well as a master’s of business administration in management.

Roz and Steve Shaw (9), own a business that specializes in educational programs. They have taught adult learners in the ENCORE Program in Middletown, N.Y., at Brookdale Community College, and at OLLI-RU.

Harvey Singer (6,9,11,13) holds a bachelor of arts degree in economics and political science from the City College of New York and a master's of business administration in finance and investments from Baruch College.

Vasanthi Sunil (6) is an associate professor in the Department of Pharmacology and Toxicology at Rutgers University. She has been practicing meditation and yoga for several years and conducts regular Mindful Awareness Meditation classes at Rutgers University.

Bruce Tucker (7,8,12) holds a bachelor of arts degree in political science and history and a master's in information technology and project management from Stevens Institute of Technology. He has been an instructor with OLLI-RU since 2009.

Vandana Walia (6) has a masters of Arts degree in English literature and 30 years’ experience in teaching at the high school level. She has been an instructor with OLLI-RU for several years.

Michael Wallach (5) is a retired cell biologist with a keen interest in history. Since becoming a resident at Parker, he has developed several presentation series on a broad range of topics.
Complete this form and return with your payment.

Paper registrations will be randomly processed beginning May 1st. As always, a portion of seats are reserved for online registration and a portion for mail-in registrations. A class is not completely closed until you see the “Closed/Full” designation on our website.

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Season                year

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