

WINTER 2025

OSHER LIFELONG LEARNING INSTITUTE



**IN PERSON
& ONLINE
COURSES**

Stay Curious.



Winter 2025

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RUTGERS UNIVERSITY

Continuing Studies

Osher Lifelong Learning Institute

Celebrating 30 years of lifelong learning!

OLLI-RU Experience

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is proud to be part of The Bernard Osher Foundation's nationwide network of outstanding centers providing continuing education to individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP

To ensure we can continue to serve our community, like many sister OLLI's across the nation we have a separate annual membership cost of \$50. Once a year (starting before our spring session) our community will renew their membership so they may take courses at the member rate and enjoy other benefits. Should an individual opt-out of membership, we welcome your participation, and we have an alternate course fee structure to accommodate non-members.

- **2025 membership** starts in January, but you are welcome to either renew your membership or sign up for a new one at any time.

ONLINE CLASS EXPERIENCE

Zoom links are emailed to registered students approximately 3 to 5 days before the first class. Please make sure to check for the link at least 24 hours before your class. If it's not in your inbox, make sure to check your junk or spam file. If not there, email olliregistrations@docs.rutgers.edu.

Things still happen: At times technology can fail one or all of us. We do **our best to help when we can but some things are beyond our control. The ability to connect to the class and the quality of the connection** depends on many factors and we will not be able to troubleshoot or solve every issue. OLLI-RU has no control over issues with a student's technology that may prevent them from logging in to a class.

IN-PERSON CLASS EXPERIENCE

We are pleased to continue holding in-person courses in New Brunswick and Freehold.

Parking in both locations is free for students.

MEMBERSHIP

When: OLLI-RU membership runs from Spring session to Winter session.

Pay it once a year to enjoy the benefits all year.



2025 membership begins with spring session registration in January.

- Memberships can be purchased at any point of the year but will not be pro-rated.

What: The once-a-year \$50 membership fee provides the following:

Register for courses at the member rate. Non-members can still take courses but it's at an increased rate.

Longer withdrawal periods to receive a full refund. Members can get a full refund if they notify OLLI-RU before the start of the fourth class meeting. Non-members only have until before the start of the second class.

Members can get refunds for one-day programs if notifying OLLI-RU staff in writing before the program takes place. Non-members are not provided refunds for one-day programs.

Priority registration and pricing for our highly subscribed day trips (when they resume) as well as for certain events and programming.

Special events and programming for members only.

How: Go to our website olliru.rutgers.edu

- On our website, (olliru.rutgers.edu) click on “Register”
- You will see “OLLI-RU 2025 Membership” as a course listing.
- Proceed to register for membership just as you would sign up for a course.

Secure membership before registering for courses to receive membership rate.

REGISTRATION



How to Register Online

1. Go to **OLLI-RU website-** olliru.rutgers.edu and click the “Register” tab. Scroll down to see course listings.
2. Click “Register” next to the chosen class
3. Scroll to the bottom right of that page and click “Register/Sign-in Now”
4. Follow directions through the rest of the process
5. **Receive two confirmation emails-** one for registration and one for payment. Confirmation emails are sent automatically by the system immediately upon successful registration. **If you do not receive both emails, check your spam or junk folder.** If they’re not there, please call 848-932-6554 or contact us at olliregistrations@docs.rutgers.edu.

Step-by-step directions are available on our website at olliru.rutgers.edu.

**If you are unsure about online registration,
call or email us and we will get you signed up.**

Call 848-932-6554 or email olliregistrations@docs.rutgers.edu

DO NOT MAIL ANYTHING to the OLLI-RU office
unless specifically discussed with OLLI-RU staff.

POLICIES



REFUND POLICY

Members

Multi-week courses (5 weeks and above): A full refund for multi-week courses will be provided if we receive the request in writing before the start of the fourth class. **Courses that are 2-4 weeks,** refunds are available if OLLI-RU is notified before the start of the second class. Refunds will be issued in the original form of payment and only to the individual who paid for the class.

One-day programs: Refunds will be issued for one-day programs if OLLI-RU is notified in writing before the program takes place.

Non-Members

Multi-week courses: A full refund for multi-week courses will be provided if we receive the request in writing before the start of the second class. Refunds will be issued in the original form of payment and only to the individual who paid for the class.

One-day programs: no refunds for one-day programs.

To request a refund or transfer (*transfers permitted for any student at any time upon confirmation from OLLI-RU*) email ollirurefunds@docs.rutgers.edu.

HOLIDAYS

OLLI-RU is a secular organization that is part of a public university. As such, we follow the University schedule and do not close for any religious holiday. If you plan to miss a class due to observing a religious holiday, please contact our office well in advance and we will gladly work with you and the instructor to ensure you stay abreast of important content. Email olliregistrations@docs.rutgers.edu with your request.

RECORDINGS

OLLI-RU does not record online classes on a regular basis but students may ask their instructor if they need a specific class recorded for any reason. Please be aware, instructors may decline to record. The course material presented is an instructor's intellectual property that they have developed over many hours. Some may want to protect that material by not allowing a recording of their course to be disseminated. Please respect an instructor's decision.

MISSED CLASSES

Individual classes that are canceled for any reason by OLLI-RU or the instructor will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting.

CANCELED COURSES

Students registered for a course that gets canceled will be notified approximately one week before the class is scheduled to start. You have the opportunity to transfer to an alternate open class or receive a refund.

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In-Person Courses

Winter Session

New Brunswick – In Person








MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>This symbol means it's a one-day class</p>	<p>Can You Dig It: Exploring the Blaxploitation Era <i>Charlie Smith</i> 10:30 am-11:30 am 1/7-1/28</p>	<p>Acrylic Art <i>Komal Mehra</i> 10:30 am – 12:30 pm 1/8-2/5</p>	<p>In Search of Jack the Ripper <i>Charlie Smith</i> 10:30 am-12:00 pm 1/9-2/6</p>	<p>Float Like A Butterfly, Sting Like A Bee: The Amazing Story of Muhammad Ali  <i>Charlie Smith</i> 10:30 am – 12:30 pm Jan. 17</p>
			<p>Understanding Cannabis Past and Present  <i>Angela Speakman</i> 1:00 pm – 2:30 pm Jan. 16 *HYBRID- Attend in-person or online</p>	

Freehold - In-Person

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p> Warming Up Winter with Laughter and Humor <i>Noreen Braman</i> 10:30 am - 12:00 pm Jan. 13</p>	<p> At the Altar of the Appellate Gods: Arguing before the Rehnquist Supreme Court <i>Lisa Gochman</i> 10:30 am - 12:00 pm Jan. 14</p>			



Winter 2025 (Jan. 6 – Feb 10)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Sophocles' <i>Oedipus Rex and Antigone</i> <i>Allen Ascher</i> 10:30 am - 12 pm Jan. 6 – Feb. 10 <i>*no class on 1/20</i></p>	<p>Agatha Christie's <i>Sleeping Murder</i> <i>Hugo Walter</i> 10:30 am - 11:30 am Jan. 7 – Feb. 4</p>	<p>The History of the Submarine <i>Bruce Tucker</i> 10:30 am – 12 pm Jan. 8 – Jan. 29</p>	<p>Jazz Giants and Rising Stars <i>Sanford Josephson</i> 10:30 am – 12 pm Jan. 9 – Feb. 6</p>	<p>Gallery Talks on the Road with Princeton Univ. Art Museum <i>Museum docents</i> 10:30 am – 11:30 am Jan. 10 – Feb. 7</p>
<p>Unlocking Creativity: An Introduction to <i>The Artist's Way</i>  <i>Monica Shah</i> 10:30 am - 12:30 pm Jan. 6</p>	<p>Poetry for the New Year <i>Maxine Susman</i> 10:30 am - 12 pm Jan. 7 – Feb. 4</p>	<p><i>One and a Half Wife</i> by Meghna Pant <i>Vandana Walia</i> 10:30 am – 11:30 am Jan. 8 – Jan. 29</p>	<p>Let's Talk Musicals <i>Sam and Candy Caponegro</i> 10:30 am – 12 pm Jan. 9 – Feb. 6</p>	<p>New Orleans Music and Culture <i>Paul Howe</i> 10:30 am – 12:30 pm Jan. 10 – Feb. 7</p>
<p>Genealogy Boost: Adding the Present to the Past  <i>Patricia Brady</i> 10:30 am-12:30 pm Jan. 13</p>	<p>Political Thrillers: A Film Discussion Class <i>Bruce Tucker</i> 10:30 am - 12 pm Jan. 7 – Jan. 28</p>	<p>Why <i>Alcestitis</i>? <i>Craig Miller</i> 10:30 am – 12:00 pm Jan. 8 – Feb. 5</p>	<p>Letters, Speeches and Sermons of Rev. Dr. Martin Luther King, Jr. <i>Louis Ruprecht</i> 10:30 am – 12 pm Jan. 9 – Feb. 6</p>	<p>Waking Up with Purpose <i>Noreen Braman</i> 10:30 am – 11:30 am Jan. 10 – Jan. 31</p>
<p>Improv for Writers  <i>Monica Shah</i> 10:30 am-12:30 pm Jan. 13</p>	<p>Winter Sketching <i>Jeff Cohen</i> 10:30 am - 12 pm Jan. 7 – Feb. 4</p>	<p>Drawing the Contemporary Still Life <i>Karl Lorenzen</i> 1:00 pm - 3:00 pm Jan. 8 – Feb. 5</p>	<p>Watercolor Art <i>Komal Mehra</i> 10:30 am – 12 pm Jan. 9 – Feb. 6</p>	<p> This symbol means it's a one-day class</p>
<p>Sailing: How Does it Work?  <i>Rob Herber</i> 10:30 am-12 pm Jan. 27</p>	<p>A Developmental Perspective on Autism <i>Cynthia Wineinger</i> 1:00 pm - 2:30 pm Jan. 7 – Feb. 4</p>	<p>Great Mysteries: Discuss <i>Harrison Ford</i> <i>Nawaz Merchant</i> 1:00 pm - 2:30 pm Jan. 8 – Feb. 5</p>	<p>George Eliot's <i>Daniel Deronda</i> <i>Nicholas Birns</i> 1:00 pm - 2:30 pm Jan. 9 – Feb. 6</p>	
<p>Jewish Culture and History through <i>Fiddler on the Roof</i> <i>Steve Frankel</i> 1:00 pm - 2:00 pm Jan. 6 – Feb. 3 <i>*no class on 1/20</i></p>	<p>Great Mysteries: International Short Stories <i>Nawaz Merchant</i> 1:00 pm - 2:30 pm Jan. 7 – Feb. 4</p>	<p>New Jersey Law Today <i>Stephen Eisdorfer</i> 1:00 pm - 2:30 pm Jan. 8 – Feb. 5</p>	<p>Madison Avenue and Your Medicine  <i>Rob Herber</i> 1:00 pm - 2:30 pm Jan. 9</p>	
	<p>Movies About Leaving One's Comfort Zone <i>Roz and Steve Shaw</i> 1:00 pm - 2:30 pm Jan. 7 – Feb. 4</p>	<p>Writing Prompts to Jumpstart Your Memoir <i>Deborah Greenhut</i> 1:00 pm - 2:30 pm Jan. 8 – Feb. 5</p>	<p>Self-Care 101: Daily Steps to Body/Mind/Spirit Wholeness <i>John Marron</i> 1:00 pm - 2:30 pm Jan. 9 – Feb. 6</p>	
	<p>Winter Painting Studio <i>Jeff Cohen</i> 1:00 pm - 2:30 pm Jan. 7 – Feb. 4</p>		<p>Understanding Cannabis Past and Present  <i>Angela Speakman</i> 1:00 pm – 2:30 pm Jan. 16 *HYBRID* Join in-person or online</p>	

Ready to travel?

OLLI-RU TAKES FLIGHT TO Scotland & England

OLLI-RU is partnering with world-renowned travel company EF Tours to launch a private trip for our OLLI-RU community.

Highlights of the trip include:

- The Royal Mile
- Edinburgh Castle
- St. Andrews
- York Minster
- Stratford-upon-Avon
- Roman Baths
- Stonehenge
- Trafalgar Square
- Buckingham Palace

TRAVEL DATE
late October
2025

INFO
SESSION

Online information session
Wednesday Nov. 13 at 1:00 pm.

To RSVP, click on the button below or check our website at olliru.rutgers.edu and go to **OLLI Travel**. Can't make the info session? Still RSVP so you can get the recording and enrollment info.

RSVP

OLLI R

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Email: olliregistrations@docs.rutgers.edu
or call 848-932-6554 **or web:** olliru.rutgers.edu



Catalog information



Order of Course Listings

Multi-week courses: listed Mon-Fri and separated into

- Morning
- Early Afternoon
- Late Afternoon

One-Day Classes: listed by date earliest to latest



Locations

Locations are listed under each course title.

Parking is free and large lots are available at each building.

Addresses for our Freehold and New Brunswick locations:

Freehold In-Person Course

Western Monmouth Higher Education Ctr
3680 Route 9 South, Freehold, NJ

New Brunswick In-Person Course

Rutgers Lifelong Learning Center
3 Rutgers Plaza, New Brunswick, NJ
(off Route 1 and off Ryder's Lane)

ONE-DAY CLASSES

Unlocking Creativity: An Introduction to *The Artist's Way*

Monday, January 6
10:30 a.m. - 12:30 p.m.

Location: Online
Member: \$10 / Non-Member: \$15

Based on principles from Julia Cameron's seminal book, *The Artist's Way*, this introductory workshop will explore practical exercises to tap into your inner artist, including morning pages, dream maps, touchstones and artist dates. Through guided discussions and hands-on activities, you will gain tools to nurture your creative practice and build a more fulfilling life. Open to anyone seeking to infuse more creativity into their world. Please bring a journal/notebook and any art supplies you have on hand to the class. *(course code RD1)*

Instructor: Monica Shah

Madison Avenue and Your Medicine

Thursday, January 9
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$10 / Non-Member: \$15

Ever wonder why pharmaceutical ads are the way they are? This class is a dynamic overview of the world of pharmaceutical communications. Through a discussion of pharma marketing principles and a multitude of examples, we'll discuss: How do pharmaceutical ads come to look the way they do? Where do product efficacy claims come from? What is fair balance and why is it important? What is all that information in the Rx "package insert"? What are all the ways all of this is communicated to doctors? This is a class that is sure to: Help you become a more knowledgeable consumer and educated patient; Make you the most fluent among your peers on the mysteries of pharmaceutical advertising. *(course code RD2)*

Instructor: Robert Herber

Genealogy Boost: Adding the Present to the Past

Monday, January 13
10:30 a.m. - 12:30 p.m.

Location: Online
Member: \$10 / Non-Member: \$15

After doing much research you are now stuck behind a wall of present-day privacy. How do you find living relatives? Where might you look that expands your tree past 1950 and into the present? Join this class and learn some strategies to do just that. *(course code RD3)*

Instructor: Patricia Brady

Improv for Writers

Monday, January 13
10:30 a.m. - 12:30 p.m.

Location: Online
Member: \$10 / Non-Member: \$15

This lively workshop will explore improvisational comedy concepts to enhance creativity and imagination. A mix of interactive improv games will catalyze and rekindle innate storytelling instincts by tapping into imaginative flow, encouraging the release of inner critics and overthinking. Participants will engage in playfulness and inject inspiration into their current and future efforts, writing-related or otherwise. No prior improv experience necessary. *(course code RD4)*

Instructor: Monica Shah

Warming Up Winter with Laughter and Humor

Freehold

Monday, January 13
10:30 a.m. - 12:00 p.m.

Location: in-person in Freehold
Member: \$10 / Non-Member: \$15

In the days of winter when the air is cold and the days are short, finding light and warmth becomes important. But not just the heat from your furnace, or light from your lamps. You also need inner warmth and light. Laughter is one way to generate these feelings from the inside out—and it doesn't have to be just about jokes or comedy. You can learn to laugh for the health of it. This class helps you understand the importance of laughter, how it is different from humor, and how to benefit your well-being with both. We will also discuss our laughter "watchword" to define your sense of humor—and why knowing that is important. Each class ends with laughter wellness exercises—gentle movements and laughter sounds that will leave you feeling the warmth of laughter, and the gift of feel-good endorphins. *(course code FD5)*

Instructor: Noreen Braman

At the Altar of the Appellate Gods: Arguing before the Rehnquist Supreme Court

Freehold

Tuesday, January 14
10:30 a.m. - 12:00 p.m.

Location: in-person in Freehold
Member: \$10 / Non-Member: \$15

This class traces the arc of a hate crime prosecution from the trial court in Cumberland County, NJ, through the NJ State Appellate court system, and up to the United States Supreme Court where prosecutor Lisa Gochman defended the constitutionality of New Jersey's Hate Crime Statute on behalf of the State of New Jersey.

(course code FD6)

Instructor: Lisa Gochman

Understanding Cannabis Past and Present

HYBRID
in-person
& online

Thursday, January 16
1:00 p.m. - 2:30 p.m.

Location: Hybrid can be taken in-person (NB) or online
Member: \$10 / Non-Member: \$15

You're invited to join us for a cannabis community conversation, an educational event designed to help audiences learn more about the world's most popular illicit substance and how and why we have arrived at the cannabis renaissance of today. From pharmacopeias to *Reefer Madness*, from counterculture to stoner stigma, the history of cannabis is long, complex, and fascinating. While it has been used by humans for thousands of years, we have a complicated relationship with the plant today. We can look to major historical events, public policy and opinion, and the messaging surrounding marijuana over the last century to gain insight about the continued federal prohibition, despite state-by-state legalization.

Program Disclaimer: The information shared during this event is not intended to provide medical, legal, or any other type of professional advice. Cannabis content shared in this program is not encouraging consumption and/or promoting use. The objective is to provide a summary of the less commonly known historical highlights and varied perspectives about topics related to cannabis to help communities deepen their understanding of a truly unique plant. One-page resources handout will be made available in hard copy and digitally.

(course code HD7)

Instructor: Angela Speakman

Meet Angela Speakman

Angela is the Founder/CEO of Elucidation Strategies, a cannabis education and planning agency. She launched Elucidation Strategies in 2022 in New Jersey to help people and organizations make informed decisions about cannabis. She teaches in the cannabis studies undergraduate program at Stockton University. Angela is also the co-host of the cannabis history and mystery podcast *Use This As You See Fit: The Diary of Mari*.

Float Like A Butterfly, Sting Like A Bee: The Amazing Story of Muhammad Ali

New Brunswick

Friday, January 17
10:30 a.m. - 12:30 p.m.

Location: in-person in New Brunswick
Member: \$10 / Non-Member: \$15

Join us on what would have been the Greatest's 82nd birthday for a captivating exploration of the life of Muhammad Ali, one of the most iconic figures in sports and social justice. We will delve into Ali's extraordinary journey from his early days as Cassius Clay to his rise as a global champion both inside and outside the boxing ring. His rise, fall, victories, defeats, and worldwide significance. (course code NBD8)

Instructor: Charlie Smith

Sailing—How Does it Work?

Monday, January 27
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$10 / Non-Member: \$15

From Pax Britannica to Christopher Cross' song in the 1980s, sailing has substantially formed the world we live in. But how does it work? Through fun and insightful illustrations, this one session class is designed to joyfully bring the basics to life for anyone interested in the essence sailing by—explaining how sailboats do what they do—showing how sailors balance a cosmic soup of forces like the sun/wind, the moon/tide, and earth/gravity—learning essential sailing terms and how many are part of everyday language and culturally relevant—showing what Christopher Cross meant when he sang, “The canvas can do miracles.” You’ll walk away from this class with some new views into working with wind and wave. *(course code RD9)*

Instructor: Robert Herber

MULTI-WEEK CLASSES

MONDAY Morning

Sophocles' *Oedipus Rex* and *Antigone*

Mondays*, Jan. 6 – Feb. 10 (5 weeks)
10:30 a.m. - 12:00 p.m.
**no class on Jan. 20*

Location: Online
Member: \$40 / Non-Member: \$60

Sophocles was one of the three great playwrights of ancient Athens: his greatest play is *Oedipus*, which has had an enormous influence on western literature for the past 2,500 years. We will read that play, line-by-line, together, and, through our responses and discussion, consider why it has been so influential, and why it has remained an effective theater experience. Because there are many English translations of the original Greek, I will e-mail the translation we will use to each registrant before the class begins. We will also read, individually rather than communally, Sophocles' *Antigone*, an incredibly modern and perennially relevant investigation of individual rights in an authoritarian government/society. I believe we will all find these ancient plays to be extraordinary. *(course code RV10)*

Instructor: Allen Ascher

MONDAY Early Afternoon

Jewish Culture and History through *Fiddler on the Roof*

Mondays*, Jan. 6 – Feb. 3 (4 weeks)

1:00 p.m. - 2:00 p.m.

*no class on Jan. 20

Location: Online

Member: \$32 / Non-Member: \$48

Using the play/movie *Fiddler on the Roof*, we will explore Jewish culture and history. How did Tevye get to Russia? Where did the family go, and where are they 150 years later? (course code RT11)

Instructor: Steve Frankel

TUESDAY Morning

Agatha Christie's *Sleeping Murder*

Tuesdays, Jan. 7 – Feb. 4 (5 weeks)

10:30 a.m. - 11:30 a.m.

Location: Online

Member: \$40 / Non-Member: \$60

Agatha Christie is one of the most important writers of detective and crime fiction in the history of world literature. In this course, we will read and discuss Christie's novel *Sleeping Murder*. In this case, the brilliant Miss Marple collaborates with Gwenda and Giles Reed to solve a crime committed many years ago (a murder which the criminal thought would never be properly investigated). Text for the course: any edition of Christie's *Sleeping Murder*. (course code RV12)

Instructor: Hugo Walter

Can You Dig It: Exploring the Blaxploitation Era

New Brunswick

Tuesdays, Jan. 7 – Jan. 28 (4 weeks)

10:30 a.m. - 11:30 a.m.

Location: in-person in New Brunswick

Member: \$32 / Non-Member: \$48

A deep dive into the so-called Blaxploitation era in films during the 1970's. Students will learn about the genesis of these films, who wrote and directed them, who starred in them and what were the societal ramifications of them. The concept of Blaxploitation will be discussed and debated. The movie *Shaft* (1971) will be viewed as part of the course. (course code NBM13)

Instructor: Charlie Smith

Poetry for the New Year

Tuesdays, Jan. 7 – Feb. 4 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

In this creative poetry workshop, we will write poems about what's happening with the world and with ourselves. Each week we'll read published poems by a diversity of poets and different forms of poems, leading to lively discussions about meaning, craft, voice, and artistic choices; and then I'll give a prompt for writing a new poem. Members of the class will have a chance each class to read their work, and to participate in critique in a non-competitive, supportive atmosphere. (course code RV14)

Instructor: Maxine Susman

Political Thrillers: A Film Discussion Class

Tuesdays, Jan. 7 – Jan. 28 (4 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$32 / Non-Member: \$48

American government and politics have always been fertile ground for the Hollywood storytellers. This class will explore 4 political thriller films to watch at home prior to attending each session for both a lecture on the film and some discussion. The films to be watched and discussed are: *The Manchurian Candidate* (1962), *Seven Days in May* (1964), *Charlie Wilson's War* (2007) and finally *The Post* (2017). Your only assignment will be to watch each of these films prior to class and be prepared to discuss them. (course code RM15)

Instructor: Bruce Tucker

Winter Sketching

Tuesdays, Jan. 7 – Feb. 4 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Learn to capture the essence of a scene, a still life and people, with the simplest lines. It's great fun. I will guide you along the way, so you can expect plenty of individual attention. Come sketch with me. (course code RV16)

Supplies needed: F Faber/Castell graphite pencil, 3B Faber/Castell graphite pencil, 7B Faber/Castell graphite pencil, medium pink beveled eraser, 11"x14" 50 lb. stock sketch pad or Canson 70 lb. stock drawing pad.

Instructor: Jeff Cohen

TUESDAY Early Afternoon

A Developmental Perspective on Autism

Tuesdays, Jan. 7 – Feb. 4 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

We will examine the changes over time in the diagnosis and treatment of autism and the paradigm shift that autism is not an illness but a different way of being human. The focus of the course will be a user-friendly discussion for students to consider the people in their lives that may be neurodiverse whether they have a diagnosis or not to facilitate communication and social interaction. Using the book *Uniquely Human: A Different Way of Seeing Autism* (2015) by Barry Prizant, Ph.D., as a general guide but reading the book is not required. (course code RV17)

Instructor: Cynthia Wineinger



Meet new OLLI-RU instructor Cynthia Wineinger

Cynthia is a practicing speech/language pathologist for 40 years and tenured faculty in Communication Sciences and Disorders at the University of Redlands in Redlands, CA for 34 years. Her area of specialty is Autism Spectrum Disorder. She recently retired (sort of) and moved to NJ.

Great Mysteries: International Short Stories

Tuesdays, Jan. 7 – Feb. 4 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Short stories are a great way to experience an exotic location and sample a different culture, all while enjoying a gripping, short narrative. For this course, please buy the book (or Ebook): *Mystery Most International* (The Mystery Patrons Present Book 1) available on Amazon. We will read five to ten short stories from this collection and compare and contrast them during our discussions. Each story is about 7-10 pages long. Written in different styles, they are short mysteries set in different countries. Come prepared for a lively conversation as we discuss the surprises embedded in these tales from the modern masters of the crime genre. (course code RV18)

Instructor: Nawaz Merchant

Movies About Leaving One's Comfort Zone

Tuesdays, Jan. 7 – Feb. 4 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Join us for a lively discussion of curated movies focusing on people dealing with things or situations that may be new, challenging or uncomfortable to them. It's like a book club for movies! The movies for the class will be viewed and discussed in the following order: *Call Me By Your Name*, *1917*, *Hit Man*, *The Paper*, *Passing*. The movies are available on Netflix, and the movies must be viewed prior to the class. The class discussions will be on Zoom. (course code RV19)

Instructors: Roz and Steve Shaw

Winter Painting Studio

Tuesdays, Jan. 7 – Feb. 4 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

This course will focus on how to paint. You decide the medium you would like to paint in—watercolor, acrylics, or oils. Come to the first class with a subject you are interested in tackling—a copy of an artist's work, a photo, or something from life, and be ready to get started. For experienced painters, I will offer suggestions to help sharpen your skills. (course code RV20)

Supplies needed for watercolor: #1, #4, #8 round watercolor brushes (camel, sable hair, or synthetic), Yarka watercolor set (12 color, pan, not tube), Strathmore 9"x12" cold press watercolor pad or Bienfang 9"x12" watercolor pad of pH neutral paper, 2B pencil with eraser.

Supplies needed for acrylics: Liquitex six pack basics (feel free to bring any additional colors you may own), acrylic synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, plastic or china plate to use as palette, small cup for water, 2B pencil and eraser.

Supplies needed for oils: Starter oil set (containing primary colors and black and white – feel free to bring any additional colors you may own), synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, palette or plastic plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.

Instructor: Jeff Cohen

Not sure how to register? Having trouble with online registration?

Call us! We'll make it easy. 848-932-6554



WEDNESDAY Morning

Acrylic Art

New Brunswick

Wednesdays, Jan. 8 – Feb. 5 (5 weeks)
10:30 a.m. - 12:30 p.m.

Location: in-person in New Brunswick
Member: \$40 / Non-Member: \$60

Get ready to unveil your artistic skills! Learn and apply the basic techniques of acrylic art and create an aesthetic painting on canvas. Students will learn about blending acrylic colors, applying brush techniques and creating a lovely artwork while having a relaxing experience. Students will be given step-by-step guidance and personalized attention to help create a beautiful painting. (course code NBV21)

Supplies needed: white stretched and primed canvas (preferred size: 11"x14" or 12"x16"); acrylic paint set (preferably "Apple Barrel" bottled paint set); acrylic paint brushes (preferably "Artecho" acrylic paint brushes that includes a variety of flat, round and thin paint brushes); paint palette tray or disposable plate; pencil, eraser, ruler and sharpener. Optional: tabletop easel stand. This is not required as canvas can be painted on a flat surface as well. List of supplies and the suggested purchase links will be emailed to the registered participants.

Instructor: Komal Mehra

The History of the Submarine

Wednesdays, Jan. 8 – Jan. 29 (4 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$32 / Non-Member: \$48

Since their invention, submarines have always held a fascination for many because of their unique stealth ability to become invisible once below the surface of the ocean. This class will trace the history of the submarine from the primitive wood hand powered Turtle built by American inventor David Bushnell in 1775 to the enormous 560-foot-long Ohio Class SSGN Ballistic Missile Submarine that is perhaps the most lethal form and concentration of nuclear weapons ever devised by mankind. The class is a combination of lecture, slides, and some short videos. Be prepared to dive deep into the submersible technology that makes all this possible and the impact of this unique naval vessel on the history of naval warfare in the 19th and 20th century and impact on the current events of the 21st century. (course code RM22)

Instructor: Bruce Tucker

One and a Half Wife by Meghna Pant

Wednesdays, Jan. 8 – Jan. 29 (4 weeks)
10:30 a.m. - 11:30 a.m.

Location: Online
Member: \$32 / Non-Member: \$48

One and a Half Wife by the young, contemporary, award winning novelist Meghna Pant (last name said like punt with a soft t sound at the end) from India is the riveting tale of a girl's struggle to free herself from her family's extreme conservatism to redefine herself and her beliefs. The story is set in New Jersey, New York, and Shimla, a city nestled in the heart of the Indian Himalayas. (course code RM23)

Instructor: Vandana Walia

Why *Alcestis*?

Wednesdays, Jan. 8 – Feb. 5 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

In his roller-coaster play *Alcestis*, the "modern minded" Greek playwright Euripides presents an extraordinary morals-and-manners drama that manipulates the audience into an emotional collision, in so doing unlocking suspect societal norms. On its surface, *Alcestis* is a teary melodrama. At its core, the play juxtaposes god, demigod, and mortal in a poignant dive into the limits of fate, marital sacrifice, familial duty, gender stereotypes, and more. To make this an up-close experience as Euripides would have wanted, students will be invited to take parts at various points in the play and assess their own response. Throughout, Euripides unveils for us the still-relevant trademarks of ancient Greek society--commonplace in his day, ours to rediscover. Prereq: Read *Alcestis* (recommended, *The Ten Plays of Euripides*, trans. Hadas/McLean, Bantam Classics). (course code RV24)

Instructor: Craig Miller

WEDNESDAY Early Afternoon

Drawing the Contemporary Still Life

Wednesdays, Jan. 8 – Feb. 5 (5 weeks)
1:00 p.m. - 3:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Traditional still life drawings and paintings usually depicted idealized arrangements of food, flora, and attractive objects. We will explore a contemporary take on drawing still life arrangements and objects that are more ephemeral, and that are based more on emotions than aesthetics. Drawing samples will be provided by the instructor. The material has been developed so that it is available to students at all levels of ability: no previous art experience is required. Class Descriptions:

1. The Other Side: a sneaker, shell, and timepiece
2. Broken: a pine tree branch, broken dish, and nail clipper
3. Final Notice: eggshells, lightbulb, and a headphone
4. Vernissage: a cocktail glass, paintbrush, and eyeglasses
5. Some Other Spring: a surgical glove, necklace, pills, and band aid. (course code RV25)

Required materials: 9"x12" 98 lb. Mix Media pad, HB #2 pencil, Eraser and cotton swab. Students are welcome to bring their own supplies.

Instructor: Karl Lorenzen

Great Mysteries: Discuss Harrison Ford

Wednesdays, Jan. 8 – Feb. 5 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Harrison Ford has acted in dozens of movies—you may recall famous ones like *Sabrina*, *Star Wars* and *Air Force One*...but Ford also played interesting roles in some lesser-known movies that are worth watching. Plan to see each movie before class. We'll discuss its plot and theme, intriguing characters, their motivations and relationships. What makes these memorable? Suspenseful? Poignant? The movies are available at most libraries, On Demand, Youtube or on Netflix. We will discuss the following movies: 1. *Hanover Street* (1979) 2. *Witness* (1985) 3. *Frantic* (1988) 4. *Presumed Innocent* (1990) 5. *Regarding Henry* (1991). (course code RV26)

Instructor: Nawaz Merchant

New Jersey Law Today

Wednesdays, Jan. 8 – Feb. 5 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

What do state courts do? Where does the law in those courts come from? How is this different from the legal reporting in the media? To answer these questions, we will read excerpts from a recent decision by the New Jersey Supreme Court each week concerning a legal topic of current interest. We will discuss why the case is interesting, the legal and social background, the arguments made by the parties, the decision by the court and its rationale, and the practical implications of the decision. Students will read an excerpt from a court opinion for each class. Our mode of learning is discussion and debate. Each incarnation of this course involves new cases. (course code RV27)

Instructor: Stephen Eisdorfer

Writing Prompts to Jumpstart Your Memoir

Wednesdays, Jan. 8 – Feb. 5 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

If you feel stuck or haven't looked at your writing for a long time, this writing workshop will help you start making progress again. We'll start with some strategies for writer's block, and each week, we will work on two prompts and read short selections of work aloud in a read-a-thon. The first weekly prompt will comprise a warm-up each week and the second will contain a more complex prompt that you can begin to answer during our session and continue to work with during the week. We will not read previously completed work. The goal is to produce a few new pages of memoir by the end of the sessions. The instructor can schedule an optional private zoom to review this new work in progress outside of class. (course code RV28)

Instructor: Deborah Greenhut

THURSDAY Morning

In Search of Jack the Ripper

New Brunswick

Thursdays, Jan. 9 – Feb. 6 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: in-person in New Brunswick
Member: \$40 / Non-Member: \$60

A review of the greatest “who dun it” in history. Victorian England, gas-lit streets, hansom carriages. The setting, the victims, the suspects. (course code NBV29)

Instructor: Charlie Smith



Jazz Giants and Rising Stars

Thursdays, Jan. 9 – Feb. 6 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

This course will focus on the following jazz giants: vocalist Tony Bennett, saxophonist James Moody, vocalists Nina Simone and Abbey Lincoln (civil rights activists); pianist Ahmad Jamal. We will have one class on rising stars with a look at some of today’s young jazz musicians who will be the jazz giants of tomorrow. Class will include video clips of artists featured. (course code RV30)

Instructor: Sanford Josephson

Let's Talk Musicals

Thursdays, Jan. 9 – Feb. 6 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

To quote 42nd Street, “Think of Musical Comedy, the most glorious words in the English language.” Using various clips from Broadway and movie musicals, this course will explore five categories: Movies to Broadway Musicals, Broadway to Movie Musicals, Off Broadway Musicals, Message Musicals, Show Biz Musicals. Join us as we dissect and discuss one of America’s true art forms, Musical Comedy. (course code RV31)

Instructors: Sam and Candy Caponegro

Letters, Speeches and Sermons of Rev. Dr. Martin Luther King, Jr.

Thursdays, Jan. 9 – Feb. 6 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Our country has produced many impressive people, but MLK stands as one of the greatest examples of moral leadership in our history. We will examine some of his most important writings and spoken words that challenged—and continue to challenge—us individually and collectively. If you can purchase *A Testament of Hope*, you will have most of his important work as well as the several pieces that we will be able to discuss in this class. (course code RV32)

Instructor: Louis Ruprecht

Watercolor Art

Thursdays, Jan. 9 – Feb. 6 (5 weeks)
10:30 a.m. - 12:00 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Get ready to unveil your artistic skills and learn some watercolor art with me! During the course the participants will learn the basic techniques of watercolor art and paint some aesthetic art pieces. Each participant will be given step-by-step guidance and personalized attention to help create beautiful paintings during the sessions, as well as provide skills to paint their own art pieces independently. The participants will be emailed a link to a step-by-step outlining video, prior to the class. This will help the participants to create the outline on their watercolor paper, prior to the class and focus on painting during the session. (course code RV33)

Required Supplies: White watercolor paper (preferred sizes: 9”x12” and 7”x10”); watercolor paint set: paint brushes: 1 flat brush, 1 round brush and 1 thin brush (for details); masking/art tape; pencil, eraser, sharpener and ruler. List of supplies and the suggested purchase links will be emailed to the registered participants.

Instructor: Komal Mehra

THURSDAY Early Afternoon

George Eliot's *Daniel Deronda*

Thursdays, Jan. 9 – Feb. 6 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Daniel Deronda was the last novel that George Eliot (nom de plume of Mary Anne Evans) completed before she died in 1780, a work which most nearly approaches the level of her masterpiece, *Middlemarch*. Daniel Deronda is a young man of uncertain parentage, who grows up in an aristocratic milieu as the protege of Sir Hugo Mallinger. Just as he has decided on one life course, he discovers his Jewish identity and becomes captivated by the implications that this suggests. Daniel's story is paralleled by that of Gwendolen Harleth, who has a disastrous marriage with a sadistic older man and has to deal with its consequences. In these two contrasting stories of young people searching for meaning, love, and destiny, we see a great novelist at the height of her powers. (course code RV34)

Instructor: Nicholas Birns

Self-Care 101: Learning and Applying Simple Daily Steps to Body/Mind/Spirit Wholeness

Thursdays, Jan. 9 – Feb. 6 (5 weeks)
1:00 p.m. - 2:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

Drawing from our own body/mind/spiritual needs, strengths, resources and life stage challenges, we will create a safe space to discuss our early traumas, daily routines, and re-create new pathways to a more balanced, grateful, self-forgiving and realistic lifestyle. A variety of strategies will be discussed and explored including personal journaling/poetry, stress inventories, CBT, IFS, DBT strategies, breathwork, body scans, posture, exercise, sleep hygiene, mindful eating, yoga, time management, newsfasts, social media management, daily affirmations, pet support, gratitude lists, self-forgiveness techniques, spiritual practice tips, and creativity. No texts need be purchased. Readings will be emailed weekly. No previous experience necessary. In no way will this be individual or group therapy or religious per se. Everyone's privacy and dignity will be honored by group agreement in the first class. Jargon and platitudes will be kept to a minimum. (course code RV35)

Instructor: John Marron

FRIDAY Morning

Gallery Talks on the Road with Princeton University Art Museum

Fridays, Jan. 10 – Feb. 7 (5 weeks)
10:30 a.m. - 11:30 a.m.

Location: Online
Member: \$40 / Non-Member: \$60

Each week a different Princeton University Art Museum docent will discuss works of art, artists, and/or themes using examples from across the Museum's collections for comparison, enrichment, and an in-depth exploration. Students will be invited to ask questions and engage in a lively discussion about the art. Please note that some of the selected artwork may have been discussed in previous Gallery Talks courses. (course code RV36)

Instructors: Princeton University Art Museum docents

New Orleans Music and Culture

Fridays, Jan. 10 – Feb. 7 (5 weeks)
10:30 a.m. - 12:30 p.m.

Location: Online
Member: \$40 / Non-Member: \$60

The course will present the different genres and artists of New Orleans Music including blues, jazz, R & B, Rock and Roll, Soul, Funk, parade music, and Mardi Gras themes in the context of the city's history, geography, cuisine, and languages. Each week will treat a different topic (e.g. the influence of the Mississippi River on music). No preparation for attendees will be necessary. Presentation with music, photos, lyrics, etc. will be followed by group discussion. (course code RV37)

Instructor: Paul Howe

Meet new OLLI-RU instructor Paul Howe

Paul taught college writing and English courses from 1980-88 and English and Film Appreciation for high school from 1988-2019. During that time, he has also taught continuing education classes at various locations. His classes have included poetry, music and culture, and film.



Waking Up With Purpose

Fridays, Jan. 10 – Jan. 31 (4 weeks)
10:30 a.m. - 11:30 a.m.

Location: Online
Member: \$32 / Non-Member: \$48

This four-week class takes an in-depth look at how to discover, or revive, the sense of purpose in your life. A sense of purpose gets us going and makes us eager to start the day. (course code RM38)

Instructor: Noreen Braman

INSTRUCTOR BIOS

Allen Ascher (pg. 14) has a doctorate in English from the CUNY Graduate Center. He taught English in middle school and high school and was an adjunct professor of English at Brookdale Community College. In 2023 he received OLLI-RU's Marlene M. Pomper Distinguished Teacher Award. "The major thing I've learned from my experience at OLLI-RU, and with its extraordinary participants, is that teaching is a collaborative and reciprocal effort -- no one teaches to an empty room."

Nicholas Birns (pg. 24) teaches at NYU and is the author of many books and articles of literary and cultural criticism.

Patricia Brady (pg. 11) is a retired psychologist who has been a genealogy enthusiast for over 50 years. She enjoys hearing people's stories and now adding to them through genealogical research.

Noreen Braman (pgs. 12, 25) is an award-winning strategic communications professional, a Certified Laughter Wellness Instructor and author of *Treading Water - The Pandemic Edition* and *What Gets You Out of Bed in the Morning? Renewal, Revision, Reinvention, After 50*. Braman is a member of the Association for Applied and Therapeutic Humor and lives on The Smile Side of Life.

Sam and Candy Caponegro (pg. 23) are passionate about American musicals. They met in a musical and have acted, co-directed, and taught theater courses for over 40 years. Their base is OLLI-RU, but they have lectured on Princess Cruise Lines, at libraries, senior centers, and universities throughout the United States. Their motto: If music be the food of life, let's gorge ourselves.

Jeff Cohen (pgs. 16, 18) is an award-winning professional painter and sculptor having earned a B.A. in art at Upsala College, then done his graduate work at New York University. He is a commissioner at the Barron Arts Center in Woodbridge, NJ and is a recipient of the Marlene M. Pomper award for teaching excellence.

Stephen Eisdorfer (pg. 21) is a graduate of Harvard Law School and has practiced law in NJ for 45 years. He has argued numerous cases before the New Jersey Supreme Court and served as Law Secretary to Honorable Morris Pashman (Associate Justice, New Jersey Supreme Court). He has also been an adjunct professor at the University of Pennsylvania Law School.

Steve Frankel (pg. 15) was born in Williamsburg, Brooklyn, and educated both in the NYC public school system and an Ultra-Orthodox High School. Steve graduated from Brooklyn College, majoring in Judaic Studies and Political Science. He has lived in Israel for the past 48 years, organizing tours and educational experiences and lecturing internationally about Jewish Life at the end of the Temple Period. He currently works for The Israel Experience as the Director of their Birthright Onward Israel programs.

Lisa Gochman (pg. 12) is a recently retired career appellate prosecutor (Bronx District Attorney's Office 1984-1987; New Jersey Office of the Attorney General, Division of Criminal Justice 1987-2012; Burlington County Prosecutor's Office 2013-2014; Monmouth County Prosecutor's Office 2015-2024). In 2000, she argued a landmark criminal case (*Apprendi v. New Jersey*) on behalf of the State of New Jersey and later wrote a memoir about her experience, *At the Altar of the Appellate Gods: Arguing before the US Supreme Court*.

Deborah Greenhut (pg. 21) is an award-winning author of a novel, plays, and poetry, Rutgers GSNB Alumna. Dr. Greenhut directed the Douglass/Cook Writing Center. Following her time as an Assistant Professor of Literacy Education at NJCU, she served as Associate Dean for Humanities and Social Sciences at Hudson County Community College. Her first novel *The Hoarder's Wife* debuted from Woodhall Press in April 2022.

Robert Herber (pgs. 11, 14) is an energetic advertising person who has a B.S. in Chemistry, an M.B.A. in Pharmaceutical Management, and 20 years of having a seat at the table with marketing teams at some of the world's largest pharma companies. Rob Herber is a 24-year member of the Sandy Hook Bay Catamaran Club and earned a certificate of sailing at the Annapolis Sailing School. As a veteran of delivering workshops that make complex topics joyful, his course materials are dynamic and engaging. From May to October, you can find him sailing his Hobie Wave Catamaran.

Paul Howe (pg. 25) taught college writing and English courses from 1980-88 and English and Film Appreciation for high school from 1988-2019. During that time, he has also taught continuing education classes at various locations. His classes have included poetry, music and culture, and film.

Sanford Josephson (pg. 22) is editor of Jersey Jazz Magazine, published by the New Jersey Jazz Society. He is the author of *Jeru's Journey: The Life and Music of Gerry Mulligan* and *Jazz Notes: Interviews Across the Generations*.

Karl Lorenzen (pg. 20) is a professional and community artist based in Queens, NY, who partners with non-profits in presenting art workshops for diverse communities in New York City. His artwork has been exhibited and published in numerous venues and journals including The San Francisco Botanical Garden, Tokyo Metropolitan Art Museum, the United Nations Headquarters in NYC, *The American Medical Association Journal of Ethics*, *The Harvard Advocate* (Harvard University) and *The Columbia Journal* (Columbia University).

John Marron (pg. 24) is a graduate of the Johns Hopkins Writing Seminar Program, the San Francisco State Creative Writing Program and the Jack Kerouac School of Disembodied Poetics at Naropa University. Presently, he is Chair of the Highland Park Arts Commission, team member of the Windows of Understanding and board member of Main St. Highland Park. Retired from Rutgers Behavioral Health after 26 years, John has practiced and taught self-care in private practice for 33 years and done workshops with RWJ Trauma Units, RU Health Service, RU Behavioral Health and local yoga centers.

Komal Mehra (pgs. 19, 23) is an artist, a crafter and an art instructor, who is passionate about creating life on canvas. She works with a variety of mediums including watercolors, oil pastels, acrylics, pencils (pencil sketching), colored pencils, cords (macramé), thread (embroidery), paper strips (paper quilling), and digital art (graphic designing). Her work has been exhibited in solo art exhibits and she loves to share her passion for art with some creative friends around the community.

Nawaz Merchant (pgs. 17, 21) writes as Nev March and is the author of Edgar Award finalist *Murder in Old Bombay*, which won MWA's Best First Crime Novel Award. Ms. Merchant writes and edits for the FEZANA Journal and has been published in *Writers Digest*, *Mystery Tribune* and other publications. She now chairs the NY chapter board of Mystery Writers of America and enjoys scriptwriting as well.

Craig Miller (pg. 20) holds a doctorate in theology, specializing in biblical/classical languages. He has taught biblical/classical literature for some 40 years at nearly all levels of academia and for OLLI programs. Mantra: Any subject can be made engaging and enjoyable through student-centered teaching.

Princeton University Art Museum Docents (pg. 25). The 40 docents are highly experienced in presenting to audiences of all ages. Prior to beginning tour responsibilities, docents participate in an intense 2-1/2 year training program with the Museum's Associate Director for Education. Docents also receive continuing education weekly.

Louis Ruprecht (pg. 23) is a lawyer with a trial practice extending over sixty years. He has taught law school for many years and teaches at continuing legal education seminars for lawyers. He has long admired Martin Luther King, Jr. who, as most people are aware, was a Baptist minister and whose father was also a renowned preacher. Mr. Ruprecht, himself a retired Baptist minister, will show how Dr. King's life's work was shaped, not only by his roots in the Black church, but by Greek philosophy and Gandhi's philosophy of non-violent resistance.

Monica Shah (pgs. 11, 12) is a professional educator who holds a B.S. from Penn State, and an Ed.M. from Harvard University focused on adult development. The author of multiple essays, poems and several books, her background also includes the performing arts. With extensive experience in teaching a variety of subjects, the common thread that runs through her diverse interests is an intrinsic spirit for exploration and discovery and the expertise to support others in their own learning journeys.

Roz and Steve Shaw (pg. 18) have been teaching film classes at OLLI-RU since 2003.

Charlie Smith (pgs. 13, 15, 22) is a trained and experienced presenter to groups large and small. He is also a published author and a history buff. Mr. Smith has had the honor and privilege of both meeting and chatting with Muhammad Ali and Joe Frazier.

Angela Speakman (pg. 13) is the Founder/CEO of Elucidation Strategies, a cannabis education and planning agency. She launched Elucidation Strategies in 2022 in New Jersey to help people and organizations make informed decisions about cannabis. She teaches in the cannabis studies undergraduate program at Stockton University. Angela is also the co-host of the cannabis history and mystery podcast *Use This As You See Fit: The Diary of Mari*.

Maxine Susman (pg. 16) has a Ph.D. in English from Cornell University. She taught writing and literature at Rutgers, serving as Associate Director of the Writing Program, and retired as Professor of English from Caldwell University. She has written eight books of poetry, published poems in dozens of journals, and gives community readings and workshops. She has taught at OLLI-RU since 2013 and received the Distinguished Teaching Award.

Bruce Tucker (pgs. 16, 19) holds a B.A. in political science and history and a M.S. degree in information technology and project management from Stevens Institute of Technology. Bruce has been a member of the OLLI-RU faculty since 2009.

Vandana Walia (pg. 19) has a master's degree in literature and thirty years teaching experience in India. She has been an instructor at OLLI-RU for more than ten years and is the recipient of the Marlene M. Pomper Teaching Award for Fall 2022.

Hugo Walter (pg. 15) has a B.A. from Princeton University, an M.A. from Old Dominion University, and a Ph.D. from Drew University. He has taught at Fairleigh Dickinson University, Drew University, and Rutgers University. Dr. Walter has published several books on European literature. One of his most recent books is *Devoted to the Truth: Four Brilliant Investigators*.

Cynthia Wineinger (pg. 17) is a practicing speech/language pathologist for 40 years and tenured faculty in Communication Sciences and Disorders at the University of Redlands in Redlands, CA for 34 years. Her area of specialty is Autism Spectrum Disorder. She recently retired (sort of) and moved to NJ.