# Fall 2021

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### Current OLLI-RU Advisory Council members:

- Jane Adas
- Sandy Bergelson (Chair)
- Keki Dadachanji
- Loretta Dumas
- Betsy Elmehais
- Marcy Feldheim
- John Lenard
- Coleen Marks Schlaffer (Secretary)
- Robert Siroty
- Roz Shaw
- Steve Shaw

### Staff

- Shino John  
  Associate Vice President for Strategic Growth
- Megan Novak  
  Manager
- Rajini Kurian  
  Program Coordinator/Site Coordinator – New Brunswick
- Kristen Michaels  
  Program Coordinator/Site Coordinator – Freehold
- Samantha Ames  
  Office Assistant
- John Michaels  
  Assistant to Coordinator – Freehold
- Farah Shallan  
  Office Assistant

### OLLI-RU Contact Information

Phone: 848-932-6554
Email: olliru@docs.rutgers.edu or olliregistrations@docs.rutgers.edu

*Do not send any mail to our office* as we are not able to retrieve it in a timely fashion. Email is the quickest way to contact us.
The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is proud to be part of The Bernard Osher Foundation’s nationwide network of outstanding centers providing continuing education to individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP

Tuition includes membership in OLLI-RU. Once you register for a class, you will receive our communications, you will be eligible for reduced pricing for our travel programs (when we are able to travel again), and you will have access to our new online community connection tool being deployed in the near future.

ONLINE CLASS EXPERIENCE - ZOOM

All OLLI-RU classes are online this fall using the Zoom platform. Zoom is free to use and you can join classes on a computer, laptop, mobile device (ipad, cell phone, etc) or call in via telephone. You can find more information on Zoom and how to join a class (also called a meeting), here: How to join a Zoom meeting

Zoom links are emailed to registered students approximately 3 to 5 days before the first class. Please make sure to check for the link at least 24 hours before your class. If it’s not in your inbox, make sure to check your junk or spam file. If not there, email olliregistrations@docs.rutgers.edu

Things still happen: Please keep in mind that at times technology can fail one or all of us. We do our best to help when we can but some things are beyond our control. The ability to connect to the class and the quality of the connection depends on many factors and we will not be able to troubleshoot or solve every issue. OLLI-RU has no control over issues with a student’s technology that may prevent them from logging in to a class.

Best Practices/Online Class Etiquette: some new things to think about when joining a class:

1. Connect a few minutes early, if possible, to allow time for setup.
2. To help with your connection:
   • Limit the number of people in your household online during your class time.
   • Be as close to your modem or router as possible.
   • Close other applications that may be open on your device.
3. Keep yourself on mute unless you are speaking.
4. If your camera is on, the class and instructor can see everything you do. To limit those distractions for other students, please turn your camera off and mute yourself if you choose to do other things during class such as eating, talking to a spouse or taking a phone call. You can turn the camera back on when you are done.
REGISTRATION

Registration Starts on July 29, 2021

**Registration opens just after midnight on July 29** and remains open until the first day of class if the class is still available. **Don’t wait too long to register**, OLLI-RU makes decisions to cancel classes that don’t meet the minimum enrollment requirements about a week to 10 days before class is scheduled to start.

HOW TO REGISTER ONLINE:

1. Go to OLLI-RU website- [olliru.rutgers.edu](http://olliru.rutgers.edu) and click the “Catalog” tab.

2. Click “Register” next to the chosen class (it says description up until the day of registration)

3. Scroll to the bottom right of that page and click “Register/Sign-in Now”

4. Follow directions through the rest of the process

5. **Receive two confirmation emails** - one for registration and one for payment. Confirmation emails are sent automatically by the system immediately upon successful registration. If you do not receive both emails, check your spam or junk folder. If they are not there, please contact us at olliregistrations@docs.rutgers.edu or call 848-932-6554.

LINKS for CLASS:

- **Links are emailed approximately 3 to 5 days before the class starts.** If you don’t see it in your inbox, check your spam or junk folder. If not there, email olliregistrations@docs.rutgers.edu.

- **Check for link at least 1 day before your class.** If you wait until a few minutes before class starts we may not be able to respond to you right away. Email olliregistrations@docs.rutgers.edu if you don’t have the link.

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**How-To Guides!**

Click here for: [How to Register Online Guide](#)

Click here for: [How to Register 2 People from One Account](#)

Forgot your Username and/or Password?

Email olliregistrations@docs.rutgers.edu and OLLI-RU staff will help guide you.

- Do this well in advance of registration day to ensure we can provide help in a timely manner.

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**NO PAPER REGISTRATION:**

We are unable to accept paper registration. DO NOT MAIL ANYTHING to the OLLI-RU office.
Policies

Refund Policy

- A full refund for multi-week courses will be provided if we receive the request in writing before the start of the second class. Refunds will be issued in the original form of payment and only to the individual who paid for the class.

- The requests must be submitted via our Refund/Transfer webform here: Refund/Transfer webform or emailed to ollirefunds@docs.rutgers.edu.

- No refunds will be issued for one-day courses.

Transfer Policy

Students can transfer from one class to another at any point during the session provided confirmation from OLLI-RU staff that the class is still open. To request a transfer complete the Refund/Transfer webform or email ollirefunds@docs.rutgers.edu. DO NOT MAIL anything to OLLI-RU offices.

Holidays

OLLI-RU follows the University policy and will not be closed for any religious holiday. If you plan to miss a class due to observing a religious holiday, please contact our office well in advance and we will gladly work with you and the instructor to ensure you stay abreast of important content. Email olliregistrations@docs.rutgers.edu with your request.

Recordings

A large part of OLLI-RU’s mission is to create and build community among our members. Given we can’t all be together in person right now, the best way for us to continue our communities is through synchronous class attendance where, just like an in-person class, students and instructors meet together at the same time and engage with each other in an academic and socially meaningful way. To that end, OLLI-RU will not be recording any online classes. If you have questions, please contact Megan Novak at megnovak@rutgers.edu. For specific inquiries concerning recordings, please email olliregistrations@docs.rutgers.edu.

Missed Classes

Individual classes that are canceled for any reason by OLLI-RU or the instructor will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting.

Canceled Courses

Students registered for a course that gets canceled due to low-enrollment will be notified approximately one week before the class is scheduled to start. You have the opportunity to transfer to an alternate open class or receive a refund. The minimum number of students required to run a class is carefully calculated based on the cost of running the class. OLLI-RU is self-supporting and relies on registration fees to ensure immediate and long-term sustainability. If a course does not meet the minimum enrollment, we unfortunately have to cancel it to avoid operating at a financial loss.
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<td>Drawing the Human Face…………………………9</td>
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<td>Drawing with Pen, Ink, and Wash…………………31</td>
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<td>Patterns of Beauty: Create Own Polyhedrons…31</td>
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<td>Start Drawing 1…………………28</td>
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<td>Start Drawing 2…………………23</td>
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**Creative Writing/ Poetry**
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- Is Count Dracula Actually Irish…………………14
- Julius Caesar & the Death of the Roman Republic…25
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### Week-at-a-Glance: September to Early October (Start of the Fall Session)

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<tbody>
<tr>
<td>American Intervention Part 2: The 20th C.</td>
<td>Bones, Muscles and Brains: Your Aging Strong Plan</td>
<td>The Art of Forest Bathing</td>
<td>The Backstory of Selected Nursery Rhymes</td>
<td>Anyone Can Sing</td>
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<tr>
<td>Bruce Tucker</td>
<td>Paul Moore 9am-10am; Sept 21</td>
<td>Monica Shah 10am-12pm; Sept 8</td>
<td>Joyce Browning 10:30am-12pm; 9/9-10/7</td>
<td>Mara Adler-O'Kelly 10:30am-12pm; 9/10-10/22</td>
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<td>10:30am-12pm; 9/13-10/4</td>
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<td>Ekhphrases &amp; Beyond: Writing Inspired by Art</td>
<td>Climate Change Issues of the 21st Cent. &amp; Beyond</td>
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<td>Maurice Mahler 10:30am-12pm; 9/13-10/25</td>
<td>Robin Friedman 10:30-11:30am; 9/7-9/28</td>
<td>Hugo Walter 10:30am-12pm; 9/8-10/6</td>
<td>Shelley Benaroya 10am-12pm; 9/9-11/4</td>
<td>Lampros Bourdinos 9/10-11/12; 10:30am-12:30pm</td>
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<td>Collage</td>
<td>Biography Through Art</td>
<td>Brain Games</td>
<td>Mothers in the Movies</td>
<td>Everything You Wanted to Know About Musical</td>
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<td>Jeff Cohen 10:30am-12pm; 9/13-11/15</td>
<td>Maryann Zolota 10:30am-12pm; 9/7-10/5</td>
<td>Monica Shah 10:30am-12pm; 9/15-10/20</td>
<td>Sally Bauer Cohen 10am-11:30am; 9/9-11/18</td>
<td>Sam &amp; Candy Caponegro 10:30am-12pm; 9/10-10/8</td>
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<td>The 70s: Under The Influence of the 60s</td>
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<td>A Reading of Shakespeare’s King</td>
<td>Things They Didn’t Teach us in High School</td>
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<td>Vinnie Bruno 10:30am-12pm; 9/13-11/15</td>
<td>George Schroepfer 10:30-12pm; 9/7-11/9</td>
<td>Pratibha Jani 10:30am-11:30am; 9/8-11/10</td>
<td>Henry IV, Part I Allen Ascher 10:30am-12pm; 9/23-11/11</td>
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<td>Vision Board Workshop</td>
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<td>Vandana Walia 10:30am-12pm; 9/13-11/15</td>
<td>Maxine Susman 10:30am-12pm; 9/14-11/2</td>
<td>Alison Brown 10:30am-12pm; 9/8-11/10</td>
<td>Patricia Brady 1-2:30pm; 9/9-10/28</td>
<td>Monica Shah 10am-12pm; Sept. 10</td>
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<td>Wu Ji Jing Gong Qi Gong</td>
<td>Tai Chi</td>
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<td>Rod Serling’s Twilight Zone Season 4, Pt.1</td>
<td>The Cuban Missile Crisis from Our Perspective &amp; Theirs</td>
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<td>Patty Pagano 10:30am-12pm; 9/13-11/15</td>
<td>Malik Cadwell 10:30am-11:30am; 9/7-11/9</td>
<td>Ed Malberg 10:30am-12pm; 9/15-11/17</td>
<td>Larry Stanley 1-2pm; 9/9-10/7</td>
<td>Rob Greenfield 1-2:30pm; 9/10-11/12</td>
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<td>Dostoevsky’s The Brothers Karamazov</td>
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<td>Young Adult Historical Fiction &amp; Cont. Issues</td>
<td>Drawing with Pen, Ink and Wash</td>
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<td>Nicholas Birns 1-2:30pm; 9/13-10/11</td>
<td>Sayyid Tirmizi 9/7-10/5; 1-2pm</td>
<td>Julie Cardillo 1-2:30pm; 9/8-11/10</td>
<td>Howard Schechter 1-2:30; 9/9-11/4 class is every other week</td>
<td>Karl Lorenzen 1-2:30pm; 9/10-10/8</td>
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<td>Joseph Rosenstein 1-2:30pm; 9/13-11/15</td>
<td>Margareta Greeley 1-2pm; 9/7-10/5</td>
<td>Roz and Steve Shaw 1-2:30pm; 9/15-17</td>
<td>Keki Dadachanji 3-4:30pm; 9/9-11/11</td>
<td>PUAM docents 1-2:00pm; 9/10-10/8</td>
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<td>Mara Adler-O’Kelly 1-2pm; 9/8-10/6</td>
<td>Rich Quatrone 3-4:30pm; 9/9-11/11</td>
<td>Leonard Parry 1-2:30pm; 9/10-11/12</td>
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<td>Barbara Bogner 1-2pm; 9/13-10/11</td>
<td>Valerie Snyder 3:30-5pm; Sept 28</td>
<td>Rich Quatrone 3-4:30pm; 9/8-11/10</td>
<td>Howard Beroff 3-4pm; Sept.30</td>
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<td>Rational Controversy</td>
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<td>Jeff Cohen 1-2:30pm; 9/13-11/15</td>
<td>Valerie Snyder 3:30-5pm; Oct 5</td>
<td>Harvey Singer 3-4:30pm; 9/8-11/10</td>
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1 = One-Day Class

**OLLI-RU FALL 2021** First Half of Session
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<th>TUESDAY</th>
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<td>Brain Games Monica Shah 10:30am-12pm; 9/15-10/20</td>
<td>Ekphrasis &amp; Beyond: Writing Inspired by Art Shelley Benaroya 10-12pm; 9/9-11/4 *no class 9/16</td>
<td>Anyone Can Sing Mara Adler-O'Kelly 10:30-12pm; 9/10-10/22</td>
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<td>Collage Jeff Cohen 10:30-12pm; 9/13-11/15</td>
<td>Poetry Workshop Maxine Susman 10am-12pm; 9/14-11/2</td>
<td>Gentle Joints Chair Yoga &amp; Meditation Pratibha Jani 10:30-11:30am; 9/8-11/10</td>
<td>Julius Caesar &amp; the Death of the Roman Republic Barbara Griffin 10:30am-12pm; 10/14-11/11</td>
<td>Broadway Deconstructed Part 2 Sam &amp; Candy Caponegro 10:30-12pm; 11/15-11/12</td>
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<td>Hidden Agenda: Nazi Scientists in America Bruce Tucker 10:30am-12pm; 10/11-11/1</td>
<td>Turning Points in the History of Ireland Henry McNally 10:30am-12pm; 10/12-11/9</td>
<td>Intro to Philosophy Alison Brown 10:30-12; 9/8-11/10</td>
<td>Mothers in the Movies Sally Bauer Cohen 10am-11:30am; 9/9-11/18 *no class 9/16</td>
<td>Climate Change Issues of the 21st Cent. &amp; Beyond Lamprinos Bourodimos 9/10-11/12; 10:30am-12:30pm</td>
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<td>The 70s: Under The Influence of the 60s Vinnie Bruno 10:30-12pm; 9/13-11/15</td>
<td>Tai Chi Malik Cadwell 10:30-11:30am; 9/7-11/9</td>
<td>Reconstruction Ed Malberg 10:30am-12pm; 9/15-11/17</td>
<td>A Reading of Shakespeare’s King Henry IV, Part I Allen Ascher 10:30am-12pm; 9/23-11/11</td>
<td>Things They Didn’t Teach us in H. School Charlie Smith 10:30am-11:30am; 9/10-11/12</td>
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<tr>
<td>Ethics of Our Fathers Joseph Rosenstein 1-2:30pm; 9/13-11/15</td>
<td>Hindu Art and Architecture of South and South East Asia Sayyid Tirmizi 10/12-11/9; 1-2pm</td>
<td>Mindful Chair Yoga &amp; Meditation Lyn Lilavati Sirota 1-2pm; 11/3-11/17</td>
<td>Researching Your Family History Patricia Brady 1-2:30pm; 9/9-10/28</td>
<td>Let’s Discuss Leonard Parry 1-2:30pm; 9/10-11/12</td>
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<tr>
<td>Is Count Dracula Actually Irish? Maureen Brady 1-2:30pm; Oct 18 &amp; 25</td>
<td>Poetry &amp; Protest Imani Wallace 10/12-11/9; 3-4:30pm</td>
<td>Poetry Workshop for the Irrepressible Few Rich Quatrone 3-4:30pm; 9/8-11/10</td>
<td>Young Adult Historical Fiction &amp; Contemp. Issues Howard Schechter 1-2:30; 9/9-11/4 class meets every other week</td>
<td>Patterns of Beauty: Create your Own Polyhedrons Karl Lorenzen 1-2:30pm; 10/15-11/12</td>
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<td>Painting Studio Jeff Cohen 1-2:30pm; 9/13-11/15</td>
<td>Using Perspective to Draw a Skyscraper Valerie Snyder 3:30-5pm; Oct. 19</td>
<td>Start Drawing 2 Valerie Snyder 3:30-5pm; 10/13-11/17 *no class 10/20 &amp; 11/3</td>
<td>From Poet to Playwright Rich Quatrone 3-4:30pm; 9/9-11/11</td>
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<td>From Show Boat to Hamilton: Musicals &amp; the American Dream Susan Speidel 3:4-30pm; 9/13-11/15</td>
<td>Demystify: Gene Editing Saul Einbinder 3-5pm; Oct. 26</td>
<td>Start Drawing 1 Valerie Snyder 3:30-5pm; 10/14-11/18 *no class 10/21 &amp; 11/4</td>
<td>From Poet to Playwright Rich Quatrone 3-4:30pm; 9/9-11/11</td>
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<td>Revisiting Ordinary Heroes and American Democracy Gerry Pomper 3-4:30pm; 9/13-11/15</td>
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1 = One-Day Class

* = New course starting in the 2nd half of the Fall session.

**OLLI-RU FALL 2021** Second Half of Session
R1. The Art of Forest Bathing

Wednesday, Sept. 8  
10:00 a.m. - 12:00 p.m.  
Class Size: Small  
$20.00

Forest bathing is the ancient practice of immersing one’s senses in wooded areas in order to enhance well-being. This restorative antidote to our nature-starved lives requires just a small patch of trees to induce health and wellness benefits such as lower blood pressure and cortisol levels; improved mood and sleep; and even possible immunity to cancer and other diseases. Learn more about the history and background of the meditative practice of connecting with the beauty and wonder of nature. You will receive guidance on how to mindfully venture out into the woods yourself with instructions for establishing your forest bathing practice and enhancing it with journaling, art, poetry, ritual, movement and mindfulness. Materials you will need: a piece of nature (plant, leaf, acorn, stone, feather, etc.) and a whole fruit (apple, orange, etc.).

Instructor: Monica Shah

R2. Bones, Muscles and Brains: Your Aging Strong Plan

Tuesday, Sept. 21  
9:00 a.m. - 10:10 a.m.  
Class Size: Large  
$20.00

This program is designed to educate and empower active adults to adopt a sustainable lifestyle aimed at preventing bone, muscle loss, preserving memory and improving mental health; all with the goal of maintaining health and independence. The presentation includes a companion booklet (a link to the booklet will be emailed to you) with input from experts in dietetics and physical therapy.

Instructor: Paul Moore and Kavita Patel

R3. Demystify: Gene Editing

Tuesday, Oct. 26  
3:00 p.m. - 5:00 p.m.  
Class Size: Medium  
$20.00

With CRISPR, designer babies, GMO foods, and mRNA vaccines, it is clear that genetic engineering is here right now. Learn what it is and gain a framework for thinking about the ethical issues, benefits, and concerns. As with other "Demystify Technology” sessions, we will separate hype from reality, sprinkle in just a bit of tech talk, and add a dash of entertainment along the way.

Instructor: Saul Einbinder

Students are talking about Saul’s Demystify courses:

“Instructor was able to simply explain a very complex subject. Terrific”

“Demystifying Tech was the best class I have taken at OLLI-RU. Very informative and well presented.”

“It was clear that the instructor went out of his way to include interesting and relatable references and to make the course fascinating.”
R4. A Personal Memoir of the Space Race
Thursday, Sept. 30
3:00 p.m. - 4:00 p.m.
Class Size: Large
$20.00
Shortly after President Kennedy announced the moon initiative, this instructor, Howard Beroff, worked at Cape Canaveral on the Gemini phase of that program. He will describe the unique set of human dynamics and interpersonal relationships that existed in that heady era. Hear from someone who was there!
Instructor: Howard Beroff

R5. Vision Board Workshop: Imagine Your Future
Friday, Sept. 10
10:00 a.m. - 12:00 p.m.
Class Size: Small
$20.00
Are you working on creating a meaningful life but find yourself being deterred from your purpose or path? Or perhaps you are not focused on where you would like to direct your energy. Designing a vision board can help you to determine and set clear intentions and goals for your aspirations. This workshop will be a fun, creative, self-reflective way to help you generate and focus on a vision towards a more intentional future. **Materials you will need:** a variety of magazines, adverts, cards from friends and photographs you don’t mind cutting up; sheet of poster board; scissors; rubber cement or permanent glue stick; pens/markers.
Instructor: Monica Shah

One-Day Art Classes with Valerie Snyder

R6. Drawing the Human Face
Tues., Sept. 28
3:30 p.m. - 5:00 p.m.
$20
You can draw realistic faces like never before! Just follow along as proportions that are common to most all humans are presented while you draw with the artist. A pencil & paper and ability to use a computer or mobile device is all you need. **Class size is small.**

R7. How to Choose and Use Color
Tues., Oct. 5
3:30 p.m. - 5:00 p.m.
$20
Color is a fascinating subject! Students in this class will learn about what it is (or think it is), how we perceive color, the color wheel (did you know Isaac Newton made the first one?), and how it can be used to create harmonious color schemes in your clothing choices, decor, and life! **Class size is small.**

R8. Meditative Drawing
Tues., Oct. 12
3:30 p.m. - 4:30 p.m.
$20
Tune out the world with the practice of meditative drawing. All you need is a felt-tipped pen, pencil, and paper and a quiet room with a comfy chair. Take an hour just for you to focus on calming techniques you can use to bring relaxation to your life while making beautiful art simultaneously! **Class size is small.**

R9. Using Perspective to Draw a Skyscraper
Tues., Oct. 19
3:30 p.m. - 5:00 p.m.
$20
Create amazingly realistic buildings following the simple rules of a 3-point perspective! A ruler, sharp pencil & paper, as well as the ability to use a computer or mobile device is all you need. **Class size is small.**
MULTI-WEEK CLASSES

Courses listed by day of the week, separated into
- A.M.
- P.M. (early afternoon) and
- P.M. (late afternoon)

CLASS SIZE:

<table>
<thead>
<tr>
<th>Size</th>
<th>Range</th>
<th>Students</th>
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<tr>
<td>Small</td>
<td>10 - 20</td>
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<tr>
<td>Medium</td>
<td>21 – 35*</td>
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<tr>
<td>Large</td>
<td>36 - 100+</td>
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*unless otherwise noted in Class Size in the course description.

Instructors primarily determine class size.

While remote classes are theoretically limitless, instructors want to create a specific type of environment that enhances the educational and community experience.

Want a specific instructor?
See the Instructor Bio pages starting on page 32.
Listed next to their name is the page number(s) where you can find their class(es).

Interested in a particular subject?
See the Index on page 5
R10. American Intervention Part 2: The 20th Century
Monday 10:30 a.m. - 12:00 p.m.  
Sept. 13 – Oct. 4  
Class Size: Medium  
$40.00

You don't need Part 1 to take this course! We'll explore several American interventions and the foreign policy of the United States from 1900 to September 2001 using PowerPoint, lecture & video. This course will evaluate and discuss their goals, results, and the long-term impact on America’s reputation as a nation that promotes democracy, freedom, and liberty.

Instructor: Bruce Tucker

R11. Art and Artists after Abstract Expressionism
Monday 10:30 a.m. - 12:00 p.m.  
Sept. 13 – Oct. 25  
Class Size: Large  
$70.00

We will discover how world events, changes in societal mores, and technology can affect the life, thoughts and techniques an artist will use. This applies to sculptors as well as painters.

Instructor: Maurice Mahler

R12. Collage
Monday 10:30 a.m. - 12:00 p.m.  
Sept. 13 – Nov. 15  
Class Size: Small  
$100.00

Collage is an art form that dates back hundreds of years, staging a rebirth in the works of Picasso and Braque. Now you can express yourself by pasting magazine and newspaper clippings, ribbons, colored paper, material, photographs, found objects and more, into works of art that can be a thing of beauty, a reflection of your viewpoint, or even a humorous or satirical take on a particular subject. Supplies needed to begin: 9" x 12" pad of drawing paper, bottle of Elmer's white glue, pair of scissors, 3 assorted magazines.

Instructor: Jeff Cohen

R13. Hidden Agenda: Nazi Scientists in America
Monday 10:30 a.m. - 12:00 p.m.  
Oct. 11 – Nov. 1  
Class Size: Medium  
$40.00

This course examines, via lecture, PowerPoint, and films, the now declassified story of Nazi Germany’s secret wartime technology and the hundreds of Nazi spies and scientists who were clandestinely smuggled by representatives of the United States government and military out of Europe. We will discuss the impact and ethics of this secret operation, as well as how any potential judgment of these individuals at the Nuremberg war crimes trials might have had an impact on both the Cold War and the race to put a man on the Moon.

Instructor: Bruce Tucker
R14. The 70s: Under the Influence of the 60s

Monday 10:30 a.m. - 12:00 p.m.  
Sept. 13 – Nov. 15  
Class Size: Large  
$100.00

This course will focus on the many artists who, under the influence of the 60s rock explosion, were inspired to create new and electrifying rock music into the 70s. We will explore many of the decade’s rock music genres including folk/soft rock (CSN&Y, Eagles), pop rock (Elton John, Fleetwood Mac), progressive art rock (David Bowie, Pink Floyd), to the symphonic rock of Queen and the heavy rock of Led Zeppelin plus many others. We will include rock icons from the 60s (Bob Dylan, The Rolling Stones, The Who, The Bee Gees) whose creative juices and classic recordings continued to flourish throughout the 70s.

Instructor: Vinnie Bruno

R15. Studies in World Literature

Monday 10:30 a.m. - 12:00 p.m.  
Sept. 13 – Nov. 15  
Class Size: Small  
$100.00

Three novels from across different cultures will be discussed and analyzed, with a view to understanding the workings of diverse societies at specific periods in time. We will begin with *Midaq Alley* an English translation of the book in Arabic by Naguib Mahfouz, set in Cairo in the 1940s. Next, we will study *The Guide* by RK Narayan written in 1958 and set in the fictional town of Malgudi in southern India. Our third novel will be *Disgrace* by JM Coetzee where the action takes place in post-apartheid South Africa.

Instructor: Vandana Walia

R16. Wu Ji Jing Gong Qi Gong

Monday 10:30 a.m. - 12:00 p.m.  
Sept. 13 – Nov. 15  
Class Size: Small  
$100.00

Wu Ji Jing Gong Qi Gong is a series of 15 different movements that will help you relax and open your mind, body and Qi. This class will also focus on principles of posture. It starts with a sitting, guided & cleansing meditation and it will end with a standing meditation. Dress comfortably.

Instructor: Patty Pagano

Holiday Policy Reminder

OLLI-RU is not closed for any holiday this fall.

If you will miss a class due to observing, email olliregistrations@docs.rutgers.edu in advance. We will work with you and the instructor to ensure you stay abreast of important content.
R17. Dostoevsky's The Brothers Karamazov

Monday 1:00 p.m. - 2:30 p.m.  
Sept. 13 – Oct. 11  
Class Size: Small  
$50.00

*The Brothers Karamazov*: Dostoyevsky's Tale of Crime and Redemption - Perhaps the greatest novel about a single family, *The Brothers Karamazov* depicts the rational Ivan, the emotional Dimitry, and the spiritual Alyosha, and the ostracized Smerdyakov in their relationship with their difficult and abrasive father, Fyodor. Set in a complex, changing, and infuriating Russia, Dostoevsky's masterpiece is riveting, disturbing, and strangely consoling. We will discuss passages and dive deep exploring all facets of the novel!

For the first class please have the translation of Fyodor Dostoevsky's *The Brothers Karamazov* by Richard Pevear and Larissa Volkhonsky (Penguin Random House, also available on Audible and Kindle) and read to the end of Part 1, which comprises the first three books of the novel, and ends on page 160.

**Instructor**: Nicholas Birns

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Meet new OLLI-RU instructor **Nicholas Birns**

Nicholas is new to OLLI-RU but not to teaching. He has taught adult education courses on current and classic literature at The New School, the Scarsdale Adult School, and currently at New York University and the New York Society Library. He is the author of many books and articles of literary criticism.

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R18. Ethics of the Fathers

Monday 1:00 p.m. - 2:30 p.m.  
Sept. 13 – Nov. 15  
Class Size: Medium  
$100.00

The text for this course is a compilation of ethical and practical teachings from Rabbinic Judaism that date from the five centuries from 300 bce to 200 ce. In this course we will go through this text in order, reading and discussing each teaching, and discussing its relevance for our lives and our times. The goal will be to complete the first two chapters in these ten sessions. The instructor will distribute the readings through email. No Hebrew knowledge is needed, and those without any background in Judaism are very welcome to come and participate.

**Instructor**: Joseph Rosenstein
R19. History of Oil

Monday 1:00 p.m. - 2:30 p.m.  Class Size: Medium  $40.00
Sept. 13 – Oct. 4

This course examines the history and impact of the most crucial commodity of the 20th and 21st Century, Petroleum. Petroleum and the dependencies it created; inventions it inspired to extract and refine it; industries established to find new ways to use it; geologic, political, military, and social challenges to locate and secure it; and vast multinational corporations to control it. This class will explore its fascinating history and evaluate its impact on the world, past, present, and future.

Instructor: Bruce Tucker

R20. Is Count Dracula Actually Irish?

Monday 1:00 p.m. - 2:30 p.m.  Class Size: Medium  $20.00
Oct. 18 & Oct. 25

The Gothic horror novel Dracula has never been out of print since its first publication in 1897, yet the book’s Irish author, Bram Stoker, is not as well-known as his immortal character. This course will unearth clues in the life and experiences of the Dublin-born novelist, and Irish history, mythology, folklore and language, to answer the question in the course title. This is a rare investigation into the unique Irish influences that inspired the classic tale and shaped its enduring legacy. Note: Reading the novel is not a prerequisite for the course.

Instructor: Maureen Dunphy Brady

R21. Our Mysterious Brain Part 1

Monday 1:00 p.m. - 2:00 p.m.  Class Size: Medium  $50.00
Sept. 13 – Oct. 11

Take a journey into your brain. Come understand why you get bad “vibes” from some people, why young children do not get sarcasm or why teenagers are so difficult to understand. Find out why some parts of our body so sensitive to touch, why you can really “love” chocolate, why some foods bring back memories, and why drinking alcohol makes you run to the bathroom. Learn how changes in the brain result in certain disorders and diseases such as Alzheimer’s and Parkinson’s.

Instructor: Barbara Bogner

R22. Our Mysterious Brain Part 2

Monday 1:00 p.m. - 2:00 p.m.  Class Size: Medium  $50.00
Oct. 18 – Nov. 15

Take a different exploration through the brain. Begin to understand why you can chew without biting your tongue or why you get an ice-cream freeze and migraine headaches. Find out why looking at the sun makes some people sneeze and why people faint when they get bad news. Discover why you don’t feel your clothes on your body and why you can make so many facial expressions. Learn about concussions, multiple sclerosis and much more. Completing part 1 is not necessary to enjoy and understand this course.

Instructor: Barbara Bogner
R23. Painting Studio

Monday 1:00 p.m. - 2:30 p.m.          Class Size: Small
Sept. 13 – Nov. 15                   $100.00

This course will focus on how to paint. You decide the medium you would like to paint in -- either watercolor, acrylics, or oils. Come to the first class with a subject you are interested in tackling -- a copy of an artist’s work, a photo, or something from life, and be ready to get started. For experienced painters, I will offer suggestions to help sharpen your skills. **Supplies needed for watercolor:** #1, #4, #8 round watercolor brushes (camel, sable hair, or synthetic), Yarka watercolor set (12 color, pan, not tube), Strathmore 9"x12" cold press watercolor pad or Bienfang 9"x12" watercolor pad of ph neutral paper, 2B pencil with eraser. **Supplies needed for acrylics:** Liquitex six pack basics (feel free to use any additional colors you may own), acrylic synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, plastic or china plate to use as palette, small cup for water, 2B pencil and eraser. **Supplies needed for oils:** Starter oil set (including primary colors and black and white – feel free to use any additional colors you may own), synthetic round brushes (#2, #5, #8), 9"x12" pad of canvas paper, palette or plastic plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.

**Instructor:** Jeff Cohen

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MONDAY P.M. Late Afternoon

R24. From *Show Boat* to *Hamilton*: Musicals and the American Dream

Monday 3:00 p.m. - 4:30 p.m.          Class Size: Medium
Sept. 13 – Nov. 15                   $100.00

Since its very beginnings, the American musical has played a significant role in defining how American’s see themselves and has reflected the major issues of American society, from historical and political events to cultural and social trends. This course will explore a different musical each week to trace how American musical theatre has addressed American national identity in the 20th and 21st centuries.

**Instructor:** Susan Speidel

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Meet new OLLI-RU instructor **Susan Speidel**

Susan served as Director of Education for the Tony Award Winning Paper Mill Playhouse and she is on the faculty of Kean University’s Theatre Conservatory. She has also written for *The Sondheim Review*. As an actor/director, she has over 75 productions to her credit, and is the recipient of a NJ Governor’s Award for Theatre Education, a NJ Theatre Alliance Applause Award, and was inducted in the NJACT Hall of Fame in 2019.
R25. Revisiting Ordinary Heroes and American Democracy
Monday 3:00 p.m. - 4:30 p.m.  Class Size: Large (40 max.)
Sept. 13 – Nov. 1  $80.00
Of my own writings, this is my favorite, now two decades old. In the book, I considered eight heroes of our various American institutions, each furthering American democracy by “just doing their job.” As we emerge from our recent crisis, I want to reconsider at least two of them who I hope you remember, Peter Rodino and Ida Tarbell, and extend the analyses to more recent persons that come to my mind, and to those of participants in the class. I hope for active discussion of contemporary public figures, and will ask class volunteers to give brief presentations about persons who have shown similar heroism in our own era. Perhaps they will all offer lessons from and for our own lives.

Instructor: Gerry Pomper

TUESDAY A.M.

R26. Animals We Love to Hate- but Shouldn’t
Tuesday 10:30 a.m. - 11:30 a.m.  Class Size: Large
Sept. 7 – Sept. 28  $40.00
It’s easy to love puppies and kittens, but what about spiders, snakes, bats, and sharks? Feared and loathed around the world, these creatures play critical roles in the health of our ecosystems. Their benefits far outweigh their horror-movie scariness. In fact, the number one killer animal on the planet is the...mosquito (ticks and bedbugs aren’t that wonderful either). While we may never love these impossible-to-cuddle animals, we can - and should - learn to understand them, respect them, and ultimately, appreciate them.

Instructor: Robin Friedman

Meet new OLLI-RU instructor Robin Friedman
Robin spent more than 20 years in journalism/publishing/advertising. She has an Ed.M. from Rutgers University and is currently teaching adult education courses in East Stroudsburg, PA. Robin volunteers with several animal rescue groups and has attended behind-the-scenes programs at zoos and animal sanctuaries.

R27. Biography through Art
Tuesday 10:30 a.m. - 12:00 p.m.  Class Size: Large
Sept. 7 – Oct. 5  $50.00
This course will feature 5 lectures weaving together art and history: A King & his Artist- A lecture on the intertwined lives of Henry VIII & Hans Holbein; Nelson & Emma- Oceans of Devotion- The lives & love of Horatio Nelson & Emma Hamilton; Shady Ladies- The lives of Georgiana Spencer, Duchess of Devonshire & Grace Elliott; An American in Paris- Benjamin Franklin & his years as our first envoy to France; and Another American in Paris- Thomas Jefferson & his years in Paris prior to the French Revolution.

Instructor: Maryann Zolota
R28. Coming of Age: Then and Now

Tuesday 10:30 a.m. - 12:00 p.m.  
Sept. 7 – Nov. 9  
Class Size: Medium  
$100.00

We will begin with the classic coming of age novel *David Copperfield* by Charles Dickens. Moving into the 20th century, we will read Zora Neale Hurston's *Their Eyes Were Watching God* and *Women at Point Zero* by Nawal El Saadawi. We will end with the contemporary classics *The Brief Wonderous Life of Oscar Wao* by Junot Diaz and *At Swim, Two Boys* by Jamie O'Neill. For the first class, please read *David Copperfield.*

Instructor: George Schroepfer

R29. Poetry Workshop

Tuesday 10:30 a.m. - 12:00 p.m.  
Sept. 14 – Nov. 2  
Class Size: Small (15 max.)  
$80.00

If you enjoy reading, writing, and talking about poetry, come join this workshop. We write weekly poems on a range of themes, including social justice, the environment, the arts, and our own personal lives and memories. In each class we read a published poem from an eclectic mix of voices and subjects to spark discussion about meaning, craft, and creative choices. A prompt then leads to writing a new poem. Work is shared in a non-competitive, supportive atmosphere.

Instructor: Maxine Susman

R30. Tai Chi

Tuesday 10:30 a.m. - 11:30 a.m.  
Sept. 7 – Nov. 9  
Class Size: Large  
$100.00

All levels of experience are welcome! We explore fundamental practices of Yang Style Tai Chi Chuan, practicing mindfulness and breathing exercises combined with gentle stretching and rhythmic movement with no impact on the joints. Increased balance, circulation, and relaxation have been shown to result from the practice of meditation in motion. Movements from the short-standardized form will be covered. Progress at your own pace.

Instructor: Malik Cadwell

R31. Turning Points in the History of Ireland

Tuesday 10:30 a.m. - 12:00 p.m.  
Oct. 12 – Nov. 9  
Class Size: Medium  
$50.00

This course will cover five of the most important events in Irish History, each affecting the nature of contemporary Ireland and the Irish people. Topics are: the Arrival of Patrick; The Tudor Conquest; The Act of Union; An Gorta Mor (the Potato Famine); Rebellion and Struggle for Independence.

Instructor: Henry McNally
TUESDAY P.M. Early Afternoon

R32. American Immigration 101
Tuesday 1:00 p.m. - 2:30 p.m.  Class Size: Medium
Oct. 12 – Nov. 2  $40.00
Immigration has always been a significant issue in American history but many Americans are unaware or unfamiliar with much of its history or its laws since the founding of the republic. These days we are subjected to constant news about our crisis at the border and what to do about it. In this course, we will step away from the present crisis and look back and examine how immigration laws since 1789 have impacted American history and that of the world.
Instructor: Bruce Tucker

R33. Buddhist Art and Architecture of South and South East Asia
Tuesday 1:00 p.m. - 2:00 p.m.  Class Size: Medium
Sept 7 – Oct. 5  $50.00
For over 2000 years, Buddhism and Buddhist Art of South and South East Asia has made a significant contribution to the world of art, architecture, sculpture, and paintings. It has excited the art historian, tourist, and common people around the world because of its diversity and richness. This course will cover topics like the ancient caves of Ajanta and Ellora, through iconic images of Buddha, Bodhisattvas, and the Tanka painting of Tibet to pagodas in South East Asia and Angkor Wat.
Instructor: Sayyid Tirmizi

R34. Explore Psychological Theories and Exercise Your Brain
Tuesday 1:00 p.m. - 2:00 p.m.  Class Size: Small
Sept. 7 – Oct. 5  $50.00
Train your brain to remember more through renowned psychological theories. Through multifaceted use of thought and creativity, ranging from left to right side of the brain, you can enhance your memory. Use these psychological theories to learn how the mind functions and encourage the use of new areas of the brain to enhance your overall brain function and cell activity. Increase your working memory capacity through exercises that encourage you to think outside the box. The creation and growth of new brain cells occur at any age, so why not enhance your mind through this course?
Instructor: Margareta Greeley

Holiday Policy Reminder: OLLI-RU is not closed for any holiday this fall.
If you will miss a class due to observing, email olliregistrations@docs.rutgers.edu in advance. We will work with you and the instructor to help ensure you stay abreast of important content.
R35. The Genius of Daphne du Maurier
Tuesday 1:00 p.m. - 2:30 p.m.  
Sept. 7 – Nov. 9  
$100.00
Class Size: Small
If Rebecca is du Maurier’s tour de force then My Cousin Rachael and Jamaica Inn are close seconds. We will study these two novels with the aim of appreciating and critiquing the author’s skill at invoking atmosphere and suspense within the framework of a gripping plot.

Instructor: Vandana Walia

R36. Hindu Art and Architecture of South and South East Asia
Tuesday 1:00 p.m. - 2:00 p.m.  
Oct. 12 – Nov. 9  
$50.00
Class Size: Medium
For over 2500 years, Hinduism and its culture of South and South East Asia have made a significant contribution to the world of art, architecture, sculpture, and paintings. It has excited the art historian, tourist, and common people around the world because of its diversity and richness. This course will cover topics like the ancient caves of Ajanta and Ellora, through iconic images of Hindu gods, goddesses, and iconic figures. It would include iconic paintings of Git Govinda, Rajasthani, and other schools of paintings. Last but not least it would cover a study of the various dance forms related to these rich and diverse cultural traditions.

Instructor: Sayyid Tirmizi

R37. Poetry and Protest
Tuesday 3:00 p.m. - 4:30 p.m.  
Oct. 12 – Nov. 9  
$50.00
Class Size: Medium
This class will provide participants an opportunity to learn specific methods of improving their writing while forming a deeper understanding of spoken word and performance poetry. The topics discussed will critically engage diversity, equity and inclusion, honing in on a particular aspect of societal injustice with each conversation and writing prompt. The class is open to all levels and styles of writing, with no prior experience necessary. We aim to impact those who are seeking to learn and write, while building community amongst a safe space.

Instructor: Imani Wallace

Meet new OLLI-RU instructor Imani Wallace
Lyrical Faith (aka Imani Wallace) is a Black American Educator, Activist and award-winning international Spoken Word Poet. She is the 6th ranked woman poet in the world as of the 2021 Women of the World Poetry Slam. Awards include Bronx Poet Laureate finalist, 2019 Bronx Council on the Arts “Bronx Recognizes Its Own” Award in Spoken Word, the 2018 NYU Martin Luther King Jr. Oratorical Contest Champion, 2016 Syracuse University Martin Luther King Jr. Unsung Hero, and the 2015 Syracuse University Poet of the Year.
R38. Arthur Conan Doyle's The Hound of the Baskervilles
Wednesday 10:30 a.m. - 12:00 p.m.  Class Size: Medium
Sept. 8 – Oct. 6  $50.00
In this course, we will read and discuss Arthur Conan Doyle's masterpiece, The Hound of the Baskervilles. This great novel showcases the brilliance, courage, dedication, and genius of Sherlock Holmes as an investigator and a detective. Please make sure you have a copy of the book for class.

Instructor: Hugo Walter

R39. Brain Games
Wednesday 10:30 a.m. - 12:00 p.m.  Class Size: Small
Sept. 15 – Oct. 20  $60.00
Boost your brain power with mental workouts that involve concentration, memory, and reasoning ability. Studies show that cognitive exercises can help improve brain health. Stimulate your mind and have fun with activities that engage your memory, attention, creativity, flexibility and problem-solving skills. Get your brain synapses firing with brain teasers, lateral thinking puzzles, riddles, trivia, tongue twisters, vocabulary, logic conundrums, thinking-outside-the-box exercises, and more!

Instructor: Monica Shah

R40. Gentle Joints Chair Yoga & Meditation
Wednesday 10:30 a.m. - 11:30 a.m.  Class Size: Small
Sept. 8 – Nov. 10  $100.00
This session includes gentle joint exercises on the chair and standing gentle yoga poses at beginner level. Combined with relaxed breathing techniques (pranayam) to release stress and anxiety it also helps in lowering blood pressure, cholesterol and minimize joint pains.

Instructor: Pratibha Jani
R41. An Introduction to Philosophy

Wednesday 10:30 a.m. - 12:00 p.m.  
Class Size: Medium
Sept. 8 – Nov. 10  
$100.00

This course will introduce students to the subject of philosophy: what it is, its methods, its major areas of focus and how it can help you solve problems in everyday life. We'll explore the nature of reality, of knowledge, and human conduct by reading excerpts from the works of philosophers—including Russell, Socrates, Hobbes, Berkeley, Descartes, Hume, Kant and Mill. Unfamiliar language and terminology will be clearly defined and questions are always welcomed. Students are encouraged to engage in discussion.

Instructor: Alison Brown

Meet new OLLI-RU instructor Alison Brown:

Alison taught philosophy at Union County College for 25 years before retiring in 2017. She loves both teaching and philosophy and is interested in making philosophy’s value, methods, and areas of focus accessible and translatable to our everyday lives. She enjoys walking and hiking.

R42. Reconstruction

Wednesday 10:30 a.m. - 12:00 p.m.  
Class Size: Large
Sept. 15 – Nov. 17  
$100.00

The reconstruction of America after the Civil War played out on many levels. The abolition of slavery meant new definitions of freedom and citizenship for both white and African Americans. The wholesale destruction of Southern farms and infrastructure brought daunting challenges of physical reconstruction. The nation-state fashioned by Lincoln and the Union government demanded new definitions of political organization. The destruction of the planter elites and the eclipse of small businesses brought about new economic arrangements and changing social relationships. As a historical process, the nation's adjustment to this process of reconstruction, especially to the status of American Blacks, continued well after 1877 (the date usually used to mark the ending of that era). We will review and discuss the events, personalities and policies within many levels of American life to develop a more detailed understanding of this fascinating and much-disputed chapter of American history.

Instructor: Ed Malberg
R43. Drawing Exploration: Wet and Dry Media

Wednesday 1:00 p.m. - 2:30 p.m.  Class Size: Small
Sept. 8 – Nov. 10  $100.00

BEGINNERS—TAKE A LOOK! This course is designed for you. Set aside a small space in your home as this is a hands-on project-based course. We'll experiment with both wet and dry drawing media, including: pencil, charcoal, ink, watercolor and collage. The instructor will do live demonstrations weekly, share historical artists, and create prompts for students. We'll explore various approaches to art-making and ask questions such as “How many marks does it take to make a Drawing?” This course is designed as an introduction to the art of drawing and geared specifically towards beginners. The instructor will create virtual albums of student art, for sharing and collaboration purposes. Let’s create together!

Instructor: Julie Cardillo

R44. Films about Life's Influences on the Individual

Wednesday 1:00 p.m. - 2:30 p.m.  Class Size: Large
Sept. 15 – Nov. 17  $100.00

One’s customs, roots, occupation, environment, where and when one lives, relationships, friendships, family, and culture are strong influences on the individual. Students will stream the films on their own, and on the day of the class a discussion will take place about the movie. The films will be shown in the following order: Quinceañera, The Joy Luck Club, The White Tiger, My Fair Lady, Saving Private Ryan, Brokeback Mountain, Julie & Julia, Amadeus, Antwone Fisher, Hillbilly Elegy. Sources for streaming the films are Netflix, Kanopy, Amazon Prime. For a detailed list of streaming sites go to justwatch.com.

Instructors: Roz and Steve Shaw

R45. Mindful Chair Yoga and Meditation

Wednesday 1:00 p.m. - 2:00 p.m.  Class Size: Medium
Nov. 3 – Nov. 17  $30.00

Chair yoga is a gentle, versatile form of hatha yoga utilizing a chair and various props like weights, balls, and straps with substitutions. Therapeutic in nature, it is welcoming to all populations as it is adaptable for all skill levels and abilities, even for those with balance issues or injuries. This includes participants who spend their time commuting, sitting at a desk, or suffer with limited mobility or chronic conditions. Enjoy a restorative experience that is breath, body, and spiritually focused. Students will learn techniques to gain flexibility, strength, balance, and energy while increasing range of motion and delving into the serenity of a relaxing class that moves at a mindfully slow pace.

Instructor: Lyn Lilavati Sirota
R46. Naples: Grit, Grime and the Birth of Opera As We Know It

Wednesday 1:00 p.m. - 2:00 p.m.  
Class Size: Large
Sept. 8 – Oct. 6  
$50.00

A world-class city of great poets, composers, one of the oldest and lavish opera houses in the world. It’s not Venice, but Naples! Unfortunately, it’s also a city riddled with crime and social inequality. We will explore how all of these things come together to lay the perfect groundwork for Neapolitan classical music and some of the most famous Bel Canto Operas of our time.

Instructors: Mara Adler O’Kelly

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WEDNESDAY P.M.  Late Afternoon

R47. Poetry Workshop for the Irrepressible Few

Wednesday 3:00 p.m. - 4:30 p.m.  
Class Size: Small
Sept. 8 – Nov. 10  
$100.00

I will present ideas and topics that encourage creative discussion to foster the writing of poetry. The class will focus on guiding you to develop your true voice, your style, and the reading/performance of your poems. This is a highly supportive class for all students and their work. The class is suitable for poets at all levels, from beginner to experienced. Instructor also does all assignments.

Instructor: Rich Quatrone

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R48. Rational Controversy

Wednesday 3:00 p.m. - 4:30 p.m.  
Class Size: Small
Sept. 8 – Nov. 10  
$100.00

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. So long as there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics for discussion, but class members can raise any issue.

Instructor: Harvey Singer
**R49. Start Drawing 2**

Wednesday 3:30 p.m. - 5:00 p.m.  
Class Size: Small (12 students max)  
Oct. 13 – Nov. 17 *no class Oct. 20 & Nov. 3*  
$40.00

Next level of Start Drawing is here by popular demand! Here is a continuation of the course known as START DRAWING! Let's secure our understanding and move on to more advanced drawing techniques.  
**Instructor:** Valerie Snyder

**PREREQUISITE:** Start Drawing. The instructor does not recommend students take Start Drawing 2 without having already taken Start Drawing in a previous session. Start Drawing is being offered on Thursdays from 3:30 p.m. to 5:00 p.m. (click here or see pg 28)

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**THURSDAY A.M.**

**R50. The Backstory of Selected Nursery Rhymes**

Thursday 10:30 a.m. - 12:00 p.m.  
Class Size: Medium  
Sept. 9 – Oct. 7  
$50.00

Did you love nursery rhymes? Ever wonder who wrote them and did they mean anything, especially the really silly and nonsensical ones? We will have fun learning about the different secret meanings of some popular nursery rhymes -from “Baa, Baa Black Sheep” to “Who Killed Cock Robin?” In class you will learn history about the time period, the author (when known) and the story behind the nursery rhyme. Instructor will distribute copies of the selected nursery rhymes to be read over before class each week.  
**Instructor:** Joyce Browning

**R51. Ekphrasis & Beyond: Writing Inspired by Art**

Thursday 10:00 a.m. - 12:00 p.m.  
Class Size: Small  
Sept. 9 – Nov. 4 *no class on Sept. 16*  
$80.00

Not only does a painting speak to us, it can inspire us to create something new from that conversation. This grand tradition of engaging with works of art is known in poetry as *ekphrasis* (the Greek *ek* for “out of” + *phrasis* for “expression”). It can give rise to the very best kind of writing, the kind that--in the words of poet Lucille Clifton--“comes out of wonder, not out of knowing.” Join the creative conversation poets and writers have had with great works of art over the centuries. Through curated readings, discussions, in-class writing invitations, and sharing of work, learn how to use art as a springboard for your own poems, stories and memoirs. This eight-week workshop is open to writers at all stages of their career. **Each workshop is two-hours long.**  
**Instructor:** Shelley Benaroya
R52. Julius Caesar and the Death of the Roman Republic

Thursday 10:30 a.m. - 12:00 p.m.  Class Size: Medium
Oct. 14 – Nov. 11  $50.00

Julius Caesar is considered by many historians to be the "greatest Roman of them all". He was a brilliant military commander, a statesman, and a master of Latin prose. His determination to become the most powerful man in Rome led to his assassination and a civil war that brought down the 500-year old Roman Republic. This class will consider Caesar's claim to greatness by looking at what he accomplished in the context of the times.

Instructor: Barbara Griffin

R53. Mothers in the Movies

Thursday 10:00 a.m. – 11:30 a.m.  Class Size: Medium
Sept. 9 – Nov. 18 *no class on Sept. 16  $100.00

Everyone begins life with a mother. Ten gifted directors present a gallery of memorable characters, ranging from the ideal American mother to the hateful, controlling mother - and several in between. Join us as we discover how directors use the basic cinematic elements of camera work, lighting, editing and sound to create powerful stories. The films will be viewed before the online class discussions. They are available on Netflix DVD and Amazon Prime; for more streaming site availability, check the online guide justwatch.com. When searching online, type "full film" before the title. Look for results of more than 1 hour. The discussion dates for these tentatively selected titles are:


Instructor: Sally Bauer Cohen

R54. A Reading of Shakespeare's King Henry IV, Part I

Thursday 10:30 a.m. - 12:00 p.m.  Class Size: Small
Sept. 23 – Nov. 11  $80.00

Henry IV is the newly crowned king of England through a rebellion against his predecessor, King Richard II. Faced with a number of threats and challenges to his monarchy, the new king is also troubled by a wayward son, Prince Hal, who spends his time in a tavern with one Sir John Falstaff, as bad a chosen influence on a rising prince as one can imagine, and one of the greatest comic figures in all literature. We'll read through the play and enjoy both the politics and the comedy as well as a (spoiler alert) happy outcome. Please have a copy of the play with you at our first meeting; any edition will do (Folger's, Signet, etc. are all good) as long as it's Shakespeare's text and not a "translation". No previous experience with Shakespeare is necessary, and I promise you a good time!

Instructor: Allen Ascher
R55. A Beginners Look into the Talmud

Thursday 1:00 p.m. - 2:00 p.m.
Oct. 14 – Nov. 11
Class Size: Medium
$50.00

We will delve into a few excerpts of one of the major Rabbinical works of the Jewish people, including some civil law, Jewish philosophy, and a discussion with Alexander the Great. We will understand how the ancient Talmudical leaders draw the line between Divine intervention and Democracy.

Instructor: Steve Frankel

R56. Researching Your Family History

What do you know about your family’s history and what would you like to discover? There are relatives, stories and secrets waiting to be discovered. In this class you will learn strategies to help you get information from ships manifests, censuses, naturalization papers, military documents, marriage, birth and death records and many other sources. You will develop your own family narrative.

Instructor: Patricia Brady

Thurs. 1:00 p.m. - 2:30 p.m.
Sept. 9 – Oct. 28
Class Size: Small
$80.00

R57. Irish Family History Research

There are 32 million Americans of Irish descent, nearly 10% of the current U.S. population and more than the number that now inhabit Ireland. The Irish know who they are, but who were they? Despite colonization, uprisings, famine and other disruptions what records can you find to help you write your Irish family story? This class will cover techniques and sources that are available online to help you discover your Irish family history. Some general knowledge about doing family history research will be helpful.

Instructor: Patricia Brady

Thurs. 1:00 p.m. - 2:30 p.m.
Nov. 4 – Nov. 18
Class Size: Small
$30.00
R58. Rod Serling’s Twilight Zone: Season Four, Part One

Thursday 1:00 p.m. - 2:00 p.m.  Class Size: Medium
Sept. 9 – Oct. 7  $50.00

We will be looking at some of the elusive hour-long episodes of Season Four of Rod Serling’s classic series *The Twilight Zone*. We’ll discuss the stories behind these stories by using photos, videos, and anecdotes. These episodes have not been covered in any of my previous classes. You will need access to original episodes of Twilight Zone which is no longer carried on Netflix. It is available on Hulu and Paramount Plus starting at five to six dollars a month. It is also available to rent each episode on Amazon or Vudu for two to three dollars each.

**Instructor:** Larry Stanley

R59. Young Adult Historical Fiction and Contemporary Issues

Thursday 1:00 p.m. - 2:30 p.m.  Class Size: Small
Sept. 9 – Nov. 4  $50.00

This class is held every other week for a total of 5 sessions. Class dates are 9/9, 9/23, 10/7, 10/21, 11/4

Historical fiction often conveys an emotional and unique perspective about events that changed our world and continue to have relevance today. In this course we will read and discuss five classic young adult historical fiction novels. In our discussions we will extend our learning by focusing on how history often repeats itself in terms of issues that still challenge us today. The books we will read are: *Nory Ryan’s Song* by Patricia Reilly Giff; *Copper Sun* by Sharon M. Draper; *A Single Shard* by Linda Sue Park; *Out of the Dust* by Karen Hesse; *Salt to the Sea* by Ruta Sepetys. **Please read Nory Ryan’s Song for the first class.** *Class meets every other week starting on Sept. 9.

**Why Young Adult Novels?** The novels offer insight into historical events and settings through the perspective of adolescents. These novels can pique our interest in historical events we know little or nothing about. The novels are brief in length so they can easily be read over a 2 week period and you may welcome the opportunity to read the novels aloud or discuss them with your grandchildren or other young adults in your life.

**Instructor:** Howard Schechter

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**Students are talking about Howard’s Young Adult Historical Fiction course:**

“This course and Howard were fantastic, best course I’ve taken at OLLI-RU. I can’t wait to take another course with Howard.”

“All of the above made this class one I totally looked forward to” [Referring to Instructor, Subject Matter, and Interactions with others]

“You should have Howard teach every session..”
R60. The Bhagavad Gītā – A Manual for Daily Living

Thursday 3:00 p.m. - 4:30 p.m.            Class Size: Medium  
Sept. 9 – Nov. 11                          $100.00  

“A Manual for Daily Living” – that is how Mahatma Gandhi described the Bhagavad Gītā. He attributed his own transformation from a diffident, ineffectual lawyer to a colossal figure on international scale to this one book. The Bhagavad Gītā is one of the greatest spiritual texts. It has inspired people as diverse as Albert Einstein, J. Robert Oppenheimer, T. S. Eliot and Leo Tolstoy. Framed as a dialog between the warrior Arjuna and the divine incarnation Sri Krishna, on the eve of an apocalyptic battle, the Bhagavad Gītā offers dazzling insights into the nature of existence and the art of living. The course will encourage discussion, and search for application to daily living.  
Instructor: Keki Dadachanji

R61. From Poet to Playwright

Thursday 3:00 p.m. - 4:30 p.m.            Class Size: Small  
Sept. 9 – Nov. 11                          $100.00  

Poetry and drama have often been linked going all the way back to ancient Greece. This course will not only present ideas and topics to foster the writing of short plays and monologues, it will also present examples from the instructor and other playwrights. Although this is a natural course for poets, one does not in any way have to be a poet to enjoy this class and its process. Instructor also does all assignments.  
Instructor: Rich Quatrone

R62. Start Drawing 1

Thursday 3:30 p.m. - 5:00 p.m.            Class Size: Small (12 students max)  
Oct. 14 – Nov. 18                           $40.00  

*no class Oct. 21 & Nov. 4  

Drawing is a SKILL, not an art, which means you need to be taught to draw in order to draw well. Through a series of exercises, this hands-on class introduces you to how you can improve your skills and finally learn to draw!  
Instructor: Valerie Snyder

Already took Start Drawing and looking for more? Check out Start Drawing 2- click here or go to page 24
R63. Anyone Can Sing
Friday 10:30 a.m. – 12:00 p.m.  Class Size: Small
Sept.10 – Oct. 22  $70.00
How many people in our community walk around saying, “I can’t sing,” or carry around the weight of a childhood music teacher’s critical words? This class is open to anyone, but especially those who do! Students need only bring their love and interest in music, and we will take care of the rest! Each week we will learn songs of the teacher’s and students’ choosing, while learning vocal exercises, movement, and breathing techniques that will improve your singing and your breathing habits and well-being outside of the classroom environment. We will sing as a choral ensemble with the option for participants to sing solo if they choose. Students will be given a print-out of vocal exercises as well as recordings to help learn the songs. We will strive to build a community bound by a love and appreciation for music while we learn basic, healthy, sustainable vocal technique.

Instructor: Mara Adler-O’Kelly

Broadway with the Caponegros!

Everything You Wanted to Know About Musicals
Friday 10:30 a.m. – 12:00 p.m.  Class Size: Large
Sept.10 – Oct. 8  $50.00
Why do people love musicals? You enter into a fantasy world and immerse yourself in a story of words, lyrics, songs and dances. Enjoy a love story, or be frightened (in a fun way). Be part of a historical event or jump into the life of a real, or somewhat, real person. Better yet, join with kids, or family and friends, and just have fun. After experiencing these five categories of musical theater (romance, scary-fun, historical, biographical, family-adventure) you will understand everything about America’s greatest art form. This course includes a few favorites, many new clips, and some lesser-known musical gems that will be shown and discussed. Course Code: R64

Broadway Deconstructed Part 2
Friday 10:30 a.m. – 12:00 p.m.  Class Size: Large
Oct.15 – Nov. 12  $50.00
All New Video Clips! You don’t need Part 1 to enjoy this class. Join Sam and Candy Caponegro for an entertaining 5-part lecture series on Deconstructing Broadway Part 2. Drawing on their over 30 years in the theater industry, Sam and Candy will incorporate film clips and provide lively insights into the behind-the-scenes world of Broadway featuring the following topics: Opening Numbers, Leading Character Numbers, Supporting Character Numbers, Showstoppers, and Ten O’Clock Numbers. Course Code: R65
R66. Climate Change Issues of the 21st Century and Beyond

Friday 10:30 a.m. – 12:30 p.m.  Class Size: Medium
Sept.10 – Nov. 12  $100.00

Join us for lively and extended dialogue in the spirit of inquiry and leaning into climate change issues of the 21st Century and beyond. The goal of our open discussion is an effort to better understand current events in climate change covering such categories as: human health, infrastructure, water supply, and agriculture. Topics may include the politics of climate change; re-thinking government to manage the climate change evolution; explaining climate change to skeptics; the meaning of going to net zero carbon; the phases of social change needed to move to a more sustainable world and economy; impacts on business and the future job market; and defining and building resilience into our society. The big question: What are the choices that we may consider for the short- and long-term future?

Instructor: Lampros Bourodimos

R67. Things They Didn’t Teach Us in High School

Friday 10:30 a.m. – 11:30 a.m.  Class Size: Medium
Sept. 10 – Nov. 12  $100.00

In this course, we will review many historical pieces of evidence often overlooked, omitted, ignored, or simply left out of traditional American history social studies courses. This includes, but is not limited to: the origins of all of mankind; Cleopatra, the real story; who really "discovered" America; the wealthiest person who ever lived; the first Muslims in America; and many more little-known historical gems.

Instructor: Charlie Smith

R68. The Cuban Missile Crisis--from Our Perspective and Theirs

Friday 1:00 p.m. - 2:30 p.m.  Class Size: Medium (25 students max)
Sept. 10 – Nov. 12  $100.00

We all know what happened during the Cuban Missile Crisis, those thirteen days of October 1962. Or do we? To see, we’ll read Sheldon M. Stern’s The Cuban Missile Crisis in American Memory. Stern is the first historian to have heard the tape recordings that President Kennedy secretly had made of himself and his assembled advisers as they faced the prospect of nuclear war. For what the other side was thinking, we’ll look to Nikita Khrushchev’s memoirs, the relevant portion of which will be distributed by e-mail. Students should have a copy of Sheldon M. Stern’s The Cuban Missile Crisis in American Memory.

Instructor: Rob Greenfield

R69. Let’s Discuss: Current Events

Friday 1:00 p.m. - 2:30 p.m.  Class Size: Medium (25 students max)
Sept. 10 – Nov. 12  $100.00

This is a moderated course on current events encouraging full participation in a respectful and sometimes humorous atmosphere, covering recent interesting events, both domestic and international. Come prepared to offer your own opinions, listen respectfully to others and engage in friendly, spirited discussion on ever-changing topics.

Instructor: Leonard Parry
R70. Gallery Talks on the Road- Princeton University Art Museum
Friday 1:00 p.m. - 2:00 p.m.  
Sept. 10 – Oct. 8  
Class Size: Large  
$30.00*  
*special programming price

Each week a different Princeton University Art Museum (PUAM) docent will discuss works of art, artists, and/or themes using examples from across the Museum’s collections for comparison, enrichment, and an in-depth exploration. Students will be invited to ask questions and engage in a lively discussion about the art after the docent’s presentation.

Instructors: Princeton University Art Museum Docents

R71. Drawing with Pen, Ink, and Wash
Friday 1:00 p.m. - 2:30 p.m.  
Sept. 10 – Oct. 8  
Class Size: Medium  
$50.00

Discover the fun and unique characteristics of drawing with fine, medium, and broad point pens, paintbrushes, and black waterproof India ink! Emphasis will be on drawing techniques to give the impression of texture and form: Crosshatching (drawing overlapping lines), Stippling (drawing clusters of dots), and Wash (painting overlapping layers of tone). Most of the drawing samples will be provided by the instructor. The material has been developed so that it is available to people at all levels of ability: no previous art experience is required! We will cover: Still Life (drapery and fruit); Artistic Anatomy of the Human Hand; Landscape (using texture and forms of plants, water, wood, stone); Popular Illustration (cartoon characters using thick and thin line technique); and Flowers.

Instructor: Karl Lorenzen

R72. Patterns of Beauty: Create your Own Polyhedrons
Friday 1:00 p.m. - 2:30 p.m.  
Oct. 15 – Nov. 12  
Class Size: Medium  
$50.00

No previous art or math experience is required! Create jewel-like polyhedrons (many-sided forms) by folding and joining 9” and 6” uncoated paper plates with white bobby pins, and use colorful brush markers to decorate these forms with classic patterns from world cultures. The material in this class has been developed so that it is available to people at all levels of ability.

We will create shapes including Triangles to form a Tetrahedron; Squares to form an Octahedron; Triangles and Squares to form a Cuboctahedron; Arabesque to create organic forms that suggest flowers and leaves; and Pentagons to form a Dodecahedron. No math experience needed!!

Instructor: Karl Lorenzen
Mara Adler-O’Kelly (pgs. 23, 29) is both teacher and performer. She received her BM in vocal performance (Oberlin Conservatory), an MA in Music Education (Columbia University) and teaches voice, piano and a growing variety of music history and appreciation classes. Mara is an active singer and performs regularly with her ensemble, Ensemble Bella Luce in the New York metropolitan area and in Assisi Italy. She is a fierce proponent of the Bel Canto singing technique, and she specializes in Italian and Neapolitan classical music of the 19th and 20th century and making this music accessible to all.

Allen Ascher (pg. 25) has a doctorate in English from the CUNY Graduate Center. He has taught English in middle school and high school and was an adjunct professor of English at Brookdale Community College.

Shelley Benaroya (pg. 24) is a published writer and poet who has taught creative writing for more than 20 years. As a teaching artist, English teacher, and college instructor, she has helped students—young and old—discover the poet and storyteller within. In addition to her role as founding director of the Writing Center for Creative Aging, she has been a poet-in-the-schools for the New Jersey Writers Project, Writers Theatre, and NJPAC. Among her awards are poetry and teaching fellowships from the NJSCA and Geraldine R. Dodge Foundation.

Howard Beroff (pg.9) is a retired biomedical engineer, formerly with J&J. Earlier in his career he worked in the space program. He is also a retired adjunct professor having taught statistics, mathematics and optics at Raritan Valley Community College. Howard is also a Fellow of the National Academy of Opticianry.

Nicholas Birns (pg.13) has taught adult education courses on current and classic literature at The New School, the Scarsdale Adult School, and currently at New York University and the New York Society Library. He is the author of many books and articles of literary criticism.

Barbara Bogner (pg. 14) is a retired associate professor of biology. She taught human anatomy and physiology full time at Middlesex County College for 24 years. She has degrees from SUNY Stony Brook and Villanova University. She has enjoyed teaching courses for OLLIRU for the past five years.

Lampros E. Bourodimos (pg. 30) is a civil and environmental engineer for 44 years and an adjunct professor for 24 years, currently with Rutgers School of Engineering and OLLI-RU. He has a PhD (Civil Engineering) from NYU and is a licensed Professional Engineer in NJ. He enjoys sharing his knowledge of the interconnections between the environment and public health, sustainability, technology, and engineering so that we may all take actions to make our planet a better place - nothing is more powerful than an idea whose time has come.

Maureen Dunphy Brady (pg. 14) is an Irish historian, author and speaker. She holds an M.A. in Irish and Irish-American Studies from NYU Glucksman Ireland House, inclusive of coursework and research at Trinity College Dublin. Her areas of interest are women in Irish history, transatlantic tourism, the Irish in America, and Irish-American identity.

Patricia Brady (pg. 26) is a retired clinical psychologist whose hobby and passion has been genealogy for over 50 years. She has taught on the undergraduate and continuing education levels and is enthusiastic about sharing her knowledge and skills with the OLLI community.

Alison Brown (pg. 21) taught philosophy at Union College for 25 years before retiring in 2017. She loves both teaching and philosophy and is interested in making philosophy’s value, methods, and areas of focus accessible and translatable to our everyday lives.

Joyce Browning (pg. 24) taught art for 36 years and retired from teaching K-12 art in Metuchen, NJ. Joyce has exhibited and sold her art throughout the U.S, England and Ireland, and operated a small art gallery for 20 years. She loves trying new things.

Vinnie Bruno (pg. 12) holds an MPA from Baruch College and has taught courses in numerous disciplines including Humanities, Business and Mathematics for the past 30 years. As a Beatles Scholar he looks to present an interactive and informative course for both the casual listener and the hard core Beatles fan. As a 60's Rock Historian he offers programs focusing on the many extraordinary musical artists who defined the era.

Malik Cadwell (pg. 17) a Grandmaster of Martial Arts, has over 40 years of experience and served as the US Coach at the World Karate Championship in Tokyo. He teaches Tai Chi and Kung Fu at Rutgers-Camden and Newark and at Temple University. He received his degree in Psychology from Northwestern University and is a mindfulness and meditation instructor at the Institute of Museum and Library Services and Queens Public Library.

Sam and Candy Caponegro (pg. 29) have worked in all aspects of theater for over 30 years. Their goal is to keep the Classic Movie Musical and the Golden Age of Broadway alive through their lectures.
Julie Cardillo (pg. 22) has exhibited her own artwork nationally and has taught Art Studio and Art History at institutions including Drexel University, Rochester Institute of Technology, and SUNY Geneseo. She's also spent ten years teaching art to grades 8-12. Julie, a New Jersey native, currently lives with her family in Cary, NC and teaches at Wake Technical Community, in Raleigh, NC.

Jeff Cohen (pgs. 11, 15) is an award-winning professional artist. He received a BA from Upsala College and did graduate work at New York University. He is a commissioner at the Barron Art Center in Woodbridge, NJ.

Sally Bauer Cohen (pg. 25) is a retired NYC high school Film/English teacher and librarian with Masters degrees in Media Studies (NYU) and Library Science (Rutgers University). She has enjoyed teaching for OLLI-RU since 2011, and once again looks forward to another inspiring session with her always very special students.

Keki Dadachanji (pg. 28) Dr. Keki Dadachanji has a Doctorate in Operations research from Case Western Reserve University. He was a senior manager in American corporations for 30 years. Subsequently he was a part-time lecturer at Rutgers University and a teacher of mathematics and computer science at Parsippany High School. His interests span religion, philosophy, yoga, literature, mathematics, and international cinema. Dr. Dadachanji has taught various courses on these subjects at Rutgers University and OLLI-RU.

Saul Einbinder (pg. 8) held senior technology and business positions at Bell Labs, uReach Technologies and Spirent Communications and has appeared in the New York Times, Boston Globe, Communications Week, Forbes, Marketplace on NPR and on CBS radio. After retiring he created the "Demystify Tech" series for adult learners to bridge the gap between media hype and reality, and has been teaching with many lifelong learning programs.

Steve Frankel (pg. 26) born in Williamsburg, Brooklyn and educated both in the NYC public school system and an Ultra Orthodox High School. Steve graduated from Brooklyn College, majoring in Judaic Studies and Political Science. He has lived in Israel for the past 44 years where he has organized tours and educational experiences and lectured internationally about Jewish Life at the end of the Temple Period. He currently works for The Israel Experience as the Director of Onward Israel.

Robin Friedman (pg. 16) spent more than 20 years in journalism/publishing/advertising. She has an Ed.M. from Rutgers University and is currently teaching adult education courses in East Stroudsburg, PA. Robin volunteers with several animal rescue groups and has attended behind-the-scenes programs at zoos and animal sanctuaries.

Margareta Greeley (pg. 18) received her Doctorate in Education from Rutgers Graduate School of Education (GSE), focusing on psychology, education and creativity. She is also a painter and sculptor whose works are displayed locally and internationally. She is an adjunct professor at the Rutgers GSE.

Rob Greenfield (pg. 30) is a Professor Emeritus, Fairleigh Dickinson University.

Barbara Griffin (pg. 25) is a retired educator with over 30 years of experience teaching at both the high school and college level. She has degrees in Latin and History and enjoys sharing her love of the Classical World with others.

Pratibha Jani (pg. 20) received yoga certification from Mumbai and is an E-RYT and a certified Yoga therapist. Pratibha has taught at the County College of Morris and the Piscataway Senior Center and presently teaches online. A NJ resident for over 34 years, Pratibha has a BS in Ancient Indian history/Culture from Bombay University, India.

Karl Lorenzen (pg. 31) is a community artist based in Queens, NY who partners with non-profits in presenting art workshops for diverse, special needs, and under resourced communities. He is a faculty member of the New York Open Center and a teaching Artist in Residence at the Omega Institute for Holistic Studies in Rhinebeck, NY. From 2016 to 2019, Lorenzen received SU CASA Awards / Residencies, sponsored by the Queens Council on the Arts / New York City Department of Cultural Affairs, and from 2018-2019 he was an Artist in Residence and Instructor as part of the ProjectArt Art and Social Practice Residency in New York City.

Maurice Mahler (pg. 11) artist and historian, lectures throughout New Jersey and New York. He is a commissioner of the Cultural Arts Commission of Monroe Township, and teaches art history and lectures at many senior facilities in NJ. He has also taught at Brookdale Community College and the School of Visual Arts in New York City.

Ed Malberg (pg. 21) A veteran instructor at OLLI-RU, Ed Malberg is an adjunct associate professor at Raritan Valley Community College. A Rutgers grad, he holds a master's degree from the University of Kentucky and completed doctoral studies in American History at Northwestern University.

Henry McNally (pg.17) is a semi-retired educator who has taught Irish and Irish-American History both at the college level and in continuing education programs. He has degrees from Fordham University, William Paterson University, and University College, Galway, Ireland.

Paul Moore (pg. 8) PhD, RD, CSSD, LDN, CSCS is currently a faculty member in the College of Health Sciences Department of Nutrition and Healthcare Management at Appalachian State University in Boone, NC. He also provides consulting to dietetic internship programs and students through RD Lead, an organization committed to Energize-Equip-Elevate the profession of Nutrition & Dietetics. Paul has served in various leadership positions with the North Carolina Academy of Nutrition & Dietetics.
Patty Pagano (pg. 12) has been a taichi and Qi Gong instructor for 9 years at Qi Gong for Healing Center in Middlesex, NJ. She has 16 years of experience under the teachings of Fran Maher, Brian Coffey and Master William Ting.

Leonard Parry (pg. 30) Having worked for Wall Street firms for many years, including with a professional arbitration association, Leonard retired and became active, first as a trained volunteer, then as an employee of the Long Term Care Ombudsman. He derives much satisfaction from assisting appropriate residents to return to their communities. He also moderated discussion groups at senior developments for the past eight years. He has enjoyed instructing at OLLI-RU for several seasons.

Kavita Patel (pg. 8) PT, DPT is a clinical specialist physical therapist at Kessler Rehabilitation Center (KRC) in Clifton, NJ where she works with all populations utilizing various types of interventions and treatment approaches. She specializes in osteoporosis, osteopenia, orthopedic and post-surgical rehabilitation, and posture re-education. Kavita has been a practicing clinician for more than 25 years.

Gerry Pomper, (pg. 16) Distinguished Professor Emeritus at Rutgers, has been teaching at OLLI since 2005. Author and editor of 21 books, he concentrates on studies of American politics.

Princeton University Art Museum Docents (pg. 31) The 60 Princeton University Art Museum docents are highly experienced in presenting to audiences of all ages. Prior to beginning tour responsibilities, docents participate in an intense 2 1/2 year training program with the Museum’s Associate Director for Education. Docents also receive continuing education weekly.

Rich Quatrone (pgs. 23,28) is a poet and playwright with a Master's from Mason Gross School of the Arts at Rutgers. He is Artistic Director of The American Poetry Theater. He has been published with Allen Ginsberg, Marge Piercy, Charles Bukowski, Amiri Baraka, Gregory Corso, and Tom Waits.

Joseph Rosenstein (pg. 13) is a Professor Emeritus of Mathematics, having taught at Rutgers for 48 years. For many years, he has taught courses dealing with basic Judaism and basic texts in Judaism. He has published Jewish prayerbooks that are widely used and that make traditional prayer meaningful to modern readers.

Howard Schechter, Ed.D. (pg. 27) is the former principal of John A. Forrest School in Fair Lawn, and P.S. 158 on the Upper East Side of Manhattan. A former Director of Gifted and Talented Programs, Dr. Schechter is a language and literacy consultant in New Jersey and New York.

George Schroepfer (pg. 17) has taught for OLLI-RU since the fall of 1999. Once again he looks forward to another exciting semester with students who love to learn.

Monica Shah (pgs. 8, 9, 20) holds a BS from Penn State, and an EdM from Harvard, and has experience teaching a variety of subjects ranging from STEAM to leadership development. The author of multiple essays, poetry, and several books, Monica also has a background in the performing arts. She enjoys exploring other countries, practices yoga most days, and is skilled at supporting others in personal development as a catalyst towards self-actualization.

Roz & Steve Shaw (pg. 22) own a business that specializes in educational programs. They have taught adult courses at the ENCORE Program in Middletown, NY, at Brookdale Community College, and have been instructors at OLLI-RU since 2003.

Harvey Singer (pg. 23) holds a bachelor of arts degree in economics and political science from the City College of New York and a masters of business administration in finance and investments from Baruch College.

Lyn Lilavati Sirota (pg. 22) is a certified 200-hour Yoga Instructor through Integral Yoga in Princeton, N.J. She specializes in gentle yoga instruction with a focus on range of movement and therapeutic practices. Through the use of sound, movement, and breath, she leads a mindful, detailed, and spiritual class perfect for those new to yoga as well as experienced practitioners. Lyn completed a 180-hour Therapeutic Yoga Teacher Training program, a 100-hour Yin Yoga Teacher Training program, as well as a program in Mindfulness Based Stress Reduction. In addition, Lyn is certified in Yoga for Arthritis and Yoga for Low Back Pain training. Lyn participates regularly in an anatomy educational program with a Physical/Yoga therapist to keep current in her knowledge/skill base.

Charlie Smith (pg. 30) is a published author, history major, and experienced presenter to groups large and small. He is also a member of the Whitechapel Society, a long-established historical society.

Valerie Snyder (pgs. 9, 24, 28) is the New Jersey State Arts Educator of the Year for 2017-2018 in addition to having taught art in North Brunswick Public Schools since 1980. Recognized in 2016 as a “Teacher Who Makes Magic” by Greater Media’s WMGQ Radio as well as by the State of New Jersey with an "Exemplary Educator Award", she is a proud graduate of Douglass College, Rutgers University, and a returning OLLI-RU Instructor.
**Susan Speidel** (pg. 15) received a Doctorate in Liberal Studies from Drew University and also studied at Kean University, New York University, Montclair State University, and the Globe Theatre in London. She is on the faculty of Kean University’s Theatre Conservatory, served as Director of Education for the Tony Award Winning Paper Mill Playhouse, and has written for The Sondheim Review. As an actor/director, she has over 75 productions to her credit, and is the recipient of a NJ Governor’s Award for Theatre Education, a NJ Theatre Alliance Applause Award, and was inducted in the NJ Association of Community Theaters Hall of Fame in 2019.

**Larry Stanley** (pg. 27) was a TV director for over 30 years. He has his BA in Broadcast Communication Arts from San Francisco State University. He is passionate about movies, music, art, and coffee roasting.

**Maxine Susman** (pg. 17) holds a BA from Barnard College and Ph.D. in English from Cornell University. She taught writing at Rutgers and Seton Hall Universities, and retired as professor of English from Caldwell University where she was Poet in Residence. Her poems appear widely in journals, and she has published 7 books of poetry. She began teaching at OLLI-RU in 2013.

**Sayyid Tirmizi** (pgs. 18,19) (M.A., M.B.A., Ph.D.) is a former Associate and Adjunct Professor. Sayyid has taught both in the US and abroad. He specializes in South Asian, religions, art, culture as well as Islamic art history and culture. He has taught at the University of Tulane’s School of Continuing Education, at City College in New York and now at OLLI-RU.

**Bruce Tucker** (pgs. 11, 14, 18) holds a BA in political science and history and a MS degree in information technology and project management from Stevens Institute of Technology. Bruce has been a member of the OLLI-RU faculty since 2009.

**Vandana Walia** (pgs. 12, 19) has a master’s degree in English Literature and thirty years of teaching experience. She has been teaching at OLLI-RU for several years.

**Imani Wallace** (pg. 19) A Bronx native-born and raised, Lyrical Faith (aka Imani Wallace) is a Black American Educator, Activist and award-winning international Spoken Word Poet. She is the founder of a poetry and public service organization known as Poetry For Service, the founder and president of an arts collective called Black Greek Poets, and the co-founder of the longest-running open mic & showcase for young adults in Harlem. She is the 6th ranked women poet in the world as of the 2021 Women of the World Poetry Slam. She is an inaugural Bronx Poet Laureate finalist. She is a 2019 recipient of the Bronx Council on the Arts “Bronx Recognizes Its Own” Award in the category of Spoken Word, the 2018 NYU Martin Luther King Jr. Oratorical Contest Champion, the 2016 Syracuse University Martin Luther King Jr. Unsung Hero, and the 2015 Syracuse University Poet of the Year. She’s currently pursuing her doctorate in Social Justice Education at the University of Massachusetts at Amherst.

**Hugo Walter** (pg. 20) has a B.A. from Princeton University, an M.A. from Old Dominion University, and a Ph.D. from Drew University. He has taught at Drew University, Fairleigh Dickinson University, Berkeley College, and Rutgers University. Dr. Walter has published several scholarly books on European and American literature.

**Maryann Zolota** (pg. 16) received her BA in Art History from Drew University and her MA in Art History from Rutgers. Her special area of interest is 17th through 19th century art. She has guest lectured on Silversea, Crystal, and Regent cruise lines.