FALL 2023
OSHER LIFELONG LEARNING INSTITUTE

IN PERSON & ONLINE COURSES

Stay Curious.

OLLI | RUTGERS
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## OLLI-RU Staff

- **Shino John**  
  Associate Vice President for Strategic Growth

- **Megan Novak**  
  Director

- **Rajini Kurian**  
  Program Coordinator / Site Coordinator – New Brunswick

- **Kristen Michaels**  
  Program Coordinator / Site Coordinator – Freehold

- **John Michaels**  
  Assistant to Coordinator – Freehold

- **Amy Scheiner**  
  Office Assistant

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## OLLI-RU Advisory Council

- **Jane Adas (Vice Chair)**  
  Barbara Pargot

- **Sandy Bergelson (Chair)**  
  Larry Pargot

- **Loretta Dumas**  
  Joan Poole

- **Keki Dadachanji (Secretary)**  
  Bob Siroty

- **George Lesch**  
  Judy Wahrenberger

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Fall 2023

olliru@docs.rutgers.edu  
848-932-6554
OLLI-RU Experience

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is proud to be part of The Bernard Osher Foundation’s nationwide network of outstanding centers providing continuing education to individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP

To ensure we can continue to serve our community, like many sister OLLI’s across the nation we have a separate annual membership cost of $50. Once a year (starting before our spring session) our community will renew their membership so they may take courses at the member rate and enjoy other benefits. Should an individual opt-out of membership, we welcome your participation and we have an alternate course fee structure to accommodate non-members.

- **2023 membership** started with spring session registration and includes summer 2023, fall 2023 and winter 2024. You can renew or sign-up for a new membership at any point during the year. See the Membership page of the catalog for more details.

ONLINE CLASS EXPERIENCE

Online classes are on Zoom.

**Zoom links** are emailed to registered students approximately 3 to 5 days before the first class. Please make sure to check for the link at least 24 hours before your class. If it's not in your inbox, make sure to check your junk or spam file. If not there, email olliregistrations@docs.rutgers.edu.

**Things still happen:** At times technology can fail one or all of us. We do our best to help when we can but some things are beyond our control. The ability to connect to the class and the quality of the connection depends on many factors and we will not be able to troubleshoot or solve every issue. OLLI-RU has no control over issues with a student’s technology that may prevent them from logging in to a class.

IN-PERSON CLASS EXPERIENCE

We are pleased to continue holding in-person courses in New Brunswick and Freehold. Masks are not currently required in University classrooms. Students and instructors are both welcome to wear one if they so choose.
Dear Friends,

Happy Anniversary! This fall session we celebrate 30 years of learning, community, and friendship as our program began in the fall of 1993.

Our program has evolved tremendously throughout the years. Originally the Rutgers Academy for Lifelong Learning, or RU-ALL, our first session had 4 courses and approximately 30 learners. It is hard to fathom the growth and change that has occurred over the past 30 years. To put our enrollment to numbers, we’re 50 times larger than we were in 1993! Unbelievable.

This growth and vibrancy as a community would not be possible without you, our learners and instructors. Intrepid, coming to class in the most unforgiving of weather, doing whatever it takes to ensure class is held, going above and beyond without hesitation and always with alacrity-- embracing the intrinsic joy of learning-- all what makes us, us. And it always has. There has always been a special something in our "sauce," a little bit of magic in the connections made, in the "a-ha!" moments had in the classrooms.

Educational reformer and American philosopher John Dewey wrote that, "Education is a social process...Education is growth...Education is not a preparation for life. It is life itself." For lifelong learners, I firmly believe that learning is indeed life giving and life affirming. The data backs this up. Loneliness is associated with a greater risk of mortality and obesity. Increased cognitive function decreases the decline of cognitive function and decreases the risk of mild cognitive impairment. A George Washington University medical study found that lifelong learners are less likely to need to visit their doctor or take medications. All of this is to say, we do good work here at OLLI-RU! Not only are we offering stimulating courses and community, but there are also very real health benefits to engaging one’s mind throughout life.

As we celebrate 30 years of exceptional programming, it is also a time of reflection. What will the next 30 years look like? We’ve weathered a pandemic together, which has changed all of us—including our program—forever. Zoom is here to stay; remote learning has been fully embraced by lifelong learners everywhere, and it has revolutionized the ways we deliver content. Older adults are the fastest growing population, and we know that by 2035 there will be more older adults than children-- a first in our history. How will we rise to meet the challenge of a growing population of learners? How will you embrace this new era? In what ways can we all support OLLI-RU now, and in the future?

These questions, and more, will be discussed throughout our anniversary year through talks, social gatherings, and special events. An anniversary like this is deserving of a year-long celebration! Our 30th Anniversary Committee, comprised of members of our Advisory Council, is hard at work planning festivities for the coming year.

It is truly a privilege and honor to guide this remarkable program. I delight in the stories you share with me, and love all of the ways we enrich each other’s lives. For some, this might simply be a job. For me, this is a calling, and I am most grateful to walk side-by-side with you on this journey.

Here’s to another 30 years of health, happiness, and the joy of learning!

Warmly,

Megan

Megan Novak
Director
The Osher Lifelong Learning Institute at Rutgers University
MEMBERSHIP

When: OLLI-RU membership runs from Spring session to Winter session.

- Pay it once a year to enjoy the benefits all year.
- Renew or sign-up for a new membership before registering for fall classes to ensure you continue to get the member rate.
- Memberships can be purchased at any point of the year but it will not be pro-rated.

Renew or sign up for your 2023 membership now!

What: The once-a-year $50 membership fee provides the following:

- **Register for courses at the member rate.** Non-members can still take courses but it’s at an increased rate.
- **Longer withdrawal periods to receive a full refund.** Members can get a full refund if they notify OLLI-RU before the start of the fourth class meeting. Non-members only have until before the start of the second class.
- **Members can get refunds for one-day programs** if notifying OLLI-RU staff in writing before the program takes place. Non-members are not provided refunds for one-day programs.
- **Priority registration and pricing for our highly subscribed day trips (when they resume) as well as for certain events and programming.**
- **Special events and programming for members only.**

How: Go to our website olliru.rutgers.edu

- On our website, (olliru.rutgers.edu) click on “Register”
- You will see “OLLI-RU 2023 Membership” as a course listing. Proceed to register for your membership just as you would sign up for a course.

Secure membership before registering for courses in order to receive the membership rate.
How to Register Online

1. Go to OLLI-RU website- olliru.rutgers.edu and click the “Register” tab. Scroll down to see course listings.

2. Click “Register” next to the chosen class

3. Scroll to the bottom right of that page and click “Register/Sign-in Now”

4. Follow directions through the rest of the process

5. **Receive two confirmation emails**- one for registration and one for payment. Confirmation emails are sent automatically by the system immediately upon successful registration. **If you do not receive both emails, check your spam or junk folder.** If they are not there, please contact us at olliregistrations@docs.rutgers.edu or call 848-932-6554.

We have step-by-step directions available. Email olliregistrations@docs.rutgers.edu for a copy.

**NO PAPER REGISTRATION:**
We are unable to accept paper registration but if you are not able to register online please contact us and we will help. Call 848-932-6554 or email olliregistrations@docs.rutgers.edu. DO NOT MAIL ANYTHING to the OLLI-RU office.

**Zoom links**

**Links are emailed approximately 3 to 5 days before the class starts.** If you don’t see it in your inbox, check your spam or junk folder. If not there, email olliregistrations@docs.rutgers.edu.

**Check for link at least 1 day before your class.** If you wait until a few minutes before class starts we may not be able to respond to you right away. Email olliregistrations@docs.rutgers.edu if you don’t have the link.
POLICIES

REFUND POLICY

Members

- **Multi-week courses (5 weeks and above):** A full refund for multi-week courses will be provided if we receive the request in writing **before the start of the fourth class.** **Courses that are 2-4 weeks,** refunds are available if OLLI-RU is notified **before the start of the second class.** Refunds will be issued in the original form of payment and only to the individual who paid for the class.

- **One-day programs:** Refunds will be issued for one-day programs if OLLI-RU is notified in writing **before the program takes place.**

Non-Members

- **Multi-week courses:** A full refund for multi-week courses will be provided if we receive the request in writing **before the start of the second class.** Refunds will be issued in the original form of payment and only to the individual who paid for the class.

- **One-day programs:** no refunds for one-day programs.

To request a refund or transfer (transfers permitted for any student at any time upon confirmation from OLLI-RU) email ollirurefunds@docs.rutgers.edu.

HOLIDAYS

OLLI-RU is a secular organization that is part of a public university. As such, we follow the University schedule and do not close for any religious holiday. If you plan to miss a class due to observing a religious holiday, please contact our office well in advance and we will gladly work with you and the instructor to ensure you stay abreast of important content. Email olliregistrations@docs.rutgers.edu with your request.

RECORDINGS

OLLI-RU does not record online classes on a regular basis but students may ask their instructor if they need a specific class recorded for any reason. Please be aware, instructors may decline to record. The course material presented is an instructor’s intellectual property that they have developed over many hours. Some may want to protect that material by not allowing a recording of their course to be disseminated. Please respect an instructor’s decision.

MISSED CLASSES

Individual classes that are canceled for any reason by OLLI-RU or the instructor will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting.

CANCELED COURSES

Students registered for a course that gets canceled due to low enrollment will be notified approximately one week before the class is scheduled to start. You have the opportunity to transfer to an alternate open class or receive a refund. The minimum number of students required to run a class is carefully calculated based on the cost of running the class. If a course does not meet the minimum enrollment, we, unfortunately, have to cancel it to avoid operating at a financial loss.
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## New Brunswick

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| The American Immigrant Experience in Literature  
*George Schroepfer*  
10:30am – 12pm  
9/5-11/7 | Art and Medicine, A History  
*Dr. Marc Malberg*  
10:30am-12pm  
9/6-11/8 | Freedom Summer of 1964 & Its Impact on Social Issues  
*Brooks Smith*  
10:30am-12pm  
9/7-11/9  
No Class 10/12 & 10/19 | Take a Laughter Break  
*Noreen Braman*  
10:30-11:30am  
September 8 |

| From Fair Deal Through the Great Society  
*Ed Malberg*  
10:30am – 12pm  
9/5-11/7 | Dateline: Criminal Cases from Middlesex County  
*Barnett Hoffman*  
10:30am-12pm  
10/11-11/8 | Short Novels by Cather & Faulkner  
*Nicholas Bims*  
10:30am-12:30pm  
9/7-9/28 | |

| A Glimpse Inside the NJ Courts  
*Christine Petruzzell*  
1-2 pm  
9/5-10/10 | Patents & Trade Secrets: Lessons from History  
*Alan Schilowitz*  
1-2pm  
9/13-10/11 | Drawing Human Figures with Energy and Motion  
*Margaretta Greeley*  
1-2:30 pm  
9/7/10-5 | To Ireland and Back in Sight and Sound  
*Henry McNally*  
1-3pm  
October 20 |

| Masterworks of World Cinema  
*Keki Dadachanji*  
1-3:30 pm  
9/5-11/7 | Perfection in Black and White  
*Anne Singer*  
1-3:30 pm  
9/6-10/4 | Ten Years in the Life of the Incomparable Cary Grant  
*Anne Singer*  
1-3:30 pm  
9/7-9/15  
No Class 10/12 | |

| Rod Serling’s Twilight Zone  
*Larry Stanley*  
1-3pm  
10/18-11/15 | Create Your Own Claude Monet-Inspired Masterpiece  
*Carla Graifer*  
3- 4:30pm  
September 14 | |

| Women’s Memoirs in Poetic Form  
*Deborah Greenhut*  
1-2:30 pm  
10/11-11/8 | | | |

## Freehold

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*Barbara Bogner*  
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10/10-11/7 | | The Irish Potato Famine: A Multi-Media Approach  
*Henry McNally*  
10:30am–12pm  
10/12-11/9 | Take a Laughter Break  
*Noreen Braman*  
10:30-11:30am  
September 29 |

| Thinking Anew about the Great Depression  
*Robert Greenfield*  
1– 2:30pm  
9/8-11/17  
No Class 9/15 | | | |
# Fall Session - First half (Sept. 5 - Oct. 6)

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<td><strong>The Art of Ikigai: Japanese Secret to a Happier Life</strong>&lt;br&gt;Monica Shah&lt;br&gt;10:30am-12pm&lt;br&gt;9/11-10/9</td>
<td><strong>American Intervention in the 20th Century</strong>&lt;br&gt;Bruce Tucker&lt;br&gt;10:30am-12pm&lt;br&gt;9/5-10/3</td>
<td><strong>Chair Yoga &amp; Relaxation</strong>&lt;br&gt;Pratibha Jani&lt;br&gt;11am-12pm&lt;br&gt;9/6-9/27</td>
<td><strong>Age as Muse – Writing Inspired by Myths &amp; Legends of the Elders</strong>&lt;br&gt;Shelley Benaroya&lt;br&gt;10am-12pm&lt;br&gt;9/7-10/12</td>
<td><strong>An American Classic: Washington Irving’s The Sketch Book</strong>&lt;br&gt;Hugo Walter&lt;br&gt;10:30 – 11:30am&lt;br&gt;9/8-10/6</td>
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<td><strong>Creating the Collage</strong>&lt;br&gt;Jeff Cohen&lt;br&gt;10:30am-12pm&lt;br&gt;9/11-11/13</td>
<td><strong>Drawing Workshop</strong>&lt;br&gt;Jeff Cohen&lt;br&gt;10:30am-12pm&lt;br&gt;9/5-10/3</td>
<td><strong>Contemporary Moral Issues II</strong>&lt;br&gt;Alison Brown&lt;br&gt;10:30am - 12:00pm&lt;br&gt;9/6-11/8</td>
<td><strong>Alexander Hamilton, a New Yorker in New Jersey</strong>&lt;br&gt;Paul Soltis&lt;br&gt;10:30 am- 12pm&lt;br&gt;9/14-10/19</td>
<td><strong>Eye on the Prize: Musicals that Won the Pulitzer</strong>&lt;br&gt;Susan Speidell&lt;br&gt;10:30 am–12pm&lt;br&gt;9/8-11/17&lt;br&gt;No Class 9/22</td>
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<td><strong>The US Supreme Court &amp; Contemporary Issues</strong>&lt;br&gt;Louis Ruprecht&lt;br&gt;10:30 am – 12 pm&lt;br&gt;9/11-11/13</td>
<td><strong>Let’s Continue to Discuss</strong>&lt;br&gt;Jeffrey Davis&lt;br&gt;10:30am-12pm&lt;br&gt;9/5-10/3</td>
<td><strong>David Copperfield and Demon Copperhead</strong>&lt;br&gt;Vandana Walia&lt;br&gt;10:30am-12pm&lt;br&gt;9/6-11/8</td>
<td><strong>Around the World with American Musicals</strong>&lt;br&gt;Sam &amp; Candy Caponegro&lt;br&gt;10:30am–12pm&lt;br&gt;9/7-10/5</td>
<td><strong>Film Noir: Beyond the Femme Fatale</strong>&lt;br&gt;Sally Bauer Cohen&lt;br&gt;10:00 am–12pm&lt;br&gt;10/6-11/3</td>
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<td><strong>Painting Studio</strong>&lt;br&gt;Jeff Cohen&lt;br&gt;1:2:30pm&lt;br&gt;9/11-11/13</td>
<td><strong>Poetry Workshop</strong>&lt;br&gt;Maxine Susman&lt;br&gt;10:30am-12pm&lt;br&gt;9/12-10/31</td>
<td><strong>Great Conspiracies</strong>&lt;br&gt;Charlie Smith&lt;br&gt;10:30am-11:30am&lt;br&gt;9/6-10/25</td>
<td><strong>A Reading of Shakespeare’s King Lear</strong>&lt;br&gt;Allen Ascher&lt;br&gt;10:30 am-12pm&lt;br&gt;9/7-11/9</td>
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<td><strong>Great Film Composers of Hollywood</strong>&lt;br&gt;Kevin Fahey&lt;br&gt;3-4:30pm&lt;br&gt;9/11-11/13</td>
<td><strong>Young Adult Historical Fiction: The Novels of Ruta Sepetys</strong>&lt;br&gt;Howard Schecter&lt;br&gt;10:30am-12pm&lt;br&gt;9/5-10/3&lt;br&gt;Class dates are: 9/12, 9/26, 10/10, 10/24, 11/7&lt;br&gt;*class meets every other wk</td>
<td><strong>The History of American Poetry</strong>&lt;br&gt;John Marron&lt;br&gt;1:2:30pm&lt;br&gt;9/6-11/8</td>
<td><strong>Acrylics Basics</strong>&lt;br&gt;Franne Demetrician&lt;br&gt;1-2:30pm&lt;br&gt;9/7-10/5</td>
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<td><strong>Learn to Sculpt</strong>&lt;br&gt;Jeff Cohen&lt;br&gt;1:2:30pm&lt;br&gt;9/5-11/7</td>
<td><strong>The History of Mexico 1821-2023</strong>&lt;br&gt;Bruce Tucker&lt;br&gt;1:2:30pm&lt;br&gt;9/6-10/4</td>
<td><strong>From Fair Deal Through the Great Society</strong>&lt;br&gt;Ed Malberg&lt;br&gt;1–2:30pm&lt;br&gt;9/7-11/9</td>
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<td><strong>Movies About Conflict</strong>&lt;br&gt;Roz and Steve Shaw&lt;br&gt;1:2:30pm&lt;br&gt;9/5-11/7</td>
<td><strong>Int’l Style Continues: Painting Women from Around the World</strong>&lt;br&gt;Karl Lorenzen&lt;br&gt;1-3 pm; 9/6-10/4</td>
<td><strong>Researching Your Family History</strong>&lt;br&gt;Patricia Brady&lt;br&gt;1pm-2:30pm&lt;br&gt;9/7-10/26</td>
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<td><strong>Pastel Workshop</strong>&lt;br&gt;Jeff Cohen&lt;br&gt;1-2:30 pm&lt;br&gt;9/6-11/8</td>
<td><strong>Dostoevsky and The Brothers Karamazov</strong>&lt;br&gt;Keki Dadachanji&lt;br&gt;3-4:30pm&lt;br&gt;9/7-11/9</td>
<td><strong>Get Stuff in the Right Place (Intro to Composition)</strong>&lt;br&gt;Valerie Snyder&lt;br&gt;3:30 - 5pm&lt;br&gt;September 20</td>
<td><strong>How to Choose and Use Color</strong>&lt;br&gt;Valerie Snyder&lt;br&gt;3:30-5 pm&lt;br&gt;September 21</td>
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= 1-day classes
### Fall Session - Second half (Oct. 9 - Nov. 17)

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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</table>
| Creating the Collage  
Jeff Cohen  
10:30am-12pm  
9/11-11/13 | Drawing Workshop  
Jeff Cohen  
10:30am-12pm  
9/5-11/7 | Contemporary Moral Issues II  
Alison Brown  
10:30am - 12pm  
9/6-11/8 | Age as Muse – Writing Inspired by Myths & Legends of the Elders  
Shelley Benaroya  
10am- 12pm  
9/7-10/12 | Eye on the Prize: Musicals that Won the Pulitzer  
Susan Speidel  
10:30 am – 12pm  
9/8-11/17  
No Class 9/22 |
| **NEW** Decoding Dreams: the Gateway to Problem Solving  
Layne Dalfen  
1-3pm  
10/16-10/23 | **NEW** History of Petroleum  
Bruce Tucker  
10:30am-12pm  
10/10-11/7 | **NEW** Everything You Want to Know about Real Estate  
Howard Weber  
10:30 am- 12pm  
10/11-11/8 | **NEW** Finding the Funny – And Saving It  
Noreen Braman  
10:30- 11:30am  
10/13-11/10 | **NEW** |
| The US Supreme Court & Contemporary Issues  
Louis Ruprecht  
10:30 am – 12 pm  
9/11-11/13 | Poetry Workshop  
Maxine Susman  
10:30am-12pm  
9/12-10/31 | **NEW** A Reading of Shakespeare’s King Lear  
Allen Ascher  
10:30 am- 12pm  
9/7-11/9 | **NEW** |
| Painting Studio  
Jeff Cohen  
1:30pm  
9/11-11/13 | Young Adult Historical Fiction: The Novels of Ruta Sepetys  
Howard Schechter  
10:30am-12pm  
Class dates are: 9/12, 9/26, 10/10, 10/24, 11/7  
*class meets every other wk | From Fair Deal Through the Great Society  
Ed Malberg  
1-2:30pm  
9/7-11/9 | **NEW** Yiddish Vacation in the Catskills  
Naomi Miller  
10:30am- 12pm  
10/13-11/17 | **NEW** |
| Great Film Composers of Hollywood  
Kevin Fahy  
3-4:30pm  
9/11-11/13 | Learn to Sculpt  
Jeff Cohen  
1-3:30pm  
9/5-11/7 | More Jazz Giants & Rising Stars  
Sanford Josephson  
10:30 am- 12pm  
10/11-11/8 | Researching Your Family History  
Patricia Brady  
1pm-2:30pm  
9/7-10/26 | **NEW** |
| **NEW** Memoir Techniques  
Deborah Greenhut  
1-2:30 pm  
10/10-11/7 | **NEW** The Dutch, Swedish Colonies of North America  
Bruce Tucker  
1-2:30pm; 10/11-11/15  
No Class 10/25 | Calm Your Mind with Drawing  
Valerie Snyder  
3:30- 4:30pm  
November 16 | **NEW** |
| Movies About Conflict  
Roz and Steve Shaw  
1-2:30pm  
9/5-11/7 | The History of American Poetry  
John Marron  
1-2:30pm  
9/6-11/8 | Dostoevsky and The Brothers Karamazov  
Keki Dadachanji  
3-4:30pm  
9/7-11/9 | **NEW** |
| **NEW** Digitize & Organize Your Genealogy Files and Photos  
Carla Zimowsk  
3:4-3:30pm; 10/17-10/24 | **NEW** More of Frida’s Friends: Draw and Paint like Top 20th C. Women Artists!  
Karl Lorenzen  
1-3pm; 10/11-11/8 | Pastel Workshop  
Jeff Cohen  
1-2:30 pm  
9/6-11/8 | **NEW** |
| Mysteries of Art History  
Valerie Snyder  
3:30- 5pm  
October 18 | **NEW** |

Before we became OLLI-RU, we were RU-ALL (Rutgers University Academy for Lifelong Learning)?

Our first session was the Fall 1993.

We're proud that 30 years later, we're still here!

Thank you – we couldn’t do it without you!!

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1 = 1-day classes

NEW = courses starting in Oct.
Catalog information

**Order of Course Listings**

- Multi-week courses: listed Mon-Fri and separated into
  - Morning
  - Early Afternoon
  - Late Afternoon

- One-Day Classes: listed by date earliest to latest

**Class Size**

- Small: 10-20 students
- Medium: 21-35 students
- Large: 36 and above

**Locations**

Courses are online only unless you see the symbol below under the course title.

When you see this symbol:
It means the course is being held in-person in New Brunswick or Freehold.

- **Freehold In-Person Course**
  Western Monmouth Higher Education Ctr
  3680 Route 9 South, Freehold, NJ

- **New Brunswick In-Person Course**
  Rutgers Lifelong Learning Center
  3 Rutgers Plaza, New Brunswick, NJ
  (off Route 1 and off Ryder’s Lane)
Take a Laughter Break for the Health of It  
in New Brunswick

Friday, Sept. 8  
10:30 a.m. - 11:30 a.m.

Class Size: Large  
Member: $10 / Non-Member: $15

Taking time to discover or rediscover the importance of laughter, and how it supports resilience is more important than ever. This fun, stress-relieving interactive workshop will show participants: the relationship of humor and laughter to mental and physical wellness; the role of laughter in human development; and the concept of laughing for no reason (just for the health of it) with takeaway exercises.

(New Brunswick Location; course code NBD1)

Instructor: Noreen Braman

Create Your Own Claude Monet-Inspired Masterpiece  
in New Brunswick

Thursday, Sept. 14  
3:00 p.m. - 4:30 p.m.

Class Size: Small  
Member: $25 / Non-Member: $30

Impressionism is perhaps the most important movement in the whole of modern painting. In the 1860s, a group of young artists decided to paint, very simply, what they saw, thought, and felt. Join me in an evening of art where we will learn about this art movement and how it still influences and inspires artists today. We will also create our own masterpiece inspired by the paintings of one of the most beloved impressionists – Claude Monet. NOTE: Supplies are included.  

(New Brunswick Location; course code NBD2)

Instructor: Carla Graifer

Get Stuff in the Right Place – an Introduction to Composition

Wednesday, Sept. 20  
3:30 p.m. - 5:00 p.m.

Class Size: Small  
Member: $10 / Non-Member: $15

Have you ever wondered why sometimes a plate of food, an artwork, flower arrangement, or a room just doesn't look right? Chances are, the composition is off. Learn how to arrange anything so it looks good!

(course code RD3)

Instructor: Valerie Snyder

NEW REDUCED FEES in honor of our 30th anniversary!

30 years of quality, informative, entertaining courses for our community. We couldn’t do it without you—THANK YOU!
<table>
<thead>
<tr>
<th>Course Title</th>
<th>Date</th>
<th>Time</th>
<th>Class Size</th>
<th>Member</th>
<th>Non-Member</th>
<th>Instructor</th>
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<tr>
<td><strong>How to Choose and Use Color</strong></td>
<td>Thursday, Sept. 21</td>
<td>3:30 p.m. - 5:00 p.m.</td>
<td>Small</td>
<td>$10</td>
<td>$15</td>
<td>Valerie Snyder</td>
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| Color is fascinating and affects everything in our lives! Do you know COLOR can help you lose weight? Or that the sky isn't blue because of the ocean? Are you surprised to hear that Isaac Newton created the first color wheel? Come learn all about the color wheel, and how color works, and can help us to create harmony in our clothing choices, food presentations, and decor!  
 *(course code RD4)* |                       |                 |            |        |            |                    |
| **Take a Laughter Break for the Health of It**| Friday, Sept. 29      | 10:30 a.m. - 11:30 a.m. | Large      | $10    | $15        | Noreen Braman      |
| Taking time to discover or rediscover the importance of laughter, and how it supports resilience is more important than ever. This fun, stress-relieving interactive workshop will show participants: the relationship of humor and laughter to mental and physical wellness; the role of laughter in human development; and the concept of laughing for no reason (just for the health of it) with takeaway exercises.  
 *(Freehold Location; course code FD5)* |                       |                 |            |        |            |                    |
| **Mysteries of Art History**                  | Wednesday, Oct. 18    | 3:30 p.m. - 5:00 p.m. | Medium     | $10    | $15        | Valerie Snyder     |
| Wait…Mona Lisa might have been a man? You’ve seen the artworks, now find out what’s been hiding in plain sight! Join us for a light-hearted romp through Art History’s mysteries and find out what you’ve been missing!  
 **NOTE:** This is the same course that was previously offered in the winter session. *(course code RD6)* |                       |                 |            |        |            |                    |
| **Calm Your Mind with Drawing**               | Thursday, Nov. 16     | 3:30 p.m. - 4:30 p.m. | Small      | $10    | $15        | Valerie Snyder     |
To Ireland and Back in Sight and Sound

“A Sing-Along Sojourn through the Emerald Isle”

Friday, October 20
1:00 PM – 3:00 PM

Rutgers Lifelong Learning Center, 3 Rutgers Plaza, New Brunswick

This afternoon will be a musical travelogue of Ireland, designed for energetic audience participation, with a little history, a little culture and a lot of fun. Using many of the best loved and most frequently sung Irish songs* as a starting point, we will pictorially visit areas associated with each song while learning some of the historical background to the words and/or melody. We will then enjoy renditions of those songs (singing along is required) by the Cook College Ramblers. Tea and Coffee will be available to help loosen up the vocal cords.  (course code NBD8)

* Songs Included:

“Forty Shades of Green”
“Molly Malone”
“The Mountains of Mourne”
“Danny Boy”
“The Isle of Inissfree”

“The Fields of Athenry”
“Galway Bay”
“The Rose of Tralee”
“Over in Killarney”
“The Minstrel Boy”

Music and Song provided by: the Cook College Ramblers
Travel Guide and Tour Conductor: Hank McNally
Member: $25
Non-Member: $38
MULTI-WEEK CLASSES

MONDAY Morning

The Art of Ikigai: Japanese Secret to a Happier Life

Mondays, Sept. 11 – Oct. 9 (5 weeks)  
10:30 a.m. - 12:00 p.m.  
Class Size: Small  
Member: $40 / Non-Member: $60

Ikigai, which translates roughly to “reason for being,” employs an ancient Japanese personal development framework to help you identify your life purpose. Through techniques such as focused discussion, journaling, mindfulness, and self-reflection, we will explore deep questions that will lead to personal insights. Since an engaged mind can increase wellbeing and longevity, we will also examine ways to keep your brain active, curious, and resilient. Join us if you are interested in discovering, cultivating, and implementing what most gives your life joy and meaning. A free link to the online audiobook of *Ikigai, The Japanese Secret to a Long and Happy Life* (by Héctor García and Francesc Miralles) will be distributed to students at the end of the semester. *(course code RV9)*

**Instructor:** Monica Shah

Creating the Collage

Mondays, Sept. 11 – Nov. 13 (10 weeks)  
10:30 a.m. - 12:00 p.m.  
Class Size: Small (15 max)  
Member: $80 / Non-Member: $120

Collage is an art form that dates back hundreds of years, reappearing in the works of Picasso and Braque. Now you can express yourself by pasting magazine and newspaper clippings, ribbons, colored paper, photographs, found objects and more, into works of art that can be a thing of beauty, a reflection of your viewpoint, or even a humorous or satirical take on a particular subject. *(course code RT10)*

**Supplies needed to begin:** 9” x 12” pad of drawing paper, bottle of Elmer’s white glue, pair of scissors, 3 assorted magazines.

**Instructor:** Jeff Cohen

The United States Supreme Court and Contemporary Social Issues

Mondays, Sept. 11 – Nov. 13 (10 weeks)  
10:30 a.m. - 12:00 p.m.  
Class Size: Medium  
Member: $80 / Non-Member: $120

We will devote each class to consideration of an important contemporary social issue and how the United States Supreme Court has spoken to it. Among those issues are, mass incarceration, the death penalty and our punitive criminal law system; racial discrimination and affirmative action; same sex relations and sexual orientation; abortion; gun control; religion in the public sphere; voting rights, elections, redistricting and money; immigration; women’s rights; and the role of the court in American society. *(course code RT11)*

**Instructor:** Louis Ruprecht
Decoding Our Dreams: the Gateway to Problem Solving

Mondays, Oct. 16 – Oct. 23 (2 weeks)  
1:00 p.m. - 3:00 p.m.  
Class Size: Large  
Member: $20 / Non-Member: $30

In this course participants will learn how to understand our sophisticated unconscious mind and the problem-solving we are doing every night as we sleep. Additionally, you will learn specific techniques to explore what is being discussed in your dream, uncover solutions that may appear and perform dream analysis as a group via volunteer participation. Whether you remember them or you don’t, our dreams provide a very specific solution to the very specific situation that’s bugging you this week!  
(course code RM12)

Instructor: Layne Dalfen

Meet new OLLI-RU instructor Layne Dalfen

Layne has been teaching dream analysis at Concordia University in Montreal, since 2004. For three years, she has been writing a monthly column in Psychology Today titled Understanding Dreams and is well known at Oprah Daily as the author of their Dream Catcher column. Layne founded The Dream Interpretation Center in 1997. She is also the author of Have a Great Dream (Books 1 and 2).

Painting Studio

Mondays, Sept. 11 – Nov. 13 (10 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Small (15 max.)  
Member: $80 / Non-Member: $120

This course will focus on how to paint. You decide the medium you would like to paint in-- watercolor, acrylics, or oils. Come to the first class with a subject you are interested in tackling -- a copy of an artist’s work, a photo, or something from life, and be ready to get started. There will be homework and direct, pointed feedback designed to help you improve your skills.  
(course code RT13)

**Supplies needed for watercolor:** #1, #4, #8 round watercolor brushes (camel, sable hair, or synthetic), Yarka watercolor set (12 color, pan, not tube), Strathmore 9”x12” cold press watercolor pad or Bienfang 9”x12” watercolor pad of ph neutral paper, 2B pencil with eraser. **Supplies needed for acrylics:** Liquitex six pack basics (feel free to bring any additional colors you may own), acrylic synthetic round brushes (#2, #5, #8), 9”x12” pad of canvas paper, plastic or china plate to use as palette, small cup for water, 2B pencil and eraser. **Supplies needed for oils:** Starter oil set (containing primary colors and black and white – feel free to bring any additional colors you may own), synthetic round brushes (#2, #5, #8), 9”x12” pad of canvas paper, palette or plastic plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.

Instructor: Jeff Cohen
Great Film Composers of Hollywood

Mondays, Sept. 11 – Nov. 13 (10 weeks)
3:00 p.m. - 4:30 p.m.
Class Size: Medium
Member: $80 / Non-Member: $120

If you enjoy the music of Gone with the Wind, Doctor Zhivago, Star Wars and Casablanca, this is the course for you! We will discuss the work of such composers as Max Steiner, John Williams, Jerry Goldsmith, Elmer Bernstein, Bernard Herrmann, Alex North, Alfred Newman and many more who enriched the soundtracks of classic films from the Golden Era to today.  (course code RT14)

Instructor: Kevin Fahey

The American Immigrant Experience in Literature

Tuesdays, Sept. 5 – Nov. 7 (10 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Medium
Member: $80 / Non-Member: $120

This course will explore recent works that have presented the American emigrant experience. We will begin with Brooklyn by Colm Toibin and then move on through Americanah by Chimamanda Ngozi Adichie, A Song Everlasting by Ha Jin, The Namesake by Jhumpa Lahiri, and end with selected short stories from This is How You Lose Her by Junot Diaz- who happens to be a Rutgers University alumnus and a winner of the Pulitzer Prize among many other accolades.  (New Brunswick Location; course code NBT15)

Instructor: George Schroepfer

American Intervention in the 20th Century

Tuesdays, Sept. 5 – Oct. 3 (5 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Medium
Member: $40 / Non-Member: $60

After the Spanish-American War in 1898, the US military flexed its muscles throughout the 20th century with several small-scale foreign interventions. Some of these interventions were reactions to events that occurred in these countries that impacted the safety of American citizens or their property. Some were to effect a change that would be favorable to American strategic interests and sometimes commercial or business interests. Often these interventions were not very favorable to the inhabitants of the countries that were affected. In this course we will examine and explore five of these interventions: China and the Boxer Rebellion (1900), Panama (1903), Haiti (1915), White Russia (1919) and finally Iran (1953).  (course code RV16)

Instructor: Bruce Tucker
Bone-tickling Tales:
A Hilarious Journey through Creaks, Cracks and Cartilage

in Freehold
Tuesdays, Oct. 10 – Nov. 7 (5 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Medium
Member: $40 / Non-Member: $60

Come join me to discover how bones form, develop, grow, age, and why they make those noises. Learn about bone marrow, soft spots, sinuses, cartilage, the shoulder rotator cuff, the knee meniscus, and ligaments like the ACL. Explore the knee, shoulder and hip joint and why pregnant women waddle. Learn about osteoporosis, hammertoe, dislocated and separated shoulder, herniated, and slipped disks, carpel tunnel, the “funny” bone, trigger finger and more.  

(Freehold Location; course code FV17)
Instructor: Barbara Bogner

Drawing Workshop
Tuesdays, Sept. 5 – Nov. 7 (10 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Small (15 max.)
Member: $80 / Non-Member: $120

Remember, the more you draw, the better you will get at it. Now you can experiment with different drawing materials as well as various subject matter. You will try your hand at graphite pencils, charcoal, pen and ink, tea staining. We will draw the human figure, portraits, landscapes, still life studies and more. Come draw with me.  

Supplies needed: F Faber/Castell graphite pencil, 3B Faber/Castell graphite pencil, 7B Faber/Castell graphite pencil, General charcoal pencil (soft), a ball point pen (black ink), pink beveled eraser, 11”x14” 50 lb. stock Bienfang or Strathmore sketch pad.
Instructor: Jeff Cohen

RUTGERS - ALL
COURSES FOR FALL 1993

A. September 28-December 7, 1993
Ten Tuesday evenings, 10:30-noon.
JAPAN AND THE FOUR LITTLE TIGERS
Illustrated presentations and discussions on the cultural heritage of Southeastern and East Asia, including Japan, South Korea, Taiwan, Hong Kong and Singapore. Topics will include physical geography, human settlement, traditions and contemporary social development, and an exploration of an intriguing question: Is there a link between the Chinese ethnic and this region’s successful modernization and economic vitality?

Dr. Arthur de St. Hilaire, Professor Emeritus of Political Science and Asian Studies, Rutgers.

B. September 28-December 7, 1993
Ten Tuesday afternoons, 10:00-2:30 p.m.
ECONOMICS FOR RETIREES
Presentations by authorities on six topics of special interest to retirees and those nearing retirement, with ample time for questions and answers.

Course coordinators: Kathy McCalmont, retired Rutgers administrator and volunteer tax preparer for senior citizens.
Entrance fee: $49.50 per attendee. 
Ticketing Options: Group of 10 or more (discounted rate available).
Health and Long-Term Care Insurance: Nancy A. Knolls, insurance consultant.
Travel Programs for the Over 50: Paul M. Hunt, Professor Emeritus of Psychology, Rutgers University-related travel.

C. September 28-December 9, 1993
Ten Tuesday afternoons, 10:00-2:30 p.m.
ENJOYING JAZZ
An introduction for nonspecialists, using recordings and videos from the Rutgers-institute of Jazz Studies, to survey the roots of jazz in African-American and other sources; its major styles and impact on American culture; and such artists as Louis Armstrong, Duke Ellington, Billie Holiday, Bix Beiderbecke, Benny Carter, Count Basie, Benny Goodman, Charlie Parker, Dizzy Gillespie, Miles Davis, John Coltrane, and many recent innovators.

David A. Lavery, retired Rutgers administrator; coordinator, Annual Review of Jazz Studies.

Did you know?
Our first catalog in the fall of 1993 had 4 courses.
For $60 students could choose 2 of them.
All instructors were volunteers.
There are two questions that students of American history have asked continually: What is liberty and how do we secure it? And in 1945 such considerations came with these specific concerns - What would become of the New Deal? How would the "American Dilemma" be resolved? How would the US respond to the specter of communism and the growing power of the Soviet Union? How would America's affluence affect American culture?

In this course we will discuss the ways these questions were confronted in the quarter century after World War II. We'll look at the challenges of transitioning from war to an abundant peace, the role of the consumer and the union member in that transition as well as the continued racial segregation of both suburbs and cities. We'll look at the impact of the Cold War and decolonization on American foreign policy and consider the conformity that American prosperity seemed to demand. We'll also investigate the civil rights revolution, the Great Society, the War in Vietnam & the protests it engendered, the counterculture and the new understandings of liberty within that culture. We'll look at a variety of personalities and events, from Truman and King to LBJ, from Brown v. Topeka to Griswold v Connecticut. The course's ten lecture/discussions will allow us to better understand the world in which most of us grew up.  

(New Brunswick Location; course code NBT19)

Instructor: Ed Malberg

This course is also offered ONLINE on Thursday afternoons. See page 37 for details.

The History of Petroleum: the Prize and a Treasure or Curse of the Modern World?

This course examines the history and impact of the most crucial commodity of the 20th and 21st Century: Petroleum. Along with its derivatives, petroleum has created global energy dependencies and inspired whole new industries to find ways to extract and refine it. Today, it still dominates the thinking and planning of political leaders, oil rich states and multi-national corporations to expand and control it. This course will explore its fascinating history and evaluate its impact on the world, past, present and tomorrow.  

(course code RV20)

Instructor: Bruce Tucker
Let’s Continue to Discuss

Tuesdays, Sept. 5 – Oct. 3 (5 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Small
Member: $40 / Non-Member: $60

This course is the next iteration of the Let’s Discuss OLLI-RU class that was led by the late Len Parry. Participants will examine current events for the week, attempting to view an issue from different political perspectives. In this complex world, is each side right 100% of the time? But a different perspective to try to bridge the political divide is whether each side is wrong 100% of the time!

To stimulate discussion, one to two days prior to each class, the instructor will circulate a list of current events. We will have some lively discussions and even learn something from each other. Expected topics will include the economy, democracy and governance (along with the coming election), cultural issues (e.g., immigration, healthcare, gun legislation), climate change and events external to the US (and more). The only caveat is to respect each other’s thoughts and opinions! (course code RV21)

Instructor: Jeffrey Davis

Meet new OLLI-RU instructor Jeffrey Davis

Jeffrey has been leading a small politics/discussion group since the beginning of COVID19. He became interested in public policy in the early 90s during the Clinton/Bush/Perot presidential campaign and has been following it ever since.

Poetry Workshop

Tuesdays, Sept. 12 – Oct. 31 (8 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Small (15 max)
Member: $64 / Non-Member: $96

In this creative poetry-writing poetry class we will write poems about what Robert Frost calls our “inner and outer weather”—what’s in the news, on our minds, and in our hearts. We will read published poems by a wide range of poets, present and past, with lively discussions about meaning, craft, the poem’s look on the page, and other artistic choices. Each week’s discussion will lead to a prompt for writing a new poem. Members have a chance each class to read their work and to participate in critique in a non-competitive, supportive atmosphere. (course code RM22)

Instructor: Maxine Susman
Young Adult Historical Fiction: The Novels of Ruta Sepetys

Tuesdays, Sept. 12 – Nov. 7* (5 weeks)  Class Size: Small
10:30 a.m. - 12:00 p.m.  Member: $40 / Non-Member: $ 60

* Class meets every other Tuesday. Class dates are 9/12, 9/26, 10/10, 10/24, 11/7

Ruta Sepetys is an acclaimed best-selling author whose extraordinary historical fiction novels appeal to adolescent and adult readers alike. Her novels are renowned for giving voice to underrepresented historical events and to those who experienced them. The novels are historically accurate, exciting to read and filled with opportunities for lively discussion. The books we will discuss are: 1. Between Shades of Gray 2. Out of the Easy 3. Salt to the Sea 4. I Must Betray You 5. The Fountains of Silence.

Please read Between Shades of Gray for the first session.  (course code RV23)

Instructor: Howard Schechter

"Howard is a wonderful teacher. I will take another class with him as soon as one is available."

"The class was a very pleasant surprise."

"Wonderful course with exceptional instructor."

"Howard Schechter should teach all courses."

"Howard is in a class by himself as an instructor. He is a great listener, but knows when to contribute and guide as well. He made YA history come alive for me because of his enthusiasm for this literature."
A Glimpse Inside the New Jersey Courts  

**in New Brunswick**  

**Tuesdays, Sept. 5 – Oct. 10 (6 weeks)**  
**Class Size: Large**  
**1:00 p.m. - 2:00 p.m.**  
**Member: $48 / Non-Member: $72**  

This course will examine the court system in New Jersey and follow the life of a lawsuit, including through appeal. Alternatives to litigation, such as mediation and arbitration, will also be discussed. Students will be able to remotely observe the oral argument of a case before the New Jersey Supreme Court via the Supreme Court webcast. This is a perfect program for all who would like to experience the court system without being a party to a lawsuit.  

*(New Brunswick Location; course code NBM24)*  

**Instructor:** Christine Petruzzell  

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Meet **new** OLLI-RU instructor **Christine Petruzzell**  

Christine is an attorney admitted to the New Jersey Bar with more than 45 years of experience, having had a practice in commercial litigation at a major law firm in New Jersey. Most recently, she worked with the New Jersey Supreme Court as a staff attorney for seven years. Based on this experience, she is very knowledgeable about the New Jersey court system, and the progress of a case through it.  

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Learn to Sculpt  

**Tuesdays, Sept. 5 – Nov. 7 (10 weeks)**  
**Class Size: Small (15 max.)**  
**1:00 p.m. - 2:30 p.m.**  
**Member: $80 / Non-Member: $120**  

This class is designed for you to have fun while exploring your own creativity. Previous experience is not needed. Learn how to sculpt in various materials that for the most part, you have around your home, as you create three dimensional sculptures, both abstract and realistic. You will be surprised at how much talent you have as you plan and develop pieces of art with your own hands. You bring an interest, and I’ll do the rest.  

*(course code RT25)*  

**Supplies needed:** 6 sheets of white typing paper, scissors, container of Elmer's white glue, 5-pound box of Marblex air dry clay.  

**Instructor:** Jeff Cohen
**Masterworks of World Cinema in New Brunswick**

Tuesdays, Sept. 5 – Nov. 7 (10 weeks)  
1:00 p.m. - 3:30 p.m.  
Class Size: Medium  
Member: $80 / Non-Member: $120

This course presents ten international films from seven different countries. Each film is seen and discussed in terms of its director, style, form, and unique technical language. The films selected provisionally are: *Charulata* (Ray/India), *Ugetsu* (Mizoguchi/Japan), *Dr. Strangelove* (Kubrick/USA), *What's Up, Doc?* (Bogdanovich/USA), *The Servant* (Losey/UK), *Breaking Point* (Curtiz/USA), *Au Hasard Balthazar* (Bresson/France), *Chloe* (Egoyan/Canada), *8 ½* (Fellini/Italy) and *Crimes and Misdemeanors* (Allen/USA). The final list will be distributed in the first class.  

*Instructor*: Keki Dadachanji

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**Memoir Techniques**

Tuesdays, Oct. 10 – Nov. 7 (5 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Medium  
Member: $40 / Non-Member: $60

Have you wanted to write but don’t know where or how to start or are you ready to take your writing to the next level? Join Dr. Deborah Greenhut, award-winning author and former director of the Douglass/Cook Writing Center, to gain insights about your writing processes and topical priorities. Any genre can work but you can take this opportunity to probe and appreciate your own memories with various prompts to select, draft, and begin to polish short memoir pieces. The class will write, read selections, and offer questions to each other while collegial critiques will occur in the form of questions. The authors can consider the answers. The instructor will provide online links to texts as needed. Zoom conferences (outside of class time) with the instructor (two per student) will be available as requested. Links to readings will be provided.

*Instructor*: Deborah Greenhut

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**Student Feedback**

"Deborah is a very sincere teacher, and she really wants the student to learn the craft. Her course material was brilliantly put together. She is inspiring and encouraging."

"Deborah is a conscientious instructor, quite pleasant and helpful."

"I am looking forward to her class again in the fall."
**Movies About Conflict**

Tuesdays, Sept. 5 – Nov. 7 (10 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Medium  
Member: $80 / Non-Member: $120


*(course code RT28)*  
**Instructors:** Roz and Steve Shaw

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**TUESDAY Late Afternoon**

**Digitize and Organize Your Genealogy Files and Photos**

Tuesdays, Oct. 17 – Oct. 24 (2 weeks)  
3:00 p.m. - 4:30 p.m.  
Class Size: Small  
Member: $20 / Non-Member: $30

Hoping to digitize old family photos or documents but don’t know where to begin? Can’t find that family picture that you captured with your smartphone or scanned and transferred to your hard drive? An archivist might tell you, “You don’t own it if you can’t find it!” Well this class will help you with all that.

This technology class will explore image-capturing tools (hardware and software) and best practices as well as basic image editing options.

We will also focus on how to organize all the digital photos and research so you can easily find them. We will explore strategies for staying organized in the digital realm including file naming best practices, file tagging for searchability, backups, storage, and research management!

The only prerequisite for this course is to have a working computer, a network connection, and comfort in navigating your own computer.  
*(course code RM29)*  
**Instructor:** Carla Zimowsk

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**Meet new OLLI-RU instructor Carla Zimowsk**

Carla is the technology manager for the History Department at Princeton University and has decades of experience incorporating the ever-changing technological landscape in her own genealogical pursuits. Carla holds a Master’s in Information Studies and a certificate in Digital Asset Management from the Rutgers School of Communication and Information Studies, various technology certifications, and has been published in the *Chicago Genealogist.*
Art and Medicine, A History  
in New Brunswick  

WEDNESDAY Morning  

**Art and Medicine, A History**

**Wednesdays, Sept. 6 – Oct. 18 (7 weeks)**
10:30 a.m. - 12:00 p.m.

Class Size: Large
Member: $56 / Non-Member: $84

There has been a recent and growing understanding that the disciplines of art and medicine, seemingly widely separate, are intertwined and have many things in common throughout history. This course will explore how, from prehistoric times to the dawn of modern medicine, art and medicine have contributed to each other's understanding of the human body and human nature and the interaction between them has been integral to the evolution of both disciplines. We start from the Paleolithic era to the Persian Empire; Greco - Roman era; the Fall of Rome and the Rise of Eastern Empires; Early Renaissance; Late Renaissance; other cultures; and 18th and 19th Centuries. **The instructor has added some new material since the course was offered last fall.**

(New Brunswick Location; course code NBM30)

**Instructor:** Dr. Marc Malberg

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**Chair Yoga and Relaxation**

**Wednesdays, Sept. 6 – Sept. 27 (4 weeks)**
11:00 a.m. - 12:00 p.m.

Class Size: Small (18 max)
Member: $32 / Non-Member: $48

This beginner course includes traditional chair yoga exercises synchronized with breathing techniques (pranayam) to target and strengthen various muscle groups and joints in the body and increase flexibility and mobility. Nearly all of our practice will be done seated on the chair with just a few standing next to the chair. The breathing techniques help to relax, release stress and anxiety, which can also help to lower blood pressure, cholesterol and minimize joint pains. Participants should wear loose and comfortable clothing. While practicing, all students should listen to their body.

(course code RM31)

**Instructor:** Pratibha Jani

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**Contemporary Moral Issues II**

**Wednesdays, Sept. 6 – Nov. 8 (10 weeks)**
10:30 a.m. - 12:00 p.m.

Class Size: Small
Member: $80 / Non-Member: $120

This is a course in applied or practical ethics: bringing ethical principles to bear on real-world moral problems. Issues we'll examine may include the morality of homosexuality, same-sex marriage, transgenderism, the morality of cloning and genetic enhancement, and consider whether capitalism is moral. Time permitting, other moral dilemmas may include: How should we respond to poverty and world hunger? To climate change? Do animals have rights? Readings will be provided. Unfamiliar language and terminology will be clearly defined, questions are always welcomed, and students are encouraged to engage in discussion.

(course code RT32)

**Instructor:** Alison Brown
Dateline: Criminal Cases from Middlesex County  
in New Brunswick

Wednesdays, Oct. 11 – Nov. 8 (5 weeks)  
10:30 a.m. - 12:00 p.m.  
Class Size: Medium  
Member: $40 / Non-Member: $60

Judge Barnett Hoffman will present a series of high-profile criminal cases, including death penalty cases, from Middlesex County. Get the full picture of the cases including the facts, the prosecution’s position, the defense position, and special issues.

(New Brunswick Location; course code NBV33)  
Instructor: Barnett Hoffman

David Copperfield and Demon Copperhead

Wednesdays, Sept.6 – Nov. 8 (10 weeks)  
10:30 a.m. - 12:00 p.m.  
Class Size: Small  
Member: $80 / Non-Member: $120

Dickens’ *David Copperfield* is the story of a boy in 19th century London who overcomes tragedy, destitution and his own weaknesses to fulfill his destiny. Barbara Kingsolver has recast Copperfield as *Demon Copperhead*. The novel is set in Lee County, Virginia in the 1990s and tells a tale of poverty, drug abuse and institutional failure. It received the 2023 Pulitzer Prize for Fiction. In this course we will study the two novels simultaneously. For the most rewarding class experience it is highly recommended that all participants should read both books before the session starts.  
(course code RT34)  
Instructor: Vandana Walia

Everything You Want to Know About Real Estate but Are Afraid to Ask!

Wednesdays, Oct.11 – Nov. 8 (5 weeks)  
10:30 a.m. - 12:00 p.m.  
Class Size: Large  
Member: $40 / Non-Member: $60

If you've ever wondered how to prepare for the purchase or sale of property in NJ or NY, then this course is for you! We will discuss both buyer and seller perspectives, review contracts, title reports and more. We will explore what needs to be considered with various property types, including condos and coops.

(course code RV35)  
Instructor: Howard Weber

Meet new OLLI-RU instructor Howard Weber

Howard has practiced law in the areas of commercial litigation, real estate, and both commercial and retail collections for 40 years. He has taught at Universities, law schools, paralegal schools and in adult education. Howard has also presented at continuing legal education seminars and conferences.
### Great Conspiracies

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<thead>
<tr>
<th>Wednesdays, Sept. 6 – Oct. 25 (8 weeks)</th>
<th>Class Size: Large</th>
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<td>10:30 a.m. - 11:30 a.m.</td>
<td>Member: $64 / Non-Member: $96</td>
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This is a deep dive into some of history’s great conspiracies. Covered will be the generally accepted narratives. Alternate narratives will be gone over in detail as well. PowerPoint slides, lecture, discussion, and question & answer are utilized. Among topics are: the Lincoln Assassination and John Wilkes Booth, JFK and Lee Harvey Oswald, the Georgia Guide Stones, DB Cooper, and Gold in Ft. Knox? *(course code RM36)*

**Instructor:** Charlie Smith

### More Jazz Giants and Rising Stars

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<th>Wednesdays, Oct. 11 – Nov. 8 (5 weeks)</th>
<th>Class Size: Small</th>
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<td>10:30 a.m. - 12:00 p.m.</td>
<td>Member: $40 / Non-Member: $60</td>
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The majority of the course will focus on jazz giants including guitarist Bucky Pizzarelli, vocalist Annie Ross, descendants of Charlie Parker such as alto saxophonists Sonny Stitt, Phil Woods, and Charles McPherson and three pianists-Junior Mance, Barry Harris, Ramsey Lewis. During the last class, we will explore today’s young jazz musicians who will be the giants of the future. These are musicians who have been profiled over the past couple of years in *Jersey Jazz Magazine* such as pianist Caelan Cardello, guitarist Jocelyn Gould, trumpeter Anthony Hervey, and vocalist Lucy Wijnands. *For anyone who has taken the course previously, this is an all-new lineup of musicians!* *(course code RV37)*

**Instructor:** Sanford Josephson

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**Renew your OLLI-RU Membership or become a Member now!**

Click here for more **MEMBERSHIP** information and to purchase a membership.

Or go to olliru.rutgers.edu and click on the Register tab. You’ll see “Membership” listed with the fall courses.
The Dutch, Swedish Colonies of North America (1609 – 1776)

Wednesdays, Oct. 11 – Nov. 15* (5 weeks)
1:00 p.m. - 2:30 p.m.
Class Size: Medium
Member: $40 / Non-Member: $60
* No class 10/25

This course traces the history of three important early American colonial colonies: Delaware, New Jersey and New York. Originally established by the Dutch Republic of the Netherlands and the Kingdom of Sweden, the colonies of New Netherlands and New Sweden stretched across a vast wilderness from the Delaware river in the south to the Connecticut river in the north. One was essentially carved out of the other and both would clash and compete with each other as well as with the indigenous Lenape tribes that lived among them. Eventually these two early Dutch and Swedish colonies would merge and then split into three important members of the 13 English colonies that would all seek independence by 1776. (course code RV38)

Instructor: Bruce Tucker

The History of American Poetry

Wednesdays, Sept. 6 – Nov. 8 (10 weeks)
1:00 p.m. - 2:30 p.m.
Class Size: Small
Member: $80 / Non-Member: $120

Join us for a deep dive into American poets and poetry. We will read and discuss the works as well as attempt to write and recite in the tradition of poets including Allen Ginsberg, Gary Snyder, Philip Whalen, Lawrence Ferlinghetti, Jack Kerouac, Joanne Kyger, Frank O’Hara, Anne Waldman, Patti Smith, Ron Silliman, Charles Bernstein, Norman Fischer, Bob Holman, Miguel Algarin, and Mos Def. Our course will also explore many of the Zen/Sufi Haiku pioneers such as Ikkyu, Paul Reps, Rumi, Basho, Ogden Nash and Basho.

No texts need to be purchased. The instructor will email weekly readings to participants. An anthology of student works will be published as a takeaway from the class. No previous experience is necessary. All writing will be respectfully honored by class agreement and sense of confidentiality. (course code RT39)

Instructor: John Marron
The History of Mexico (1821 - 2023)

Wednesdays, Sept. 6 – Oct. 4 (5 weeks)
1:00 p.m. - 2:30 p.m.
Class Size: Medium
Member: $40 / Non-Member: $60

To most Americans the history of our Southern neighbor Mexico is about the Alamo massacre of 1835, and most recently troubles at the border. In this course, we will briefly explore Mexico’s turbulent declaration of independence from Spain in 1821, its democratic growing pains, poor international relations with France and England, border problems, breakaway state of Texas and a war, a defeat and a conquest by United States. After significant loss of territory in 1862, France invaded Mexico a second time and violated the Monroe Doctrine. The French finally left in 1865 and we follow Mexico through the turbulent administrations of Presidents Diaz and Madera, a bloody Mexican revolution, and creation of the modern Mexico State from 1920 to today.  (course code RV40)

Instructor: Bruce Tucker

International Style Continues: Painting Women from Around the World

Wednesdays, Sept. 6 – Oct. 4 (5 weeks)
1:00 p.m. - 3:00 p.m.
Class Size: Small
Member: $40 / Non-Member: $60

We will draw and paint portraits of women from around the world, highlighting hair styles, head coverings, jewelry, and neck coverings. Drawing and painting samples will be provided by the instructor. The material has been developed so that it is available to students at all levels of ability. No previous art experience is required. We will draw and paint the portraits, fashions, and accessories of women of the following areas:

Class 1: South Pacific (Maori/Hawaiian/Polynesian)
Class 2: Indigenous North America (Canada/Alaska)
Class 3: South American Andes region (Bolivia/Peru)
Class 4: Aboriginal Australia
Class 5: The Caribbean (Guadalupe/Martinique)

Supplies needed: Prang Watercolor Oval Pan Set, 8 Colors. This set includes a mixing tray and #6 round watercolor brush; student grade #0 watercolor round brush; 98 lb. Mix Media pad; HB #2 pencil; Fine line pen.  (course code RV42)

Instructor: Karl Lorenzen

Wednesdays, Oct. 11 – Nov. 8 (5 weeks)  
1:00 p.m. - 3:00 p.m.  
Class Size: Small  
Member: $40 / Non-Member: $60

We will draw and paint artwork inspired by some of the 20th century’s most famous women artists: Frida Kahlo, Georgia O’Keefe, Yayoi Kusama, Betye Saar, and Kay WalkingStick (Cherokee). Drawing and painting samples will be provided by the instructor. The material has been developed so that it is available to students at all levels of ability. No previous art experience is required. We will:

Class 1: draw Frida Kahlo’s Self-Portrait (undated)
Class 2: paint Georgia O’Keefe’s Pattern of Leaves (1923)
Class 3: paint Yayoi Kusama’s Shellfish (1989)
Class 4: paint Betye Saar’s Anticipation (1961)
Class 5: paint Kay WalkingStick’s (Cherokee) Our Land (2007)

Supplies needed: Prang Watercolor Oval Pan Set, 8 Colors. This set includes a mixing tray and #6 round watercolor brush; Student grade #0 watercolor round brush; 98 lb. Mix Media pad; HB #2 pencil  
Instructor: Karl Lorenzen

Pastel Workshop

Wednesdays, Sept. 6 – Nov. 8 (10 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Small (15 max)  
Member: $80 / Non-Member: $120

The best way to learn how to do pastel paintings is...to do them. There will be no long, tired lectures about the intricacies of technique. We will cover the basics, then you will begin creating. That is where the learning truly begins -- by experiencing pastels. Soft pastels combine the qualities of drawing and painting. Explore composition, color, light, shadow and perspective. For beginners as well as experienced pastel artists, we will focus on producing vibrant pastel works.  
Supplies needed: 18 or 24 piece set of soft pastels (chalk, not oil), Canson pad of 98 lb. pastel paper (24 sheets), Set of pastel pencils (12), small tortillon or blending stick packet (6), kneaded eraser.  
Instructor: Jeff Cohen
Patents and Trade Secrets: Lessons from History in New Brunswick

Wednesdays, Sept. 13 – Oct. 11 (5 weeks)  
1:00 p.m. - 2:00 p.m.  
Class Size: Medium  
Member: $40 / Non-Member: $60  

We will begin the course with an introduction to the US patent system and then discuss specific patent cases of cultural, historical, and commercial importance. Commercially important cases will be chosen to provide lessons for future inventors contemplating a patent. Examples will show the importance of understanding the full breadth and consequences of an invention and the importance of recognizing the most important source of the invention’s value.  

(New Brunswick Location; course code NBV44)  

Instructor: Alan Schilowitz

Meet new OLLI-RU instructor Alan  
Alan holds a PhD in Physical Chemistry from Cornell University. He worked in research and engineering at ExxonMobil for 38 years, advancing to the position of Senior Scientific Advisor. He is a member of the US Patent Office patent bar.

Perfection in Black and White Films in New Brunswick

Wednesdays, Sept. 6 – Oct. 4 (5 weeks)  
1:00 p.m. - 3:30 p.m.  
Class Size: Medium  
Member: $40 / Non-Member: $60  

Even if you have already seen the five black and white films to be shown in this course, they only get better the more often you watch them and absorb the artistry that went into their making. Perfect confluences of talent, temperament and the time in which it was made, render each of these films prime examples of the importance not only of a first-rate script and cast. They also reveal the crucial importance of camera angles, lighting, music, and the pace set by editing. Attention to these elements will be given in the introduction of each, followed by watching them together, and then discussion of class reactions. 

The films we will watch are: Holiday (1938), Casablanca (1942), Brief Encounter (1945), Sunset Boulevard (1950) and Dr. Strangelove (1964).  

(New Brunswick Location; course code NBV45)  

Instructor: Anne Singer

"Anne is always very prepared on her subject. She adds interesting tips about the film and the actors and directors. ...she is so knowledgeable but is still interested in your opinion in the class discussion."

"This was the first time I had this instructor. I found her very interesting and informative on both Hitchcock and the movies."

"I want more. Anne was amazing. I have shared so many info bits about the class and OLLI-RU with my friends. I expect to see them in future classes."

"I hope Anne teaches another course in the future. I would sign up for it in a 'heartbeat.'"
**Rod Serling’s Twilight Zone**  
*in New Brunswick*

| Wednesdays, Oct. 18 – Nov. 15 (5 weeks) | Class Size: Medium |
| 1:00 p.m. - 3:00 p.m. | Member: $40 / Non-Member: $60 |

We will be watching 10 episodes of Rod Serling’s classic series *The Twilight Zone*. We will talk about the stories behind these episodes using photos, videos, and anecdotes. These episodes have not been covered in any of my previous classes.  
*(New Brunswick Location; course code NBV46)*

**Instructor:** Larry Stanley

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**Women’s Memoirs in Poetic Form**  
*in New Brunswick*

| Wednesdays, Oct. 11 – Nov. 8 (5 weeks) | Class Size: Small |
| 1:00 p.m. - 2:30 p.m. | Member: $40 / Non-Member: $60 |

Poems we sometimes classify as “confessional” also complement the rubric of memoir if we think of the form as a slice of life experience retold in reflection. This course will discuss poems by modern women poets writing in English—particularly the work of Mary Karr, Sharon Olds, Jane Kenyon, and Lucille Clifton—to appreciate the rich tradition of feminine life learning experience as described in their poetry. We’ll use online links, particularly www.poetryfoundation.org, to review examples and the instructor will supply supplementary resources as necessary.  
*(New Brunswick Location; course code NBV47)*

**Instructor:** Deborah Greenhut

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**Did you know?**

Our first session in the fall of 1993 consisted of about 30 students.

We added an additional session in the spring of 1995.

We grew our curriculum in the spring to 8 courses.
Age as Muse – Writing Inspired by Myths and Legends of the Elders

Thursdays, Sept. 7 – Oct. 12 (6 weeks)
10:00 a.m. - 12:00 p.m.
Class Size: Small
Member: $48 / Non-Member: $72

“Perhaps the greatest perplexity of aging is how to fill with gentleness the void between who we feel we are on the inside and who our culture tells us is staring back from that mirror,” observed the famed science fiction writer Ursula K. Le Guin. Where does one turn for insight into growing older with wisdom and grace? In this generative creative writing workshop, we will explore and re-imagine the lives of legends (Sarah of the Old Testament, the mystic Hildegard von Bingen, the vain stepmother in Snow White, Mother Earth among others) and venture to re-envision our own. Class time will be provided each week to begin as well as share work. Both beginning and experienced poets/writers are welcome.  

Instructor: Shelley Benaroya

Alexander Hamilton, a New Yorker in New Jersey

Thursdays, Sept. 14 – Oct. 19 (6 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Large
Member: $48 / Non-Member: $72

Alexander Hamilton grew up in the British West Indies and adopted New York as his American home, but New Jersey directed the path of his public service and personal life. This course examines how the educators and encampments, people and places of New Jersey propelled this quintessential New Yorker to the heights of the early American republic, until a fateful duel in New Jersey cut short his life. Along the way we connect this Hamilton history to historic sites and landscapes preserved in New Jersey today.  

Instructor: Paul Soltis

Around the World with American Musicals

Thursdays, Sept. 7 – Oct. 5 (5 weeks)
10:30 a.m. - 12:00 p.m.
Class Size: Large
Member: $40 / Non-Member: $60

Travel the world with us as we examine American musicals set in various countries. Together, we will watch and discuss clips from popular musicals from South America, England, France, Germany, Africa and even the South Pacific.  

Instructors: Sam and Candy Caponegro
Freedom Summer of 1964 and Its Impact on Social Issues of the Time  in New Brunswick

Our course will focus on people and events and stories from Freedom Summer—1964 and will conclude with its impact on various social movements of the sixties.

Three civil rights workers were murdered. Hundreds falsely arrested and jailed. Dozens of churches burned. And we resisted. Thousands of children and adults flooded into Freedom Schools. Mass meetings anchored voter registration drives. The Mississippi Freedom Democratic was created and confronted the embedded racism of the Democratic Party at their Atlantic City convention.

Famed activist Mrs. Fannie Lou Hamer jolted the lazy conscience of America—“I question America.” As a nineteen-year-old college student volunteer, I lived in Ruleville—next door to the Hamers.

We will begin with some people and struggles that anticipated that confrontation including Douglas, Dubois, Medgar Evers and ML King. One guest speaker went to college committed to civil disobedience as part of the Greensboro sit in movement. Our main focus though will be the people, passions and struggles of Freedom Summer.  (New Brunswick Location; course code NBM51)

Instructor: Brooks Smith

Meet new OLLI-RU instructor Brooks Smith

Brooks is a Presbyterian pastor who has served churches in Ohio, Pennsylvania and New Jersey and is strongly committed to community organizing. At age 18, he volunteered for and served in Freedom Summer of 1964. Brooks holds degrees from Wesleyan University, University of Chicago, Colgate Rochester Divinity School and New School University.

The Irish Potato Famine: A Multi-Media Approach  in Freehold

This course will look at the historical An Gorta Mor, the term used by the Irish for the years 1845-1852, examining causes, details and legacy. Several classes will focus on how these years of sorrow are remembered in story, poetry, song and film.  (Freehold Location; course code FV52)

Instructor: Henry McNally
A Reading of Shakespeare’s *King Lear*

Thursdays, Sept. 7 – Nov. 9 (10 weeks)  
Class Size: Medium  
10:30 a.m. - 12:00 p.m.  
Member: $80 / Non-Member: $120

If any one of Shakespeare’s plays can be called his greatest, it may very well be *King Lear*. It is a work far larger than the stage it is performed on, one that presents extremes of character, both good and bad; in many places it becomes a difficult journey to navigate. Overall, it defies a defining description and commentary; nevertheless, we will make the attempt. We will read through the play line-by-line, adding to it our own experiences and responses along the way. Please have a copy of the play with you at our first meeting. Any edition – Folger, Signet, Arden, etc.—will do, as long as it is Shakespeare’s original text (not a “friendly, modern translation”) and with the lines numbered for easy reference. No previous experience with Shakespeare is necessary.  

*course code RT53*  

Instructor: Allen Ascher

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**Short Novels by Cather and Faulkner**

*in New Brunswick*

Thursdays, Sept. 7 – Sept. 28 (4 weeks)  
Class Size: Small  
10:30 a.m. - 12:30 p.m.  
Member: $32 / Non-Member: $48

We will read two short novels from twentieth-century American literature, Willa Cather’s *A Lost Lady* and William Faulkner’s *As I Lay Dying*. We will examine these works and compare their style and form; sense of their regions and regional identity; examinations of issues of gender and power; and their juxtaposition of tragic and comic modes. These brief works open a window on the achievement of two of the United States' greatest writers of fiction. Students should read the first nine chapters (up to the end of part 1) of Willa Cather’s *A Lost Lady* in the Vintage edition for the first class.  

*New Brunswick Location; course code NBV54*  

Instructor: Nicholas Birns

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Enjoy new **REDUCED FEES** in honor of our 30th anniversary!  
30 years of quality, informative, entertaining courses for our community. We couldn’t do it without you—THANK YOU!
**Acrylics Basics**

Thursdays, Sept. 7 – Oct. 5 (5 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Small  
Member: $40 / Non-Member: $60

We will begin by discussing the difference between acrylics and oils, different types of acrylic paints, painting surfaces and brushes. Going forward we will look at different types of palettes and mediums and how to work with the unique qualities of acrylic paints. We will also discuss the color wheel, key qualities of color, color mixing and blending. This course is interactive with frequent demonstrations, class participation, and a lot of practice. Students will create a piece of art during the final class using their newly acquired skills. Come ready to get your hands dirty and have fun!  
*(course code RV55)*

**Supplies needed:** Liquitex Basics 24 or 36 colors set OR Arteza 24 color set of acrylics; tube of Titanium White (Liquitex basics or any other brand); Retarder (Golden or Blick or Liquitex); small pad (9x12 or smaller) of mixed media paper (Arteza online or Michaels); palette paper or paper/plastic plate; jar for water; small spray bottle for water; rags, paper towels; canvas boards (cheapest); stretched canvas, or canvas pad 9x12 (Arteza online); start up set of acrylics brushes (Arteza online). If you are not buying a set, please have: #6 and #16 round; #8 & #10 flat; #8 & #10 filbert; and #0 or #1 liner 2B pencil and eraser.

**Instructor:** Franne Demetrician

**Drawing Human Figures with Energy and Motion**  
*in New Brunswick*

Thursdays, Sept. 7 – Oct. 5 (5 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Small  
Member: $40 / Non-Member: $60

Learning to draw the human figure with energy and motion, is easier than you think, if you approach it from a traditional, methodical way. Focus on using the internal rhythm of the figure - while still maintaining the balance and form within the drawing. Linear drawing, which includes composition and perspective, is one of the simplest ways to draw the human figure. This class will model shades of light and dark, combined with line, form, texture and color, to create the final three-dimensional form within the figure. You will be amazed at your innate ability!  
*(New Brunswick Location; course code NBV56)*

**Supplies needed:** 12x18 Newsprint pad, rough; 1 Kneaded eraser; Grumbacher Vine Charcoal, soft  
**Instructor:** Dr. Margareta Greeley
From Fair Deal Through the Great Society: America’s Triumphs & Challenges

Thursdays, Sept. 7 – Nov. 9 (10 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Large  
Member: $80 / Non-Member: $120

There are two questions that students of American history have asked continually: What is liberty and how do we secure it? And in 1945 such considerations came with these specific concerns - What would become of the New Deal? How would the "American Dilemma" be resolved? How would the US respond to the specter of communism and the growing power of the Soviet Union? How would America’s affluence affect American culture?

In this course we will discuss the ways these questions were confronted in the quarter century after World War II. We'll look at the challenges of transitioning from war to an abundant peace, the role of the consumer and the union member in that transition as well as the continued racial segregation of both suburbs and cities. We'll look at the impact of the Cold War and decolonization on American foreign policy and consider the conformity that American prosperity seemed to demand. We'll also investigate the civil rights revolution, the Great Society, the War in Vietnam & the protests it engendered, the counterculture and the new understandings of liberty within that culture. We'll look at a variety of personalities and events, from Truman and King to LBJ, from Brown v. Topeka to Griswold v. Connecticut. The course's ten lecture/discussions will allow us to better understand the world in which most of us grew up.  

Instructor: Ed Malberg

Researching Your Family History

Thursdays, Sept. 7 – Oct. 26 (8 weeks)  
1:00 p.m. - 2:30 p.m.  
Class Size: Small  
Member: $64 / Non-Member: $96

Whether you are a novice researcher or have been exploring your family history for years- this class is for you! Census, birth, marriage, death, immigration, citizenship, and military records as well as the information from photographs, newspapers and DNA testing will be discussed. Join the class and have fun enhancing your research skills.  

Instructor: Patricia Brady
Largely due to his acuity in understanding the film industry and his intelligence in choosing roles, Cary Grant had a remarkably high percentage of successful, noteworthy, enjoyable films in his lengthy career. In one ten-year period from 1938 to 1948, he made 25 films, almost all of which are still shown today on classic movie channels. Even without including two of his better-known films from this time period – *Bringing Up Baby* and *The Philadelphia Story* – gems remain. We will enjoy the following films together: *Holiday* (1938), *Gunga Din* (1939), *Only Angels Have Wings* (1939), *His Girl Friday* (1940), *Penny Serenade* (1941), *Arsenic and Old Lace* (1944), *None But the Lonely Heart* (1944), *Notorious* (1946), *The Bishop’s Wife* (1947), and *Mr. Blandings Builds His Dream House* (1948). Class will consist of an introduction to the film, putting it into the context of Grant’s developing career, watching the film, andinclusive class discussion afterwards.

*Instructor:* Anne Singer
An American Classic: Washington Irving’s *The Sketch Book*

Fridays, Sept. 8 – Oct. 6 (5 weeks)  
10:30 a.m. -11:30 a.m.  
Class Size: Medium  
Member: $40 / Non-Member: $60

Washington Irving, born in New York City in 1783, was one of the most important and prolific writers in 19th century American literature. In this course we will read and discuss several of Irving’s most famous stories, "Rip Van Winkle," "The Legend of Sleepy Hollow," and "The Specter Bridegroom," and several of his most significant essays, "Westminster Abbey," "A Royal Poet," "Roscoe," "The Mutability of Literature," and "Stratford on Avon." Text for the course: any edition of Washington Irving’s *The Sketch Book of Geoffrey Crayon, Gent.* (should include all of the above-mentioned stories and essays by Irving).  

**Instructor:** Hugo Walter

Eye on the Prize: Musicals that Won the Pulitzer

Fridays, Sept. 8 – Nov. 17* (10 weeks)  
10:30 a.m. -12:00 p.m.  
* No class 9/22  
Class Size: Medium  
Member: $80 / Non-Member: $120

In this course, we will take an in-depth look at the ten works of the American Musical Theatre that have received the prestigious Pulitzer Prize. Each week we will explore a different work, beginning with classics like *Of Thee I Sing* and *South Pacific* and ending with contemporary works like *Hamilton* and *A Strange Loop.*  

**Instructor:** Susan Speidel

Film Noir: Beyond the Femme Fatale

Fridays, Oct. 6 – Nov. 3 (5 weeks)  
10:00 a.m. -12:00 p.m.  
Class Size: Medium  
Member: $40 / Non-Member: $60

We will explore films that do not reflect long accepted assumptions about film noir: the protagonist is a male (an investigator, a criminal or a victim of circumstance), easily manipulated by a beautiful, scheming woman; the literary source is hardboiled crime fiction by a male author; brutal violence, by fists or guns, is common; the action takes place in a contemporary U.S. city. This approach discounts the many written works meant mostly for a female audience, and later adapted to the film noir style. Join us as we consider each director’s use of cinematic elements in creating these tentatively selected films, featuring ‘women in distress.’ The following films should be viewed before class discussion dates: 10/6- *Gaslight* (1944); 10/13- *Rebecca*; 10/20- *Shadow of a Doubt*; 10/27- *Notorious*; 11/3- *Suspicion.* Check [Justwatch.com](https://www.justwatch.com) for other streaming platforms.  

**Instructor:** Sally Bauer Cohen
### Finding the Funny – And Saving It

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<th>Class Size: Medium</th>
<th>Member: $40 / Non-Member: $60</th>
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<td>Fridays, Oct. 13 – Nov. 10 (5 weeks)</td>
<td>10:30 a.m. -11:30 a.m.</td>
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“Surround yourself with humor” is advice given to those who need more laughter in their lives.

Short of parking a clown car in your driveway, or hiring a comedian to follow you around and crack jokes, being surrounded by humor can be challenging. But just like putting money into a savings account, you can actually save humor for a “rainy day.” Creating a humor journal is a low-tech, old-school method that requires only a notebook, a pen, and sometimes a glue stick. In this 5-week class you will learn to become a humor detective, listening and looking for humor “clues” and saving them in a notebook like Hercule Poirot (handlebar mustaches optional). Maybe you’ll write down a silly thing that happened to you, or something you saw, or heard. Each week we’ll look for “the funny,” share with the class and discover laughter in the strangest places.

*course code RV64*

**Instructor:** Noreen Braman

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### Yiddish Vacation in the Catskills

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<th>Class Size: Medium</th>
<th>Member: $48 / Non-Member: $72</th>
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<td>Fridays, Oct. 13 – Nov. 17 (6 weeks)</td>
<td>10:30 a.m. -12:00 p.m.</td>
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Join me on a virtual Yiddish vacation in the old Catskills where we take a trip to Nevele or Kutchers including making the reservation, arriving. Then, we’re eating, eating and eating, complaining, taking in the shows at night and the activities. Think “Simon Says” in Yiddish and more!

*course code RM65*

**Instructor:** Naomi Miller
Thinking Anew about the Great Depression

Fridays, Sept. 8 – Nov. 17* (10 weeks)
1:00 p.m. - 2:30 p.m.
* No class 9/15

We’ve been taught that capitalism had failed, that the Great Depression was the result of that failure, and that the New Deal—or if not the New Deal, then the Second World War—restored us to prosperity. Should we trust what we’ve been taught? Perhaps not. Ben Bernanke, speaking for the Federal Reserve system, sees the Depression not as a failure of capitalism but of government. To Milton Friedman and Anna Schwartz, Bernanke said “You’re right, we did it. We’re very sorry. But thanks to you, we won’t do it again.” About recovering from the Depression, David M. Kennedy, Stanford University’s Pulitzer Prize winner, says, “Whatever it was, the New Deal was not a recovery program, or at any rate not an effective one.” And as to supposed wartime prosperity, Hugh Rockoff, Distinguished Professor of Economics, Rutgers University, says that huge increase in producing military goods was, in small part, anyway, made possible by producing less for civilian use. Yes, as these remarks suggest, it’s time that we think anew about the Great Depression.

(Freehold Location; course code FT66)

Instructor: Robert Greenfield

Looking Back, Moving Forward…

Do you remember our first director, Dave Cayer? Or our long serving second director, Marvin Schlaffer and Len Karlin, assistant director? These individuals were instrumental in building our program with a solid foundation, and we are forever grateful! In addition to their leadership, OLLI-RU has become what it is today because of your commitment to lifelong learning. We thank you for growing with us and hope you’ll always remember to

Stay Curious.
INSTRUCTOR BIOS

Allen Ascher (pg. 35) has a doctorate in English from the CUNY Graduate Center. He taught English in middle school and high school and was an adjunct professor of English at Brookdale Community College.

Shelley Benaroya (pg. 33) is a published poet and creative writing teacher who has helped students—young and old—discover the poet and storyteller within. In addition to her role as founding director of the Writing Center for Creative Aging, she has been a poet-in-the-schools for the New Jersey Writers Project, Writers Theatre, and NJPAC.

Nicholas Birns (pg. 35) teaches at NYU and is the author of many books and articles of literary and cultural criticism.

Barbara Bogner (pg. 18) is a retired associate professor of biology who taught Human Anatomy and Physiology full time at Middlesex College for 24 years. She has degrees from SUNY Stony Brook and Villanova University. She immensely enjoys teaching for the OLLI-RU program.

Patricia Brady (pg. 37) received a master’s and doctorate from Rutgers and then spent over 50 years working as a psychologist. Her longtime passion for family history combines her interest in people’s stories with her research training. She teaches genealogy classes for OLLI-RU.

Noreen Braman (pgs. 12, 13, 40) is a strategic communications professional and author of “Treading Water,” a collection of her humor columns and essays. A member of the Association for Applied and Therapeutic Humor (AATH), Noreen is certified in laughter yoga and laughter wellness and uses her skill to help others enhance their well-being.

Alison Brown (pg. 25) taught philosophy at Union County College for 25 years before retiring in 2017. She loves both teaching and philosophy and is interested in making philosophy’s value, methods, and areas of focus accessible and translatable to our everyday lives.

Sam and Candy Caponegro (pg. 33) have worked in all aspects of theater for over 40 years. They hope to keep the Golden Age of Broadway and the classic movie musical alive through their lectures.

Sally Bauer Cohen (pg. 39) has applied her master’s degrees in Media Education (N.Y.U.) and Library Science (Rutgers) in a successful career as a creative N.Y.C. high school English/film instructor and Library Media Specialist. She has enjoyed enhancing the cinema literacy and appreciation of the language of film, of OLLI-RU students since 2011.

Jeff Cohen (pgs. 15, 16, 18, 22, 30) is an award-winning painter and sculptor and he currently serves as a commissioner at the Barron Arts Center in Woodbridge, NJ. Jeff earned a BA in art at Upsala College and completed graduate work at New York University.

Cook College Ramblers (pg. 14) are a group of Rutgers professors, faculty and technicians with academic credentials that go on forever, who have fallen in love with Irish music.

Dr. Keki Dadachanji (pgs. 23, 38) has a Doctorate in Operations research from Case Western Reserve University. After working in management in the corporate world for 30 years, he became a part-time lecturer at Rutgers University and taught mathematics and computer science at Parsippany High School. Dr. Dadachanji's interests span religion, philosophy, yoga, literature, mathematics, and international cinema. He has taught various courses on these subjects at Rutgers University and OLLI-RU.

Jeffrey Davis (pg. 20) has been leading a small politics/discussion group since the beginning of COVID19. He became interested in public policy in the early 90s during the Clinton/Bush/Perot presidential campaign and has been following it ever since.

Layne Dalfen (pg. 16) has been teaching dream analysis at Concordia University in Montreal, since 2004. For three years, she has been writing a monthly column in Psychology Today titled Understanding Dreams and is well known at Oprah Daily as the author of their Dream Catcher column. Layne founded The Dream Interpretation Center in 1997. She is also the author of Have a Great Dream (Books 1 and 2).

Frande Demetrician (pg. 36) is a working artist, photographer, writer, spiritual counselor, mentor and teacher. She has been a licensed holistic health practitioner since 1995, specializing in women’s health and chronic pain. She was Associate Editor and Creative Coordinator of Sacred Stories Media’s The Owl Magazine and wrote a weekly blog from 2015-2018. She is now a columnist for The Owl Magazine.

Kevin Fahey (pg. 17) has worked as an architect in California and southern Nevada for 40 years. In the last decade he taught architectural history and film in the OLLI program in Las Vegas. Currently, Kevin is teaching at the College of Southern Nevada and film and architecture courses at OLLI-RU.
Carla Graifer (pg. 12) is a graduate of The School of Visual Arts and currently a member and exhibitor with the Art Alliance of Monmouth County and the Garden State Watercolor Society. She conducts art workshops for children and adults with the Family Mobile Center and Family Support Organization of Middlesex County.

Dr. Margareta Greeley (pg. 36) is an adjunct professor at Rutgers University GSE. With a doctorate in education from Rutgers, focusing on psychology, education and creativity, she has additionally done graduate work at Mason Gross School of the Arts. She is an award-winning painter and sculptor whose works are displayed locally and internationally.

Robert Greenfield (pg. 41) is Professor Emeritus, Fairleigh Dickinson University.

Deborah Greenhut (pgs. 23, 32) Award-winning author of a novel, plays, and poetry, Rutgers GSNB Alumna, Dr. Deborah Greenhut, directed the Douglass/Cook Writing Center. Following her time as an Assistant Professor of Literacy Education at NJCU, she served as Associate Dean for Humanities and Social Sciences at Hudson County Community College. Her novel, The Hoarder's Wife, debuted from Woodhall Press in April 2022.

Barnett Hoffman (pg. 26) is a retired Superior Court judge sitting in the criminal division. He previously taught at John Jay College; Rutgers University; the New Jersey judicial college and Brookdale Community College.

Pratibha Jani (pg. 25) received yoga certification from Mumbai and is an E- RYT and a certified Yoga therapist. Pratibha has taught at the County College of Morris and the Piscataway Senior Center and presently teaches online. A NJ resident for over 35 years, Pratibha has a BS in Ancient Indian History and Culture from Bombay University, India.

Sanford Josephson (pg. 27) is Editor of Jersey Jazz Magazine, published by the New Jersey Jazz Society. He is also author of Jazz Notes: Interviews Across the Generations and Jeru's Journey: The Live and Music of Gerry Mulligan.

Karl Lorenzen (pgs. 29, 30) is a professional and community artist based in Queens, NY who partners with non-profits in presenting art workshops for diverse communities in New York City. His artwork has been exhibited and published at numerous venues and in journals including The San Francisco Botanical Garden, Tokyo Metropolitan Art Museum, the United Nations Headquarters in NYC, The AMA Journal of Ethics, and The Columbia Journal (Columbia University).

Ed Malberg (pgs. 19, 37) is an adjunct professor at Raritan Valley Community College. A veteran instructor at OLLI-RU, Ed is a Rutgers grad who holds a masters from the University of Kentucky and completed doctoral studies in US History at Northwestern University.

Marc Malberg (pg. 25) has been an Associate Clinical Professor at Rutgers RWJ Medical School since 1980. He also served as a clinical teaching assistant at Columbia Presbyterian Medical Center from 1980 to 1990. His paintings have been exhibited at Cork Gallery at Lincoln Center (New York), Hahnemann Medical College (Philadelphia), Rider University (Lawrenceville) and RWJ University Hospital (New Brunswick).

John Marron (pg. 28) is a graduate of the Johns Hopkins Writing Seminar Program, the San Francisco State Creative Writing Program and a student of the Jack Kerouac School of Disembodied Poetics at Naropa University. John is the author of a poetry collection “Blips” and “Oiyeau” and publisher of Juan Felipe Herrera (Facegames), the first Hispanic Poet Laureate of America. Presently, he is Chair of the Highland Park Arts Commission, co-founder of the Highland Park Artist Collective and member of the Windows of Understanding Social Justice Art Program (2016-23).

Henry McNally (pgs. 14, 34) is a semi-retired educator with experience at the secondary and college level. He is a first generation Irish-American who has lived in Ireland and visits frequently. He has been teaching Irish and Irish American History for more than 25 years.

Naomi Miller (pg. 40) is a professional singer/actress whose first language is Yiddish. She has performed several roles with the National Yiddish Theatre Folksbiene. Additionally, she was invited to perform for Yitzhak Shamir, then the prime minister of Israel, when he came to the U.S. Naomi is a retired speech pathologist, specializing in forming language skills.

Christine Petruzzell (pg. 22) is an attorney admitted to the New Jersey Bar with more than 45 years of experience, having had a practice in commercial litigation at a major law firm in New Jersey. Most recently, she worked with the New Jersey Supreme Court as a staff attorney for seven years.

Louis Ruprecht (pg. 15) is presently the senior partner at a trial firm in Westfield. He has tried many hundreds of cases and appeared in all NJ state courts as well as all federal courts including the US Supreme Court. He taught law school for many years and is a frequent lecturer at continuing legal education seminars.

Dr. Howard Schechter (pg. 21), a former elementary school principal in Manhattan and in Bergen County, is a literacy and language consultant in New York and New Jersey.

Alan Schillowitz (pg. 31) holds a PhD in Physical Chemistry from Cornell University. He worked in research and engineering at ExxonMobil for 38 years, advancing to the position of Senior Scientific Advisor. He is a member of the US Patent Office patent bar.
George Schroepfer (pg. 17) is an Assistant Teaching Professor in the Writing Program at Rutgers. He is also an adjunct at Kean University. He has taught for OLLI since 1999.

Monica Shah (pg. 15) is a professional educator who holds a BS from Penn State, and an EdM from Harvard University focused on adult development. The author of multiple essays, poems and several books, her background also includes the performing arts. With extensive experience in teaching a variety of subjects, the common thread that runs through her diverse experiences and interests is an intrinsic spirit for exploration and discovery and the expertise to support others in their own learning journeys.

Roz & Steve Shaw (pg. 24) have been teaching film classes at OLLI-RU since 2003. They take pride in finding movies off the beaten path and have never repeated a movie in more than 20 years! They love engaging in interesting discussions with their students.

Anne Singer (pgs. 31, 38) graduated with honors with a BA from Harvard and an MFA from Columbia with a major in Screenwriting. While at Columbia, she was awarded a fellowship to host the weekly Cinemateque program, open to the public, showing films based on a theme. At OLLI-RU, she has taught courses on Fellini, film comedy, and the romantic films of Hitchcock.

Brooks Smith (pg. 34) is a Presbyterian pastor who has served churches in Ohio, Pennsylvania and New Jersey and is strongly committed to community organizing. At age 18, he volunteered for and served in Freedom Summer of 1964. Brooks holds degrees from Wesleyan University, University of Chicago, Colgate Rochester Divinity School and New School University.

Charlie Smith (pg. 27) is a history buff, published author, presenter, and a member of the White Chapel Society.

Valerie Snyder (pgs. 12, 13) has been a NJ State Arts Educator of the Year and has taught art for 40 years in North Brunswick Public Schools. She was recognized as a “Teacher Who Makes Magic” and received an “Exemplary Educator Award” from NJ. Her work online was recognized by Khan Academy as one of the "50 Top Educational Videos" of the year. She’s a proud graduate of Douglass College and is a returning OLLI-RU Instructor.

Paul Soltis (pg. 33) is the State Park Service's historian for Wallace House & Old Dutch Parsonage State Historic Sites, George Washington's winter headquarters and the historic home of the founder and first president of Rutgers in Somerville, New Jersey. Paul studied at William & Mary, Colonial Williamsburg and Aberdeen.

Susan Speidel (pg. 39) received a Doctorate in Liberal Studies from Drew University and also studied at NYU and the Globe Theatre in London. She served as Director of Education for NJ’s Tony Award-Winning Paper Mill Playhouse and currently teaches at Kean University and Rutgers Mason Gross School of the Arts. She is the recipient of the NJ Governor’s Award for Theatre Education, a NJ Theatre Alliance Applause Award, two Broadway World Regional Theatre Awards, and is a member of the NJ Association of Community Theaters Hall of Fame.

Larry Stanley (pg. 32) was a TV director for more than 30 years and received his BA in Broadcasting from San Francisco State University. He is a member of the Directors Guild of America and he roasts his own coffee.

Maxine Susman (pg. 20) has a Ph.D. in English from Cornell. She has written seven books of poetry, publishes in many journals, and gives community readings and workshops. Before retiring she taught writing and literature at Rutgers as Associate Director of the Writing Program, at Seton Hall University, Duksung Women’s University in Korea, and Caldwell University. This is her tenth year at OLLI-RU, her favorite gig of all.

Bruce Tucker (pgs. 17, 19, 28, 29) holds a BA in political science and history and an MS degree in information technology and project management from Stevens Institute of Technology. Bruce has been an OLLI-RU faculty member since 2009.

Hugo Walter (pg. 39) has a B.A. from Princeton University, an M.A. from Old Dominion University, and a Ph.D. from Drew University. He has taught at Fairleigh Dickinson University, Drew University, and Rutgers University. Dr. Walter has published several books on European and American literature.

Vandana Walia (pg. 26) has a master’s degree in English Literature and has been teaching at OLLI-RU for nearly 10 yrs.

Howard Weber (pg. 26) has practiced law in the areas of commercial litigation, real estate, and both commercial and retail collections for 40 years. He has taught at Universities, law schools, paralegal schools and in adult education. Howard has also presented at continuing legal education seminars and conferences.

Carla Zimowsk (pg. 24) is the technology manager for the History Department at Princeton University and has decades of experience incorporating the ever-changing technological landscape in her own genealogical pursuits. Carla holds a Master’s in Information Studies and a certificate in Digital Asset Management from the Rutgers School of Communication and Information Studies, various technology certifications, and has been published in the Chicago Genealogist.