# SUMMER 2019

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## STAFF

- Shino John, *Associate Vice President for Strategic Growth*
- Megan Novak, *Manager*
- Shonda Sanchez, *Program Coordinator, Site Coordinator – Highland Park*
- John Michaels, *Assistant to Coordinator – Freehold*

## COUNCIL MEMBERS

- Jane Adas
- Sandy Bergelson
- Peter Cancro (Secretary)
- Keki Dadachanji
- Loretta Dumas
- Betsy Elmehais
- Marcy Feldheim (President)
- Carol Goldin
- John Lenard
- Coleen Marks Schlaffer
- Robert Siroty
- Roz Shaw
- Steve Shaw

## CONTACT INFORMATION

- **OLLI-RU**
  - 176 Ryders Lane
  - New Brunswick, NJ 08901
- **PHONE:** 848-932-6554
- **WEBSITE:** olliru.rutgers.edu
ABOUT OLLI-RU

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is for individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP

Tuition for our courses includes membership in OLLI-RU. We are proud to be part of The Bernard Osher Foundation’s nationwide network of outstanding continuing education for older adults. Once you have registered for any of our classes, you will receive our publications and priority eligibility for our highly-subscribed travel programs.

Please read all of the following information carefully.

CLASS LOCATIONS

Reformed Church of Highland Park
19 South 2nd Avenue | Highland Park, NJ 08904

Western Monmouth Higher Education Center at Brookdale Community College
3680 Route 9 South | Freehold, NJ 07728
(If using a GPS, enter: US Highway 9 South.) Be sure to read the entire course description for any special information.

Public Safety Building
55 Commercial Avenue | New Brunswick, NJ 08901

Osher House
176 Ryders Lane | New Brunswick, NJ 08901
(on the same property as the University Inn and Conference Center. Note: if using GPS, use the Inn’s address 178 Ryders Lane, New Brunswick 08901).

Four rooms in Highland Park are not handicapped accessible; all rooms in New Brunswick and Freehold are handicapped accessible. If you require accessibility, please indicate your need on the registration form or contact the OLLI-RU office directly by emailing olliru@docs.rutgers.edu or calling 848-932-6554.

REGISTRATION

ONLINE REGISTRATION
For Highland Park/New Brunswick will begin April 24, 2019 at 9:00 a.m.; Freehold online registration will begin April 25, 2019 at 9:00 a.m. Register online at olliru.rutgers.edu. An in-person online registration tutorial is available by appointment only at Osher House in New Brunswick. Call 848-932-OLLI (6554) to schedule your appointment.

PAPER REGISTRATION
Forms (found in the back of the catalog or online at the website above) can be completed and mailed with a check payable to Rutgers University to: OLLI-RU, 176 Ryders Lane, New Brunswick, NJ 08901. A separate check is required for each individual person registering. Paper registrations will be randomly processed beginning April 29, 2019. The order in which paper registrations have been received has no bearing on which registrations are processed first.

Be sure to list alternate courses in the event your first choices are not available or are at capacity. Many classes reach capacity very quickly; listing alternate selections will increase your chances of getting into another class.
REFUNDS

No refunds will be issued for: one day events or trip offerings. For five-week classes, you can withdraw and receive a full refund up until the completion of the first week of classes and requests must be received by the end of the first week of your class. Beyond these time frames, no refunds are given except in the event of an emergency.

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All requests for a refund must be made in writing. Refunds can only be issued to the individual who paid for the class, in the original form of payment (check, credit card, or echeck). Complete the new electronic request form found on the OLLI-RU website under the forms link (olliru.rutgers.edu/refunds), or mail the paper request form found at the back of this catalog: 176 Ryders Lane, New Brunswick NJ 08901.

WITHDRAWING/TRANSFERRING FROM A CLASS

All requests to withdraw or change a class must be submitted in writing. Complete the new electronic request form found on the OLLI-RU website under the forms link (olliru.rutgers.edu/refunds), or complete the paper form found at the back of this catalog and mail to: 176 Ryders Lane, New Brunswick 08901.

EMERGENCY CLOSINGS

Inclement weather conditions, emergencies, and school closing announcements will be broadcast over WCTC 1450AM and WMGQ 98.3FM. Information is also available on the internet at:

- olliru.rutgers.edu
- brookdalecc.edu
- rutgers.edu
- magic983.com
- wctcam.com

In the event that academic classes at Rutgers University or Brookdale Community College are cancelled, OLLI-RU classes held there also are cancelled.

MISSED CLASSES

Classes that are cancelled for any reason by OLLI-RU will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting. Students will be notified of the cancellation via email at the earliest possible date.

Students who miss a class may not attend the same course in a different location.
Changes are in store for the Osher Lifelong Learning Institute at Rutgers University. Join us as all courses in the Highland Park/New Brunswick area move to a new location starting this fall 2019 session:

Rutgers Lifelong Learning Center
3 Rutgers Plaza | New Brunswick, NJ 08901

The building is located on the Cook/Douglass campus, and features some of the following:

- New, bright classrooms with comfortable chairs
- Completely accessible with no stairs into the building, classrooms, or bathrooms
- Convenient and safe parking that is easily accessible from Route 1/Ryders Lane
- Onsite theater with seating for 40
- Art room with finished concrete floor
- High tech audiovisual and multimedia equipment
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4 OLLIRU.RUTGERS.EDU / 848.932.OLLI
H1. AARP Driver Safety

June 10
Monday 9:30 a.m. – 3:30 p.m. $15.00 for AARP Members*
(One Day Event) $20.00 for non-AARP Members*

* Checks must be made payable directly to AARP and mailed to the OLLI-RU office. The $2.00 OLLI-RU paper processing fee is not applicable to this course.

The AARP Driver Safety course is intended to help drivers live more independently as they age and remain safe on today's roads. This completed two-part class also makes the participant eligible to receive a state-mandated, multi-year discount on their auto insurance premiums as well as 2 points off their license, if applicable. AARP members are required to show their membership card.

Instructor: Irwin Horowitz

H2. Bogus Stuff: How Logic is Misrepresented in the Media and Everyday Life

June 20
Thursday 10:30 a.m. – 12:30 p.m. $20.00

Long before the phrase "fake news" became a political football, people were intentionally, or unintentionally, mangling logic to create Bogus Stuff (BS). By studying about 50 examples of BS – from medical product testing to ancient Greek architecture – the student will learn a systematic way of recognizing faulty logic.

Instructor: Howard Beroff

H3. Online Registration: You've Got Questions, We've Got Answers PSB205A*

Tuesday 1:00 - 2:30 p.m.
June 4, 11, 18 Free

*Public Safety Building, 55 Commercial Avenue, New Brunswick.

Have you thought about registering online and the process seems daunting? Have you tried it, gotten frustrated, and decided "maybe it's just not for me...'? In this judgment-free-ask anything-environment, we'll seek to de-mystify the online registration process, show you some tips to make it a little easier, and have fun along the way. Participants will leave this program feeling better prepared to register for subsequent sessions. Join us for one or all of the dates- it's up to you!

Given the unique nature of this program, please call 848-932-2186 to indicate interest in participating.

Facilitator: Megan Novak

H4. A Tale of Two Cities by Charles Dickens

Wednesday 10:30 a.m. – noon Class Size: Seminar
5/29 – 6/26 $40.00

A Tale of Two Cities is set during the French Revolution and is the work of Dickens' maturer years. It introduces such socially relevant issues as mob violence, solitary confinement and the corrupting influence of power. But above all it is a story of sublime love and sacrifice, with memorable scenes and characters. In our class we will of course discuss the historical perspective but our focus will remain on a literary critique of the novel.

Instructor: Vandana Walia

H5. Eastern Religions and Culture

Wednesday 10:30 a.m. – noon Class Size: Lecture
5/29 – 6/26 $40.00

In the first class on Eastern Religions and Culture, we will be introduced to the basic tenets and cultural aspects of 4 major Eastern religions - Hinduism, Buddhism, Jainism and Sikhism. The remaining 4 classes will be field trip visits to representative places of worship from each of these religions. Detailed information for the trips will be given on the 1st day of class. The first class will meet at the Reformed Church of Highland Park.

Instructor: Vasanthi Sunil

All classes are held in the Reformed Church of Highland Park unless otherwise noted.

Room assignments will be posted on the bulletin board on the first day of class.

Class sizes are as follows:
Seminar: 12 – 15
Presentation: 16 – 35
Lecture: 36+
H6. Hindi Language and Culture

Wednesday 10:30 a.m. – noon  
Class Size: Seminar  
5/29 – 6/26  
$40.00

This course is designed as an introduction to Hindi language in a very informal, interactive, self-evolving and fun-filled way. It aims to cultivate genuine interest in ethnic food, fashion, common phrases to connect with people. This is an introductory course and no prior language experience is required.

Instructor: Neelam Chaudhry

H7. Histories Mysteries Part Deux

Wednesday 10:30 a.m. – noon  
Class Size: Presentation  
5/29 – 6/26  
$40.00

This is a continuation of Histories Mysteries Part One. We will review famous events occurring world-wide, including but not limited to: The Dancing Plague of 1518, The Roswell Incident, The Dyatlov Pass Incident of 1959, The Tungusta Explosion, Ezekiel's Wheel, The Black Dahlia, The Faces on Mars, Oak Island, The Money Pit, The Zodiac Killer, and Hawaii's Menehune, UFOs and Spontaneous Combustion. Sessions will be interactive, composed of handouts, lecture, and audio-visual aids.

Instructor: Charlie Smith

H8. Lerner and Loewe's Britannia

Wednesday 10:30 a.m. – noon  
Class Size: Presentation  
5/29 – 6/26  
$50.00*

*Cost is more than $40 due to additional materials.

Lerner and Loewe, England's answer to Rodgers and Hammerstein, have composed a number of sparkling, literate, stage musicals with a decidedly British flavor and setting. Three of these musicals are the subjects of this course: My Fair Lady, the musical based on George Bernard Shaw's Pygmalion (which the New York Times called the greatest musical of the 20th Century); Camelot, the legendary story of King Arthur, Guinevere, Launcelot, et al, based on the novel by E. B. White; and Brigadoon, the delightful musical fantasy of the Scottish village that comes to life once every 100 years - but only for a day. Come hear and see tuneful melodies, sophisticated lyrics and endearing characters and story that will draw you to them.

Instructor: Peter Cancro

H9. Rational Controversy*

Wednesday 10:30 a.m. – noon  
Class Size: Presentation  
5/29 – 6/26  
$40.00

*This same class is available in the afternoon.

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. So long as there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics for discussion, but class members can raise any issue.

Moderator: Harvey Singer

H10. Summer Sketch Class

Wednesday 10:30 a.m. – noon  
Class Size: Seminar  
5/29 – 6/26  
$40.00

If you have always wanted to try your hand at drawing, this is your chance. Learn to capture the essence of a scene, a still life, people, with the simplest lines. Its great fun. No previous experience is necessary. I will guide you along the way, so you can expect plenty of individual attention. Come draw with me.

Regular critique will be included to assist students in gauging their progress.

Supplies needed: F Faber/Castell graphite pencil, 7B Faber/Castell graphite pencil, a ball point pen (black ink), pink beveled eraser, 11"x14" 50lb. stock Bienfang or Strathmore sketch pad.

Instructor: Jeff Cohen

H11. Summer Themed Paper Crafts

Wednesday 10:30 a.m. – noon  
Class Size: Seminar  
5/29, 6/5, 6/12 and 6/19/19 (4 weeks)  
$38.00*

*Cost is more than $30 due to additional materials.

Celebrate summer with crafts inspired by... mornings filled with bird song, nature’s explosion of color, dining alfresco on warm nights and patriotic holidays. Using various forms of paper, create decorative items to use throughout the summer season. All supplies will be provided, you provide the creative energy.

Instructor: Sharon Keyes
H12. Who Am I? Films of Identity Crisis

**PSB 205B**

Wednesday 9:30 a.m. – noon

Class Size: Presentation

5/29 – 6/26

$42.00**

*Public Safety Building, 55 Commercial Avenue, New Brunswick.

**Cost includes a non-refundable parking permission fee.

A psychological struggle with guilt, a battle with Schizophrenia, a despondent man's desire to start life over with a new, younger body, a middle-aged woman's mental breakdown after years of abuse by her husband, and a young wife affected internally by her husband's incarceration - these are stories that explore existential identity crises. The characters in these five films lose touch with reality in some way; they struggle to answer the question Who Am I? We will view and discuss the following tentatively selected titles: Shutter Island, A Beautiful Mind, Seconds, Middle of Nowhere, and A Woman Under the Influence.

Instructor: Sally Bauer-Cohen

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H13. A Summer of Painting

**WEDNESDAY P.M.**

**H13. A Summer of Painting**

Wednesday 1:00 – 2:30 p.m.

Class Size: Seminar

5/29 – 6/26

$42.00*

*Cost is more than $40 due to additional course materials.

There's no better time to enjoy the season in all its glory. You will paint bright, colorful paintings that will keep summer alive throughout the year. Create works that you will be proud to hang in your home, give away as gifts, or even sell. No experience is necessary. You can expect plenty of individual attention. You will have the option of painting in watercolor, acrylics, or oils. Regular critique will be included to assist students in gauging their progress.

**Supplies needed if you are interested in Watercolor:** #1, #4, #8 round watercolor brushes (camel, sable hair or synthetic) Yarka watercolor set (pan, not tube, 12 colors) Strathmore 9x12 cold press watercolor pad or Bienfang 9x12 watercolor pad of ph neutral paper, 2B pencil with eraser.

**Supplies if you are interested in Acrylic:** Liquitex six pack Basics, acrylic synthetic round brushes(#2, #5 #8), 9"x12" Pad of canvas paper, china plate to use as palette, small cup for water, 2B pencil and eraser.

**Supplies if you are interested in Oils:** Starter oil set(Containing primary color and black and white), synthetic round brushes(#2, #5, #8), 9"x12" pad of canvas paper, china plate to use as palette, small amount of turpentine in small jar(odorless, if possible), 2B pencil and eraser.

Instructor: Jeff Cohen

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H14. American Folk Music, A Personal Experience

**Wednesday 1:00 – 2:30 p.m.**

**Class Size: Seminar**

5/29 – 6/26

$40.00

Folk songs from older and more recent times will be discussed and then sung. Information regarding their historical setting and the human relationships involved will be explored. Participants are encouraged to sing along and to suggest some favorite songs. The instructor will accompany the songs with a guitar, banjo, or mandolin. Sheets with lyrics will be passed out.

Instructor: Terence Butler
H15. Calligraphy - The Art of Beautiful Handwriting

Wednesday 1:00 – 2:30 p.m.  
Class Size: Seminar  
5/29 – 6/26  
$40.00

The attendees in this hands-on beginner class will be introduced to the graceful and elegant cursive handwriting of the Italian Renaissance. You will learn the tools and techniques, and then practice the skill for forming italic small and capital letters, numerals, and punctuation.

Supplies needed: A couple of #2 pencils, an eraser, and a wide-ruled legal note pad. All other writing supplies needed during classroom instruction will be provided.

Instructor: Joe Vierno

H16. Cinema of Canada - Canadian Film Directors

Wednesday 1:00 p.m. – 3:30 p.m.  
Class Size: Presentation  
5/29 – 6/26  
PSB 205B*  
$42.00**

*Public Safety Building, 55 Commercial Avenue, New Brunswick.

**Cost includes a non-refundable parking permit fee.

The Canadian film industry has produced over 1600 feature films since 1911. The films that will be shown are directed by a Canadian of Armenian ancestry (Atom Egoyan), three French Canadians (Denis Arcand, Francois Girard, Jean-Marc Vallee) and an Indo-Canadian (Deepa Mehta). The five films that will be shown are in the following order: The Barbarian Invasions, Ararat, The Red Violin, Water, and Young Victoria.

Instructors: Roz and Steve Shaw

H17. Explore Theories of Creativity to Enhance Memory & Intellect

Wednesday 1:00 – 2:30 p.m.  
Class Size: Seminar  
5/29 – 6/26  
$40.00

This course explores several renowned theories of creativity, including Gardner, Rothenberg, Piaget, Jung & Freud. These theories define how intelligence develops and how we can use these techniques and theories in our daily lives. Learn how the mind functions and encourages the use of new areas of the brain which can enhance your memory and focus. Stimulate your thinking processes and improve the health of your mind!

Please bring pencil and notebook or white paper to class.

Instructor: Margareta Greely-Potter

H18. Films About Films

Wednesday 1:00 – 3:30 p.m.  
Class Size: Lecture  
5/29 – 6/26  
$40.00

Sitting in a darkened space watching larger-than-life imaginary people and places transports us. We think, we feel, we imagine, we escape, and we learn about ourselves, other people, other cultures, and the world. In FILMS ABOUT FILMS, five films –The Making of Fanny and Alexander, Ever the Rain, 8 1/2, Living in Oblivion, and Cinema Paradiso - will illustrate the joys, the magic, and the pain that comes with creating a film.

Instructor: Susan London

H19. Gentle Mat Yoga

Wednesday 1:00 p.m. – 2:30 p.m.  
Class Size: Seminar  
5/29 – 6/26  
Osher House*  
$42.00**

*Osher House, 176 Ryders Lane, New Brunswick, on the same property as the University Inn and Conference Center.

**Cost includes a non-refundable parking permission fee.

Enjoy the benefits of Hatha gentle yoga instruction on the mat with a focus on range of movement and therapeutic practices. Sounds, movement, and breathing will be used to create an overall experience for a mindful, detailed, and spiritual class which is perfect for those new to yoga as well as experienced practitioners. Dress comfortably.

Supplies needed: Yoga mat, towel, and bottle of water.

Instructor: Lyn 'Lilavati' Sirota

H20. Leadership in Films

Beyond Military and Government

Wednesday 1:00 p.m. – 3:30 p.m.  
Class Size: Presentation  
5/29 – 6/26  
PSB 205A*  
$42.00**

*Public Safety Building, 55 Commercial Avenue, New Brunswick.

**Cost includes a non-refundable parking permission fee.

Leaders in films are found in a variety of professions and in many walks of life. The five leaders we meet in these films demonstrate determination, tenacity, unshakable belief in a cause and superior persuasive skills. We will explore the courageous actions of a lone jury member in a murder case, a U.S. Army officer in Iraq, a L.A. high school math teacher, a female factory workers’ union organizer and an American suffragette. These memorable characters inspire discussion in the following tentatively selected titles: 12 Angry Men, Courage Under Fire, Stand and Deliver, Norma Rae, and Iron Jawed Angels.

Instructor: Sally Bauer-Cohen
H21. Rational Controversy*
Wednesday 1:00 – 2:30 p.m.  Class Size: Presentation
5/29 – 6/26  $40.00

*This same class is available in the morning.

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. So long as there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics for discussion, but class members can raise any issue.

Moderator: Harvey Singer

H22. The Endocrine System and Hormones
Wednesday 1:00 – 2:30 p.m.  Class Size: Seminar
5/29 – 6/26  $40.00

The course will include the "classic" endocrine glands and the hormones they secrete. This includes, the pituitary, thyroid, parathyroid, adrenal, ovaries and testes. It will include the regulatory controls of secretion and the mechanism of action of each hormone. It will also include the diseases associated with hyper secretion (too much) and hypo secretion (too little). If time allows the course will touch on some less traditional hormones such as those that regulate eating via the stomach/brain axis and whether immune system secretions could be considered as hormonal in nature.

Instructor: Jessica Sand
**SPECIAL OFFERINGS**

**F1. AARP Driver Safety**

June 7  
Friday 9:30 a.m. – 3:30 p.m.  
(One Day Event)

Class Size: Max 20 Participants  
$15.00 for AARP Members*  
$20.00 for non-AARP Members*

* Checks must be made payable directly to AARP and mailed to the OLLI-RU office. The $2.00 OLLI-RU paper processing fee is not applicable to this course.

The AARP Driver Safety course is intended to help drivers live more independently as they age and remain safe on today’s roads. This completed two-part class also makes the participant eligible to receive a state-mandated, multi-year discount on their auto insurance premiums as well as 2 points off their license, if applicable. AARP members are required to show their membership card.

Instructor: Irwin Horowitz

Room assignments will be posted on the bulletin board on the first day of class.

Class sizes are as follows: Seminar: 12 – 15 | Presentation: 16 – 35 | Lecture: 36+

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**THURSDAY A.M.**

**F2. Ireland at War**

Thursday 10:30 a.m. – noon  
Class Size: Presentation  
5/30 – 6/27  
$40.00

During the ten year period of 1913-1923, Ireland was in a continual state of war. From the Great Dublin Lockout to World War I, to the Easter Rebellion, Irish War of Independence and Civil War, peace seemed to have completely vanished. This course will look at these episodes, stressing the interconnections among them and examining how they affected the development, in 1923, of an “Irish Free State.” Included will be case studies of the men and women who played essential roles, most as heroes, a few as villains.

Instructor: Henry McNally

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**F3. Lerner and Loewe’s Britannia**

Thursday 10:30 a.m. – noon  
Class Size: Presentation  
5/30 – 6/27  
$50.00*

*Cost is more than $40 due to additional materials.

Lerner and Loewe, England’s answer to Rodgers and Hammerstein, have composed a number of sparkling, literate, stage musicals with a decidedly British flavor and setting. Three of these musicals are the subjects of this course: My Fair Lady, the musical based on George Bernard Shaw’s Pygmalion (which the New York Times called the greatest musical of the 20th Century); Camelot, the legendary story of King Arthur, Guinevere, Launcelot, et al, based on the novel by E. B. White; and Brigadoon, the delightful musical fantasy of the Scottish village that comes to life once every 100 years - but only for a day. Come hear and see tuneful melodies, sophisticated lyrics and endearing characters and story that will draw you to them.

Instructor: Peter Cancro
F4. Mosaics for Beginners
Thursday 10:30 a.m. – noon  
Class Size: Seminar  
5/30 – 6/27  
$65.00*  
*Cost is more than $40 due to additional materials.
Learn design, cutting, tile layout, types of surfaces, adhesion, and grouting. All the techniques needed to complete a 9”x12” mosaic project to take home. Course materials provided.  
Instructor: Harvey Altman

F5. Rational Controversy*  
Thursday 10:30 a.m. – noon  
Class Size: Presentation  
5/30 – 6/27  
$40.00  
*This same class is available in the afternoon.
We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. So long as there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics for discussion, but class members can raise any issue.  
Moderator: Harvey Singer

F6. Summer Sketch Class  
Thursday 10:30 a.m. – noon  
Class Size: Presentation  
5/30 – 6/27  
$40.00
If you have always wanted to try your hand at drawing, this is your chance. Learn to capture the essence of a scene, a still life, people, with the simplest lines. Its great fun. No previous experience is necessary. I will guide you along the way, so you can expect plenty of individual attention. Come draw with me.  
Regular critique will be included to assist students in gauging their progress.  
Supplies needed: Supplies needed: F Faber/Castell graphite pencil, 7B Faber/Castell graphite pencil, a ball point pen (black ink), pink beveled eraser, 11”x14” 50lb. stock Bienfang or Strathmore sketch pad.  
Instructor: Jeff Cohen

F7. The Endocrine System and Hormones  
Thursday 10:30 a.m. – noon  
Class Size: Seminar  
5/30 – 6/27  
$40.00
The course will include the "classic" endocrine glands and the hormones they secrete. This includes, the pituitary, thyroid, parathyroid, adrenal, ovaries and testes. It will include the regulatory controls of secretion and the mechanism of action of each hormone. It will also include the diseases associated with hyper secretion (too much) and hypo secretion (too little). If time allows the course will touch on some less traditional hormones such as those that regulate eating via the stomach/brain axis and whether immune system secretions could be considered as hormonal in nature.  
Instructor: Jessica Sand

F8. Who Am I? Films of Identity Crisis  
Thursday 9:30 a.m. – noon  
Class Size: Presentation  
5/30 – 6/27  
$40.00
A psychological struggle with guilt, a battle with Schizophrenia, a despondent man’s desire to start life over with a new, younger body, a middle-aged woman’s mental breakdown after years of abuse by her husband, and a young wife affected internally by her husband’s incarceration - these are stories that explore existential identity crises. The characters in these five films lose touch with reality in some way; they struggle to answer the question Who Am I? We will view and discuss the following tentatively selected titles: Shutter Island, A Beautiful Mind, Seconds, Middle of Nowhere, and A Woman Under the Influence.  
Instructor: Sally Bauer-Cohen
F9. Cinema of Canada -
Canadian Film Directors

Thursday 1:00 – 3:30 p.m.  Class Size: Presentation
5/30 – 6/27  $40.00

The Canadian film industry has produced over 1600 feature films since 1911. The films that will be shown are directed by a Canadian of Armenian ancestry (Atom Egoyan), three French Canadians (Denis Arcand, Francois Girard, Jean-Marc Vallee) and an Indo-Canadian (Deepa Mehta). The five films that will be shown are in the following order: The Barbarian Invasions, Ararat, The Red Violin, Water, and Young Victoria.

Instructors: Roz and Steve Shaw

F10. Leadership in Films -
Beyond Military and Government

Thursday 1:00 – 3:30 p.m.  Class Size: Presentation
5/30 – 6/27  $40.00

Leaders in films are found in a variety of professions and in many walks of life. The five leaders we meet in these films demonstrate determination, tenacity, unshakable belief in a cause and superior persuasive skills. We will explore the courageous actions of a lone jury member in a murder case, a U.S. Army officer in Iraq, a L.A. high school math teacher, a female factory workers' union organizer and an American suffragette. These memorable characters inspire discussion in the following tentatively selected titles: 12 Angry Men, Courage Under Fire, Stand and Deliver, Norma Rae, and Iron Jawed Angels.

Instructors: Sally Bauer-Cohen

F11. Rational Controversy*

Thursday 1:00 – 2:30 p.m.  Class Size: Presentation
5/30 – 6/27  $40.00

*This same class is available in the morning.

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. So long as there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics for discussion, but class members can raise any issue.

Moderator: Harvey Singer

F12. A Summer of Painting

Thursday 1:00 – 2:30 p.m.  Class Size: Seminar
5/30 – 6/27  $42.00*

*Cost is more than $40 due to additional course materials.

There’s no better time to enjoy the season in all its glory. You will paint bright, colorful paintings that will keep summer alive throughout the year. Create works that you will be proud to hang in your home, give away as gifts, or even sell. No experience is necessary. You will have the option of painting in watercolor, acrylics, or oils. Regular critique will be included to assist students in gauging their progress.

Supplies needed if you are interested in Watercolor: #1, #4, #8 round watercolor brushes (camel, sable hair or synthetic) Yarka watercolor set (pan, not tube, 12 colors) Strathmore 9x12 cold press watercolor pad or Bienfang 9x12 watercolor pad of ph neutral paper, 2B pencil with eraser.

Supplies if you are interested in Acrylic: Liquitex six pack Basics, acrylic synthetic round brushes(#2, #5 #8), 9”x12” Pad of canvas paper, china plate to use as palette, small cup for water, 2B pencil and eraser.

Supplies if you are interested in Oils: Starter oil set (Containing primary color and black and white), synthetic round brushes(#2, #5, #8), 9”x12” pad of canvas paper, china plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.

Instructor: Jeff Cohen
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HARVEY ALTMAN (11) studied at the Fashion Institute of Technology. He is an award-winning mosaic artist who likes to share his knowledge and passion of mosaic art.

HOWARD BEROFF (5) is a retired biomedical engineer, formerly with the Johnson & Johnson Co. He is currently an adjunct professor at Raritan Valley Community College where he teaches math and opticianry.

TERENCE BUTLER (7) is a retired mathematics professor at Rutgers University, he began a major interest in playing folk music on the 5-string banjo, guitar, and mandolin after hearing Pete Seeger playing the 5-string banjo on a record in 1965.

NEELAM CHAUDRY (6) A resident of N.J. since 1985, Neelam received her master’s degree from India, and has been passionately volunteering sharing Hindi language and culture for the past 30 years.

PETER CANCRO (6, 10) is a retired English teacher with a passion for opera and the visual arts.

JEFF COHEN (6, 7, 11, 12) is a painter and sculptor who received a bachelor of arts in fine arts from Upsala College in East Orange, and did graduate work at New York University. He is a commissioner at the Barron Art Center in Woodbridge, N.J.

SALLY BAUER COHEN (7, 8, 11, 12) loves teaching at OLLI-RU and is a former New York City high school librarian and English teacher who has taught film classes for many years. She holds master’s degrees in media studies and library science.

MARGARETA GREELEY-POTTER (8) is an adjunct professor at Rutgers University Graduate School of Education. With a doctorate in education from Rutgers, she has additionally done graduate work at Mason Gross School of the Arts. She is also a painter and sculptor whose works are displayed locally and internationally.

IRWIN HOROWITZ (5, 10) is a Rutgers graduate who retired from the infrastructure technology field in 2010. He is currently volunteering for the AARP Driver Safety program, as well as the Red Cross.

SHARON KEYES (6) is a retired product developer in the fashion accessories industry who has had a lifelong passion for crafting.

SUSAN LONDON (8) Ed.D. from Teachers College, Columbia University, retired as an Associate Professor from Touro College, where she taught psychology for 25 years. She has a master’s degree in Theater from Hunter College, and has been teaching film courses at OLLI-RU for almost 15 years.

HENRY MCNALLY (10) is a semi-retired educator who has taught Irish history both at the college level and in continuing education programs. He has degrees from Fordham University, William Paterson University, and University College in Galway, Ireland.
MEGAN NOVAK (5) an alum of Rutgers University with a background in Anthropology and Women's and Gender Studies, Megan's love of learning runs deep. Currently the Manager of the OLLI program at Rutgers, her lifelong passion has found a welcome home among like-minded individuals similarly eager to engage with knowledge simply for the joy of it.

JESSICA SAND (9, 11) has a master’s degree in microbiology and public health (Wagner College) and in cell and molecular biology (Brooklyn College). Currently retired, she was a professor at Union County College for 31 years where she taught anatomy and physiology, microbiology, nutrition, pathology, and medical microbiology.

ROZ AND STEVE SHAW (8, 12) Roz and Steve Shaw own a business that specializes in educational programs. They have taught adult courses at the ENCORE Program in Middletown, NY, at Brookdale Community College, and have been instructors at OLLI-RU since 2003.

HARVEY SINGER (9, 11, 12) holds a bachelor of arts degree in economics and political science from the City College of New York and a masters of business administration in finance and investments from Baruch College.

LYN/LILAVATI SIROTA (8) is a certified Yoga Alliance instructor, Lilavati also completed a therapeutic yoga teacher training program as well as a program in mindfulness based stress reduction. She specializes in Hatha gentle yoga instruction with a focus on range of movement and therapeutic practices.

CHARLIE SMITH (6) was a history major with a broad background and experience in doing stand up training/workshops/seminars for groups large and small in the public and private sectors.

VASANTHI SUNIL (5) is an associate professor in the department of Pharmacology and Toxicology at Rutgers University. She is interested in comparative religion, and conducts regular classes on Hinduism, Sanskrit and Meditation at Arsha Bodha Center.

JOE VIERNO (8) is a recently retired IT systems and training consultant with a master’s degree in management systems. He is a lifelong calligraphy and graphics design consultant.

VANDANA WALIA (5) has a master’s degree in English literature from India and thirty years teaching experience at the high school level. She has been teaching at OLLI-RU for several years.

YEAR AT A GLANCE

SUMMER 2019
Highland Park/ New Brunswick
Wednesdays
5/29/19 - 6/26/19
Freehold
Thursdays
5/30/19 - 6/27/19

FALL 2019
8/26/19 - 11/12/19
(No class on 9/2, 9/30, 10/1, 10/9, and 11/5)

WINTER 2020
New Brunswick
Tuesdays
1/7/20 - 2/4/20 Freehold
Thursdays
1/9/20 - 2/6/20

SPRING 2020
3/2/20 - 5/15/20
(No class week of 4/6)
Paper registrations will be randomly processed **beginning April 29th**. As always, a portion of seats are reserved for online registration and a portion for mail-in registrations. A class is not completely closed until you see the “Closed/Full” designation on our website.

☐ I require handicapped accessible rooms

Name __________________________________________________________________________________________________________________________________________

Address ______________________________________________________________________________________________________________________________________________

City ___________________________ State _________       Zip __________________________________________________________

Home Phone (_____) __________________________ Cell Phone (_____) _____________________________________________

Email ________________________________________________________________________________________________

I learned about OLLI-RU from: ☐ friend ☐ library ☐ catalog ☐ email ☐ internet ☐ other ________________________________

**For accurate processing, list the catalog number and course name keywords (ex. H2/Rational Controversy, F4/Sketch). Facilitate class assignments by including an alternate course in the event that any of your courses are full when your registration form is processed.**

First Course: ____________________________________________________________________________ $________

Second Course: ____________________________________________________________________________ $________

Third Course: ____________________________________________________________________________ $________

Fourth Course: ____________________________________________________________________________ $________

Alternate Courses: ____________________________________________________________________________

List one for each of your chosen courses. Processing Fee $2.00

Total Amount Enclosed $________________

If closed out of my selections: ☐ return my check automatically. ☐ Add my name to the waitlist.

You will be notified of your course assignments. OLLI-RU reserves the right to limit course enrollments or to cancel any course if minimum registration is not received.

**A SEPARATE CHECK IS REQUIRED FOR EACH INDIVIDUAL PERSON REGISTERING**

Complete and return this form with your check payable to Rutgers University to:

OLLI-RU | 176 Ryders Lane | New Brunswick, NJ 08901
All class withdrawals/transfers and refund requests must be done in writing. You may use the new electronic form for all requests (found on our website under the forms link, olliru.rutgers.edu/refunds), or you may use this paper form. Please complete all appropriate sections of this form to ensure your request is processed in a timely manner.

Name: __________________________________________________________________________________________________________

Address: ________________________________________________________________________________________________________
Street                      City                      State                      Zip code

Phone: __________________________ Email: ________________________________

Current class name and number: ________________________________  Session: Season __________ Year

COMPLETE THE APPROPRIATE SECTION

CLASS CHANGE

New Class name and number: ________________________________
Reason for Change: ______________________________________

CLASS WITHDRAWAL

Reason for Withdrawal: __________________________________

REQUEST FOR REFUND

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