

SPRING 2024

OSHER LIFELONG LEARNING INSTITUTE

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COURSES

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LLI

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OLLI-RU Experience

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is proud to be part of The Bernard Osher Foundation's nationwide network of outstanding centers providing continuing education to individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP

To ensure we can continue to serve our community, like many sister OLLI's across the nation we have a separate annual membership cost of \$50. Once a year (starting before our spring session) our community will renew their membership so they may take courses at the member rate and enjoy other benefits. Should an individual opt-out of membership, we welcome your participation and we have an alternate course fee structure to accommodate non-members.

- **2024 membership** starts with the spring session registration on January 18, 2024. You can renew your membership or sign up for a new one now.

ONLINE CLASS EXPERIENCE

Zoom links are emailed to registered students approximately 3 to 5 days before the first class. Please make sure to check for the link at least 24 hours before your class. If it's not in your inbox, make sure to check your junk or spam file. If not there, email olliregistrations@docs.rutgers.edu.

Things still happen: At times technology can fail one or all of us. We do our best to help when we can but some things are beyond our control. The ability to connect to the class and the quality of the connection depends on many factors and we will not be able to troubleshoot or solve every issue. OLLI-RU has no control over issues with a student's technology that may prevent them from logging in to a class.

IN-PERSON CLASS EXPERIENCE

We are pleased to continue holding in-person courses in New Brunswick and Freehold. Parking in both locations is free for students.

MEMBERSHIP

When: OLLI-RU membership runs from Spring session to Winter session.

Pay it once a year to enjoy the benefits all year.



2024 membership begins with spring session registration on January 18, 2024.

- Memberships can be purchased at any point of the year but it will not be pro-rated.

What: The once-a-year \$50 membership fee provides the following:

Register for courses at the member rate. Non-members can still take courses but it's at an increased rate.

Longer withdrawal periods to receive a full refund. Members can get a full refund if they notify OLLI-RU before the start of the fourth class meeting. Non-members only have until before the start of the second class.

Members can get refunds for one-day programs if notifying OLLI-RU staff in writing before the program takes place. Non-members are not provided refunds for one-day programs.

Priority registration and pricing for our highly subscribed day trips (when they resume) as well as for certain events and programming.

Special events and programming for members only.

How: Go to our website olliru.rutgers.edu

- On our website, (olliru.rutgers.edu) click on "Register"
- You will see "OLLI-RU 2024 Membership" as a course listing. Proceed to register for your membership just as you would sign up for a course.

Secure membership before registering for courses to receive membership rate.

REGISTRATION



Registration opens Jan. 18

How to Register Online

1. Go to **OLLI-RU website-** olliru.rutgers.edu and click the **“Register”** tab. Scroll down to see course listings.
2. Click **“Register”** next to the chosen class
3. Scroll to the bottom right of that page and click **“Register/Sign-in Now”**
4. Follow directions through the rest of the process
5. **Receive two confirmation emails-** one for registration and one for payment. Confirmation emails are sent automatically by the system immediately upon successful registration. **If you do not receive both emails, check your spam or junk folder.** If they are not there, please contact us at olliregistrations@docs.rutgers.edu or call 848-932-6554.

Step-by-step directions are available on our website at olliru.rutgers.edu.

If you are unsure about online registration, call or email us and we will get you signed up.

Call 848-932-6554 or email olliregistrations@docs.rutgers.edu.

DO NOT MAIL ANYTHING to the OLLI-RU office unless specifically discussed with OLLI-RU staff.

POLICIES

REFUND POLICY

Members

Multi-week courses (5 weeks and above): A full refund for multi-week courses will be provided if we receive the request in writing before the start of the fourth class. **Courses that are 2-4 weeks,** refunds are available if OLLI-RU is notified before the start of the second class. Refunds will be issued in the original form of payment and only to the individual who paid for the class.

One-day programs: Refunds will be issued for one-day programs if OLLI-RU is notified in writing before the program takes place.

Non-Members

Multi-week courses: A full refund for multi-week courses will be provided if we receive the request in writing before the start of the second class. Refunds will be issued in the original form of payment and only to the individual who paid for the class.

One-day programs: no refunds for one-day programs.

HOLIDAYS

OLLI-RU is a secular organization that is part of a public university. As such, we follow the University schedule and do not close for any religious holiday. If you plan to miss a class due to observing a religious holiday, please contact our office well in advance and we will gladly work with you and the instructor to ensure you stay abreast of important content. Email olliregistrations@docs.rutgers.edu with your request.

RECORDINGS

OLLI-RU does not record online classes on a regular basis but students may ask their instructor if they need a specific class recorded for any reason. Please be aware, instructors may decline to record. The course material presented is an instructor's intellectual property that they have developed over many hours. Some may want to protect that material by not allowing a recording of their course to be disseminated. Please respect an instructor's decision.

MISSED CLASSES

Individual classes that are canceled for any reason by OLLI-RU or the instructor will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting.

CANCELED COURSES

Students registered for a course that gets canceled will be notified approximately one week before the class is scheduled to start. You have the opportunity to transfer to an alternate open class or receive a refund.

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New Brunswick

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Art of Forest Bathing 1 Monica Shah 10am-12pm May 6	American Art Maryann Zolota 10:30am-12pm 3/5-5/7	Rod Serling's Twilight Zone Larry Stanley 1-3pm 4/10-5/8	The Age of Reagan: American History (1969-2008) Ed Malberg 10:30am-12pm 3/7-5/16* <i>*No class on 5/9</i>	
Are You a Francophile? Anne Bosch 1-2:30pm 3/4-5/13* <i>*No class on 4/22</i>	Going Green: The Contemporary Irish Novel George Schroepfer 10:30am- 12pm 3/5-5/7		Two Novels by Thomas Hardy: Nicholas Birns 10:30am-12pm 4/11-5/16* <i>*No class on 5/9</i>	
The Culture of Cheese 1 Carla Graifer 2:30-4pm May 6	The Movement in the 60s- Peace, Anti-Imperialism, the Draft, Women's Rights & Media Brooks Smith 10:30am-12pm 3/5-4/23* <i>*No class on 4/16</i>		A.I. and ChatGPT and V.R. – Oh My! Gale Tenen Spak 1-2:30pm 4/11-5/2	
Perspective: Creating Depth and Dimension 1 Carla Graifer 2:30-4pm April 29	Masterworks of World Cinema Keki Dadachanji 1-3:30pm 3/5-5/7		Ladies of a Certain Age: Older Actresses in the Golden Age of Hollywood Anne Singer 1-3:30pm 3/7-4/4	

Freehold

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	An Introduction to Finger Picking Guitar Charlie Pearlman 1-2:30pm 3/5-3/12	Gland Central Station: Understanding Hormonal High Jinks Barbara Bogner 10:30am-12pm 3/6-4/3	A Potpourri of Things Irish Henry McNally 10:30am -12pm 3/7-4/11* <i>*No class on 3/28</i>	

Spring Session – First half (Mar. 4 – Apr. 5)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
The Constitution, Criminal Law & the Trump Indictments <i>Louis Ruprecht</i> 10:30am-12pm 3/4-4/1	Agatha Christie's <i>Cards on the Table</i> <i>Hugo Walter</i> 10:30am-11:30am 3/5-4/2	All Aboard: Yiddish on a Cruise Ship to Israel <i>Naomi Miller</i> 10:30am-12pm 3/6-5/8	Julius Caesar and the Death of the Roman Republic <i>Barbara Griffin</i> 10:30am-11:30am 3/7-4/4	Unforgettable Teachers in Film <i>Sally Bauer Cohen</i> 10am-12pm 3/8-5/3* <i>*No class on 4/19</i>
Creating the Collage <i>Jeff Cohen</i> 10:30am-12pm 3/4-5/6	The Age of Reagan: American History (1969-2008) <i>Ed Malberg</i> 10:30am-12pm 3/5-5/14* <i>*No class on 4/23</i>	Chair Yoga and Relaxation <i>Pratibha Jani</i> 11am-12pm 3/6-4/3	A Reading of Shakespeare's <i>The Tempest</i> <i>Allen Ascher</i> 10:30am-12pm 3/7-5/9	Laughter Unleashed: Harnessing the Evolutionary Power of Laughter <i>Noreen Braman</i> 1pm-3pm March 15 <div>1</div>
Painting Studio <i>Jeff Cohen</i> 1-2:30pm 3/4-5/6	American Jewish History: 1654-1900 <i>Bruce Tucker</i> 10:30am-12pm 3/5-4/2	Colonial and Post-Colonial Literature <i>Vandana Walia</i> 10:30am-12pm 3/6-5/8	Semicentennial Rendezvous: James A. Michener's <i>Centennial</i> at 50 <i>Paul Soltis</i> 10:30am-12pm 3/7-4/25	<div>1</div> = 1-day class
	Drawing Workshop <i>Jeff Cohen</i> 10:30am-12pm 3/5-5/7	Curtain Up on America <i>Susan Speidel</i> 10:30am-12pm 3/6-5/15* <i>*No class on 3/13</i>	With a Song in My Heart Part 4 <i>Sam & Candy Caponegro</i> 10:30am-12pm 3/7-4/4	
	Poetry in Spring <i>Maxine Susman</i> 10:30am-12pm 3/5-4/23	Introduction to Philosophy I <i>Alison Brown</i> 10:30am-12pm 3/6-5/8	Epictetus on <i>The Art of Living</i> <i>Keki Dadachanji</i> 3:00pm-4:30pm 3/7-5/9	
	Films About Resiliency <i>Roz & Steve Shaw</i> 1-2:30pm 3/5-5/7	American Railroads & Model Railroading <i>Bruce Tucker</i> 1-2:30pm 3/6-3/27		
	Learn to Sculpt <i>Jeff Cohen</i> 1-2:30 pm 3/5-5/7	Creating Pastels <i>Jeff Cohen</i> 1-2:30pm 3/6-5/8		
	Show, Don't Tell: A Writing Workshop <i>Deborah Greenhut</i> 1-2:30pm 3/5-4/2	Drawing Flowers <i>Karl Lorenzen</i> 1-3pm 3/6-4/3		

Spring Session – Second half (Apr. 8 – May 10)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Contemporary Irish Short Stories <i>Maureen Brady</i> 10:30am-12pm 4/8-4/22	The Age of Reagan: American History (1969-2008) <i>Ed Malberg</i> 10:30am-12pm 3/5-5/14* <i>*No class on 4/23</i>	All Aboard: Yiddish on a Cruise Ship to Israel <i>Naomi Miller</i> 10:30am-12pm 3/6-5/8	Cultivating Creativity <i>Monica Shah</i> 10:30am-12pm 4/11-5/9	Unforgettable Teachers in Film <i>Sally Bauer Cohen</i> 10am-12pm 3/8-5/3* <i>*No class on 4/19</i>
Creating the Collage <i>Jeff Cohen</i> 10:30am-12pm 3/4-5/6	Creative Partnerships: Love, Art & Sacrifice <i>Maurice Mahler</i> 10:30am-12pm 4/9-5/7	Colonial and Post-Colonial Literature <i>Vandana Walia</i> 10:30am-12pm 3/6-5/8	A Reading of Shakespeare's <i>The Tempest</i> <i>Allen Ascher</i> 10:30am-12pm 3/7-5/9	What Gets You Out of Bed in the Morning? <i>Noreen Braman</i> 10:30-11:30am 4/12-5/10
Painting Studio <i>Jeff Cohen</i> 1-2:30pm 3/4-5/6	Drawing Workshop <i>Jeff Cohen</i> 10:30am – 12pm 3/5-5/7	Curtain Up on America <i>Susan Speidel</i> 10:30am-12pm 3/6-5/15* <i>*No class on 3/13</i>	Semicentennial Rendezvous: James A. Michener's Centennial at 50 <i>Paul Soltis</i> 10:30am-12pm 3/7-4/25	
Genealogy Boost: The Slavic Countries of Europe <i>Patricia Brady</i> 3-5pm April 8 1	Five Major Battles that Altered Civilization <i>Bruce Tucker</i> 10:30am - 12pm 4/16-5/14	Introduction to Philosophy I <i>Alison Brown</i> 10:30am-12pm 3/6-5/8	The Role of Jazz in Black History, Jazz Giants, & Rising Stars <i>Sanford Josephson</i> 1-2:30pm 4/11-5/9	
Genealogy Boost: What Do I Do With All That I Have Found <i>Patricia Brady</i> 3-5pm April 15 1	Poetry in Spring <i>Maxine Susman</i> 10:30am- 12pm 3/5-4/23	The Art of Bonsai: Painting Nature in Miniature <i>Karl Lorenzen</i> 1-3pm 4/10-5/8	Scientific Deceptions: Unraveling Pseudoscience & Misdirections <i>Richard Barrett</i> 1-2:30pm 4/11-5/2	
1 = 1-day class	Films About Resiliency <i>Roz & Steve Shaw</i> 1-2:30pm 3/5-5/7	Creating Pastels <i>Jeff Cohen</i> 1-2:30pm 3/6-5/8	Epictetus on <i>The Art of Living</i> <i>Keki Dadachanji</i> 3:00pm-4:30pm 3/7-5/9	
	Learn to Sculpt <i>Jeff Cohen</i> 1-2:30 pm 3/5-5/7	Hidden Agenda: Nazis in America (1945) <i>Bruce Tucker</i> 1-2:30pm 4/3-4/24		

Catalog information



Order of Course Listings

Multi-week courses: listed Mon-Fri and separated into

- Morning
- Early Afternoon
- Late Afternoon

One-Day Classes: listed by date earliest to latest



Class Size

Small	10-20 students
Medium	21-35 students
Large	36 and above



Locations

Courses are online only unless you see the symbol below under the course title.

When you see this symbol:



It means the course is being held in-person in New Brunswick or Freehold.

Freehold In-Person Course

Western Monmouth Higher Education Ctr
3680 Route 9 South, Freehold, NJ

New Brunswick In-Person Course

Rutgers Lifelong Learning Center
3 Rutgers Plaza, New Brunswick, NJ
(off Route 1 and off Ryder's Lane)

ONE-DAY CLASSES

Laughter Unleashed: Harnessing the Evolutionary Power of Humor for a Healthier Life

Friday, March 15
1:00 p.m. - 3:00 p.m.

Class Size: Large
Member: \$10 / Non-Member: \$15

Did you know that humans laughed before there was language? While we think laughter means something funny, laughter was originally a survival skill! And babies are the diabolical masters of it! Find out what that means when Noreen Braman shares 5 ways you can incorporate the healthy power of laughter into your life. Discussion is encouraged! *(course code rd1)*

Instructor: Noreen Braman

Genealogy Boost: The Slavic Countries of Europe

Monday, Apr. 8
3:00 p.m. - 5:00 p.m.

Class Size: Small
Member: \$10 / Non-Member: \$15

Has your family history research taken you to central and eastern European countries? Are you now stuck? Learn how to find which country your people lived in, how to deal with the Slavic languages and where to look for records. *(course code rd2)*

Instructor: Patricia Brady

Genealogy Boost: What Do I Do With All That I Have Found?

Monday, Apr. 15
3:00 p.m. - 5:00 p.m.

Class Size: Small
Member: \$10 / Non-Member: \$15

Organization is critical to being able to use and share the results of your research. Learn ways to collect, reference, sort, organize, display and share the family stories you have found.

(course code rd3)

Instructor: Patricia Brady

Perspective: Creating Depth and Dimension

in New Brunswick



Monday, April 29
2:30 p.m. - 4:00 p.m.

Class Size: Small
Member: \$20 / Non-Member: \$25

Perspective in art is a way to make objects appear smaller as they move farther away from us. This class will illustrate 1 and 2-point perspective and how these principals helped create some of the world's best loved paintings. Students will follow step-by-step instructions using horizon lines and vanishing points to create their own 3-dimensional masterpiece. *The extra cost of the class covers supplies which will be provided.* (course code nbd4)

Instructor: Carla Graifer

The Art of Forest Bathing (Shinrin-yoku)

in New Brunswick



Monday, May 6
10:00 a.m. - 12:00 p.m.

Class Size: Small
Member: \$10 / Non-Member: \$15

Forest bathing is the ancient practice of immersing one's senses in wooded areas in order to enhance well-being. This restorative antidote to our nature-starved lives can induce health and wellness benefits such as lower blood pressure and cortisol levels; improved mood and sleep; and even possible immunity to cancer and other diseases. Learn more about this meditative practice of connecting with the beauty and wonder of nature through reflective nature-connection activities. We will venture through forest trails on a slow, mindful walk (under 1 mile round-trip) to engage in journaling, art, poetry and ritual.

For this workshop, please bring a notebook/journal and pen (art supplies such as colored pencils or watercolors, optional). Dress for comfort (long sleeves, sneakers, etc.) and in clothes you don't mind getting a little dirty (or bring a blanket to sit on). We will meet at Rutgers Gardens, New Brunswick (the exact location will be shared with registered students). A rain date will be scheduled if needed. (course code nbd5)

Instructor: Monica Shah

The Culture of Cheese

in New Brunswick



Monday, May 6
2:30 p.m. - 4:00 p.m.

Class Size: Medium
Member: \$20 / Non-Member: \$25

Did our prehistoric ancestors eat cheese? Travel with me through the ages to discover the answer. From the basic nutritional need of survival to the technological process of modern cheese making is a fascinating and sometimes surprising story. Learn about the essential (often accidental) role of bacteria and mold that creates this sacred, delicious food and how those elements are intertwined with local “Cultures” across the globe. Enjoy a sampling of local and global cheese. *The extra cost for the class is to cover the cost of the cheese.* (course code nbd6)

Instructor: Carla Graifer



REDUCED FEES in honor of our 30th anniversary!

30 years of quality, informative, entertaining courses for our community. We couldn't do it without you—THANK YOU!

MULTI-WEEK CLASSES

MONDAY Morning

The Constitution, Criminal Law and the Trump Indictments

Mondays, March 4 – April 1 (5 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Large
Member: \$40 / Non-Member: \$60

The four Trump indictments are interesting vehicles for an exploration of how a criminal trial is conducted and how the Constitution affects the criminal justice system. We will consider issues like grand juries, the right to counsel, how concepts like "due process" affect prosecutions and trials and, especially, how all of this bears on the four criminal trials our former president faces. We will discuss how sentencing is done and carried out and the role of appellate courts and pardons in all of this. You will come away from this course with an appreciation of the role of prosecutors, defense attorneys and judges and you will be much better able to understand the import of news reports regarding criminal cases, in general, and the Trump trials, in particular. *(course code rv7)*

Instructor: Louis Ruprecht

Contemporary Irish Short Stories

Mondays, April 8 – April 22 (3 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Small
Member: \$30 / Non-Member: \$45

Ireland is known for its ancient tradition of oral story-telling. Today, its writers keep the story-telling tradition alive through the short story genre. They have crafted some of the most thought-provoking narratives examining the human condition. In this course, these stories, by contemporary Irish writers, will be read and discussed: "Kerrywood" by Noel O'Regan (April 8); "So Late in the Day" by Claire Keegan (April 15); and, "My Life in the City" by Philip Ó Ceallaigh (April 22). Stories will be emailed to students a week or so before they are discussed. *(course code rm8)*

Instructor: Maureen D. Brady

Creating the Collage

Mondays, March 4 – May 6 (10 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Small (15 max.)
Member: \$80 / Non-Member: \$120

Collage is an art form that dates back hundreds of years, reappearing in the works of Picasso and Braque. Now you can express yourself by pasting magazine and newspaper clippings, ribbons, colored paper, photographs, found objects and more, into works of art that can be a thing of beauty, a reflection of your viewpoint, or even a humorous or satirical take on a particular subject.

(course code rt9)

Supplies needed: 9" x 12" pad of drawing paper, bottle of Elmer's white glue, pair of scissors, 3 assorted magazines.

Instructor: Jeff Cohen

MONDAY Early Afternoon

Are You a Francophile?

in New Brunswick



Mondays*, March 4 – May 13 (10 weeks)
1:00 p.m. - 2:30 p.m.

**no class on April 22*

Class Size: Small
Member: \$80 / Non-Member: \$120

If you like everything French why not also become a Francophone and learn how to speak the language as well? This beginning French class will introduce you to basic grammar and see how to understand and create conversations. Use your French for your travels, restaurant menus and a little better understanding of some French films. There will be some games and music to further your study in learning French. Join this class if you're looking for a rewarding experience. (course code nbt10)

Required texts: *French Vocabulary SparkCharts* (Volume 23) by SparkNotes, which can be found on amazon.com at this link: [French Vocabulary SparkCharts \(Volume 23\)](#). French Grammar Pamphlet by Inc. BarCharts, which can be found on amazon.com at this link: [French Grammar BarCharts, Inc.](#)

Instructor: Anne Bosch

Painting Studio

Mondays, March 4 – May 6 (10 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Small (15 max.)
Member: \$80 / Non-Member: \$120

This course will focus on how to paint. You decide the medium you would like to paint in-- watercolor, acrylics, or oils. Come to the first class with a subject you are interested in tackling -- a copy of an artist's work, a photo, or something from life, and be ready to get started. There will be homework and direct, pointed feedback designed to help you improve your skills. *(course code rt11)*

Supplies needed for watercolor: #1, #4, #8 round watercolor brushes (camel, sable hair, or synthetic), Yarka watercolor set, 12 color, pan, not tube (or a set that is comparable), Strathmore 9"x12" cold press watercolor pad or Bienfang 9"x12" watercolor pad of ph neutral paper, 2B pencil with eraser.

Supplies needed for acrylics: Liquitex six pack basics (feel free to bring any additional colors you may own), acrylic synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, plastic or china plate to use as palette, small cup for water, 2B pencil and eraser.

Supplies needed for oils: Starter oil set (containing primary colors and black and white --(feel free to bring any additional colors you may own), synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, palette or plastic plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.

Instructor: Jeff Cohen

TUESDAY Morning

Agatha Christie's *Cards on the Table*

Tuesdays, March 5 – April 2 (5 weeks)
10:30 a.m. - 11:30 a.m.

Class Size: Small
Member: \$40 / Non-Member: \$60

In this course we will read and discuss Agatha Christie's novel *Cards on the Table* which showcases the genius of Hercule Poirot, one of the most famous detectives in the history of world literature. At the beginning of *Cards on the Table* a wealthy art collector invites four sleuths and four people who committed crimes in the past but were never apprehended for those crimes to his lavish apartment for a dinner and bridge party. At the end of the evening one of the people at this party is found murdered--the task of the four sleuths is to discover the identity of the murderer. Agatha Christie wrote that this was one of Poirot's "favourite cases." (course code rv12)

Instructor: Hugo Walter

Take a CLOSER look at what students are saying about Hugo:



The Age of Reagan: American History (1969-2008)

Tuesdays*, March 5 – May 14 (10 weeks)
10:30 a.m. - 12:00 p.m.

**no class on April 23*

Class Size: Large

Member: \$80 / Non-Member: \$120

From his support of Barry Goldwater in the 1964 election through his own presidential administration and the careers of his acolytes, Ronald Reagan's oratory and policies animated the conservative movement. In this course we will detail this perspective and examine its influence on American politics and politicians. (course code *rt13*)

Instructor: Ed Malberg



[This course is also offered in-person in New Brunswick on Thursday mornings.](#)

American Art

in New Brunswick



Tuesdays, March 5 – May 7 (10 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Medium

Member: \$80 / Non-Member: \$120

This course offers a window into the nation's artistic evolution. We will explore the rich tapestry of American artistic expression that traverses the diverse landscapes of creativity from the early limners to iconic figures such as the Peale family of Philadelphia, Benjamin West, Gilbert Stuart, and John Singer Sargent. We will delve into the transformative epochs of American art, including the dynamic era of the Works Progress Administration (WPA), the evocative canvases of the Ash Can School, and the contemporary vibrancy exemplified by Andy Warhol. (course code *nbt14*)

Instructor: Maryann Zolota

American Jewish History: 1654-1900

Tuesdays, March 5 – April 2 (*5 weeks*)
10:30 a.m. - 12:00 p.m.

Class Size: Medium
Member: \$40 / Non-Member: \$60

The first Jews to arrive in the new world landed at the Dutch colony of New Amsterdam in 1654. Via lecture, slides and videos we will trace this community's first 250 years of tumultuous history. In this course we will also examine the events and conditions that impacted the American Jewish community and its impact on America and American history. (*course code rv15*)

Instructor: Bruce Tucker

Creative Partnerships: Love, Art and Sacrifice

Tuesdays, April 9 – May 7 (*5 weeks*)
10:30 a.m. - 12:00 p.m.

Class Size: Medium
Member: \$40 / Non-Member: \$60

This course will cover amazing women artists who loved and supported poor male artists, putting aside their own artistic desires to support their mate. We will cover when both artists met and their lives together. Couples like Jackson Pollock and Lee Krasner, Edward Hopper and Josephine Nivison, Willem de Kooning and Elaine Marie Catherine Fried, Alfred Stieglitz and Georgia O'Keefe and Diego Rivera and Frida Kahlo. We will explore how creativity was visualized by two talents that fed off of their own visual and emotional part of a rare marriage! (*course code rv16*)

Instructor: Maurice Mahler

Drawing Workshop

Tuesdays, March 5 – May 7 (*10 weeks*)
10:30 a.m. - 12:00 p.m.

Class Size: Small (15 max.)
Member: \$80 / Non-Member: \$120

Remember, the more you draw, the better you will get at it. Now you can experiment with different drawing materials as well as various subject matter. You will try your hand at graphite pencils, charcoal, pen and ink, tea staining. We will draw the human figure, portraits, landscapes, still life studies and more. Come draw with me. (*course code rt17*)

Supplies needed: F Faber/Castell graphite pencil, 3B Faber/Castell graphite pencil, 7B Faber/Castell graphite pencil, General charcoal pencil (soft), a ball point pen (black ink), pink beveled eraser, 11"x14" 50 lb. stock Bienfang or Strathmore sketch pad.

Instructor: Jeff Cohen

Five Major Battles That Altered Civilization

Tuesdays, April 16 – May 14 (5 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Medium
Member: \$40 / Non-Member: \$60

This course examines five major battles in history that you may not have heard of before but each had a profound impact on the world we live in today. The outcome of these battles literally changed the course of civilization. Each battle occurs at a pivotal time where great forces of hundreds of thousands of soldiers and mighty empires clashed in bloody combat on contested but otherwise peaceful grounds. We will explore the events leading up to these battles and the kings, emperors or generals that planned and fought them. The five battles are: The Battle of Gaugamela in 331 BCE, Chalons in 451 CE, Guadalete 711 CE, Tours in 732 CE and lastly, Ain Jalut, in 1260 CE.

(course code rv18)

Instructor: Bruce Tucker

Going Green: The Contemporary Irish Novel

in New Brunswick



Tuesdays, March 5 – May 7 (10 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Medium
Member: \$80 / Non-Member: \$120

Without question some of the finest writers today in the English language are from Ireland. This course will look at the work of several of those writers. We will begin with Sebastian Barry, and his most recent novel *Old God's Time*. We will then move on to Donal Ryan's award winning *Strange Flowers*, and then Anne Enright's masterful *The Gathering*. We will end the course with Colm Toibin's *Nora Webster*. For the first class please read *Old God's Time*. (course code nbt19)

Instructor: George Schroepfer

The Movement in the Sixties--Peace, Anti-Imperialism, the Draft, Women's Rights and the Media

In New Brunswick



Tuesdays*, March 5 – April 23 (7 weeks)
10:30 a.m. - 12:30 p.m.

**no class on 4/16*

Class Size: Medium

Member: \$56 / Non-Member: \$84

Starting with Freedom Summer in 1964, we will examine the movements seeded by that event. We will discuss the peace movement including draft resistance. Anti-poverty programs and the women's movement changed the social landscape. The black power movement brought energy and threat. A more radical Martin Luther King, Jr. emerged. Music, mores and religion nurtured change. Many of the issues then are the issues now. Join us for a dynamic discussion about that times and how they still resonate. (course code nbm20)

Instructor: Brooks Smith

Poetry in Spring

Tuesdays, March 5 – April 23 (8 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Small (15 max.)

Member: \$64 / Non-Member: \$96

In this creative poetry workshop we will write poems about what's happening with the world and with ourselves. Each week we'll read published poems by a diversity of poets present and past, leading to lively discussions about meaning, craft, voice, and artistic choices; and then receive a prompt for writing a new poem. Members of the class will have a chance each week to read their work, and to participate in critique in a non-competitive, supportive atmosphere. (course code rm21)

Instructor: Maxine Susman

TUESDAY Early Afternoon

Films About Resiliency

Tuesdays, March 5 – May 7 (10 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Medium
Member: \$80 / Non-Member: \$120

Join us for a film discussion course where you watch the movie on your own and then we come together to discuss themes, actors, performances, directors, etc. It's like a book club for movies! The ten films represent a variety of genres and countries where people are dealing with situations that reflect resiliency. The films will be discussed in the following order: *Seventeen* (2019-Spain), *The Glass Castle* (2017-United States), *The Beguiled* (2017-United States), *Carancho* (2010-Argentina), *Pieces of a Woman* (2020-United States), *The Bombardment* (2020-Denmark), *God's Crooked Lines* (2022-Spain), *The Highwaymen* (2019-United States), *Arrival* (2016-United States), *The Forty-Year Old Version* (2020-United States- not to be confused with The 40 year-old Virgin).

(course code rt22)

Instructors: Roz and Steve Shaw

An Introduction to Finger Picking Guitar

In Freehold



**in person
course**

Tuesdays, March 5 – March 12 (2 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Small
Member: \$20 / Non-Member: \$30

A lot of guitar strummers would like to finger pick, but can't quite get the hang of it, and it can be downright intimidating. This brief class is intended to get you started and then see how you're doing, then you'll be off and running, so make sure you plan on practicing in the week between the two classes. Bring a guitar (any guitar, no amps). You should be able to play at least a few chords prior to attending class. (course code fm23)

Instructor: Charlie Pearlman

Learn to Sculpt

Tuesdays, March 5 – May 7 (10 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Small (15 max.)
Member: \$80 / Non-Member: \$120

This class is designed for you to have fun while exploring your own creativity. Previous experience is not needed. Learn how to sculpt in various materials that for the most part, you have around your home, as you create three dimensional sculptures, both abstract and realistic. You will be surprised at how much talent you have as you plan and develop pieces of art with your own hands. You bring an interest, and I'll do the rest. (course code rt24)

Supplies needed: 6 sheets of white typing paper, scissors, container of Elmer's white glue, 5-pound box of Marblex air dry clay.

Instructor: Jeff Cohen

Masterworks of World Cinema

in New Brunswick



Tuesdays, March 5 – May 7 (10 weeks)
1:00 p.m. - 3:30 p.m.

Class Size: Medium (40 max.)
Member: \$80 / Non-Member: \$120

This course presents ten international films from eight different countries. Each film is seen and discussed in terms of its director, style, form, and unique technical language. The films selected provisionally are: *The Salesman* (Farhadi/Iran-France), *The Rules of the Game* (Renoir/France), *Mephisto* (Szabo/Hungary), *To Be or Not to Be* (Lubitsch/USA), *Through a Glass Darkly* (Bergman/Sweden), *Winter Light* (Bergman/Sweden), *Un Cœur en Hiver* (Sautet/France), *Yojimbo* (Kurosawa/Japan), *L'innocente* (Visconti, Italy), *Grizzly Man* (Herzog/Germany-USA). The final list will be distributed in the first class. (course code nbt25)

Instructor: Keki Dadachanji

Show, Don't Tell: A Writing Workshop

Tuesdays, March 5 – April 2 (5 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Small
Member: \$40 / Non-Member: \$60

If you've shared your creative writing with an editor or teacher, you have probably heard the popular saying: "Show, don't tell!" But what does this often-repeated advice truly mean? And how can writers effectively implement it in their own work? In this workshop, we will delve into the nuances of show, don't tell, exploring its significance and examining various techniques for achieving it. Through a combination of instruction, discussion, and hands-on exercises, participants will gain a deeper understanding of this essential writing principle., develop their ability to identify instances of "telling" in their own writing, learn and practice techniques for transforming "telling" into "showing" and get feedback on their writing in a Zoom meeting with the instructor outside of class. Topics covered will include:

- The difference between telling and showing
- The benefits of showing over telling
- Using sensory details to create vivid imagery
- Employing strong verbs to convey action and emotion
- Crafting effective dialogue
- Showing character through their actions and interactions

Whether you are a novice or a seasoned writer, this workshop will provide you with valuable insights and practical tools for enhancing your craft. *(course code rv26)*

Instructor: Deborah Greenhut



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WEDNESDAY Morning

All Aboard: Yiddish on a Cruise Ship to Israel

Wednesdays, March 6 – May 8 (10 weeks) Class Size: Small
10:30 a.m. - 12:00 p.m. Member: \$80 / Non-Member: \$120

Embark on a journey to Israel by sea in this beginner Yiddish course. Learn Yiddish for tasks such as making reservations, planning excursions, participating in ship activities, navigating through potential challenges like hurricanes, and, of course, enjoying the culinary experiences along the way! (course code rt27)

Instructor: Naomi Miller

Chair Yoga and Relaxation

Wednesdays, March 6 – April 3 (5 weeks) Class Size: Small
11:00 a.m. - 12:00 p.m. Member: \$40 / Non-Member: \$60

This beginner course includes traditional chair yoga exercises synchronized with breathing techniques (pranayam) to target and strengthen various muscle groups and joints in the body and increase flexibility and mobility. Nearly all of our practice will be done seated on the chair with just a few standing next to the chair. The breathing techniques help to relax, release stress and anxiety, which can also help to lower blood pressure, cholesterol and minimize joint pains. Participants should wear loose and comfortable clothing. While practicing, all students should listen to their body. (course code rv28)

Instructor: Pratibha Jani

Colonial and Post-Colonial Literature

Wednesdays, March 6 – May 8 (10 weeks) Class Size: Small

10:30 a.m. - 12:00 p.m.

Member: \$80 / Non-Member: \$120

We will discuss three books in this course, starting with Joseph Conrad's classic novella *Heart Of Darkness* set in the Congo at the turn of the nineteenth century; going on to *Bhowani Junction* by John Masters, a tale of Anglo-Indians in the last days of the British Raj, and end with *Cutting For Stone* by doctor-writer Abraham Verghese, which places its action in Ethiopia and the United States in the mid-twentieth century. Not only do these books have as their background colonialism and its troubling ramifications but contain riveting story lines and compelling characters. Note: colonial and post-colonial literature is the body of work dealing with aspects of colonialism and its consequences which are evident even today. (course code rt29)

Instructor: Vandana Walia

Curtain Up on America

Wednesdays*, March 6 – May 15 (10 weeks) Class Size: Medium

10:30 a.m. - 12:00 p.m.

Member: \$80 / Non-Member: \$120

*no class on 3/13

Through the lens of ten important American plays, this class will explore how theater in the 20th century reflected and revealed American culture. Playwrights included will range from Eugene O'Neill to Neil Simon, but participants in the class do not have to read each play to take part.

(course code rt30)

Instructor: Susan Speidel

Gland Central Station: Understanding Hormonal High Jinks

in Freehold



**in person
course**

Wednesdays, March 6 – April 3 (5 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Medium

Member: \$40 / Non-Member: \$60

Come learn, laugh and be interactive as we delve into the secrets held by tiny glands that influence our growth, transform our bodies during puberty, and play amusing tricks on our metabolism. Discover the surprising connections between alcohol and urgent bathroom trips, and how it might be linked to osteoporosis and male infertility.

Unearth the mysteries behind weight gain – is it really just about calories and willpower? Explore the peculiarities of sleep patterns such as why you feel more tired at 5 PM in winter than summer or have jet lag. Discover the role of hormones in pregnancy-induced breast growth, navigating stress, blood pressure, heart issues and fear. Learn how endocrine changes may result in Type 1 and Type 2 diabetes, kidney stones, heart trouble and more. *(course code fv31)*

Instructor: Barbara Bogner

Introduction to Philosophy I

Wednesdays, March 6 – May 8 (10 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Small

Member: \$80 / Non-Member: \$120

This course will introduce students to the subject of philosophy: what it is, its methods, its value, its major areas of focus and how it can be related to solving problems in everyday life. We'll explore the nature of reality--what is it that exists?--and of knowledge--what can we know? Readings will be provided and will include excerpts from the works of philosophers who have explored these questions, including Bertrand Russell, Socrates, Thomas Hobbes, George Berkeley, Rene Descartes, and David Hume. Unfamiliar language and terminology will be clearly defined and questions are always welcomed. Students are encouraged to engage in discussion. *(course code rt32)*

Instructor: Alison Brown

WEDNESDAY Early Afternoon

American Railroads and Model Railroading

Wednesdays, March 6 – March 27 (4 weeks)

1:00 p.m. - 2:30 p.m.

Class Size: Medium

Member: \$32 / Non-Member: \$48

By the early 1830s steam power was being adapted worldwide to power the industrial revolution. In America small steam engines began pulling passengers and freight for the Baltimore & Ohio railroad crisscrossing an ever expanding collection of states. Just after the end of the Civil War dozens of railroads connected Chicago with Sacramento. By the beginning of the 20th century railroads and their steam behemoths pulled millions of Americans anywhere they needed to travel. By 1900 America's dependence on railroads coincided with the development and expansion of the electrical power. This inspired a few entrepreneurs to create a whole new kind of toy, hobby and a multi-million dollar business that would survive two world wars, a depression, jet airplanes, a race to the moon and a computer generation. This 4 part course covers both the unique parallel history of American railroads and the development of companies like Lionel, Marx, American Flyer, MPC, Atlas and Bachmann and the hobby of model railroading. *(course code rm33)*

Instructor: Bruce Tucker



The Art of Bonsai: Painting Nature in Miniature

Wednesdays, April 10 – May 8 (5 weeks)
1:00 p.m. - 3:00 p.m.

Class Size: Small
Member: \$40 / Non-Member: \$60

We will paint five seasonal bonsai in watercolor: Spring, Summer, Autumn, Winter, and Fruiting. Drawing and painting samples will be provided by the instructor, with particular attention given to the expressive details of each tree and their distinctive pots. The material has been developed so that it is available to students at all levels of ability: no previous art experience is required. (course code rv34)

Class Descriptions:

Class 1: Spring Bonsai: purple and white peony

Class 2: Summer Bonsai: green foliage with majestic trunk

Class 3: Autumn Bonsai: Japanese Maple

Class 4: Winter Bonsai: bare tree with multiple branches

Class 5: Fruiting Bonsai: luscious apples in a gold and red pot

Required materials: 8 color watercolor paint set with mixing tray, 98lb. 9" x 12" mix media pad, student grade #0 and #6 watercolor round brushes

Instructor: Karl Lorenzen

Creating Pastels

Wednesdays, March 6 – May 8 (10 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Small (15 max.)
Member: \$80 / Non-Member: \$120

The best way to learn how to do pastel paintings is...to do them. There will be no long, tired lectures about the intricacies of technique. We will cover the basics, then you will begin creating. That is where the learning truly begins -- by experiencing pastels. Soft pastels combine the qualities of drawing and painting. Explore composition, color, light, shadow and perspective. For beginners as well as experienced pastel artists, we will focus on producing vibrant pastel works. (course code rt35)

Supplies needed: 18 or 24 piece set of soft pastels (chalk, not oil), Canson pad of 98 lb. pastel paper (24 sheets. multi-color), set of pastel pencils (12), small tortillon or blending stick packet (6), kneaded eraser.

Instructor: Jeff Cohen

Drawing Flowers

Wednesdays, March 6 – April 3 (5 weeks) Class Size: Small

1:00 p.m. - 3:00 p.m.

Member: \$40 / Non-Member: \$60

Through drawing the structural components of flowers, students will explore the distinctive qualities and techniques associated with a range of non-toxic drawing media. The material has been developed so that it is available to students at all levels of ability: no previous art experience is required. (course code rv36)

Class Descriptions and Drawing Media:

Class 1: Tulips: chalk pastels

Class 2: Lotus flower: oil pastels

Class 3: Daisies: magic markers

Class 4: Roses: watercolor pencils and watercolor paint brushes

Class 5: Carnations: HB graphite pencils

Required materials: chalk pastels, magic markers, oil pastels, watercolor pencils, watercolor paint brushes, HB graphite pencils, 98lb. 9" x 12" mix media pad.

Instructor: Karl Lorenzen

Hidden Agenda: Nazis in America (1945)

Wednesdays, April 3 – April 24 (4 weeks) Class Size: Medium

1:00 p.m. - 2:30 p.m.

Member: \$32 / Non-Member: \$48

This course examines the now declassified story of how Nazi Germany's secret wartime technology and hundreds of Nazi spies, scientists and engineers were secretly and illegally smuggled out of Europe by representatives of the United States Departments of State, Justice and Defense. These men and their families were given jobs working for the U.S. government with free medical care and full citizenship. Their Nazi backgrounds and crimes were sanitized and made beyond the reach of any potential judgement by the Nuremberg war crimes trials so that they could now help fight a new cold war with the Soviet Union.

(course code rm37)

Instructor: Bruce Tucker

Rod Serling's *The Twilight Zone*

in New Brunswick



Wednesdays, April 10 – May 8 (5 weeks)
1:00 p.m. - 3:00 p.m.

Class Size: Medium

Member: \$40 / Non-Member: \$60

Embark on an extraordinary journey into the mysterious and mind-bending realms of Rod Serling's timeless masterpiece, *The Twilight Zone*. In this immersive course, we won't just be watching 10 iconic episodes, we will talk about the stories behind these episodes using photos, videos, and anecdotes.

These episodes have not been covered in any of Larry's previous classes. (course code nbv38)

Instructor: Larry Stanley

THURSDAY Morning

The Age of Reagan: American History (1969-2008)

in New Brunswick



Thursdays*, March 7 – May 16 (10 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Large

Member: \$40 / Non-Member: \$60

*no class on 5/9

From his support of Barry Goldwater in the 1964 election through his own presidential administration and the careers of his acolytes, Ronald Reagan's oratory and policies animated the conservative movement. In this course we will detail this perspective and examine its influence on American politics and politicians. (course code nbt39)

Instructor: Ed Malberg



This course is also offered online on Tuesday mornings.

Cultivating Creativity

Thursdays, April 11 – May 9 (5 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Small
Member: \$40 / Non-Member: \$60

Creativity is the art of turning imagination into reality by looking at the world in novel ways, to see relationships where none exist. It is a skill that can be developed through experimenting, exploring, questioning, and play. Similar to a sport or hobby, creativity requires practice to flourish. In this multidisciplinary, generative class, you will challenge your brain to think in new ways, stretch your imagination and nurture your creativity. We will engage in a variety of exercises such as crafting twisted fairy tales, collaborating on a song, making a self-portrait, writing a poem, playing improv games, practicing mindfulness, designing a family crest, creating your autobiography cover, etc. Come away with renewed enthusiasm and tools for cultivating your creativity in everyday life. Common household materials will be used (pen, paper, scissors, glue, magazines, etc.). *(course code rv40)*

Instructor: Monica Shah

Julius Caesar and the Death of the Roman Republic

Thursdays, March 7– April 4 (5 weeks)
10:30 a.m. - 11:30 a.m.

Class Size: Medium
Member: \$40 / Non-Member: \$60

The Republic of Rome only lasted 500 years out of Rome's 1500-year history. During those years Rome stood alone in a world of emperors and despots as a people who governed themselves according to the rule of law. But it didn't last. After 500 years Rome became an Empire and the Romans no longer governed themselves. What happened? Was any one individual responsible for the death of the Republic? Some historians point the finger at Julius Caesar, the "most famous Roman of them all". In this class we will look at the evidence and decide if he was guilty or not.

(course code rv41)

Instructor: Barbara Griffin

A Potpourri of Things Irish

in Freehold



Thursdays*, March 7 – April 11 (5 weeks)
10:30 a.m. - 12:00 p.m.

**no class on 3/28*

Class Size: Large

Member: \$40 / Non-Member: \$60

Rather than a sequential approach to Irish History, this course will look at several specific events and/or several specific Irish men and women often overlooked or underemphasized in the usual approach to Irish Studies. Individual class sessions will cover: The Young Irelander Rebellion of 1848 and the legacy of its leaders; The General Election of 1918; The Gaelic Ireland Resurgence: The Irish Civil War; and A Look at Three of Ireland's Presidents, all "firsts" (Hyde, Robinson, McAleese). (course code fv42)

Instructor: Henry McNally

A Reading of Shakespeare's *The Tempest*

Thursdays, March 7– May 9 (10 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Medium

Member: \$80 / Non-Member: \$120

The Tempest is one of Shakespeare's last plays. Written in 1611, five or six years after the period of the great tragedies, it is a play of magical realism whose main character, Prospero, controls the actions of the fairy Ariel, the monstrous Caliban, and the tempest that gives the play its name. It is a story of evil intent followed by pardon, mercy, and forgiveness – the last of Shakespeare's great plays. We will read through the play line-by-line, adding to it our own experiences and responses along the way.

Please have a copy of the play with you at our first meeting. Any edition – Folger, Signet, Arden, etc.– will do, as long as it is Shakespeare's original text (not a "friendly, modern translation," although such a modernization can be very helpful as a supplement to Shakespeare's language) and with the lines numbered for easy reference. No previous experience with Shakespeare is necessary.

(course code rt43)

Instructor: Allen Ascher

Semicentennial Rendezvous: James A. Michener's *Centennial* at 50

Thursdays, March 7– April 25 (8 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Medium
Member: \$64 / Non-Member: \$96

In the 50th anniversary year of the novel's publication, let's celebrate the semicentennial by visiting the characters and locales of James A. Michener's *Centennial*. In 1974, James Michener brought his signature approach to historical fiction to bear on the history of the United States, releasing a novel telling the story of America through the intertwined people and places of an archetypal American town. 50 years later, this course considers not only the American history the novel explores but also the perils and promises of the United States as the nation approached the U.S. Bicentennial in 1976 and our own perspectives on the American nation as we prepare for the nation's 250th anniversary in 2026.

A special interest of this course also connects the history and historical fiction of *Centennial* with corresponding people, places and events in New Jersey history and at New Jersey historic sites.

You do not have to read the book to enjoy this course but I recommend getting any version of Michener's *Centennial*. (course code rm44)

Instructor: Paul Soltis

Two Novels by Thomas Hardy

in New Brunswick



Thursdays*, April 11 – May 16 (5 weeks)
10:30 a.m. - 12:00 p.m.

*no class on 5/9

Class Size: Small
Member: \$40 / Non-Member: \$60

Writing about a small patch of regional England, Thomas Hardy's novels of character environment, and circumstance nonetheless attained a level of pathos, insight, and emotion that have moved readers from all over the world. We will read two of his most dense and satisfying novels, *The Mayor of Casterbridge* and *The Woodlanders*, discussing how they show the relationships between men and women, rich and poor, and the intellectual and the sensual, and how they disclose the importance of our life-choices and ethical paths. (course code nbv45)

Instructor: Nicholas Birns

With a Song in My Heart Part 4

Thursdays, March 7– April 4 (5 weeks)
10:30 a.m. - 12:00 p.m.

Class Size: Large
Member: \$40 / Non-Member: \$60

Explore the songs and times of the great songwriters of stage and screen. Using clips from Broadway, film, and television, we will share their life stories, hits and misses, some gossip (all in good fun) and appreciate their genius. If music be the food of love, let's gorge ourselves. In this session we will explore the work of Jerome Kern, Harold Arlen, and Irving Caesar among others. We promise you will leave our class with a song in your heart and your toes tapping.

(course code rv46)

Instructors: Sam and Candy Caponegro

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THURSDAY Early Afternoon

A.I. and ChatGPT and V.R. Oh My!

in New Brunswick



Thursdays, April 11 – May 2 (4 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Small
Member: \$32 / Non-Member: \$48

We are all experiencing how technology is changing the way we live. Don't miss this overview, explained in plain English, of these new frontiers. We'll define and discuss Artificial Intelligence (A.I.), Generative Language Models such as ChatGPT, and Virtual Reality (V.R.). What are these phenomena and how are they invading all aspects of our lives? The course is a foray into the Good, the Bad and the Ugly of 21st century technology. You'll have an opportunity to work with ChatGPT in class. We'll examine the ethics involved and the impacts of all these new technologies on the economy, government, medicine, education and more. *Students will have access to computers in the classroom but are encouraged to bring their own devices if they prefer.*

(course code nbm47)

Instructor: Gale Tenen Spak

Meet new OLLI-RU instructor **Gale Tenen Spak**



For 26 years, and now emerita, Dr. Spak was Associate Vice President of Continuing and Distance Education at New Jersey Institute of Technology, Newark New Jersey. She focused on providing working learners with professional STEM development programming, digital instruction and established collaborations with academe, industry and government. She presents and writes broadly on these topics. Prior to NJIT, she was Dean of the School of Professional and Continuing Education at New York Institute of Technology, and, during America's first energy crisis, served there as Director of the Center for Energy Policy and Research. Her work was honored by President Jimmy Carter and her "how to" reports were sent to every American governor. Gale earned her PhD and MA degrees in Political Psychology from Yale University, and her BA degree, magna cum laude, Phi Beta Kappa, in Political Science from Brooklyn College of City University of New York.

Ladies of a Certain Age: Older Actresses in the Golden Age of Hollywood and Beyond in New Brunswick



Thursdays, March 7 – April 4 (5 weeks)
1:00 p.m. - 3:30 p.m.

Class Size: Medium
Member: \$40 / Non-Member: \$60

In director George Cukor's pre-code classic *Dinner at Eight* (1933), a powerhouse ensemble cast of Jean Harlow, both John and Lionel Barrymore, and Wallace Beery is led by Marie Dressler and supported by Billie Burke and May Robson. In *Lady for a Day* (1933), May Robson takes center stage in this Frank Capra pre-code version (remade in 1961 starring Bette Davis as Apple Annie). *The Lady Vanishes* (1938) features May Whitty in the title role and was one of Hitchcock's most successful British hits before he came to Hollywood. Josephine Hull won an Oscar for her performance in *Harvey* (1950) and Ruth Gordon transcends stereotypes in the title role of *Harold and Maude* (1971). Class will consist of an introduction to each film, watching the film together, and inclusive discussion of reactions afterwards. (course code nbv48)

Instructor: Anne Singer

The Role of Jazz in Black History, Jazz Giants, and Rising Stars

Thursdays, April 11– May 9 (5 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Small
Member: \$40 / Non-Member: \$60

Explore the profound influence of jazz on Black history, delving into its cultural and social significance. We will also delve into the lives and contributions of Jazz Giants – vocalist Sarah Vaughan, pianist Chick Corea, and saxophonist/composer Wayne Shorter. The course concludes by spotlighting the Rising Stars of jazz who are poised to become the Jazz Giants of tomorrow. In each class, we will immerse ourselves in the world of jazz through video performances of subjects covered. (course code rv49)

Instructor: Sanford Josephson

Scientific Deceptions: Unraveling Pseudoscience and Misdirections

Thursdays, April 11– May 2 (4 weeks)
1:00 p.m. - 2:30 p.m.

Class Size: Medium
Member: \$32 / Non-Member: \$48

Embark on a captivating journey through the annals of scientific history in this thought-provoking course that unveils the fascinating narratives behind some of the most audacious and misleading scientific theories and endeavors. From the tumultuous era of Trofim Lysenko's fanciful genetic theories, defying established norms, to the paradoxical saga of polymeric water's discovery and un-discovery in the 1960s with the elusive Ice Nine. We'll discuss Theranos, a company that promised revolutionary breakthroughs from a mere drop of blood, only to unravel as a colossal deception in 2015 and then spotlight more recent tales of scientific misdirection. Uncover the nuances of deceptive practices and ethical lapses that have shaped, for better or worse, scientific discourse. *(course code rm50)*

Instructor: Richard Barrett

Meet new OLLI-RU instructor **Richard Barrett**



Dr. Barrett has a Ph.D. in Physical Chemistry. He taught college, and also practiced Research, and Development bench chemistry and laboratory management.

THURSDAY Late Afternoon

Epictetus on *The Art of Living*

Thursdays, March 7– May 9 (10 weeks)
3:00 p.m. - 4:30 p.m.

Class Size: Medium
Member: \$80 / Non-Member: \$120

Saint Augustine called Epictetus the most noble of Stoics. Epictetus believed that the primary job of philosophy is to help ordinary people meet the everyday challenges of life, and to deal with life's inevitable major losses, disappointments and grief. He would have had little patience for verbal pirouettes that sometimes pass for philosophy in today's universities. A book of philosophy that cannot be practiced in daily living is of little value. This little book, *The Art of Living*, when practiced in daily life, has the power to transform a person. We will read from and discuss the translation by Sharon Lebell. (course code rt51)

Instructor: Keki Dadachanji

FRIDAY Morning

Unforgettable Teachers in Film

Fridays*, March 8– May 3 (8 weeks)
10:00 a.m. - 12:00 p.m.
**no class on 4/19*

Class Size: Medium
Member: \$64 / Non-Member: \$96

Many of us were lucky enough to have had memorable teachers in our lives, either in or out of a traditional classroom setting. They continue to influence our lives many years later. Join us as we examine how these directors use camera work, lighting, editing, sound and other cinematic techniques to introduce us to the unforgettable teachers in the following tentatively scheduled films: 3/15 - *A Brilliant Young Mind*; 3/22 - *Dead Poets Society*; 3/29 – *Detachment*; 4/5 - *Finding Forrester*; 4/12 - *Goodbye, Mr. Chips*; 4/26 - *Mr. Holland's Opus*; 5/3 - *Stand and Deliver*; 5/10 - *The Teacher*. You will view each film before our online class discussion date, following along with its assigned reading in your course curriculum. Consult JustWatch.com for available platform sources. Popular sites include Amazon Prime Video and YouTube, among others. (course code rm52)

Instructor: Sally Bauer Cohen

What Gets You Out of Bed in the Morning?

Fridays, April 12– May 10 (5 weeks)
10:30 a.m. - 11:30 a.m.

Class Size: Large
Member: \$40 / Non-Member: \$60

Having a "reason to get up in the morning" is a powerful indicator of life satisfaction and a boost to longevity. Whether you might call "ikigai," "purpose," "mission," "vision," or "helping others," it is an especially important part of life, especially our "second half." The years after age 50 are often a time of life changes, many of them coming about without your choice or control. As parts of life slow down and change, it creates the perfect opportunity to re-examine one's sense of meaning and purpose, and create fresh vision for the road that lies ahead - and what gets us up and going every morning! All participants will be sent a PDF version of *Renewal, Revision, & Reinvention After 50*, Noreen Braman's class handbook. (course code rv53)

Instructor: Noreen Braman

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INSTRUCTOR BIOS

Allen Ascher (pg. 33) has a doctorate in English from the CUNY Graduate Center. He taught English in middle school and high school and was an adjunct professor of English at Brookdale Community College.

Richard Barrett (pg. 38) has a Ph.D. in Physical Chemistry. His career included college teaching, R&D bench chemistry and Laboratory Management. He has presented lectures at the residential adult learning program at Seabrook Village in Tinton Falls, NJ.

Sally Bauer Cohen (pg. 39) has earned Master's degrees in Media Studies from NYU, and in Library Science from Rutgers University. She enjoyed a career as a teacher of English/Film Studies and a library media specialist in NYC high schools. Sally has devoted thirteen happy years to enhancing her OLLI RU students' cinema literacy.

Nicholas Birns (pg. 34) teaches at NYU and is the author of many books and articles of literary and cultural criticism.

Barbara Bogner (pg. 27) is a retired associate professor of biology. She taught human anatomy and physiology full time at Middlesex County College for 24 years. She has degrees from SUNY Stony Brook and Villanova University. She has enjoyed teaching courses for OLLI-RU for the past seven years.

Anne Bosch (pg. 15) has been an instructor in French at OLLI-RU for several years. She is a retired teacher from Rutgers Prep School.

Maureen Brady (pg. 14) holds an MA in Irish and Irish American Studies from New York University's Graduate School of Arts and Sciences, inclusive of coursework and research at Trinity College Dublin. Her courses cover topics in Irish history, literature and culture. She is honored to be the 2021 winner of OLLI-RU's Marlene M. Pomper Distinguished Teacher Award.

Patricia Brady (pg. 11) is a retired psychologist and longtime passionate genealogist. In addition to working on her own family histories she enjoys helping others gain the knowledge and skills to search out their family stories.

Noreen Braman, (pgs. 11, 40) a member of the Association for Applied and Therapeutic Humor (AATH), is certified in laughter yoga and laughter wellness. She enjoys teaching about the importance of sharing laughter for the health of it.

Alison Brown (pg. 27) taught philosophy at Union County College for 25 years before retiring in 2017. She loves both teaching and philosophy and is interested in making philosophy's value, methods, and areas of focus accessible and translatable to our everyday lives.

Sam and Candy Caponegro (pg. 35) have worked in all aspects of theater for over 40 years. They hope to keep the Classic Movie Musical and the Golden Age of Broadway alive through their lectures.

Jeff Cohen (pgs. 15, 16, 19, 23, 29) is an award-winning professional painter and sculptor, having earned a BA in Art at Upsala College and completed graduate work at New York University. He is as a commissioner at the Barron Arts Center in Woodbridge, NJ.

Keki Dadachanji (pgs. 23, 39) has a Doctorate in Operations research from Case Western Reserve University. After working in management in the corporate world for 30 years, he became a part-time lecturer at Rutgers University and taught mathematics and computer science at Parsippany High School. Dr. Dadachanji's interests span religion, philosophy, yoga, literature, mathematics, and international cinema. He has taught various courses on these subjects at Rutgers University and OLLI-RU.

Carla Graifer, (pgs. 12, 13) Certified Cheese Professional (CCP) is a specialist and educator on all things cheese. With a great passion for the product and the support of her then employer, Whole Foods, she achieved CCP status in 2013 through the American Cheese Society. Carla previously completed a 4-year program in illustration and fine arts at the School of Visual Arts in NYC. She is currently a member and exhibitor with the Art Alliance of Monmouth County and the Garden State Watercolor Society.

Deborah Greenhut (pg. 24) is an award-winning author of a novel, plays, and poetry. A Rutgers GSNB Alumna, Dr. Greenhut, also directed the Douglass/Cook Writing Center. Following her time as an assistant professor of literacy education at NJCU, she served as Associate Dean for Humanities and Social Sciences at Hudson County Community College. Her first adult fiction novel, *The Hoarder's Wife*, debuted from Woodhall Press in April 2022 and is an Amazon bestseller in 2023. Deborah will publish her next book, *The Rational Caregiver* in January 2024.

Barbara Griffin (pg. 32) is a retired educator with many years of experience teaching both Latin and History on the secondary and college level. She holds degrees from the College of St. Elizabeth, Fairleigh Dickinson University and Rutgers University.

Pratibha Jani (pg. 25) received yoga certification from Mumbai and is an E- RYT and a certified Yoga therapist. Pratibha has taught at the County College of Morris and the Piscataway Senior Center and presently teaches online. A NJ resident for over 35 years, Pratibha has a BS in Ancient Indian History and Culture from Bombay University, India.

Sanford Josephson (pg. 37) is editor of *Jersey Jazz Magazine*, published by the New Jersey Jazz Society. He is the author of *Jeru's Journey: The Life and Music of Gerry Mulligan* and *Jazz Notes: Interviews Across the Generations*.

Karl Lorenzen (pgs. 29, 30) is a professional and community artist based in Queens, NY who partners with non-profits in presenting art workshops for diverse communities in New York City. His artwork has been exhibited and published at numerous venues and in journals including The San Francisco Botanical Garden, Tokyo Metropolitan Art Museum, the United Nations Headquarters in NYC, *The American Medical Association Journal of Ethics*, *The Harvard Advocate* (Harvard University) and *The Columbia Journal* (Columbia University).

Maurice Mahler (pg. 19) is an artist and historian who lectures throughout New Jersey and New York. He is a commissioner of the Cultural Arts Commission of Monroe Township and teaches art history and lectures at many senior facilities in NJ. He has also taught at Brookdale Community College and the School of Visual Arts in New York City.

Ed Malberg, (pgs. 18, 31) a veteran and well-regarded instructor at OLLI-RU, is an adjunct professor at Raritan Valley Community College. A Rutgers graduate, he also holds a master's degree from the University of Kentucky and completed doctoral studies in American history at Northwestern University.

Henry McNally (pg. 33) is a semi-retired educator with experience at the secondary and college level. He is a first generation Irish-American who has lived in Ireland and visits frequently. He has been teaching Irish and Irish American History for more than 25 years.

Naomi Miller (pg. 25) is a professional singer/actress whose first language is Yiddish. She has performed several roles with the National Yiddish Theatre Folksbiene. Naomi was also invited to perform for Yitzhak Shamir, then the prime minister of Israel, when he arrived in the United States. She is a retired speech pathologist with a specialty in developing language skills. Naomi is passionate about keeping the Yiddish language alive.

Charlie Pearlman (pg. 22) plays old time fiddle and primarily guitar (delta blues, old-time, bluegrass, and acoustic classic rock). He plays in a few bands (e.g. Squirrel-Stew.com) and plays solo gigs. Charlie also has a Ph.D. in Educational Psychology, has written academic articles on creativity and motivation, and has written several songs and children's stories. He also facilitates discussion groups on the relevance of ancient philosophies (the Tao and the Dhammapada) to modern life.

Louis Ruprecht (pg. 14) has been practicing law for 60 years and is presently the senior partner of a trial firm in Westfield, NJ. Over a career that has included many hundreds of jury trials he has tried all types of civil and criminal cases including numerous cases for murder, kidnapping, and sexual offences to white collar and business crimes. He has taught law school classes for many years as well as frequently lecturing at continuing legal education programs. He has appeared in every level of state and federal appellate court including the United States Supreme Court.

George Schroepfer (pg. 20) is an Assistant Teaching Professor in the Writing Program at Rutgers. He has taught for many years in OLLI-RU and looks forward again to a great semester with the students.

Monica Shah (pgs. 12, 32) is a professional educator who holds a BS from Penn State, and an EdM from Harvard University focused on adult development. The author of multiple essays, poems and several books, her background also includes the performing arts. With extensive experience in teaching a variety of subjects, the common thread that runs through her diverse experiences and interests is an intrinsic spirit for exploration and discovery and the expertise to support others in their own learning journeys.

Roz & Steve Shaw (pg. 22) have been teaching film classes at OLLI-RU since 2003. They take pride in finding movies off the beaten path and have never repeated a movie in more than 20 years! They love engaging in interesting discussions with their students.

Anne Singer (pg. 36) graduated with honors with a BA from Harvard and an MFA from Columbia in screenwriting. She has taught courses on Fellini, film comedy, Hitchcock, black and white film classics and Cary Grant.

Brooks Smith (pg. 21) is a retired Presbyterian pastor and community organizer. He served in Mississippi Freedom Summer and many of the follow on movements including anti-poverty programs, the peace movement and the struggle against the draft. Currently, Brooks works with the immigrant community and in international development especially in Central America.

Paul Soltis (pg. 34) is the N.J. Department of Environmental Protection's historian for Wallace House & Old Dutch Parsonage State Historic Sites and contributes to Revolution NJ, New Jersey's official observance of the 250th anniversaries of New Jersey's first Constitution in 2026 and the American Revolution in New Jersey in 2025 – 2033. Paul studied at William & Mary, Colonial Williamsburg and Aberdeen and researches and shares the connections and conservation of New Jersey's State Parks, Forests & Historic Sites and historic and natural resources.

Susan Speidel (pg. 26) has directed over 70 professional, community, college, and high school productions and her performing credits span off-Broadway, regional theatre, cabaret, and concerts with the Key West Pops, the Portland and Seattle Symphonies, and the Orchestra of St. Peter's by the Sea. She served as the first Director of Education for Paper Mill Playhouse and currently teaches at Kean University and the Mason Gross School of the Arts at Rutgers. She received her doctorate from Drew University and also studied at the Globe Theater in London. Susan received the Governor's Award for Theatre Education, the NJ Theatre Alliance Applause Award, two Broadway World/NJ awards, and was inducted into the NJACT Hall of Fame.

Larry Stanley (pg. 31) was a TV director for more than 30 years and received his BA in Broadcasting from San Francisco State University. He is a member of the Directors Guild of America and he roasts his own coffee.

Maxine Susman (pg. 21) has a Ph.D. in English Literature from Cornell University. She taught writing and literature at Rutgers, serving as Associate Director of the Writing Program, and retired as Professor of English from Caldwell University. She has written seven books of poetry, publishes in dozens of journals, and gives community readings and workshops. This is her tenth year of enjoying teaching at OLLI-RU.

Gale Tenen Spak (pg. 36) was Associate Vice President of Continuing and Distance Education at New Jersey Institute of Technology (NJIT) for 26 years and now emerita. She focused on providing working learners with professional STEM development programming, digital instruction and established collaborations with academe, industry and government. She presents and writes broadly on these topics. Prior to NJIT, she was Dean of the School of Professional and Continuing Education at New York Institute of Technology, and, during America's first energy crisis, served there as Director of the Center for Energy Policy and Research. Her work was honored by President Jimmy Carter and her "how to" reports were sent to every American governor. Gale earned her PhD and MA degrees in Political Psychology from Yale University, and her BA degree, magna cum laude, Phi Beta Kappa, in Political Science from Brooklyn College of City University of New York.

Bruce Tucker (pgs. 19, 20, 28, 30) holds a BA in political science and history and an MS degree in information technology and project management from Stevens Institute of Technology. Bruce has been an OLLI-RU faculty member since 2009.

Vandana Walia (pg. 26) has a master's degree in English Literature, 30 years of teaching experience, and has been conducting classes at OLLI-RU for the last 10 years.

Hugo Walter (pg. 17) has a B.A. from Princeton University, an M.A. from Old Dominion University, and a Ph.D. from Drew University. He has taught at Drew University, Fairleigh Dickinson University, and Rutgers University. Dr. Walter has published several books on European literature.

Maryann Zolota (pg. 18) has a BA and MA in Art History. She has lectured on cruise ships and has been with OLLI-RU since September 2009.