WINTER 2021

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Current OLLI-RU Advisory Council members:

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Megan Novak, Manager
Rajini Kurian, Program Coordinator/Site Coordinator – Rutgers Lifelong Learning Center; New Brunswick
Kristen Michaels, Program Coordinator/Site Coordinator – Freehold
John Michaels, Assistant to Coordinator – Freehold
Farah Shallan, Student Worker/Office Assistant

OLLI-RU Contact Information

OLLI-RU
3 Rutgers Plaza, New Brunswick, NJ 08901
Phone: 848-932-6554*
*OLLI-RU staff continue to work remotely. Email is the quickest way to contact us:
olliregistrations@docs.rutgers.edu
ABOUT OLLI-RU

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is proud to be part of The Bernard Osher Foundation’s nationwide network of outstanding centers providing continuing education to individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP
Tuition includes membership in OLLI-RU. Once you register for a class, you will receive our communications, you will be eligible for reduced pricing for our travel programs (when we are able to travel again), and you will have access to our new online community connection tool being deployed in the near future.

ONLINE CLASS EXPERIENCE ZOOM
All OLLI-RU classes are online using the Zoom platform. Zoom is free to use and you can join classes on a computer, laptop, mobile device (iPad, cell phone, etc) or calling in via any telephone. You can find more information on Zoom and how to join a class (also called a meeting), here:

- [How to join a Zoom meeting](#)

Help is available: There will be a monitor in each class to help with technology concerns that may arise and to guide students through using the features once in the class.

Things still happen: Please keep in mind that there are times where technology will fail one or all of us. We will do our best to help when we can but some things are beyond our control. The ability to connect to the class and the quality of the connection depends on many factors and we will not be able to troubleshoot or solve every issue. OLLI-RU has no control over issues with a student’s technology that may prevent them from logging in to a class.

Best Practices/Online Class Etiquette: With this new way of learning comes some new things to think about when joining a class:

1. Connect a few minutes early, if possible, to allow time for setup.
2. To help with your connection:
   - Limit the number of people in your household online during your class time.
   - Be as close to your modem or router as possible.
   - Close other applications that may be open on your device.
3. Keep yourself on mute unless you are speaking.
4. Consider using a headset to reduce distractions.
5. Allow time for participants to ask questions and finish speaking.
REGISTRATION

Winter 2021 Registration Starts
Thursday, November 19, 2020

Registration is open up to and including the first day of class if it’s not full.

HOW TO REGISTER ONLINE:

1. Go to OLLI-RU website- olliru.rutgers.edu and click the “Catalog” tab.
2. Click “Register” next to the chosen class (it says description up until the day of registration)
3. Scroll to the bottom right of that page and click “Register/Sign-in Now”
4. Follow directions through the rest of the process
5. Receive two confirmation emails- one for registration and one for payment

The confirmation emails are sent automatically by the system immediately upon successful registration. If you do not receive both emails, check your spam or junk folder. If they are not there, please contact us at olliregistrations@docs.rutgers.edu or call 848-932-6554.

PAPER REGISTRATION: Due to ongoing telecommuting and COVID-19 policies, we are unable to accept paper registration as a measure to ensure the safety of our team members and our community.
POLICIES

REFUND POLICY

- A full refund for multi-week courses will be provided if we receive the request in writing before the start of the second class. Refunds will be issued in the original form of payment and only to the individual who paid for the class.

- The requests must be submitted via our Refund/Transfer webform here: Refund/Transfer webform or emailed to ollirurefunds@docs.rutgers.edu

- No refunds will be issued for one-day courses

TRANSFER POLICY

Students can transfer from one class to another at any point during the session provided confirmation from OLLI-RU staff that the class is still open.

To request the transfer complete the Refund/Transfer webform or email ollirurefunds@docs.rutgers.edu

NEW

RECORDINGS

A large part of OLLI-RU’s mission is to create and build community among our members. Given we can’t all be together in person right now, the best way for us to continue our communities is through synchronous class attendance where, just like an in-person class, students and instructors meet together at the same time and engage with each other in an academic and socially meaningful way. To that end, OLLI-RU will not be recording any online classes in the winter session.

If you have questions, please contact Megan Novak at megnovak@rutgers.edu. For specific inquiries regarding accessibility accommodations concerning recordings, please email olliregistrations@docs.rutgers.edu.

MISSED CLASSES

Individual classes that are cancelled for any reason by OLLI-RU or the instructor will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting.
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<td><strong>History of the Movie Musical</strong>&lt;br&gt;Candy &amp; Sam Caponegro&lt;br&gt;10:30am-12pm&lt;br&gt;1/6-2/3</td>
<td><strong>Anyone Can Sing</strong>&lt;br&gt;Mara Adler-O’Kelly&lt;br&gt;10:30am-11:30am&lt;br&gt;1/7-2/4</td>
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<td><strong>Living, Working, Thriving Smile Side Life</strong>&lt;br&gt;Noreen Braman&lt;br&gt;10:30am-12pm&lt;br&gt;1/6-2/5 (2x/wk Wed&amp;Fri)</td>
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<td><strong>Reading Henry David Thoreau</strong>&lt;br&gt;Allen Ascher&lt;br&gt;1-2:30pm&lt;br&gt;1/11-2/15 *no class 1/18</td>
<td><strong>Sketching for Everyone</strong>&lt;br&gt;Jeff Cohen&lt;br&gt;10:30am-12pm&lt;br&gt;1/5-2/2</td>
<td><strong>Spin Your Chakras</strong>&lt;br&gt;Maureen Jorasaki&lt;br&gt;10:30am-11:30am&lt;br&gt;1/6-2/3</td>
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<td><strong>100 Years of Baseball</strong>&lt;br&gt;Don Wardlow&lt;br&gt;10:30-11:30am&lt;br&gt;1/8-2/5</td>
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<td><strong>Spanish Art</strong>&lt;br&gt;Maryann Zolota&lt;br&gt;10:30am-12pm&lt;br&gt;1/5-1/26</td>
<td><strong>WW2 on TV in the 1960s</strong>&lt;br&gt;Bruce Tucker&lt;br&gt;10:30am-12pm&lt;br&gt;1/6-2/10 *no class 1/20</td>
<td><strong>A History of Modern Ireland</strong>&lt;br&gt;Henry McNally&lt;br&gt;10:30am-12pm&lt;br&gt;1/7-2/4</td>
<td><strong>Public Financing</strong>&lt;br&gt;Steve Schrager&lt;br&gt;1-2:30pm&lt;br&gt;1/8-2/5</td>
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<td><strong>1986: Year of NY Mets</strong>&lt;br&gt;Jason Love&lt;br&gt;1pm-2:30pm&lt;br&gt;Jan. 11th ONLY</td>
<td><strong>Stinging Satire in Film</strong>&lt;br&gt;Sally Bauer Cohen&lt;br&gt;10am-11:30am&lt;br&gt;1/5-2/2</td>
<td><strong>America’s Foreign Interventions 1805-1900</strong>&lt;br&gt;Bruce Tucker&lt;br&gt;1-2:30pm&lt;br&gt;11:6-2/10 *skip 1/20</td>
<td><strong>Tai Chi</strong>&lt;br&gt;Malik Cadwell&lt;br&gt;10:30-11:30am&lt;br&gt;1/7-2/4</td>
<td><strong>Sherlock Holmes: A Brilliant Investigator</strong>&lt;br&gt;Hugo Walter&lt;br&gt;1-2pm&lt;br&gt;1/8-2/5</td>
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<td><strong>Take a Laughter Break for the Health of It</strong>&lt;br&gt;Noreen Braman&lt;br&gt;10:30-12pm&lt;br&gt;Jan. 25 ONLY</td>
<td><strong>Painting to the Rescue</strong>&lt;br&gt;Jeff Cohen&lt;br&gt;1-2:30pm&lt;br&gt;1/5-2/2</td>
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<td><strong>Demystify: Commercial Space Exploration</strong>&lt;br&gt;Saul Einbinder&lt;br&gt;10:30am-12pm&lt;br&gt;Feb. 1 ONLY</td>
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<td><strong>Awesome Mandalas</strong>&lt;br&gt;Valerie Snyder&lt;br&gt;3-4:30pm&lt;br&gt;1/7-2/4</td>
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<td><strong>Great Mystery Novels</strong>&lt;br&gt;Nawaz Merchant&lt;br&gt;1:2-30pm&lt;br&gt;1/5-2/2</td>
<td><strong>Mindful Chair Yoga &amp; Meditation</strong>&lt;br&gt;Lyn Lilavati Sirota&lt;br&gt;1-2pm&lt;br&gt;1/6-1/20</td>
<td><strong>Rod Serling’s Twilight Zone: Best of Season 1</strong>&lt;br&gt;Larry Stanley&lt;br&gt;1-2pm&lt;br&gt;1/7-2/4</td>
<td><strong>Impressionists/Tradition of French Cheese</strong>&lt;br&gt;Carla Graifer&lt;br&gt;3-4:30pm Jan 30 ONLY</td>
<td><strong>The Sixties: British Inv.</strong>&lt;br&gt;Vinnie Bruno&lt;br&gt;3-4:30pm&lt;br&gt;1/5-2/4 (2x/wk Tu&amp;Th)</td>
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<td><strong>Picture Poems for the Present Moment</strong>&lt;br&gt;John Marron&lt;br&gt;1-2:30pm&lt;br&gt;1/5-2/2</td>
<td><strong>Opera, Bel Canto &amp; Evol. of Italian Street Music</strong>&lt;br&gt;Mara Adler-O’Kelly&lt;br&gt;1-2pm&lt;br&gt;1/6-2/3</td>
<td><strong>Pictorial Tour/History of Delaware &amp; Raritan Canal</strong>&lt;br&gt;Vicky Chico&lt;br&gt;1-2:30pm&lt;br&gt;Jan 14 ONLY</td>
<td><strong>The Sixties: British Inv.</strong>&lt;br&gt;Vinnie Bruno&lt;br&gt;3-4:30pm&lt;br&gt;1/5-2/4 (2x/wk Tu&amp;Th)</td>
<td><strong>Islamic Culture - Art/Arch.</strong>&lt;br&gt;Sayyid Tirmizi&lt;br&gt;3-4:30pm&lt;br&gt;1/5-2/4 (2x/wk Tu&amp;Th)</td>
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<td><strong>Islamic Culture Through Art/Arch.</strong>&lt;br&gt;Sayyid Tirmizi&lt;br&gt;3:4:30pm&lt;br&gt;1/5-2/4 (2x/wk Tu&amp;Th)</td>
<td><strong>How to Choose &amp; Use Color</strong>&lt;br&gt;Valerie Snyder&lt;br&gt;3:30-4:30pm&lt;br&gt;Jan 13 ONLY</td>
<td><strong>From Poet to Playwright</strong>&lt;br&gt;Rich Quatrone&lt;br&gt;3-4:30pm&lt;br&gt;1/7-2/4</td>
<td><strong>The Sixties: British Inv.</strong>&lt;br&gt;Vinnie Bruno&lt;br&gt;3-4:30pm&lt;br&gt;1/5-2/4 (2x/wk Tu&amp;Th)</td>
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**Boxes with 1 are One-Day only classes**
R1. **1986: The Year of the New York Mets**
Monday, January 11  
1:00 p.m. – 2:30 p.m.  
Class size: Medium  
$20.00

The New York Mets featured Dwight Gooden, Gary Carter, Darryl Strawberry, and Keith Hernandez. They were the team New York loved, but everyone else hated. Besides the Mets winning the World Series in 1986, this was also the year of the movie "Top Gun," Bon Jovi, Ronald Reagan, and the Space Shuttle disaster.

**Instructor:** Jason Love

R2. **Demystify: Commercial Space Exploration**
Monday, February 1  
10:30 a.m. – 12:00 p.m.  
Class size: Small  
$20.00

Space-X, Virgin Galactic, Blue Origin. Is there still a U.S. Space Program? Does it matter? There’s more going on in space today than in the heyday of Apollo and the Space Shuttle. We will look at what companies are doing alone and with NASA, where are we going, and why. Like other “Demystify” sessions, we will separate hype from reality, sprinkle in just a little bit of tech talk, and add a dash of entertainment along the way.

**Instructor:** Saul Einbinder

R3. **Exploring Italian and Spanish Cheese**
Friday, January 15  
3:00 p.m. – 4:30 p.m.  
Class size: Medium  
$20.00

Lush mountain ranges, sun drenched coastal islands, an abundance of rustic sheep’s milk and a Mediterranean climate, yes, both Spain and Italy share these natural blessings to produce some of the world’s most beloved cheeses. Learn about the history of cheese making and products that are produced today. A list of cheeses will be forwarded to the participants prior to the first day of class, along with the curriculum, so at the end of the lecture we will sample together and discuss the selections for a virtual tasting. A list of wine pairings will also be included for those who choose to partake.

**Instructor:** Carla Graifer

R4. **Famous Firsts at Twin Lights State Historic Site**
Thursday, January 21  
1:00 p.m. – 2:30 p.m.  
Class size: Large  
$20.00

Please join us in exploring the “Famous Firsts*” at Twin Lights Lighthouse in Highlands, NJ. We will discuss the technological innovations that took place at Twin Lights as well as the unique navigation challenges that made Twin Lights the notable landmark for all sailors approaching the New York Harbor. The site today is a popular heritage tourism destination with a breathtaking view of the New York harbor and skyline.

**Instructor:** Nicholas Wood
R5. How to Choose and Use Color
Wednesday, January 13
3:30 p.m. – 4:30 p.m.
Class size: Medium (20 max.)
$20.00
Color is a fascinating subject! Students in this class will learn about the color wheel (did you know Isaac Newton made the first one?) and how it can be used to create harmonious color schemes in your clothing choices, decor, and life!

Instructor: Valerie Snyder

R6. Impressionists and the Tradition of French Cheese
Online visual presentation, virtual tasting & discussion
Friday, January 29
3:00 p.m. – 4:30 p.m.
Class size: Medium
$20.00
What can enhance the appreciation of French cheese even more? The French countryside, wide tree-lined boulevards, cafés, cabarets, and a visit to the ballet studio. Join me in connecting the terroir of France, as depicted by French Impressionist artists, with regional cheeses. From Monet to Degas and Brie to Roquefort we will explore this art movement of the late 19th century and discuss French cheese making, cheese history and the industry today. A list of cheeses will be forwarded to the participants prior to the first day of class, along with the curriculum, so at the end of the lecture we will sample together and discuss the selections for a virtual tasting. A list of wine pairings will also be included for those who choose to partake.

Instructor: Carla Graifer

For more on the Impressionists, check out The French Impressionists art class (R40) with Maurice Mahler on page 20.

R7. A Pictorial Tour & History of the Delaware and Raritan Canal
Thursday, January 14
1:00 p.m. – 2:30 p.m.
Class size: Large
$20.00
Today as a park, the D&R Canal serves us well as a quiet, preserved refuge from the developing suburban centers that now define central NJ. However, this unique linear park once served a very different purpose. In this hour and half long virtual presentation the Delaware & Raritan Canal State Park’s historian will give a narrated presentation on the story of the canal. Both historic and modern photographs will be included to illustrate the waterway’s past and present life. Join us for an introduction to this once bustling commercial transportation corridor that is now a much beloved NJ State Park.

Instructor: Vicki Chirco
R8. The Reverse Underground Railroad: Kidnapping and Slavery in Pre-Civil War America

Monday, January 11
10:30 a.m. – 11:30 a.m.
Class size: Large
$20.00

Join us for a talk with Dr. Richard Bell, who will share the incredible story of five boys whose courage forever changed the fight against slavery in America. Philadelphia, 1825: five young, free black boys fall into the clutches of the most fearsome gang of kidnappers and slavers in the United States. Lured onto a small ship with the promise of food and pay, they are instead met with blindfolds, ropes, and knives. Over four long months, their kidnappers drive them overland into the Cotton Kingdom to be sold as slaves. Determined to resist, the boys form a tight brotherhood as they struggle to free themselves and find their way home. Their ordeal—an odyssey that takes them from the Philadelphia waterfront to the marshes of Mississippi and then onward still—shines a glaring spotlight on the Reverse Underground Railroad, a black market network of human traffickers and slave traders who stole away thousands of legally free African Americans from their families in order to fuel slavery’s rapid expansion in the decades before the Civil War.

Instructor: Richard Bell

R9. Take a Laughter Break for the Health of It

Monday, January 25
10:30 a.m. – 12:00 p.m.
Class size: Medium
$20.00

This fun, stress-relieving interactive workshop will show participants: the relationship of humor and laughter to mental and physical wellness; the role of laughter in human development; when and what kind humor is appropriate; and the concept of laughing for no reason (just for the health of it) with takeaway exercises. This will include an introductory laughter yoga session (no posing or mats required), as well as tests, activities and interactive exercises.

Instructor: Noreen Braman

CLASS SIZES:

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<th>7 - 15 students</th>
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<td>Medium</td>
<td>16 – 25* students</td>
</tr>
<tr>
<td>Large</td>
<td>36 - 100+ students</td>
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*unless otherwise noted in Class Size in the course description
R10. Frances H. Burnett’s *The Secret Garden*

Monday 10:30 a.m.- 12:00 p.m.  
Class Size: Medium
Jan. 11 – Feb. 15  
$50.00

*No class on Jan. 18*

Since its publication in 1911 Frances Hodgson Burnett’s novel The Secret Garden has been enjoyed by generations of readers. In this course we will discuss this inspirational and delightful literary classic and compare it to an excellent film version of the novel. **Text for the course:** Any edition of Frances H. Burnett’s novel *The Secret Garden.*

**Instructor:** Hugo Walter

R11. Taste of Yiddish

Monday 10:30 a.m.- 12:00 p.m.  
Class Size: Medium (20 Max)
Jan. 11 – Feb. 15  
$50.00

*No class on Jan. 18*

Language is the key to understanding culture. The rich, colorful language of Yiddish is famous for its unique expressions that reveal humor, sarcasm, and directness. This course’s themed lessons on cursing, family and relationships, cooking foods, recipes, memories and more are vehicles to learn basic vocabulary, expressions, and short conversations on each of the topics. Often, Yiddish songs and skits are added as a reinforcement. Students are encouraged to write stories about each theme in English and email them to Naomi. She will send the story back, translated into Yiddish. They will read their transliterated stories in class. All lessons are presented on Powerpoint.

**Instructor:** Naomi Miller

R12. Reading Henry David Thoreau

Monday 1:00 p.m.- 2:30 p.m.  
Class Size: Medium
Jan. 11 – Feb. 15  
$50.00

*No class on Jan. 18*

Thoreau lived and thought outside the box; nevertheless he is one of the most iconic American characters in our history, and, as a writer, one of our greatest prose stylists. Partly in class and partly as “assignments,” we will read “Economy,” the first chapter of Walden, and two major essays: “Civil Disobedience” and “Slavery in Massachusetts.” For better understanding, we will also learn the biographical background of each of these works as well as their place in American political culture. The works will be supplied to the student via the internet.

**Instructor:** Allen Ascher
R13. The Beatles “From Liverpool to Abbey Road”
Tuesday & Thursday 10:30 a.m. – 12:00 p.m. Class Size: Large
Jan. 5 – Feb. 4 $100.00
This course will follow in the footsteps of The Beatles as they embark on their historic journey starting from their early days as a cover band in Liverpool and Hamburg, into the excitement of Beatlemania, including concert performances, and films, through their creative ground breaking studio albums (Rubber Soul, Revolver, Sgt. Peppers) to the formation of Apple Corps and finally to their remarkable final recordings at Abbey Road Studios. Coming full circle, we will explore the highlights of each individual’s post Beatles work.

Instructor: Vinnie Bruno

R14. Comedy - Origins and Highlights
Tuesday 10:30 a.m. - 12:00 p.m. Class Size: Medium
Jan. 5 – Feb. 2 $50.00
What makes us laugh? Explore this question by looking at comedy’s diverse origins dating back to Ancient Greece and then moving forward through to modern times. Topics will include Vaudeville, Film, Radio, TV and Stand-up along with a class focused on the comedians who learned their craft entertaining in the Catskill Mountain Borscht Belt. We’ll also focus on comedy’s role in our past and present-day political and social thought.

➢ There will be some new and updated content for those who are returning students.

Instructor: Abe Vorensky

R15. Our Mysterious Brain
Tuesday 10:30 a.m.-11:30 a.m. Class Size: Medium
Jan. 5 – Feb. 2 $50.00
Take a journey into your brain. Come understand why you get bad “vibes” from some people, why young children do not get sarcasm or why teenagers are so difficult to understand. Find out why some parts of our body so sensitive to touch, why you can really “love” chocolate, why some foods bring back memories, and why drinking alcohol makes you run to the bathroom. Learn how changes in the brain result in certain disorders & diseases such as Alzheimer’s & Parkinson’s.

Instructor: Barbara Bogner
R16. Sketching for Everyone
Tuesday 10:30 a.m.-12:00 p.m. Class Size: Small
Jan. 5 – Feb. 2 $50.00
Sketching has been called the short hand of drawing. Learn to spot the essence of a subject and put that impression down on paper. Explore shapes, line, shading, shadow and more. Come sketch with me. Supplies needed: F, 3B, 7B Faber/Castel graphite pencils, medium pink beveled eraser, and 11” x 14” Bienfang or Strathmore drawing pad.
Instructor: Jeff Cohen

R17. Spanish Art
Tuesday 10:30 a.m.-12:00 p.m. Class Size: Large
Jan. 5 – Jan. 26 $40.00
We will discuss and explore the works of Spanish artists and influences. We will start with Diego Velasquez, then Francisco Zurbaran & Spanish Still Life, week three is Francisco Goya, & then end with Manet & his Spanish roots.
Instructor: Maryann Zolota

R18. Stinging Satire in Film
Tuesday 10:00* a.m.-11:30 a.m. Class Size: Medium (20 max.)
Jan. 5 – Feb. 2 $50.00
*Please note the earlier start time
Satiric comedies are remembered because they use laughter to expose evils or follies of mankind and attack the people or institutions responsible. Join us as we laugh our way through five films that target dictators, war, and the tyranny of technology. You will use the elements of film making to critically evaluate how successfully directors have achieved their goals. The tentatively selected films:

- Catch-22 (discussed on 1/5),
- Modern Times (discussed on 1/12),
- Duck Soup (discussed on 1/19),
- To Be or Not To Be (discussed on 1/26) and
- The Great Dictator (discussed on 2/2)

Students should view the films before the class in which they will be discussed. All films are available on YouTube for viewing before the discussion dates indicated. When searching on YouTube, please type the words "full film" before the titles. Make sure to select only films that are at least 1 hour long.
Instructor: Sally Bauer Cohen
**TUESDAY P.M.**

**R19. Great Mystery Novels- Short Course 1**

Tuesday 1:00 p.m.-2:30 p.m.  
Jan. 5 – Feb. 2  
Class Size: Medium (20 max.)  
$50.00

Mystery novels excite our imagination, engage our emotion and draw us into a world of intrigue, where crime solvers battle villains as well as confusion, bureaucracy and sometimes each other. Mixing classics with contemporary novels, this class discusses the Mystery/Thriller genre and sub-types (Noir, cozy, classic, police procedural, psychological thriller etc). In each class we will read a summary of the novel and discuss the time and place, as well as themes we expect to see. We will hear sections read aloud, and consider the plot, discuss the characters and why that story haunts us. While it’s ideal if participants have already read the novel, this is not necessary. If you find that the discussion drives you to want to read it, we will hold a ‘round up’ later for such discussion as well. The novels are available at most libraries or can be purchased for kindle e-reader. Many are available as movies on demand. The novels for this course are:

- Dashiell Hammett, *The Maltese Falcon* (also available as a movie on amazon prime);
- Elmore Leonard, *Unknown Man #89* (kindle book version available);
- Louise Penny, *Still Life* (also available as a movie on amazon prime as *Still Life: A Three Pines Mystery*);
- Agatha Christie, *Then There Were None* (also available as a movie on YouTube);

**Instructor:** Nawaz Merchant

**R20. The Immigrant Experience**

Tuesday 1:00 p.m.-2:30 p.m.  
Jan. 5 – Feb. 2  
Class Size: Medium (20 max)  
$50.00

Although the immigrant experience is universal, each traveler's tale is unique. We will enjoy comparing and contrasting directors' use of cinematic elements to present adventures in these tentatively scheduled films:

- *In America* (discussed on 1/5);
- *Mi Familia* (discussed on 1/12);
- *Pelle the Conqueror* (discussed on 1/19);
- *Ali: Fear Eats the Soul* (discussed on 1/26);
- *El Sueño* (discussed on 2/2).

Students should view the films before the class in which they will be discussed. All films are available on YouTube. When searching on YouTube, please type the words "full film" before the titles. Make sure to select only films that are at least 1 hr long.

**Instructor:** Sally Bauer Cohen
R21. Islamic Culture through Art and Architecture (7th to 19th c.)
Tuesday & Thursday 3:00 p.m. - 4:30 p.m.  Class Size: Medium
Jan. 5 – Feb. 4  $100.00
For over 1400 years, Islamic Culture has made a significant contribution to the world of art and architecture. From the Dome of the Rock through Cordoba Mosque in Spain to Taj Mahal in India and from beautiful miniature paintings to various styles of calligraphy, from Ibn Khaldun to Rumi, it has excited historians and common people alike. All this compels one to examine the contribution of Islamic art and culture to world civilization. This survey course is an attempt to introduce the creative world of Islamic culture through some of the significant landmarks of art, architecture, paintings, and calligraphy over the centuries.
Instructor: Sayyid Tirmizi

R22. Painting to the Rescue
Tuesday 1:00 p.m. - 2:30 p.m.  Class Size: Small
Jan. 5 – Feb. 2  $50.00
In those dreary days of winter, you will have the opportunity to bring some light into your life by painting bright, color-filled works.
Watercolor supplies needed: #1, #4, #8 round watercolor brushes (camel, sable hair, or synthetic), Yarka watercolor set (pan, not tube), Strathmore 9"x12" cold press or Bienfang 9"x12" watercolor pad, 2B pencil with eraser.
Acrylic supplies needed: Liquitex six pack basics, acrylic synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, china plate for a palette.
Oils supplies needed: Starter oil set (containing primary colors and black and white – feel free to bring any additional colors you may own), synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, palette or plastic plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.
Instructor: Jeff Cohen

R23. Picture Poems for the Present Moment: Haiku, Ink Drawing, ABC’s of Zen Meditation
Tuesday 1:00 p.m. - 2:30 p.m.  Class Size: Small
Jan. 5 – Feb. 2  $50.00
We will learn, read, and write the history of haiku (Basho, Ikkyu, Ryokan, Kerouac et al), practice and share simple sumi-e/ink drawings of domestic bliss, learn the basics of zen breathing and meditation, and check in with our own literary, artistic and self-care progress in each class. We will also gather and publish a short anthology of student works for virtual distribution at the end of class. No previous writing, art or meditation practice is necessary.
Instructor: John Marron

R24. The Sixties: The British Invasion
Tuesday & Thursday 3:00 p.m. – 4:30 p.m.  Class Size: Large
Jan. 5 – Feb. 4  $100.00
This course will focus on the phenomenon rise of the British pop & rock acts that invaded our shores in the 60’s. From pop groups (The Beatles, The Dave Clark 5, The Animals, The Kinks) to the psychedelic & progressive bands (The Who, Pink Floyd, Cream, Traffic). We’ll explore highlights from landmark recordings that clearly defined this British pop renaissance era.
Instructor: Vinnie Bruno
R25. Wu Ji Jing Gong Qi Gong
Tuesday 3:00 p.m. - 4:30 p.m.            Class Size: Small
Jan. 5 – Feb. 2                          $50.00

Wu Ji Jing Gong Qi Gong is a series of 15 different movements that will help you relax and open your mind, body & qi. This class will also focus on principles of posture. It starts with a sitting, guided & cleansing meditation and it will end with a standing meditation. Dress comfortably.

Instructor: Patty Pagano

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WEDNESDAY A.M.

R26. History of the Movie Musical
Wednesday 10:30 a.m. - 12:00 p.m.            Class Size: Large
Jan. 6 – Feb. 3                          $50.00

We will view and discuss clips of musicals from the 1920s to the 1950s. From Al Jolson's The Jazz Singer to Rodgers and Hammerstein's The King and I. We will meet the likes of Fred and Ginger, Shirley Temple, Mae West, Gene Kelly, and Judy Garland – to name a few.

Instructor: Candy and Sam Caponegro

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R27. Living, Working, & Thriving on the Smile Side of Life
Wednesday & Friday 10:30 a.m. – 12:00 p.m.            Class Size: Medium
Jan. 6 – Feb. 5                          $100.00

A research–based program, Dr. McGhee’s 7 Humor Habits (7HH) Program takes participants step-by-step through reading, research and writing exercises aimed at developing the 7 Humor Habits: Surround Yourself With Humor; Cultivate a Playful Attitude; Laugh More Often and More Heartily; Create Your Own Verbal Humor; Look For Humor in Everyday Life; Take Yourself Lightly; and Find Humor in the Midst of Stress. Participants will gain a fully-rounded understanding of the importance of humor and laughter in life, especially in times of stress and difficulty. By the end of the 10 sessions, you will have explored the 7 habits, developed ways to incorporate them into daily life, and created a journal of self-discovery you can use going forward. Required book students must obtain before class: Humor as Survival Training for a Stressed Out World: The 7 Humor Habits Program by Paul McGhee. The book is available at Amazon in paperback and for kindle.

Instructor: Noreen Braman
R28. News from Poems
Wednesday 10:30 a.m. - 12:00 p.m.  Class Size: Small
Jan. 6 – Feb. 3  $50.00

In this poetry workshop we will write poems and flash prose about topics in the news, across a range of issues: political, scientific, cultural, social, environmental. Your choice. We will consider where the personal and the political intersect, and what makes for a good poem about current events. Each week we will read a published poem to spark discussion about meaning, craft, and creative choices, use a prompt to start our own new work, and share our writing in a non-competitive, supportive atmosphere. We will try to make the virtual format as tangible as we can.

Instructor: Maxine Susman

R29. Spin Your Chakras
Wednesday 10:30 a.m. - 11:30 a.m.  Class Size: Small
Jan. 6 – Feb. 3  $50.00

Come Spin Your Chakras! Join us for an introduction to the Chakra System, which is a spiritual energy center within the human body. We will discuss its effect on health (body, mind & spirit) and ways to improve our own wellness. The class will include education of chakras and demonstrations of short breathing exercises (pranayama), yoga poses (asanas) along with ideas for self-expression through art or journaling that you can do on your own.

Instructor: Maureen Joraski

R30. World War II on TV in the 1960s
Wednesday 10:30 a.m. - 12:00 p.m.  Class Size: Medium
Jan. 6 – Feb. 10 *no class on Jan. 20  $50.00

Enjoy classic episodes of the 1960’s TV war drama Combat! Combat! which ran for 5 years on ABC TV between 1962 and 1967. The program was noted for its realistic depiction of war and its accuracy in portraying soldiers grappling with human vulnerabilities and ethical dilemmas. Each episode was produced like a feature war film like Saving Private Ryan. You will need access to the original episodes of the program which are available free via the internet & YouTube.

Instructor: Bruce Tucker

R31. America’s Foreign Interventions 1805-1900
Wednesday 1:00 p.m. - 2:30 p.m.  Class Size: Medium
Jan. 6 – Feb. 10 *no class on Jan. 20  $50.00

The United States has been involved in a number of foreign interventions throughout its history. In this class we will examine 5 major interventions performed by the United States between 1805 and 1900. We will explore, using Powerpoint slides and lecture, the goals and objectives of these interventions, the impact they had on the affected countries, and American foreign policy then and today.

Instructor: Bruce Tucker
R32. Drawing Flowers
Wednesday 1:00 p.m. - 2:30 p.m.  
Class Size: Small
Jan. 6 – Feb. 3  
$50.00

Students will discover the unique characteristics and handling of various non-toxic drawing media. The class has been developed so that it is available to people at all levels of ability: no previous art experience is required. For this session we will create the following: **Tulips**: We will create lovely tulips using chalk pastels; **Lotus**: We will create an eight-petal lotus flower using oil pastels; **Daisies**: We will create summer daisies using magic markers; **Roses**: We will create blossoming roses using watercolor pencils and watercolor paint brushes; and **Carnations**: We will create intricate carnations using HB graphite pencils. **Required materials**: Chalk pastels, magic markers, oil pastels, watercolor pencils, watercolor paint brushes, HB graphite pencils, multimedia pads.

**Instructor**: Karl Lorenzen

R33. Five British Directors
Wednesday 1:00 p.m. - 2:30 p.m.  
Class Size: Large
Jan. 6 – Feb. 3  
$50.00

From the 1940's-1960's British cinema flourished. A resurgence occurred after 2000 when British directors began making issue-oriented and contemporary movies. **The films that will be discussed must be viewed prior to each class**. They are available on DVD, through Kanopy, and online streaming services. The films will be discussed in the following order:

1/6: **The Third Man** (1945; Carol Reed directing);
1/13: **The Prime of Miss Jean Brodie** (1969; Ronald Neame directing);
1/20: **The Wind that Shakes the Barley** (2006; Ken Loach directing);
1/27: **The Theory of Everything** (2014; James Marsh directing);
2/3: **The Danish Girl** (2015; Tom Hooper directing)

**Instructors**: Roz and Steve Shaw

R34. Mindful Chair Yoga & Meditation
Wednesday 1:00 p.m. - 2:00 p.m.  
Class Size: Medium
Jan. 6 – Jan. 20  
$30.00

Mindful Chair yoga and meditation is a gentle, versatile form of yoga utilizing a chair that is adaptable for all skill levels and abilities and for those with balance issues and injuries. This includes participants who spend their time commuting, sitting at a desk, or suffer with limited mobility or chronic conditions. It is therapeutic in nature and welcoming to all populations. Participants will enjoy a restorative experience that is breath, body, and spiritually focused. Students will learn techniques to gain flexibility, strength, balance, and energy while increasing range of motion and delving into an enjoyable and relaxing class that moves at a mindfully slow pace.

**Instructor**: Lyn Lilavati Sirota
R35. Opera, Bel Canto and the Evolution of Italian Street Music
Wednesday 1:00 p.m. - 2:00 p.m.               Class Size: Medium (25 max.)
Jan. 6 – Feb. 3                                          $50.00

Why is Italian the language of singing? How did Neapolitan Street song evolve into opera? An in-depth look at these art forms. An opportunity to listen to the greatest singers and delve deeper into historic recordings. Covering everything from the earliest operas to modern composers.

Instructor: Mara Adler-O'Kelly

R36. A Poetry Workshop for the Irrepressible Few
Wednesday 3:00 p.m. - 4:30 p.m.               Class Size: Small
Jan. 6 – Feb. 3                                          $50.00

I will present ideas and topics that encourage creative discussion to foster the writing of poetry. The class will focus on guiding students to develop their true voices, their own styles, and the reading/performance of their poems. The course will be highly supportive. If you sing in the shower or in the car, or have wild dreams, or have been in love at least three times, or dance while you wash the dishes, or have yelled at the TV news, or have a broken heart you hope never mends, or done or have none of these but simply have something to say, this workshop is for you!

Instructor: Rich Quatrone

R37. Rational Controversy
Wednesday 3:00 p.m. - 4:30 p.m.               Class Size: Medium (20 Max.)
Jan. 6 – Feb. 3                                          $50.00

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. So long as there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics for discussion, but class members can raise any issue.

Instructor: Harvey Singer
R38. Anyone Can Sing-Virtual Choir and Singing Workshop
Thursday 10:30 a.m. - 11:30 a.m.  Class Size: Small
Jan. 7 – Feb. 4  $50.00

Do you think you can't sing, or do you carry around the weight of a childhood music teacher’s critical words? This class is open to anyone, but especially those who do! Bring your love and interest in music and we will take care of the rest. Each week we will learn songs of the teacher’s and students’ choosing and will sing as a choral ensemble with the option for participants to sing solo if they choose. Each class period will include vocal exercises, movement, and breathing techniques that will not only improve your singing but improve your breathing habits and well-being outside of the classroom environment. This will be a safe and supportive environment where we will strive to provide joy and confidence that is specific to making music and more specific to using your own voice as a means to do so.

Instructor: Mara Adler-O’Kelly

R39. Cultivating Creativity
Thursday 10:30 a.m. – 12:00 p.m.  Class Size: Medium
Jan. 7 – Feb. 4  $50.00

Creativity is the art of turning imagination into reality by looking at the world in novel ways, to see relationships where none exist. It is a skill that can be developed through experimenting, exploring, questioning, and play. Similar to a sport or hobby, creativity requires practice to flourish. In this multidisciplinary, generative class, you will challenge your brain to think in new ways, stretch your imagination and nurture your creativity. We will engage in a variety of exercises such as crafting twisted fairy tales, drawing a self-portrait, writing a poem, playing improv games, practicing mindfulness, developing a mini memoir, designing your autobiography book cover, etc. You will come away with renewed enthusiasm and tools for cultivating your creativity in everyday life.

Instructor: Monica Shah

R40. The French Impressionists: The 2nd French Revolution
Thursday 10:30 a.m. - 12:00 p.m.  Class Size: Large
Jan. 7 – Feb. 4  $50.00

We will follow the lives and art of this rule-breaking group of artists. We will find out why the Impressionists movement is known as the second French Revolution and why the art is considered to be some of the most popular art ever produced by any group of artists in history.

Instructor: Maurice Mahler

For more on the Impressionists, check out the one-day special class Impressionists and the Tradition of French Cheese with Carla Graifer (R6) on pg 9.
R41. A History of Modern Ireland
Thursday 10:30 a.m. - 12:00 p.m.  
Jan. 7 – Feb. 4  
Class Size: Medium  
$50.00
This five session course will examine the history of Ireland from the defeat of the last Gaelic rebellion in 1601 through the early 20th century. Consideration will be given to the plantation system, the suppression of Cromwell, William of Orange and the Battle of the Boyne. Also covered will be the Penal laws, Protestant Ascendancy, and Catholic emancipation, the Great Potato Famine, Fenianism, rebellion, civil war, and eventual independence for Ireland.

Instructor: Henry McNally

R42. Tai Chi
Thursday 10:30 a.m. - 11:30 a.m.  
Jan. 7 – Feb. 4  
Class Size: Large  
$50.00
This course explores fundamental practices of Yang Style Tai Chi Chuan - "Grand Ultimate Fist." We will also practice mindfulness and breathing exercises combined with gentle stretching and rhythmic movement with no impact on the joints. Coordination of mind, body and spirit through intentional awareness and mindfulness of our own bodies and our surroundings. Increased balance, circulation, and relaxation have been shown to result from the practice of meditation in motion. All levels of experience are welcome. Movements from the short-standardized form will be covered. Participants can progress at their own pace and discussions of the history, art, current research and practical application are welcomed and encouraged.

Instructor: Malik Cadwell

THURSDAY P.M.

R43. Awesome Mandalas!
Thursday 3:30 p.m. - 5:00 p.m.  
Jan. 7 – Feb. 4  
Class Size: Small  
$50.00
Beginners will be astounded by the awesome work they can produce using some simple techniques to build painting skills, then using basic watercolor painting techniques to create an amazing mandala! Supplies needed include: tracing paper, a 30/60 drawing triangle, any watercolor set, a non-bleeding black marker, pencil, and several sheets of large white watercolor paper (as large as you want to work with).

Instructor: Valerie Snyder
R44. From Poet to Playwright
Thursday 3:00 p.m. - 4:30 p.m.  
Jan. 7 – Feb. 4  
Class Size: Small  
$50.00

Not your standard playwriting course, this class will encourage you to write lyrical, short plays by trusting your first instincts, your emotion, and your "gut." The result? Poetical plays that emphasize imagination over reason. Selected plays may be read by The American Poetry Theater.

Instructor: Rich Quatrone

R45. Let's Discuss: Current Events
Thursday 1:00 p.m. - 2:30 p.m.  
Jan. 7 – Feb. 4  
Class Size: Medium  
$50.00

Moderated course on current events encouraging full participation in a respectful and sometimes humorous atmosphere, covering recent interesting events, both domestic and international. Come prepared to offer your own opinions, listen respectfully to others and engage in friendly, spirited discussion on ever-changing topics. Suggestions for topics are always welcomed.

Instructor: Leonard Parry

R46. Rod Serling’s Twilight Zone: The Best of Season One
Thursday 1:00 p.m. - 2:00 p.m.  
Jan. 7 – Feb. 4  
Class Size: Medium  
$50.00

Enjoy ten of the best episodes from season one of Rod Serling’s Twilight Zone and then discuss the stories behind the stories with additional videos, photos, and anecdotes. These episodes were not covered in the fall 2020 class. You will need access to original episodes of Twilight Zone which are available on Netflix, Hulu, Prime, and CBS All-Access. If you don’t use these services, it is available for $2.99 per episode from iTunes, Amazon Video, and YouTube.

Instructor: Larry Stanley

R47. 100 Years of Baseball Broadcasting
Friday 10:30 a.m. – 11:30 a.m.  
Jan. 8 – Feb. 5  
Class Size: Small  
$50.00

The course will be an overview of baseball broadcasting from its infancy in the 1920’s through what changes were necessary to allow broadcasting in 2020 despite the pandemic. We will relive some of the glory days of this broadcasting genre and I will share brief clips from recordings of many of baseball's best broadcasters, including a few modern ones.

Instructor: Donald Wardlow
R48. Climate Change, Pandemics, and Resilience – Part 1  
Friday 10:30 a.m. – 12:30 p.m.  
Jan. 8 – Feb. 5  
Class Size: Medium  
$50.00

Join us as we dive into the basic science of climate change and some of its major impacts: weather changes, pandemics, and sea-level changes. We will discuss resilience and the choices that we may consider for the short- and long-term future. Issues will be presented in a way that will result in open discussions and efforts at better understanding of current events. Your input and experiences are encouraged. The course schedule is as follows: Week 1: The Basic Science of Climate Change; Week 2: Impacts – Weather changes; Week 3: Impacts – Pandemics; Week 4: Impacts – Sea-level changes; Week 5: Resilience – What are the choices and possible solutions for our planet?

Instructor: Lampros E. Bourodimos

FRIDAY P.M.

R49. Gallery Talks on the Road- Princeton University Art Museum  
Friday 1:00 p.m. - 2:00 p.m.  
Jan. 8 – Feb. 5  
Class Size: Large  
$20.00*  
*special programming price

Each week a different Princeton University Art Museum docent will discuss a work of art from the museum collection in depth. Other works by the artist and other artists in the same genre or time in art history related to the class theme will be presented for comparison and enrichment of learning. Students will be invited to ask questions and participate in a lively discussion about the art after the docent’s lecture.

Instructors: Princeton University Art Museum Docents

R50. Public Financing: How Does It Work and Why Does It Matter to Me?  
Friday 1:00 p.m. - 2:30 p.m.  
Jan. 8 – Feb. 5  
Class Size: Small  
$50.00

Have you ever wondered why we still pay tolls on the NJ Turnpike or how the American Dream mall (formerly Xanadu) was financed? What impact does Covid-19 have on local and State government? We’ll discuss how public projects are prioritized, funded, and how that impacts you. The class will discuss the integration of the public and private sectors, specifically focusing on the role of the municipal bond market in helping to fund essential services and projects. We will address how funding decisions are made and how this all relates to you as a taxpayer and investor.

Instructor: Steve Schrager

R51. Sherlock Holmes: A Brilliant Investigator  
Friday 1:00 p.m. - 2:00 p.m.  
Jan. 8 – Feb. 5  
Class Size: Medium  
$50.00

In this course we will read and discuss four Sherlock Holmes adventures by Arthur Conan Doyle: "The Adventure of the Musgrave Ritual," "The Boscombe Valley Mystery," "The Adventure of the Reigate Squires," and "The Adventure of the Copper Beeches." These stories showcase the brilliance, the creativity, the courage, and the resourcefulness of Sherlock Holmes as a detective and an investigator.

Instructor: Hugo Walter
INSTRUCTOR BIOS

Mara Adler-O’Kelly (pgs. 19, 20) Her education, which includes a BM in vocal performance (Oberlin Conservatory) and an MA in Music Education (Columbia University), taught Mara proper technique yes, but more importantly left her asking, “Can I just be myself?” And in her voice and piano lessons, Mara strives to help other students of any age answer this question and become more confident with every performance opportunity and lesson.

Allen Ascher (pg. 11) has a doctorate in English from the CUNY Graduate Center. He has taught English in middle school and high school and was an adjunct professor of English at Brookdale Community College.

Richard Bell (pg. 10) is Professor of History at the University of Maryland and author of the new book Stolen: Five Free Boys Kidnapped into Slavery and Their Astonishing Odyssey Home, a finalist for the Harriet Tubman Prize and the George Washington Prize. He received his PhD from Harvard University and his BA from the University of Cambridge.

Barbara Bogner (pg. 12) is a retired associate professor of biology. She taught human anatomy and physiology full time at Middlesex County College for 24 years. She has degrees from SUNY Stony Brook and Villanova University and has taught courses for OLLI-RU for the past four years.

Lampros E. Bourodimos (pg. 23) has been a civil and environmental engineer for 43 years and an adjunct professor for 24 years currently at the Rutgers School of Engineering. He has a PhD (Civil Engineering) from NYU and is a licensed Professional Engineer in NJ. He enjoys sharing his knowledge of the interconnections between the environment and public health, sustainability, technology, and engineering so that we may all take actions to make our planet a better place - nothing is more powerful than an idea whose time has come.

Noreen Braman (pgs. 10,16) is a Strategic Communications professional and author of “Treading Water,” a collection of her humor columns and essays. She is a keynote speaker and workshop facilitator specializing in personal and professional well-being and self-discovery topics, especially the physical and psychological benefits of laughter. She has also worked with recovery professionals, mental health professionals, dentists, caregivers, cancer patients, support groups, senior centers, assisted living facilities and children. She lives on the Smile Side of Life, in Jamesburg, NJ.

Vinnie Bruno (pgs. 12,16) holds an MPA from Baruch College and has taught courses in numerous disciplines including Humanities, Business and Mathematics for the past 30 years. As a Beatles Scholar he looks to present an interactive and informative course for both the casual listener and the hard core Beatles fan. As a 60's Rock Historian he offers programs focusing on the many extraordinary musical artist who defined the era.

Malik Cadwell (pg. 21), a Grandmaster of Martial Arts, has over 40 years of experience and served as the US Coach at the World Karate Championship in Tokyo. He teaches (Tai Chi and Kung Fu) at Rutgers-Camden and Newark and Temple University. He received his degree in Psychology from Northwestern University and is a mindfulness and meditation instructor at the Institute of Museum and Library Services and Queens Public Library.

Candy and Sam Caponegro (pg. 16) have worked in all aspects of theater for over 30 years. Their goal is to keep the movie musical alive throughout their lectures.

Vicki Chirco (pg. 9) is the historian for the Delaware and Raritan Canal State Park and a native of central NJ. She received both her Bachelors and Masters of Arts degrees at the University of Oregon. She has always had an interest for all things historic but focused her studies on the social history of the United States, the 19th century, historic preservation and the special contributions of women. Her previous position was Curator of Photographs at the New Haven Colony Historical Society in New Haven CT.

Sally Bauer Cohen (pgs 13, 14) has a Master’s degree in Media Studies from NYU and an MLIS in Library Studies from Rutgers University. She taught many NYC high school English film classes, and continues to enjoy teaching for OLLI-RU since starting in 2011.

Jeff Cohen (pgs. 13,15) is an award-winning professional artist. He is a painter and sculptor who received a bachelor of arts in fine arts from Upsala College in East Orange, and did graduate work at New York University. He is a commissioner at the Barron Art Center in Woodbridge, N.J.
Saul Einbinder (pg. 8) has held senior technology and business positions at Bell Laboratories, Lucent, uReach Technologies and Spirent Communications. He has appeared in the New York Times, Boston Globe, Communications Week, Forbes, Marketplace on NPR and CBS radio.

Carla Graifer (pgs. 8,9) is an American Cheese Society Certified Cheese Professional (CCP) Specialist (the highest standard for cheese professionals) and Educator of American and Local cheese. Her career in the specialty field started at Whole Foods Spring of 2001. Prior to Whole Foods, Carla owned and operated a wholesale business, Jwalagni Foods, 1985-2000 that serviced the tri-state area with a unique and creative vegetarian cuisine. She completed a four-year program in illustration and fine arts at the School of Visual Arts in NYC.

Maureen Joraski (pg. 17) is a Registered Yoga Teacher (RYT) 200, Reiki Level II and earned a Bachelor’s degree in Psychology and EdM Creative Arts in Education. She helps people explore holistic healing by integrating yoga, art and Reiki.

Karl Lorenzen (pg.18) is a community artist based in Queens, NY who partners with non-profits in presenting art workshops for diverse, special needs, and underserved communities. He is a faculty member of the New York Open Center and a teaching Artist in Residence at the Omega Institute, NY. From 2016 to 2019, Lorenzen received a SU-CASA Award / Residency, sponsored by the Queens Council on the Arts/NYC Dept of Cultural Affairs and from 2018-2019 he was an Artist in Residence and Instructor as part of the ProjectArt Art and Social Practice Residency, NYC.

Jason Love (pg. 8) has a history degree from West Chester University. He is the author of " A Visit to New Jersey Minor League Ballparks."

Maurice Mahler (pg. 20) artist and historian, lectures throughout New Jersey and New York. He is a commissioner of the Cultural Arts Commission of Monroe Township, and teaches art history and lectures at many senior facilities in NJ. He has also taught at Brookdale Community College and the School of Visual Arts in New York City.

John Marron (pg.) is a zen multimedia artist, sumi-e teacher, publisher of As Is/So & So Press, author of "Blip" & "Oiyeau", & curator of “Windows of Understanding” & Main Street’s Window Art Walk for 4 years. As Chairman of the Highland Park Arts Commission, member of the HP Artists Collective, he has curated 3 murals, 3 art benches & numerous art shows with the HP public schools. Having taught sumi-e, acrylic, small bookmaking, & writing/haiku at OlliRu for 4 years, his artwork has been in dozens of shows in NJ, NY, New Orleans, SF & on Instagram @marronzola.

Henry McNally (pg. 21) is a semi-retired educator who has taught Irish and Irish-American History both at the college level and in continuing education programs. He has degrees from Fordham University, William Paterson University, and University College, Galway, Ireland.

Nawaz Merchant (pg. 14) Writing as Nev March, author Nawaz Merchant won the Minotaur Books/Mystery Writers of America First Crime Novel Award. Leaving a long career in business analysis in 2015 she returned to her passion, writing fiction. She teaches creative writing for the Osher Lifelong Learning Institute at Rutgers University and is an active member of the Mystery Writers of America and the Hunterdon County Library Write-Group. Murder in Old Bombay is her debut novel.

Naomi Miller (pg. 11) As a retired speech pathologist and performer, Naomi incorporates all those skills into her teaching of Yiddish. She is passionate about entertaining and keeping the Yiddish language alive. Naomi has performed her cabaret shows that are dedicated to Jewish culture and Israel throughout the US, Canada and Europe. She was nominated for an award by the Manhattan Association of Cabarets for her show "Love, Marriage, Children & Liposuction". Please visit www.naomimiller.com for more information.

Patty Pagano (pg.16) has been a Tai chi and Qi Gong instructor for eight years at Qi Gong for Healing Center in Middlesex, NJ. She has 15 years of experience under the teachings of Fran Maher, Brian Coffey and Master William Ting.

Leonard Parry (pg. 22) Having worked for Wall Street firms for many years, including with a professional arbitration association, Leonard retired and became active, first as a trained volunteer, then as an employee of the Long Term Care Ombudsman. He derives much satisfaction from assisting appropriate residents to return to their communities. He also moderated discussion groups at senior developments for the past eight years. He has enjoyed instructing at OLLI-RU for the past three seasons.

Princeton University Art Museum Docents (pg. 23) The 60 Princeton University Art Museum docents are highly experienced in presenting to audiences of all ages. Prior to beginning tour responsibilities, docents participate in an intense 2 1/2 year training program with the Associate Director of the museum. Docents also receive continuing education weekly.
Rich Quatrone (pgs. 19-22) is Artistic Director of The American Poetry Theater and has been a poet for fifty years. He's been published with Amiri Baraka, Charles Bukowski, Marge Piercy, Gregory Corso, Tom Waits, Jack Kerouac, and Allen Ginsberg.

Steve Schrager (pg. 23) is a seasoned professional with extensive experience in the fixed-income markets. He also served as an adjunct lecturer, Urban Affairs and Planning, at Hunter College - City University of New York.

Monica Shah (pg. 20) is a lifelong educator, with a BS from Penn State, and an EdM from Harvard. The author of multiple essays, poetry, and several books, she has taught all ages (from elementary school to adult), in subjects ranging from STEM to leadership development. Monica has also dabbled in the performing arts and enjoys supporting others in personal development as a catalyst towards self-actualization.

Roz & Steve Shaw (pg.18) are educators who taught adult courses at the ENCORE Program in Middletown, NY, at Brookdale Community College, and have been instructors at OLLI-RU since 2003.

Harvey Singer (pg. 19) holds a bachelor of arts degree in economics and political science from the City College of New York and a masters of business administration in finance and investments from Baruch College.

Lyn Lilavati Sirotta (pg. 18) is a certified 200-hour Yoga Instructor through Integral Yoga in Princeton, N.J. She specializes in hatha gentle yoga instruction with a focus on range of movement and therapeutic practices. Through the use of sound, movement, and breath, she leads a mindful, detailed, and spiritual class perfect for those new to yoga as well as experienced practitioners. Lyn completed a 180-hour Therapeutic Yoga Teacher Training program, a 100-hour Yin Yoga teacher training as well as a program in Mindfulness Based Stress Reduction. She also attended an adaptive yoga conference, yoga for arthritis training, and yoga for the low back training with Dr. Loren Fishman.

Valerie Snyder (pgs. 9-21) Val is the New Jersey State Arts Educator of the Year for 2017-2018 in addition to having taught art in North Brunswick Public Schools since 1980. Recognized in 2016 as a “Teacher Who Makes Magic” by Greater Media’s WMGQ Radio as well as by the State of New Jersey with an "Exemplary Educator Award", she is a proud graduate of Douglass College, Rutgers University, and a returning OLLI-RU Instructor.

Larry Stanley (pg. 22) was a TV director for over 30 years. He has his BA in Broadcast Communication Arts from San Francisco State University. He is passionate about movies, music, art, and coffee roasting.

Maxine Susman (pg. 17) holds a B.A. from Barnard College and a Ph.D. in English from Cornell. She taught writing for years at Rutgers and retired as Professor of English from Caldwell University. She has published widely in literary journals and has written 7 books of poetry. This is her 8th year teaching poetry at OLLI-RU.

Sayyid Tirmizi (pgs. 15) M.A., M.B.A., Ph.D., Sayyid is a former Associate and Adjunct Professor. Sayyid has taught both in the U.S. and abroad. He specializes in South Asian, Art, culture, and religion as well as Islamic art history and culture. He has taught at the University of Tulane at the School of Continuing Education and at the City College of New York.

Bruce Tucker (pg. 17) holds a B.A. in political science and history from the City University of New York and an M.S. in information technology and project management from Stevens Institute of Technology. He has been an OLLI-RU instructor since 2009.

Abe Vorensky (pg. 12) possesses a lifelong love and depth of knowledge of comedy; specifically its diverse history. This love began when Abe worked as a teenage MC in a Catskill Mountain hotel where he sang, told jokes and introduced other acts including a host of comedians.

Hugo Walter (pgs. 11,23) has a B.A. from Princeton University, a Ph.D. from Yale University, and a Ph.D. from Drew University. He has taught at Drew University, Fairleigh Dickinson University, and Berkeley College. Dr. Walter has published several books on European literature.

Donald Wardlow (pg. 22) was a broadcaster on WGLS/FM in Glassboro and went on to become the first blind radio announcer in the history of professional baseball. He’s been a baseball fan since 1971 and a broadcaster from 1991 thru 2002.

Nicholas Wood (pg. 8) serves as Historian at the Twin Lights Historic Site in Highlands, New Jersey. He has worked at cultural institutions on the Jersey Shore for 10 years, including the Tuckerton Seaport and Ocean County Cultural & Heritage Commission.

Maryann Zolota (pg.13) received her BA in Art History from Drew University and her MA in Art History from Rutgers University. She has taught at OLLI-RU since 2009. Her special area of interest is 17th through 19th century art.