TABLE OF CONTENTS

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>About OLLI-RU</td>
<td>2</td>
</tr>
<tr>
<td>Online Class Experience (Zoom!)</td>
<td>2</td>
</tr>
<tr>
<td>Registration Information</td>
<td>3</td>
</tr>
<tr>
<td>Policies including Refund/Transfer Information</td>
<td>4</td>
</tr>
<tr>
<td>Index by Topic</td>
<td>6</td>
</tr>
<tr>
<td>Week-At-A-Glance</td>
<td>7</td>
</tr>
<tr>
<td>Course Descriptions</td>
<td>8-23</td>
</tr>
<tr>
<td>Instructor Bios</td>
<td>24-26</td>
</tr>
</tbody>
</table>

Current OLLI-RU Advisory Council members:

<table>
<thead>
<tr>
<th>Membership</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jane Adas</td>
<td></td>
</tr>
<tr>
<td>Sandy Bergelson (Chair)</td>
<td></td>
</tr>
<tr>
<td>Keki Dadachanji</td>
<td></td>
</tr>
<tr>
<td>Loretta Dumas</td>
<td></td>
</tr>
<tr>
<td>Betsy Elmehais</td>
<td></td>
</tr>
<tr>
<td>Marcy Feldheim</td>
<td></td>
</tr>
<tr>
<td>John Lenard</td>
<td></td>
</tr>
<tr>
<td>Coleen Marks Schlaffer (Secretary)</td>
<td></td>
</tr>
<tr>
<td>Robert Siroty</td>
<td></td>
</tr>
<tr>
<td>Roz Shaw</td>
<td></td>
</tr>
<tr>
<td>Steve Shaw</td>
<td></td>
</tr>
</tbody>
</table>

Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shino John</td>
<td>Associate Vice President for Strategic Growth</td>
</tr>
<tr>
<td>Megan Novak</td>
<td>Manager</td>
</tr>
<tr>
<td>Rajini Kurian</td>
<td>Program Coordinator/Site Coordinator – New Brunswick</td>
</tr>
<tr>
<td>Kristen Michaels</td>
<td>Program Coordinator/Site Coordinator – Freehold</td>
</tr>
<tr>
<td>John Michaels</td>
<td>Assistant to Coordinator – Freehold</td>
</tr>
<tr>
<td>Farah Shallan</td>
<td>Student Worker/Office Assistant</td>
</tr>
</tbody>
</table>

OLLI-RU Contact Information

Phone: 848-932-6554
Email: olliru@docs.rutgers.edu or olliregistrations@docs.rutgers.edu

OLLI-RU staff continue to work remotely. **Do not send any mail to our office** as we are not able to retrieve it in a timely fashion. Email is the quickest way to contact us.
ABOUT OLLI-RU

The Osher Lifelong Learning Institute at Rutgers University (OLLI-RU) is proud to be part of The Bernard Osher Foundation’s nationwide network of outstanding centers providing continuing education to individuals over 50, who are looking for an opportunity to expand their horizons, learn in an engaging environment, and meet new friends. OLLI-RU offers noncredit education that is stimulating, friendly, and informal. There are no tests and no grades! You will be part of a learning community that is full of diversity, insight, wisdom, intellectual and cultural stimulation, and friendship.

MEMBERSHIP

Tuition includes membership in OLLI-RU. Once you register for a class, you will receive our communications, you will be eligible for reduced pricing for our travel programs (when we are able to travel again), and you will have access to our new online community connection tool being deployed in the near future.

ONLINE CLASS EXPERIENCE - ZOOM

All OLLI-RU classes are online using the Zoom platform. Zoom is free to use and you can join classes on a computer, laptop, mobile device (iPad, cell phone, etc) or call in via telephone. You can find more information on Zoom and how to join a class (also called a meeting), here: How to join a Zoom meeting

**Zoom links** are emailed to registered students approximately 3 to 5 days before the first class. Please make sure to check for the link at least 24 hours before your class. If it's not in your inbox, make sure to check your junk or spam file. If not there, email olliregistrations@docs.rutgers.edu

**Things still happen:** Please keep in mind that at times technology can fail one or all of us. We do our best to help when we can but some things are beyond our control. The ability to connect to the class and the quality of the connection depends on many factors and we will not be able to troubleshoot or solve every issue. OLLI-RU has no control over issues with a student's technology that may prevent them from logging in to a class.

**Best Practices/Online Class Etiquette:** some new things to think about when joining a class:

1. Connect a few minutes early, if possible, to allow time for setup.
2. To help with your connection:
   - Limit the number of people in your household online during your class time.
   - Be as close to your modem or router as possible.
   - Close other applications that may be open on your device.
3. Keep yourself on mute unless you are speaking.
4. If your camera is on, the class and instructor can see everything you do. To limit those distractions for other students, please turn your camera off and mute yourself if you choose to do other things during class such as eating, talking to a spouse or taking a phone call. You can turn the camera back on when you are done.
REGISTRATION

Registration Starts on April 22, 2021

аж Registration opens just after midnight on April 22 and remains open until the first day of class if the class is still available.
аж Don’t wait too long to register. OLLI-RU makes decisions to cancel classes that don’t meet the minimum enrollment requirements about a week to 10 days before class is scheduled to start.

HOW TO REGISTER ONLINE:

1. Go to OLLI-RU website- olliru.rutgers.edu and click the “Catalog” tab.

2. Click “Register” next to the chosen class (it says description up until the day of registration)

3. Scroll to the bottom right of that page and click “Register/Sign-in Now”

4. Follow directions through the rest of the process

5. Receive two confirmation emails- one for registration and one for payment. Confirmation emails are sent automatically by the system immediately upon successful registration. If you do not receive both emails, check your spam or junk folder. If they are not there, please contact us at olliregistrations@docs.rutgers.edu or call 848-932-6554.

LINKS for CLASS:

 Links are emailed approximately 3 to 5 days before the class starts. If you don’t see it in your inbox, check your spam or junk folder. If not there, email olliregistrations@docs.rutgers.edu.

 Check for link at least 1 day before your class. If you wait until a few minutes before class starts we may not be able to respond to you right away. Email olliregistrations@docs.rutgers.edu if you don’t have the link.

How-To Guides!

Click here for: How to Register Online Guide
Click here for: How to Register 2 People from One Account

Forgot your Username and/or Password?
Email olliregistrations@docs.rutgers.edu and OLLI-RU staff will help guide you.
 Do this well in advance of registration day to ensure we can provide help in a timely manner.

NO PAPER REGISTRATION:
Due to ongoing telecommuting and COVID-19 policies, we are unable to accept paper registration as a measure to ensure the safety of our team members and our community. DO NOT MAIL ANYTHING to the OLLI-RU office which remains closed.
REFUND POLICY

- A full refund for multi-week courses will be provided if we receive the request in writing before the start of the second class. Refunds will be issued in the original form of payment and only to the individual who paid for the class.

- The requests must be submitted via our Refund/Transfer webform here: Refund/Transfer webform or emailed to ollirefunds@docs.rutgers.edu.

- No refunds will be issued for one-day courses.

TRANSFER POLICY

Students can transfer from one class to another at any point during the session provided confirmation from OLLI-RU staff that the class is still open.

To request a transfer complete the Refund/Transfer webform or email ollirefunds@docs.rutgers.edu. DO NOT MAIL anything to OLLI-RU offices as no one is available to receive it.

RECORDINGS

A large part of OLLI-RU’s mission is to create and build community among our members. Given we can’t all be together in person right now, the best way for us to continue our communities is through synchronous class attendance where, just like an in-person class, students and instructors meet together at the same time and engage with each other in an academic and socially meaningful way. To that end, OLLI-RU will not be recording any online classes.

If you have questions, please contact Megan Novak at megnovak@rutgers.edu. For specific inquiries regarding accessibility accommodations concerning recordings, please email olliregistrations@docs.rutgers.edu.

MISSED CLASSES

Individual classes that are cancelled for any reason by OLLI-RU or the instructor will be made up either by adding additional time to each remaining class or by extending the class by an additional meeting.

CANCELED COURSES

Students registered for a course that gets canceled due to low-enrollment will be notified approximately one week before the class is scheduled to start. You have the opportunity to transfer to an alternate open class or receive a refund.

The minimum number of students required to run a class is carefully calculated based on the cost of running the class. OLLI-RU is self-supporting and relies on registration fees to ensure immediate and long-term sustainability. If a course does not meet the minimum enrollment, we unfortunately have to cancel it to avoid operating at a financial loss. Philanthropic donations would allow far more flexibility in terms of fees and programming.
Friends,

As I write this, signs of change and renewal surround me. The buds on the tree outside our window are now small, delicate green leaves thanks to the warmer temperatures, rainy days and abundant sunshine. In this same tree are approximately five birds' nests (much to our cats' delight) belonging to mourning doves, and we have the awesome opportunity to watch the pairs tend to their nests, and each other.

Mourning doves, also known as turtle doves, happen to be the one of the most abundant and widespread birds in North America. I consider them precious for several reasons, among them the fact that their coos do indeed sound like laments, and mating pairs take great care of one another. Over this past year, lamentations have been ubiquitous; so, too, has our care for one another.

As we look to the future of OLLI-RU, I'm reminded that returning to "normal" will take time and patience, much like the building of and tending to a nest. "Normalcy" is also perhaps a myth, as we are forever changed by the pandemic and social unrest that we experienced in 2020. Our future will be reflective of our collective and individual experience. How can we possibly grow and move forward as a community without continuing to embrace challenging and crucial conversations related to race, gender, sexuality, religion, politics, and history?

Leading these crucial conversations are our inimitable instructors—those individuals who have gone above and beyond to ensure not only did we have courses for students to attend, but some of the most interesting, creative, and thought provoking courses I've seen in all my tenure here at Rutgers. Remember, remote learning was not part of our program at all before April 2020, and in the blink of an eye we pivoted to WebEx, then quickly Zoom. Words fail to adequately express gratitude to our faculty as well as Rajini, Kristen, and Farah for the incredibly hard work all have exerted to keep our program running. I'll begin with, “Thank you.” Let us remember all the lessons 2020 has taught us, and let us continue to extend the grace and patience to one another that is so needed.

With gratitude and hope,

Megan
INDEX BY TOPIC

ART APPRECIATION
Art Appreciation: Forms, Methods and Media........... 22
Gallery Talks – Princeton U. Art Museum............. 23
Islamic Culture through Art and Architecture......... 15

CREATIVE ARTS – (IN PRACTICE)
Art
Art of the Book-Bookmaking Techniques............. 17
Drawing the Human Face................................ 8
Get Stuff in the Right Place (Intro. To Comp.)..... 9
How to Choose and Use Color.......................... 9
Printmaking Without a Press............................ 21
Start Drawing............................................. 19
A Summer of Painting................................... 14
Summer Sketching....................................... 13

Creative Writing/ Poetry/Journaling
Audio Journals .......................................... 11
From Poet to Playwright................................ 21
Memoir 101: Soul Story Writing & Family Tree....... 20
Poetry Workshop ......................................... 13
A Poetry Workshop for Irrepressible Few............ 18
Practical Essay Writing .................................. 17
Social Justice Through Poetry............................ 15

CURRENT AFFAIRS and POLITICS
Let’s Discuss: Current Events.......................... 20
Rational Controversy ..................................... 18

FILM & TV STUDIES
David Fincher-Successful & Perfect. Filmmaker........ 17
Great Mysteries (Books & Movies)...................... 13
Rod Serling’s Pre & Post Twilight Zone............... 16
Stand-up and Sit-Coms .................................... 11
WWII on TV in the 1960s: 12 O’Clock High........... 18

HEALTH, WELLNESS & the HUMAN MIND
5 Simple Habits Build Resilience & Enhance Well-Being. 15
Gentle Joints Chair Yoga and Meditation............... 16
Mindfulness in Motion .................................... 9
Our Mysterious Brain .................................... 12
Tai Chi ...................................................... 20
Wu Ji Jing Gong Qi Gong ................................ 18

HISTORY and CULTURE
Cheese of the Lowlands ................................ 8
Cleopatra: Then and Now................................ 19
Constance Markievicz:
   Life of Irish Rebel Countess ........................ 8
Famous Assassinations .................................. 16
Female Faith and Political Pietism in the
   Diary of NJ’s Dinah Van Bergh ................. 8
The History of the Irish in America.................... 19
Islamic Culture through Art and Architecture........ 15
Listening to Radio in NJ - A Reminiscence ........... 14
NJ’s WWI Legacy of Remembrance ..................... 12

LANGUAGE
A Taste of Yiddish ....................................... 14
How To Talk When the Band is Too Loud
   A Sign Language Sampler ................................ 23

LITERATURE
By George: The Art of George Eliot.................... 12
Great Mysteries (Books & Movies)...................... 13
Jane Austen’s Sense and Sensibility.................... 19
The Short Stories of Katherine Mansfield........... 16
Villette by Charlotte Bronte ............................ 14

MUSIC APPRECIATION
The Italian Greats ....................................... 21
The Sixties: The British Invasion...................... 13

PERFORMING ARTS
Acting and Improv ....................................... 12
How Do I Play This Song-Ukulele & Guitar .......... 20
Stand-up and Sit-Coms .................................. 11
Anyone Can Sing- Virtual Community Chorus ....... 22
With a Song in My Heart:
   Great Musical Comedy Songwriters ............... 16

SCIENCE/TECHNOLOGY
Climate Change, Pandemics & Resilience Pt. 2 .... 22

SPORTS
Historic Baseball Sites ................................. 9
### Week-at-a-Glance: June to early July

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
</table>
| Audio Journals: Explore Music and Sound as a Journaling Practice  
Jeffrey Cobbold  
10:30-11:45am; 6/7-6/28 | Acting and Improv  
Monica Shah  
10:30-12pm; 6/1-6/22 | 5 Simple Habits that Build Resilience and Enhance Well-Being  
Noreen Bramer  
10:30-12pm; 6/2-6/30 | Cleopatra: Then & Now  
Katheryn Whitcomb  
10:30-12pm; 6/3-7/1 | Anyone Can Sing-Virtual Community Chorus  
Mara Adler-O’Kelly  
10:30-11:30am; 6/4-7/2 |
| Stand-up and Sit-Coms  
Abe Vorensky  
10:30-12pm; 6/7-6/21 | By George: The Art of George Eliot  
George Schroepfer  
10:30-12pm; 6/1-6/29 | Famous Assassinations Chngd Course of History  
Charlie Smith  
10:30-11:30am; 6/2-6/30 | The History of the Irish in America  
Henry McNally  
10:30-12pm; 6/3-7/1 | Art Appreciation: Forms, Methods & Media  
Julie Cardillo  
10:30-12pm; 6/4-7/2 |
| Constance Markievicz:  
The Life of an Irish Rebel Countess  
Maureen Dunphy Brady  
10:30-12pm; June 7 | Our Mysterious Brain  
Barbara Bogner  
10:30-11:30am  
6/1-7/6  
*no class 6/15 | Gentle Joints Chair Yoga & Meditation  
Pratibha Jani  
10:30-11:30am; 6/2-6/30 | Jane Austen’s Sense & Sensibility  
Hugo Walter  
10:30-12pm; 6/3-7/1 | Climate Change Pt 2  
Lampos Bourdinos  
10:30-12:30pm; 6/4-7/2 |
| Historic Baseball Sites  
Jason Love  
1-2:30pm; June 7 | Poetry Workshop  
Maxine Susman  
10:30-12pm; 6/1-6/29 | The Short Stories of Katherine Mansfield  
Vandana Wali  
10:30am-12pm; 6/2-6/30 | Tai Chi  
Malik Cadwell  
10:30-11:30am; 6/3-7/1 | Gallery Talks with Princeton University Art Museum  
PUAM docents  
1-2pm; 6/4-7/1 |
| The Life and Art of Marc Chagall  
Maurice Mahler  
10:30-12pm; June 14 | The Sixties: British Invasion  
Vinnie Bruno  
10:30-12pm; 6/1-6/71 | With a Song in My Heart: Great Musical Comedy  
Sam&Candy Caponegro  
10:30-12pm; 6/2-6/30 | How Do I Play this Song-for Ukulele and Guitar  
Paul Elwood  
1-2pm; 6/3-7/1 | |
| Mindfulness in Motion  
Malik Cadwell  
10:30-11:30am; June 14 | Summer Sketching  
Jeff Cohen  
10:30-12pm; 6/1-6/29 | Art of the Book  
Karl Lorenzen  
1-2:30pm; 6/2-6/30 | Let’s Discuss: Current Events  
Leonard Parry  
1-2:30pm; 6/3-7/1 | |
| Female Faith & Political Pietism in the Diary of NJ’s Dinah Van Bergh  
Paul Soltis  
1-2pm; June 14 | Great Mysteries: Books and Movies  
Nawaz Merchant  
1-2:30pm; 6/1-7/6*  
*no class 6/8 | David Fincher: Successful & Perfectionist Filmmaker  
Roz and Steve Shaw  
1-2:30pm; 6/2-6/30 | Memoir 101: Soul Story Writing-Family Tree Making  
John Marron  
1-2:30pm; 6/3-7/1 | |
| Drawing the Human Face  
Valerie Snyder  
4-5:30pm; June 14 | Listening to Radio in NJ: A Reminiscence  
Erik Burro  
1-2:30pm; 6/1-6/29 | Practical Essay Writing  
Shirley Salemy Meyer  
1-2:30pm; 6/2-6/30 | Printmaking Without a Press  
Karl Lorenzen  
1-2:30pm; 6/3-7/1 | Cheese of the Lowlands: the Dutch Experience  
Carla Graifer  
3-4:30pm; June 10 |
| Get Stuff in the Right Place  
Intro to Composition  
Valerie Snyder  
3-3:30pm; June 21 | A Summer of Painting  
Jeff Cohen  
1-2:30pm; 6/1-6/29 | World War II on TV in the 1960s: 12 O’Clock High  
Bruce Tucker  
1-2:30pm; 6/2-6/30 | From Poet to Playwright  
Rich Quatrone  
3-4:30pm; 6/3-7/1 | |
| How to Choose & Use Color  
Valerie Snyder  
3-3:30pm; June 28 | A Taste of Yiddish  
Naomi Miller  
1-2:30pm; 6/1-6/29 | Wu Ji Jing Gong  
Patty Pagano  
1-2:30pm; 6/2-6/30 | The Italian Greats, Their Songs, Lives & Legacies  
Mara Adler-O’Kelly  
3-4pm; 6/3-7/1 | |
| Islamic Culture through Art and Architecture  
Sayyid Tirmizi  
3-4pm; 6/1-6/29 | Poetry Workshop for the Irrepressible Few  
Rich Quatrone  
3-4:30pm; 6/2-6/30 | Rational Controversy  
Harvey Singer  
3-4:30pm; 6/2-6/30 | |
| Social Justice Through Poetry  
Imani Wallace  
3-5:00pm; 6/1-6/29 | Start Drawing  
Valerie Snyder  
3:30-5pm; 6/2-6/30 | | | |

**KEY**

1 Day class
R1. Cheese of the Lowlands- the Dutch Experience… A Virtual Tasting

Thursday, June 10
3:00 p.m. - 4:30 p.m.
Class Size: Medium (max 25)
$20.00

Tulips, windmills, wooden shoes, and Dutch cheese. Learn about today’s thriving Dutch cheese industry as we journey back to the middle ages and then through the Dutch Golden age of enlightenment. Travel through the markets in Gouda to the lowlands in Beemster to experience some of the world’s best known and loved cheeses. The PowerPoint presentation will be followed by Q&A and a virtual cheese and wine sampling. Virtual Tasting: A list of cheeses, (available at Whole foods or Wegmans) will be provided to registered students approximately one-week before class. If so inclined, wine and condiment parings will be suggested.

Instructor: Carla Graifer

R2. Constance Markievicz: The Life of an Irish Rebel Countess

Monday, June 7
10:30 a.m. - 12:00 p.m.
Class Size: Medium
$20.00

Countess Constance Markievicz, an aristocratic Irishwoman, studied art in London and Paris before marrying a Polish count. A staunch Irish nationalist, she traded in her ball gown for an Irish rebel uniform, becoming a fearless leader in the 1916 Easter Rising to free Ireland from Great Britain. The countess made history as the first woman elected to British Parliament and the first woman Minister in a European Government. Hers is an unparalleled story of breaking through established gender norms in the face of overwhelming odds.

Instructor: Maureen Dunphy Brady

R3. Drawing the Human Face

Monday, June 14
4:00 p.m. - 5:30 p.m.
Class Size: Small
$20.00

You can draw realistic faces like never before! Just follow along as proportions that are common to most all humans are presented while you draw with the artist. Students need a pencil & paper and the ability to use a computer or mobile device to join the course.

Instructor: Valerie Snyder

R4. Female Faith and Political Pietism in the Diary of New Jersey's Dinah Van Bergh

Monday, June 14
1:00 p.m. - 2:00 p.m.
Class Size: Medium
$20.00

The diary and writings of Dina Van Bergh present a Dutch woman whose deep pietistic faith and close female friendships motivated her interest in worldly and political affairs even before her immigration to New Jersey in the eighteenth century. Dina’s Dutch religious formation shaped her contributions to New Jersey as a leading woman in religion and education through and beyond the American Revolution.

Instructor: Paul Soltis
R5. Get Stuff in the Right Place (An Intro. to Composition)

Monday, June 21
3:30 p.m. - 5:00 p.m.
Class Size: Small
$20.00
Have you ever wondered why sometimes an artwork, flower arrangement, or a room just doesn't look professionally designed? Chances are, the composition is off! Learn how to arrange anything so it looks good! Students should have the ability to use a computer or mobile device to join the course.

Instructor: Valerie Snyder

R6. Historic Baseball Sites

Monday, June 7
1:00 p.m. - 2:30 p.m.
Class Size: Medium
$20.00
This class will discuss such historic sites as the Baseball Hall of Fame, the Babe Ruth Birthplace and Museum in Baltimore, and Williamsport, Pennsylvania which is home to the Little League World Series. Other baseball sites from around the United States will also be discussed in the class.

Instructor: Jason Love

R7. How to Choose and Use Color

Monday, June 28
3:30 p.m. - 5:00 p.m.
Class Size: Small
$20.00
Color is a fascinating subject! Students in this class will learn about your personal color perception, the color wheel (did you know Isaac Newton made the first one?) and how it can be used to create harmonious color schemes in your clothing choices, decor, and life! EXTENDED BY A HALF HOUR DUE TO POPULAR DEMAND!

Instructor: Valerie Snyder

R8. The Life and Art of Marc Chagall

Monday, June 14
10:30 a.m. - 12:00 p.m.
Class Size: Large
$20.00
We will see why in the 1950's Pablo Picasso remarked "When Matisse dies, Chagall will be the only painter left who understands what color really is". As a pioneer of modernism and one of the greatest figurative artists of the twentieth century, he achieved fame and fortune, and over the course of a long career created some of the best-known and most loved paintings of our time.

Instructor: Maurice Mahler

R9. Mindfulness in Motion

Monday, June 14
10:30 a.m. - 11:30 a.m.
Class Size: Large
$20.00
Join us for an exploration of mindfulness and meditation techniques and practices that will include movement, breathing exercises and meditation of the dance-like forms that include: the internal martial arts of Baguazhang, the 8 Diagram Palm based on the principles of Taoism; as well as Aikido the Way of Harmony of the Spirit.

Instructor: Malik Cadwell
MULTI-WEEK CLASSES

Courses listed by day of the week, separated into
- A.M.
- P.M. (early afternoon) and
- P.M. (late afternoon)

CLASS SIZES:

<table>
<thead>
<tr>
<th>Small</th>
<th>Medium</th>
<th>Large</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 - 20 students</td>
<td>21 – 35* students</td>
<td>36 - 100+</td>
</tr>
</tbody>
</table>

*unless otherwise noted in Class Size in the course description

Class size is determined primarily by the instructors.

While remote classes are theoretically limitless, instructors want to create a specific type of environment that enhances the educational and community experience.

Want a specific instructor?
See the Instructor Bio pages starting on page 24.
Listed next to their name is the page number(s) where you can find their class(es).

Interested in a particular subject?
See the Index on page 6
**R10. Audio Journals: Exploring Music and Sound as a Journaling Practice for Self-Care and Action Planning**

Monday, 10:30 a.m. - 11:45 a.m.  
June 7 – June 28  
Class Size: Small  
$40.00

This course will offer participants an opportunity to create an audio journal in the form of a SoundCloud playlist. Audio journal content creation will be determined by participants' response to a presented set of standards about journaling, regarding how to document experience, occurrence, and observation in their daily lives. Participants will consider journaling as a life-long practice for self-understanding that can promote the care of one's self and others thus setting the stage for action planning on a variety of issues of personal concern. The audio journals will primarily consist of personal voice memo recordings and the selection of pre-existing content on SoundCloud. Active & guided listening skills will be taught and participants will demonstrate basic use of electronic devices including cell phones/voice memo apps, laptops, and web-based software to generate and manage audio. Each participant will leave the course and with a robust and well themed audio journal of approximately 45 minutes.

Participants will be taught how to use SoundCloud and engage in general discussion about the use of web-based social media platforms (i.e. Facebook, Twitter, Instagram, etc). Participants will also be taught basic skills for recording audio/video using the standard functions on their cell phones or laptop/desktop computers. Any participants having difficulty with this aspect of the course will be fully supported by the instructor who has the necessary capabilities of managing audio and video content for participant audio journals. In such a case participants would need to feel comfortable and capable sending their selected or generated content through email to the instructor for management. Participants will still be responsible for uploading and sequencing the content for their audio journal/SoundCloud playlist.

**Instructor:** Jeffrey Cobbold

---

**R11. Stand-up and Sit-Coms**

Monday, 10:30 a.m. - 12:00 p.m.  
June 7 – June 21  
Class Size: Medium  
$30.00

This class takes a deep dive into two modes of comedy. The first is known as Stand-Up where a comic gives the illusion that he/she is engaged in a dialogue with an audience but is actually offering a monologue of funny stories, jokes and one-liners. The second highlights Situation Comedies where a fixed cast of characters reveal their never-changing personalities to an amused, judgmental and dedicated audience. The class will include content from past classes but will also feature new content for all to enjoy.

**Instructor:** Abe Vorensky
**R12. Acting and Improv**

Tuesday 10:30 a.m. - 12:00 p.m.  
Class Size: Small  
June 1 – June 22  
$40.00

No acting experience necessary to come and explore your theatrical side with fun acting exercises, improvisation games, and play readings. This class is for anyone who enjoys acting or performing, playing with imagination, taking on different characters, or even just reading out loud. Using emotion, voice and imagination to become part of a story is an enriching, creative experience for the mind. Focused attention when playing or inventing a character and engaging with others triggers the brain’s natural problem-solving capacity and stimulates the release of dopamine, which is associated with learning and happiness. Acting and improv can even increase confidence and give your public speaking skills a boost. We will play drama games and read plays/scripts together in a safe, judgment-free, friendly space.

_Instructor:_ Monica Shah

---


Tuesday 10:30 a.m. - 12:00 p.m.  
Class Size: Medium  
June 1 – June 29  
$50.00

This class will focus on two remarkable and enduring novels by George Eliot. We will begin with *Silas Marner* and then examine the late masterpiece *Daniel Deronda*.

_Instructor:_ George Schroepfer

---

**R14. New Jersey’s World War I Legacy of Remembrance**

Tuesday 10:30 a.m. - 12:00 p.m.  
Class Size: Medium  
June 1 – June 29  
$50.00

During the Great War, New Jersey provided a pivotal role in supporting France, Britain and Italy with arms, munitions and supplies of all types. When Wilson ultimately declared war against Germany, New Jersey played an even greater role in the training, preparation and transporting of American doughboys to Europe. These factors, along with proximity to the cultural centers of New York and Philadelphia have contributed to the creation of a wide range of war memorials by prominent artisans and sculptors that will soon be celebrating their respective centennials.

_Instructor:_ Erik Burro

---

**R15. Our Mysterious Brain**

Tuesday 10:30 a.m. - 11:30 a.m.  
Class Size: Medium  
June 1 – July 6 *no class June 15*  
$50.00

Take a journey into your brain. Come understand why you get bad “vibes” from some people, why young children do not get sarcasm or why teenagers are so difficult to understand. Find out why some parts of our body are so sensitive to touch, why you can really “love” chocolate, why some foods bring back memories, and why drinking alcohol makes you run to the bathroom. Learn how changes in the brain result in certain disorders and diseases such as Alzheimer’s and Parkinson’s.

_Instructor:_ Barbara Bogner
R16. Poetry Workshop
Tuesday 10:30 a.m. - 12:00 p.m.  Class Size: Small
June 1 – June 29  $50.00
In this poetry-writing workshop, we will read published poetry old and new to spark lively discussions on meaning, technique, craft, and creative choices. There will be brainstorm-writing in class, homework prompts, and weekly sharing of work in a supportive, non-competitive atmosphere.

Instructor: Maxine Susman

R17. The Sixties: The British Invasion
Tues. & Thurs., 10:30 a.m. - 12:00 p.m.  Class Size: Large
June 1 – July 1  $100.00
This course will focus on the phenomenon of the rise of the British pop groups and singers that were led by The Beatles who invaded our shores in the 60's. From pop groups: The Dave Clark 5 and Herman’s Hermits to the psychedelic and progressive groups: The Who, Pink Floyd, Cream to the unique harmonies of the Bee Gees and The Hollies to the blues inspired Rolling Stones, The Kinks, Manfred Mann and The Animals to the soul/pop of Dusty Springfield and Tom Jones. We will explore these artists and others as well as highlights from landmark albums that clearly defined the British pop renaissance era whose influence still endure five decades later.

Instructor: Vinnie Bruno

R18. Summer Sketching
Tuesday 10:30 a.m. - 12:00 p.m.  Class Size: Small
June 1 – June 29  $50.00
You will learn to capture the essence of summer scenes or still lifes of summer’s bounty, simply. No previous experience is necessary. It's great fun. I will guide you so expect plenty of individual attention. Come sketch with me. Supplies needed: F Faber/Castelli graphite pencil, 3B Faber/Castelli graphite pencil, 7B Faber/Castelli graphite pencil, 1 ballpoint pen (black ink), pink beveled eraser, 11”x14” 50lb. stock Bienfang or Strathmore sketch pad.

Instructor: Jeff Cohen

TUESDAY P.M. Early Afternoon

R19. Great Mysteries (Classic & Modern Movies and Books)
Tuesday 1:00 p.m. - 2:30 p.m.  Class Size: Medium  (max. of 20 students)
June 1 – July 6* No class on June 8th  $50.00
Mixing classic movies with contemporary novels, this class discusses the Mystery/Thriller genre and sub-types (Noir, cozy, classic, police procedural, psychological thriller etc). In each class we will read a summary of the novel and discuss the time and place, as well as themes we expect to see. We will hear sections read aloud, and consider the plot, discuss the characters and why that story haunts us. The novels are available at most libraries and or purchased for kindle e-reader. Many are available as movies on demand. We will be discussing the following books and movies in this order: Raymond Chandler: The Big Sleep (1946 Movie); Alfred Hitchcock: North by Northwest (movie); Delia Owens: Where the Crawdads Sing (novel); Anthony Horowitz: Magpie Murders (novel); and Knives Out (Netflix movie).

Instructor: Nawaz Merchant
R20. Listening to Radio in New Jersey... A Reminiscence
Tuesday 1:00 p.m. - 2:30 p.m.          Class Size: Medium
June 1 – June 29                      $50.00
We grew up with radio – it’s been a part of life in the Garden State for a century and has affected our lives in a variety of ways. While Westinghouse Corp’s WJZ may have been first, no other station has had more industry firsts than WOR which began broadcasting in 1922 at Newark’s Bamberger’s Dept. Store. Discover how this radio pioneer set the pace for others to follow. There are no recordings of its earliest days, but you’ll hear samplings of other broadcasts and programming that touch on events and personalities that may linger as a distant memory. All who join will be encouraged to contribute their own thoughts and recollections, making our collective experience a treasure.
Instructor: Erik Burro

R21. A Summer of Painting
Tuesday 1:00 p.m. - 2:30 p.m.          Class Size: Small
June 1 – June 29                      $50.00
There’s no better time to capture the season in all its glory. You will paint bright, colorful paintings that will keep summer alive throughout the year. Expect plenty of individual attention. You will have the option of painting in either watercolor, acrylics, or oils. **Supplies needed if you are interested in Watercolor:** #1, #4, #8 round watercolor brushes(camel or sable hair) Yarka watercolor set(pan, not tube) Strathmore 9x12 cold press watercolor pad or Bienfang 9x12 watercolor pad of ph neutral paper, 2B pencil with eraser. **Supplies if you are interested in Acrylic:** Liquitex six pack Basics, acrylic synthetic round brushes(#2, #5 #8, 9”x12” Pad of canvas paper, Plastic or china plate to use as palette, small cup for water, 2B pencil and eraser. **Supplies if you are interested in Oils:** Starter oil set(Containing primary color and black and white), synthetic round brushes(#2, #5, #8), 9”x12” pad of canvas paper, palette or china plate to use as palette, small amount of turpentine in small jar (odorless, if possible), 2B pencil and eraser.
Instructor: Jeff Cohen

R22. A Taste of Yiddish
Tuesday 1:00 p.m. - 2:30 p.m.          Class Size: Small
June 1 – June 29                      $50.00
If you didn't understand what your parents and grandparents were saying in Yiddish, this is the class for you. You will hear this colorful language and get Yiddish in your mouth! Each Yiddish class will have a theme covering pets, Facebook in Yiddish, cursing etc. Students will also submit personal stories in English which will be translated into Yiddish by the instructor. Students will present their translated stories in class for practice. Each student will also have the opportunity to submit English assignments which the instructor will translate into Yiddish for the student to practice. While you might not become fluent with only 5 sessions, you will enjoy hearing this beautiful language, learning vocabulary, and “getting Yiddish in your mouth!”
Instructor: Naomi Miller

R23. Villette by Charlotte Bronte
Tuesday 1:00 p.m. - 2:30 p.m.          Class Size: Small
June 1 – June 29                      $50.00
*Villette* is considered Bronte’s finest novel and has grown in popularity over the years. Semi-autobiographical, it blends Gothic, romantic and mystic elements. The course will focus on these aspects of the novel and draw parallels with the more famous *Jane Eyre*.
Instructor: Vandana Walia
R24. Islamic Culture through Art and Architecture

Tuesday 3:00 p.m. - 4:00 p.m.  Class Size: Medium
June 1 – June 29  $50.00

For over 1400 years, Islamic Culture has made a significant contribution to the world of art and architecture. From the Dome of the Rock through Cordoba Mosque in Spain to Taj Mahal in India and from beautiful miniature paintings to various styles of calligraphy, from Ibn Khaldun to Rumi, it has excited historians and common people alike. All this compels one to examine the contribution of Islamic art and culture to world civilization. This survey course is an attempt to introduce the creative world of Islamic culture through some of the significant landmarks of art, architecture, paintings, and calligraphy over the centuries.

Instructor: Sayyid Tirmizi

R25. Social Justice Through Poetry

Tuesday 3:00 p.m. - 5:00 p.m.* Class Size: Medium
June 1 – June 29  $50.00

This class will provide participants an opportunity to learn specific methods of improving their writing while forming a deeper understanding of spoken word and performance poetry. The topics discussed will critically engage diversity, equity and inclusion honing in on a particular aspect of societal injustice with each conversation and writing prompt. Subjects may include but are not limited to police brutality, racial inequity, educational disparities, wealth disparities, misogyny, gender-based violence, and the prison industrial complex. The class is open to all levels and styles of writing, with no prior experience necessary. We aim to impact those who are seeking to learn and write, while building community amongst a “safe space”.  *Note that this class is 2 hours.

Instructor: Imani Wallace

WEDNESDAY A.M.

R26. 5 Simple Habits That Build Resilience and Enhance Well-Being

Wednesday 10:30 a.m. - 12:00 p.m. Class Size: Medium
June 2 – June 30  $50.00

News reports, online articles, and best-selling books are full of advice about achieving well-being, and the list of recommendations can be long and intimidating. In this fun and informative presentation, rediscover five habits to have in your well-being “toolkit” to build resilience for times when stress can be overwhelming. Mindfulness – Are you mindful, or, is your mind full?; Gratitude – Your brain on being thankful; Purpose – Your personal “mission in life”; Happiness – What is it, and why is everyone talking about it; Laughter – a human survival skill since before humans had language.

Instructor: Noreen Braman
R27. Famous Assassinations That Changed the Course of History

Wednesday 10:30 a.m. - 11:30 a.m.  
June 2 – June 30  
Class Size: Medium  
$50.00

Let’s talk about assassinations from around the globe that altered or changed the course of events from Cain and Abel to Iranian General Solimeni. You will also learn about some little known assassinations and curious details about well-known ones. Famous unsuccessful attempts will also be reviewed.

Instructor: Charlie Smith

R28. Gentle Joints Chair Yoga and Meditation

Wednesday 10:30 a.m. - 11:30 a.m.  
June 2 – June 30  
Class Size: Small  
$50.00

This session includes gentle joint exercises on the chair and standing gentle yoga poses at beginner level. Combined with relaxed breathing techniques (pranayam) to release stress and anxiety it also helps in lowering blood pressure, cholesterol and minimize joint pains.

Instructor: Pratibha Jani

R29. Rod Serling’s Pre & Post Twilight Zone Period

Wednesday 10:30 a.m. - 11:30 a.m.  
June 2 – June 30  
Class Size: Medium  
$50.00

Many people have enjoyed Rod Serling’s enormously popular The Twilight Zone television series but are unaware of his screenwriting work before and after the series ran between 1959 and 1964. In this class we will watch & discuss 5 of Rod’s pre & post Twilight Zone works. These programs were broadcast on television and one was a feature-length motion picture released in 1964. All these works will be assigned to view in between our weekly classes and are currently available via YouTube or other streaming services like Netflix or DVD at your local library.

Instructor: Bruce Tucker

R30. The Short Stories of Katherine Mansfield

Wednesday 10:30 a.m. - 12:00 p.m.  
June 2 – June 30  
Class Size: Small  
$50.00

Katherine Mansfield in her brilliant stories captured the very essence of life. She is known for her realism and is considered as a pioneer of the modern short story. We will analyze some of her works and discuss her genius.

Instructor: Vandana Walia

R31. With a Song in My Heart: Great Musical Comedy Songwriters (Part 1)

Wednesday 10:30 a.m. - 12:00 p.m.  
June 2 – June 30  
Class Size: Large  
$50.00

Explore the songs and times of the great songwriters (Irving Berlin, George Gershwin, Cole Porter, Rodgers and Hart, and Kander and Ebb). Using clips from Broadway, film, and television, we will share their life stories, hits and misses, some gossip (all in good fun) and appreciate their genius. If music be the food of love, let’s gorge ourselves!

Instructors: Sam and Candy Caponegro
R32. Art of the Book

Wednesday 1:00 p.m. - 2:30 p.m.  Class Size: Small
June 2 – June 30  $50.00

Students will discover the ancient, durable, and creative process of bookmaking by creating zines, an accordion book, a cut-out book, a book with a folder and flap, and a pop-up book. The material has been developed so that it is available to students at all levels of ability: no previous art experience is required.

- **Zines:** create 8-page and 16-page pamphlets by cutting and folding.
- **Accordion book:** create books with multicolored pages by cutting, folding, and binding.
- **Cut-out book:** create books with overlapping pages of cut-out designs by cutting, folding, and binding
- **Binding and threading:** create books with a folder and flap by threading prepared pages with twine.
- **Pop-up book:** create books with pages that pop up and out when opened by cutting and folding.

A specific list of affordable and good quality supplies will be sent to registered students

**Instructor:** Karl Lorenzen

---

R33. David Fincher- A Successful and Perfectionist Filmmaker

Wednesday 1:00 p.m. - 2:30 p.m.  Class Size: Large
June 2 – June 30  $50.00

David Fincher's films explore humanity from different perspectives, and he has an eye for detail and perfection. Almost all of his films have been commercial successes. The films that will be shown must be viewed at home prior to class. They are available on Netflix DVD and on streaming sites. For streaming availability go to justwatch.com. The films are *Seven* (1995), *The Social Network* (2010), *Gone Girl* (2014), *The Girl with the Dragon Tattoo* (2011), *Mank* (2020).

**Instructors:** Roz and Steve Shaw

---

R34. Practical Essay Writing

Wednesday 1:00 p.m. - 2:30 p.m.  Class Size: Small
June 2 – June 30  $50.00

In this class, we will explore each of three very practical types of non-fiction writing: letter to the editor; obituary; personal essay. For each genre, we will read and discuss effective examples, highlighting the structure and characteristics of these model pieces. Then, we will move on to writing exercises to help you brainstorm and start your own work.

Our everyday lives are filled with opportunities to write with speed and ease, such as when we respond to emails or post messages on Facebook. But there are situations that call for more care and in-depth reasoning, such as detailing a revealing moment in our lives, writing about the life of someone we love, and responding to an editorial. Moreover, revision—re-seeing our own piece of writing to add details and clarity—is the best route to improving our ideas and making our work accessible to a wide range of readers. Students can write first drafts on their own to bring to the next class session or simply use class time to work on their piece.

**Instructor:** Shirley Salemy Meyer
R35. World War II on TV in the 1960s: 12 O’Clock High

Wednesday 1:00 p.m. - 2:30 p.m.  
June 2 – June 30  
Class Size: Medium  
$50.00

12 O’Clock High is an American military drama television series set in World War II. It was originally broadcast on ABC-TV for two-and-one-half TV seasons from September 1964 through January 1967 and was based on the 1949 film of the same name. In this class we will watch & discuss selected episodes of the series as well as aspects of production, direction, special effects and performances by both ensemble cast members and its many guest stars. Episodes will be assigned to view in between classes and are currently available via YouTube or other streaming services like Netflix or DVD at your local library.

Instructor: Bruce Tucker

R36. Wu Ji Jing Gong Qi Gong

Wednesday 1:00 p.m. - 2:30 p.m.  
June 2 – June 30  
Class Size: Small  
$50.00

Wu Ji Jing Gong Qi Gong is a series of 15 different movements that will help you relax and open your mind, body and Qi. This class will also focus on principles of posture. It starts with a sitting, guided & cleansing meditation and it ends with a standing meditation. Dress comfortably.

Instructor: Patty Pagano

WEDNESDAY P.M. Late Afternoon

R37. Poetry Workshop for the Irrepressible Few

Wednesday 3:00 p.m. - 4:30 p.m.  
June 2 – June 30  
Class Size: Small  
$50.00

I will present ideas and topics that encourage creative discussion to foster the writing of poetry. The class will focus on guiding you to develop your true voice, your style, and the reading/performance of your poems. This is a highly supportive class for all students and their work.

Instructor: Rich Quatrone

R38. Rational Controversy

Wednesday 3:00 p.m. - 4:30 p.m.  
June 2 – June 30  
Class Size: Medium (maximum of 20 students)  
$50.00

We will look at a wide variety of controversial issues, generated primarily but not exclusively by current events, exposing you to different viewpoints and perspectives. Participants are encouraged to share their opinions and listen respectfully to others. Civility and rationality are essential. Bring an open mind, an articulate tongue, a sense of humor, and your opinions and prepare to be engaged. If there is sufficient interest, almost any topic or subject is open for discussion, from politics and ethics to economics and popular culture. The moderator will suggest topics, but class members can raise any issue.

Instructor: Harvey Singer
R39. Start Drawing
Wednesday 3:30 p.m. - 5:00 p.m.  
June 2 – June 30  
Class Size: Small  
$50.00

Drawing is a SKILL, not an art, which means you need to be taught to draw in order to draw well. Through a series of exercises this hands-on class introduces you to how you can improve your skills and finally learn to draw!  
Instructor: Valerie Snyder

THURSDAY A.M.

R40. Cleopatra: Then and Now
Thursday 10:30 a.m. - 12:00 p.m.  
June 3 – July 1  
Class Size: Medium  
$50.00

Cleopatra, queen of Egypt from approximately 51-30 BCE, is one of the most fascinating women from history. Although her life was tragically cut short, through her lasting fame she has achieved immortality. This course will explore both the historical figure and the enduring legacy of Cleopatra, covering from her early years to her portrayal in Renaissance art and on the silver screen. Class will be a mixture of lecture and discussion.  
Instructor: Katheryn Whitcomb

R41. The History of the Irish in American
Thursday 10:30 a.m. - 12:00 p.m.  
June 3 – July 1  
Class Size: Medium  
$50.00

And what a history it is! Irish were among the very first settlers in America, a few as adventurers, most as servants, some as parolees. Soon, they came in larger numbers, Protestants looking for religious freedom and escape from British intolerance; they would soon become the most ardent revolutionaries. Then they came in hoards, Catholics, unlettered, unwashed and unwanted, threatening the very existence of a still-young America. As those arrivals pushed out from the ghettos of America, they changed America forever, demanding that the country live up to the promises of the Constitution and setting an example for immigrant groups who followed. By the early 20th Century, the Irish controlled the big cities and had begun to frequent the halls of Congress and the Board Rooms of Wall Street. This five-session class will follow their path or, more correctly, their paths, for those were diverse and often at odds; and will conclude with a consideration of Irish America today, including the very real question: “Is there an Irish America?”  
Instructor: Henry McNally

R42. Jane Austen's *Sense and Sensibility*
Thursday 10:30 a.m. - 12:00 p.m.  
June 3 – July 1  
Class Size: Small  
$50.00

Jane Austen is one of the most beloved and important novelists in world literature. In this course, we will read and discuss one of Jane Austen's greatest novels, *Sense and Sensibility*, and compare it to an excellent film version of the novel. Text for the course: Any edition of Jane Austen's *Sense and Sensibility*.  
Instructor: Hugo Walter
R43. Tai Chi

Thursday 10:30 a.m. - 11:30 a.m. Class Size: Large
June 3 – July 1 $50.00

All levels of experience are welcome in this course where we explore fundamental practices of Yang Style Tai Chi Chuan. We will also practice mindfulness and breathing exercises combined with gentle stretching and rhythmic movement with no impact on the joints. Coordination of mind, body and spirit through intentional awareness and mindfulness of our own bodies and our surroundings. Increased balance, circulation, and relaxation have been shown to result from the practice of meditation in motion. Movements from the short-standardized form will be covered. Participants can progress at their own pace and discussions of the history, art, current research and practical application are welcomed and encouraged.

Instructor: Malik Cadwell

THURSDAY P.M. Early Afternoon

R44. How Do I Play This Song: For Ukulele and Guitar

Thursday 1:00 p.m. - 2:00 p.m. Class Size: Small
June 3 – July 1 $50.00

Is there a song you want to play? Join us to learn tips, tools and guidance on how to break it down so you can play it the way you want. This class is suitable for guitarists and ukulele players at any playing level.

Instructor: Paul Elwood

R45. Let’s Discuss: Current Events

Thursday 1:00 p.m. - 2:30 p.m. Class Size: Small
June 3 – July 1 $50.00

Join us for this moderated course on current events encouraging full participation in a respectful and sometimes humorous atmosphere, covering recent interesting events, both domestic and international. Come prepared to offer your own opinions, listen respectfully to others and engage in friendly, spirited discussion on ever-changing topics. Suggestions for topics are always welcomed.

Instructor: Leonard Parry

R46. Memoir 101: Soul Story Writing & Family Tree Making

Thursday 1:00 p.m. - 2:30 p.m. Class Size: Small
June 3 – July 1 $50.00

Using memory, family trees, online tools, correspondence, storytelling, oral histories, Ancestry DNA, photographs and public records, we will assemble soul stories every week to share/read experientially and develop as creative nonfiction or autobiography. Students will learn how to make a family tree (genogram), conduct sensitive family interviews, establish a daily journal/ morning pages routine, practice the rudiments of orally telling one’s own story, formalize a legacy narrative, honor one’s own personal/spiritual journey & explore various self/publication/ blogging options.

Instructor: John Marron
R47. Printmaking Without a Press
Thursday 1:00 p.m. - 2:30 p.m.  Class Size: Small
June 3 – July 1  $50.00
Students will explore three methods of printmaking: intaglio (foam plate printing), oil transfer (oil pastels), and monotype (watercolors). In each class we will use water based, non-toxic supplies: no solvents are required for cleaning up. There will be no carving blades or pointed objects used. The material has been developed so that it is available to students at all levels of ability and no previous art experience is required.

- **Intaglio: Foam Plate Printing Part 1 and 2**: We will draw and transfer images onto foam printing plates. In part 2, we will transfer the images to paper with ink and a roller to create beautiful prints.
- **Oil Transfer Printing**: Create beautiful drawings by folding paper and transferring a kaleidoscope of oil pastel colors.
- **Monotype: Watercolor Part 1 and Part 2**: Make a one-of-a-kind print by pressing paper onto a watercolor painting on a plastic printmaking plate. In Part 2, we will press patterns into wet color using textured papers and found objects.

A specific list of affordable and good quality supplies will be sent to registered students.

**Instructor**: Karl Lorenzen

----

THURSDAY P.M. Late Afternoon

R48. From Poet to Playwright
Thursday 3:00 p.m. - 4:30 p.m.  Class Size: Small
June 3 – July 1  $50.00
Poetry and drama have often been linked going all the way back to ancient Greece. This course will not only present ideas and topics to foster the writing of short lyrical plays, but will also present examples from the instructor and their playwrights. Although this is a natural course for poets, one does not in any way have to be a poet to enjoy this class and its process.

**Instructor**: Rich Quatrone

R49. The Italian Greats, Their Songs, Lives and Legacies
Thursday 3:00 p.m. - 4:00 p.m.  Class Size: Medium
June 3 – July 1  $50.00
Ever wonder what the lives of famous opera composers are like? What inspired their passionate music? Were their lives as passionate as their music? Let's dig in!

**Instructor**: Mara Adler-O'Kelly
R50. Anyone Can Sing- Virtual Community Chorus

Friday 10:30 a.m. – 11:30 a.m.  Class Size: Small
June 4 – July 2  $50.00

How many people in our community walk around saying, “I can’t sing,” or carry around the weight of a childhood music teacher’s critical words? This class is open to anyone, but especially those who do! Students need only bring their love and interest in music, and we will take care of the rest! Each week we will learn songs of the teacher’s and students’ choosing, while learning vocal exercises, movement, and breathing techniques that will improve your singing and your breathing habits and well-being outside of the classroom environment. We will sing as a choral ensemble with the option for participants to sing solo if they choose. Students will be given a print-out of vocal exercises as well as recordings to help learn the songs. We will strive to build a community bound by a love and appreciation for music while we learn basic, healthy, sustainable vocal technique.

Instructor: Mara Adler-O’Kelly

R51. Art Appreciation: Forms, Methods & Media

Friday 10:30 a.m. – 12:00 p.m.  Class Size: Medium
June 4 – July 2  $50.00

This course is a beginning-level class designed to help students become familiar with different types of art, while learning to speak and write intelligently about it. This includes a general survey of art styles throughout history. We will review both two and three-dimensional media with a focus on techniques, methods and materials. We will also discuss the language of art, specifically, the elements and principles of design. The class is designed to foster a deeper appreciation for the creative processes involved in the visual arts.

Instructor: Julie Cardillo

R52. Climate Change, Pandemics, and Resilience – Part 2

Friday 10:30 a.m. – 12:30 p.m.*  Class Size: Medium
June 4 – July 2  $50.00

Join us for this new and improved course with a lively dialogue in the spirit of inquiry and learning. We will continue our odyssey into climate change, pandemics, and resilience. We will have open discussions in an effort to better understand current events in climate, pandemics, and resilience, covering the following topics: the science of natural cycles and new phenomena; science and the role of political, analytical, and other organizations; the rate of temperature increases and frequency of hurricanes; the loss of biodiversity and infectious disease; future consequences and adaptations: foreseen and unforeseen; society, economics, and population shifts; politics, policy, and public perceptions; methods of providing stakeholders scientific information (media & internet); solutions and non-solutions for our planet. Part 1 is not needed to participate and enjoy Part 2. * note that this class is 2 hours.

Instructor: Lampros E. Bourodimos
R53. How to Talk When the Band is Too Loud- A Sign Language Sampler

Friday 10:30 a.m. - 12:00 p.m.   Class Size: Small
June 4 – July 2   $50.00

Remember going out to weddings, concerts and other large events with loud music and lots of conversation? It’s fun but can be very hard to hear. Before we all venture out again, learn to fingerspell and do some basic sign language in this fun class so you can communicate with your partner or friends. Each class will have a theme. The first class will cover words and phrases you might say when you are at a wedding, etc and the band is too loud.

Instructor: Naomi Miller

R54. Gallery Talks on the Road- Princeton University Art Museum

Friday 1:00 p.m. - 2:00 p.m.   Class Size: Large
June 4 – July 2   $30.00*  *special programming price

Each week a different Princeton University Art Museum (PUAM) docent will discuss works of art, artists, and/or themes using examples from across the Museum’s collections for comparison, enrichment, and an in-depth exploration. Students will be invited to ask questions and engage in a lively discussion about the art after the docent's presentation.

Instructors: Princeton University Art Museum Docents
Mara Adler-O’Kelly (pg. 22) is a classical singer and voice coach specializing in the Bel Canto technique and song. She teaches and performs throughout New Jersey with Ensemble Bella Luce first formed in Assisi, Italy.

Barbara Bogner (pg. 12) is a retired associate professor of biology. She taught human anatomy and physiology full time at Middlesex County College for 24 years. She has degrees from SUNY Stony Brook and Villanova University. She has enjoyed teaching courses for OLLIRU for the past five years.

Lampros E. Bourodimos (pg. 22) is a civil and environmental engineer for 43 years and an adjunct professor for 24 years currently with Rutgers School of Engineering and OLLI-RU. He has a PhD (Civil Engineering) from NYU and is a licensed Professional Engineer in NJ. He enjoys sharing his knowledge of the interconnections between the environment and public health, sustainability, technology, and engineering so that we may all take actions to make our planet a better place - nothing is more powerful than an idea whose time has come.

Maureen Dunphy Brady (pg. 8) is an Irish historian, author and speaker. She holds a Masters degree in Irish and Irish-American Studies from NYU Glucksman Ireland House, inclusive of coursework and research at Trinity College Dublin. Her areas of interest are women in Irish history, transatlantic tourism, the Irish in America, and Irish-American identity.

Noreen Braman (pg. 15) guides organizations and individuals to the "Smile Side of Life" with educational and active participation programs on laughter, mindfulness, purpose and other well-being habits that support resilience and happiness. She is the author of *Treading Water*.

Vinnie Bruno (pg. 13) holds an MPA from Baruch College and has taught courses in numerous disciplines including Humanities, Business and Mathematics for the past 30 years. As a Beatles Scholar he looks to present an interactive and informative course for both the casual listener and the hard core Beatles fan. As a 60's Rock Historian he offers programs focusing on the many extraordinary musical artist who defined the era.

Erik Burro (pgs. 12,14) is a public history advocate in Burlington, NJ. For over forty years, he has been a writer, researcher, commemoration speaker and guest lecturer for a variety of special events at educational institutions, historic societies and libraries from NY to DC, and several European countries. He has presented historic topics on regional radio and TV, and been featured on PBS-All Things Considered and BBC World Service. Most recently, he was principal in NJ's WWI Centennial, has been active in restoration of Burlington Island, and is an advisor to the NJ Dept of Forestry on Heritage Trees.

Malik Cadwell (pgs. 9, 20) a Grandmaster of Martial Arts, has over 40 years of experience and served as the US Coach at the World Karate Championship in Tokyo. He teaches Tai Chi and Kung Fu at Rutgers-Camden and Newark and at Temple University. He received his degree in Psychology from Northwestern University and is a mindfulness and meditation instructor at the Institute of Museum and Library Services and Queens Public Library.

Candy and Sam Caponegro (pg. 16) have worked in all aspects of theater for over 30 years. Through their lectures they hope to keep the Golden Age of Broadway and the Movie Musical alive.

Julie Cardillo (pg. 22) is a practicing Artist and a native of NJ. She’s held teaching appointments at institutions such as Drexel University, Rochester Institute of Technology, and SUNY Geneseo. She currently teaches at Wake Technical Community College, and at Artspace, in Raleigh, NC.

Jeffrey Cobbold (pg. 11) is a multimedia artist from Piscataway, New Jersey. His interdisciplinary work in contemporary art demonstrates various modes of experimentation and conceptualization regarding the deconstruction of his personal identity and Christian faith. His work has been exhibited in divergent arts & humanities contexts within the United States, Spain and the United Kingdom. You can learn more about him at www.jeffreycobbold.com

Jeff Cohen (pgs. 13, 14) is a professional painter and a sculptor. He received a BA in art from Upsala College and did Masters work at New York University. He is a commissioner at the Barron Arts Center in Woodbridge NJ.

Paul Elwood (pg. 20) is a full-time musician, performing solo and with the Paul Elwood trio as well as teaching guitar and ukulele students across the country.

Carla Graifer (pg. 8) is an American Cheese Society Certified Cheese Professional (CCP) Specialist (the highest standard for cheese professionals) and Educator of American and Local cheese. Her career in the specialty field started at Whole Foods Spring of 2001. After working in the prepared foods departments doing research and development and leading teams in various stores, she moved into the cheese world in 2006. With a great passion for the product and the support of Whole Foods Market, she achieved CCP status through the American Cheese Society in 2013.

Pratibha Jani (pg. 16) NJ resident for over 34 years. She has a BS in Ancient Indian history and Culture from Bombay University, India. She received yoga certification from Mumbai and is an E- RYT. She has taught at the county college of Morris, Randolph NJ. Presently also teaches at the Piscataway,NJ senior center. She is also a certified Yoga therapist.
Karl Lorenzen (pgs. 17, 21) is a community artist based in Queens, NY who partners with non-profits in presenting art workshops for diverse, special needs, and under resourced communities. He is a faculty member of the New York Open Center and a teaching Artist in Residence at the Omega Institute for Holistic Studies in Rhinebeck, NY. From 2016 to 2019, Lorenzen received SU - CASA Awards / Residencies, sponsored by the Queens Council on the Arts / New York City Department of Cultural Affairs, and from 2018-2019 he was an Artist in Residence and Instructor as part of the ProjectArt Art and Social Practice Residency in New York City.

Jason Love (pg. 9) has a history degree from West Chester University. He is the author of Slices of Americana: Baseball, Road Trips, and the Waffle House being published in 2021 and previously wrote A Visit to New Jersey's Minor League Ballparks.

Maurice Mahler (pg. 9) artist and historian, lectures throughout New Jersey and New York. He is a commissioner of the Cultural Arts Commission of Monroe Township, and teaches art history and lectures at many senior facilities in NJ. He has also taught at Brookdale Community College and the School of Visual Arts in New York City.

John Marron (pg. 20) is a graduate of the Johns Hopkins Graduate Writing Seminar & the SF State Creative Writing Program, author of "Blips" (Black Angel Press) & "Olyeau" (As Is/So& So Press), Editor of Jizo Press, past Writer in Residence for CA Arts Council & present Chairman of the Highland Park Arts Commission. He worked 26 years at Rutgers University Behavioral Health/UMDNJ as a Crisis Intervention School Counselor/ M.A. Psychologist, 40 years in private practice as a Systems Family Therapist & has compiled a 7 generation family tree. autobiography. He is presently practicing as a Zen artist, spoken word poet/storyteller, teacher (3 years at OLLI-RU), life coach and currently writing a memoir / creative non-fiction book for New World Library called “The Path of Don’t Know”.

Henry McNally (pg. 19) is a semi-retired educator who has been teaching various aspects of Irish and Irish-American History for more than 25 years at both the college level and in continuing education programs. He holds a B.S and M.S. from Fordham University, an M.A. from William Paterson University and a Certificate in Irish Studies from University College, Galway.

Nawaz Merchant (pg. 13) Writing as Nev March, writer Nawaz Merchant is the author of Edgar Award nominated mystery Murder in Old Bombay. It earned a national Best First Crime Novel Award from the Mystery Writers of America, and a book deal from MacMillan Publishers. Her sequel is set in 1890s Chicago and features the same beloved characters. Ms. Merchant writes and edits for the FEZANA Journal and has been published in Writers Digest, Mystery Tribune and other publications.

Shirley Salemy Meyer (pg. 17) For the past eight years, Shirley has taught expository writing to first-year university students—currently at Rutgers–New Brunswick and previously at Fairleigh Dickinson University–Florham. Before that, she worked as a reporter for daily newspapers including the Chicago Tribune and the Des Moines Register and as a newswoman at the Associated Press in New York. She earned a master’s degree in journalism from Columbia University (1991) and a bachelor’s degree in international affairs from Lafayette College (1987).

Naomi Miller (pgs. 14, 23) came to America at age 2. She was born in a DP Camp after WW2 and her first language was Yiddish. As a professional singer, she produced a show called “Yiddish Is In My Genes”. As an actress, she has performed several roles with the National Yiddish Theatre Folksbiene. She and her husband produced two very successful Yiddish Festivals. Naomi has been teaching Yiddish to children and adults for over 30 years!

Patty Pagano (pg. 18) has been a Tai chi and Qi Gong instructor for nine years at Qi Gong for Healing Center in Middlesex, NJ. She has 16 years of experience under the teachings of Fran Maher, Brian Coffey and Master William Ting.

Leonard Parry (pg. 20) Having worked for Wall Street firms for many years, including with a professional arbitration association, Leonard retired and became active, first as a trained volunteer, then as an employee of the Long Term Care Ombudsman. He derives much satisfaction from assisting appropriate residents to return to their communities. He also moderated discussion groups at senior developments for the past eight years. He has enjoyed instructing at OLLI-RU for the past four seasons.

Princeton University Art Museum Docents (pg. 23) The 60 Princeton University Art Museum docents are highly experienced in presenting to audiences of all ages. Prior to beginning tour responsibilities, docents participate in an intense 2 1/2 year training program with the Museum's Associate Director for Education. Docents also receive continuing education weekly.

Rich Quatrone (pgs. 18, 21) is a poet and playwright with a Master’s from Mason Gross School of the Arts at Rutgers. He is Artistic Director of The American Poetry Theater. He has been published with Allen Ginsberg, Marge Piercy, Charles Bukowski, Amiri Baraka, Gregory Corso, and Tom Waits.

George Schropfer (pg. 12) has taught for the OLLI program since 1999. He has offered more than 40 literature courses.

Monica Shah (pg. 12) holds a BS from Penn State, and an EdM from Harvard, and has taught all ages (from elementary school to adult), in subjects ranging from STEM to leadership development. The author of multiple essays, poetry, and several books, Monica also has a background in the performing arts. She enjoys exploring other countries, practices yoga daily, and is skilled at supporting others in personal development as a catalyst towards self-actualization.
Roz & Steve Shaw (pg. 17) have taught adult learners at the Encore Program in Middletown, NY and at Brookdale College. They have been teaching at OLLI-RU since 2003.

Harvey Singer (pg. 18) holds a bachelor of arts degree in economics and political science from the City College of New York and a masters of business administration in finance and investments from Baruch College.

Charlie Smith (pg. 16) is a published author, history buff, and an experienced teacher and trainer.

Valerie Snyder (pgs. 8, 9, 19) Val is the New Jersey State Arts Educator of the Year for 2017-2018 in addition to having taught art in North Brunswick Public Schools since 1980. Recognized in 2016 as a "Teacher Who Makes Magic" by Greater Media’s WMSGQ Radio as well as by the State of New Jersey with an "Exemplary Educator Award", she is a proud graduate of Douglass College, Rutgers University, and a returning OLLI-RU Instructor.

Paul Soltis (pg. 8) is the New Jersey State Park Service’s interpretive specialist at Wallace House & Old Dutch Parsonage, an historic site in Somerville including the New Jersey home of Dina Van Bergh. Paul holds a B.A. from the College of William & Mary and a certificate from the National Institute of American History & Democracy in Williamsburg, Virginia.

Maxine Susman (pg. 13) earned a Ph.D. in English from Cornell. She worked in corporate settings and state government, taught writing at Rutgers and Seton Hall Universities, and retired as professor of English from Caldwell University. Her poems appear widely in journals. She has published 7 books of poetry.

Sayyid Tirmizi (pg. 15) (M.A., M.B.A., Ph.D.) is a former Associate and Adjunct Professor. Sayyid has taught both in the US and abroad. He specializes in South Asia, Art, culture, and religion as well as Islamic art history and culture. He has taught at the University of Tulane at the School of Continuing education both at the New Orleans and MS campuses at the City College in New York and now at OLLI at Rutgers.

Bruce Tucker (pgs. 16, 18) holds a BA in political science & history and a MS degree in information technology & project management from Stevens Institute of Technology. Bruce has been a member of the Rutgers OLLI-RU faculty since 2009.

Abe Vorensky (pg. 11) possesses a lifelong love and depth of knowledge of comedy; specifically its diverse history. This love began when Abe worked as a teenage MC in a Catskill Mountain hotel where he sang, told jokes and introduced other acts including a host of comedians.

Vandana Walia (pgs. 14, 16) has a master’s degree in English Literature and thirty years of teaching experience. She has been conducting classes at OLLI RU for several years.

Imani Wallace (pg. 15) A Bronx native born and raised, Imani J. Wallace is a Black American educator, activist and award-winning international spoken word poet who believes in a future for her world, much bigger than she can see. She is the founder of a nonprofit organization known as Poetry For Service, the founder of a college-educated network of artists known as Black Greek Poets, and the Co-Founder of a monthly open mic and showcase for young adults in NYC known as The Harlem Bomb Shelter. She is an alumna of New York University, where she received her Master of Arts in Higher Education and Student Affairs with a focus in Social Justice, and an alumna of Syracuse University where she received her B.S. in Public Relations and Sociology.

Hugo Walter (pg. 19) has a B.A. from Princeton University and a Ph.D. from Drew University. He has taught at Drew University, Fairleigh Dickinson University, Berkeley College, and Rutgers University. He has published several books on European and American literature.

Katheryn Whitcomb (pg. 19) received her PhD in Classical Philology from Rutgers in 2016. She has taught courses ranging from Roman history to Plato (in the original Greek) at Franklin and Marshall, Haverford, and Gettysburg Colleges.